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The Orthodox Way

The Monthly Newsletter of St. Demetrios Greek Orthodox Church

Mission Statement: "To proclaim the Gospel of Christ in the Orthodox Tradition while creating a vibrant, loving, compassionate and supportive community."

Are You Playing Hide-N-Seek With God?

T ave you ever played hide-n-seek with a young child? If so, have Lyou noticed when it is their turn to hide and you "find" them, they cover their face with their hands, thinking this will somehow make them invisible to you? "If I can't see him, he must not be able to see me." It's a mantra we sometimes apply to our faith in God, is it not? The attempt to hide our own sins is the equivalent of putting our hands over our eyes.

Of course this is nothing new, it's been happening since the beginning of creation. "[...] and A dam and his wife hid themselves within the tree in the middle of the garden from the presence of the Lord God. So the Lord God called Adam and said to him, "Adam, where are you?" He replied, "I heard Your voice as You were walking in the garden, and I was afraid because I was naked; so I hid *myself.*" (Genesis 3:9-10)

Playing hide-n-seek with God is a game we will never win, of course, think if we fail to take responsibility for our sins, by ignoring them or justifying them, that somehow they go away. Even if we think we've gotten away with using those tricks, we are still transparent to the Lord. We are as naked as Adam is to God at the moment when God asked, "Where are you?" But why, if God knew where Adam was, would He even ask the question?

"And God said to Adam 'Adam, where are you?' Why does the Maker of all things speak in this

are you, Understand yourself, realize your nakedness. See of Adam, where are you?' It is as though he spoke to encourage him, 'Yes, come to your senses, poor fellow, come out of your

This is the first half of repentance, to simply say, "I have sinned!" The second half is to turn away from that sin. No matter how many times we successfully hide from our sins in our minds and hearts, they are still within us, darkening our souls. As we add layers and layers to mask the sin within, the darkness only continues to build, perhaps slowly and unnoticeably at first, but eventually it takes its toll. It becomes difficult to turn to God with an open, honest heart. Your relationship with Him suffers, and if there is suffering in that, it will trickle down into all earthly relationships as well.

This happened to Adam, who tried to hide and justify his and Eve's actions, and the result is a broken world subject to sin. God has not left us to languish, however, but has given us a tool to expunge the darkness from our hearts. "Confess your trespasses to one another, and pray for one another, that you may be healed." (James 5:16) He does not want us to live in this darkness. He does not want us to feel the shame that Adam and Eve felt when they realized they had made a mistake. This is the true healing power of confession, to give those things up to God and allow him to take them away.

So ask yourself, "Am I playing hide-n-seek with God?" If the answer is yes, do something about it. Go to confession! If you never have, or have not been in a while, there is no time like the present. I would also (Continued on Page 3)



because God is present everywhere and knows all things. But still we try. We

St Symeon the New Theologian has this to say (bold is mine):

way? Surely it is because He wishes to make him conscious [of his guilt] and so call him to repent that He says, 'Adam where what garment, of how great glory, you have deprived yourself. hiding place ... Just say, 'I have sinned!'"

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Serving Our Ministry

St. Demetrios Office Hours: 9:30 am - 5:30 pm Monday - Friday

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Parish Directory

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Fr. Daniel Triant Assistant Priest 206-631-2502 frdaniel@saintdemetrios.com

Dn. Perry Angelos, Deacon 425-652-2983, Angelos3@msn.com Vasilios Lazarou, Chantor

Georgine Looney Parish Council President looneyegg@comcast.net

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Saundra Maroussis Hall Rental Manager 206-631-2515. smaroussis@saintdemetrios.com Paula Charuhas-Macris Sunday School Director Ext 2507. pcharuhas@saintdemetrios.com Nina Varlamos. Philoptochos President 206-784-4922 Ninavarlamos@msn.com Tedros Habte-Mezengi, Custodian

CHURCH SERVICES, EPISTLE AND GOSPEL READINGS

Date	Church Service			
Oct. 3rd	Great Vespers, 5 pm	Μέγας Εσπερινός, 5 μ.μ.		
Oct. 4th	2nd Sunday of Luke	2η Κυριακή Λουκά		
Oct. 6th	St. Thomas, the Apostle	Αγιος Θωμάς		
Oct. 10th	Great Vespers, 5 pm	Μέγας Εσπερινός, 5 μ.μ.		
Oct. 11th	Holy Fathers of the 7th Ecumenical Council	Αγίων Πατέρων της 7ης Οικουμενικής Συνόδου		
Oct. 17th	Great Vespers, 5 pm	Μέγας Εσπερινός, 5 μ.μ.		
Oct. 18th	St. Luke the Evangelist	Αγίου Λουκά Ευαγγελιστού		
Oct. 20th	St. Gerasimos	Αγίου Γερασίμου		
Oct. 23rd	St. James the Brother of the Lord	Αγίου Ιακώβου Αδελφοθέου		
Oct. 24th	Great Vespers, 5 pm	Μέγας Εσπερινός, 5 μ.μ.		
Oct. 25th	6th Sunday of Luke; Great Vespers, for St. Demetrios 6 pm	6η Κυριακή Λουκά. Μέγας Εσπερινός Αγίου Δημητρίου, 6 μ.μ.		
Oct. 26th	St. Demetrios the Myrrh-Streamer	Αγίου Δημητρίου του Μυροβλήτου		
Oct. 28th Oct. 31st	Holy Skepi of the Theotokos Great Vespers, 5 pm	Αγίας Σκέπης Μέγας Εσπερινός, 5 μ.μ.		

ALTAR SERVERS

Oct. 4th	Jack Hillman, Paul Dudunakis, Peter Dudunakis, Nicholas Biros, Stassi Tsantilas, Yiannis Tsantilas,				
& !8th	Nasi Contoravdis, Niko Contoravdis, Phillip Stamolis, James Konugres, Omar Mallouk, Stavros Panos, and				
	Nicholas Marcu-Visan.				

Oct. 11th Joseph Dumont, Nicholas Christianson, Theodore Looney, Demetre Teodosiadis, Alex Rotar, Manoli P. & 25th Tramountanas, Manoli A. Tramountanas, Johnny Tramountanas, Peter Ales, Jonathan Poiana, Ethan Weigle, Steven Stanos, John Christofilis, and Peter Economou Grunder.

PARISH COUNCIL SERVERS

October 4th Georgine Looney, George Papanastasiou, George Constantine, Thomas Dudler, Vicky Christianson,

& 18th Bob Read, Louis Kotsakis

October 11th John Ales, Stephanos Margaritis, Jim Kost, John Kapelouzos, George Tramountanas, Dale Hazapis,

& 25th Christos Psichos

EPISTLE READERS-ARTHUR SARIDAKIS-INSTRUCTOR; CHRIS MACRIS- ASSISTANT

October 4th	Evangelia Koceski, in Greek and Alexandra Koceski, in English
October 11th	Angela Katinas, in Greek and Joseph Dumont, in English
October 18th	Jack Hillman, in Greek and Johnny Tramountanas, in English
October 25th	Theodore Looney, in Greek and Demetre Teodosiadis, in English

Fasting Type	October	
Winer & Oil Allowed	23	
Strict Fast	7, 9, 14, 16, 21, 28, 30	
Fast Free	1, 3-6, 8, 10-13, 15, 17-20, 22, 24-27, 29, 31	

Sunday Offerings for September, 2015			
September 6	\$ 5,486.26		
September 13	\$ 2,974.00		
September 20	\$ 5,817.56		
September 27	\$ 5,068.00		
Total	\$ 19,345.82		

STEWARDSHIP - BUILDING A FAITH FACTORY

As a steward of our church, the proposed budget for our parish has been sent to me in the mail every December for years. But prior to becoming a Parish Council member four years ago, I am sorry to say that I never gave the document a close look. I had always assumed if I put something in my Stewardship envelope and volunteered a few days at our fall festival, the magic that kept our church running since I was a child would continue. Now, however, with my increased involvement in our parish's operations, it's become clear to me that magic doesn't exist.

If you look at the church from a business perspective, it seems like a crazy proposition – we are a company that doesn't manufacture anything, and we give away our services (liturgies, sacraments, priest visits) for free. On top of this, our company has annual expenses that run into the high six figures. According to most common-sense financial principles, an operation like this shouldn't exist.

But we do. And that's only because of you.

Our church is here because of the time and money given by its parishioners. We don't make widgets, but we do build faith and fellowship. These are the things that we value, and their worth is immeasurable. We are members of this parish because it is important to us to see these two things grow in our lives and out in the world.

In order to keep our "faith factory" running, we have to invest of ourselves. We all have something to offer that can help make our church a success, whether it's time, money, or both. And the more we invest in our parish proposition (especially in the giving of time), the more we receive in dividends of the heart and soul. Some of our eldest parishioners have long realized this and are wealthy in ways we can't imagine.

The Stewardship Committee hopes all of you will find a way to get involved in one of our many church ministries, and we encourage you to experience our fantastic fellowship by volunteering at our festival in October. If you haven't filled out a stewardship card yet, please feel free to contact a member of the committee for more information. And if you have turned in your card, thanks for being part of the greatest business in the world!

George A. Tramountanas, Stewardship Committee Member <u>206-706-5268</u>, <u>georgetramo@gmail.</u>





GOYA Fall Retreat

November 20-22nd

Camp Angelos Retreat Center in Sandy, Oregon

Join us for a weekend of fun, spiritual discussions, fellowship, reflection, campfire, games, and more!

Begins: Friday, November 20th.

Meet at 6 pm at St. Demetrios for the bus Ends: Sunday, November 22nd at noon.

The bus will return to St. Demetrios between 3:30 and 4:30 pm.

For: Jr. & Sr. GOYAns in Grades 7-12 Cost: \$130 per person (\$90 Retreat & \$40

Transportation)

Registration forms available at www.saintdemetrios.com

Registration Deadline is Monday, November 9. No Late Registrations will be accepted.

Contact Lefteris Sitaras with questions at 206-631-2504 or lsitaras@saintdemetrios.com

LED BY STEVEN CHRISTOFOROU

"Be the Bee" is a weekly YouTube series exploring how we can focus on what is good and beautiful in our lives. Visit youtube.com/y2am to learn more!



(Continued from Page 1)

challenge you to find the many examples in scripture of people trying to hide or justify their sins, there are many. Who can you relate to? How will you stand apart as someone who faced their sins head-on and asked God for forgiveness?

In Christ, +Fr. Daniel

PHILOPTOCHOS NEWS OCTOBER 2015

Message from President Nina

"To aid the poor, the destitute, the hungry, the aged, the sick, the unemployed, the orphaned, the imprisoned, the widowed, the handicapped, the victims of disasters, to undertake the burial of impoverished persons and to offer assistance to anyone who may need the help of the Church through fund raising efforts."

Our Philoptochos Mission Statement is a tall order to begin with and yet it doesn't begin to describe all that Philoptochos does. It doesn't even mention baking and yet most people think that's all we do. As I begin my first year as President of our Chapter, I am continually discovering what is in the 'job description' of Philoptochos and am amazed at all we accomplish.

Please consider joining us in efforts..... our monthly meetings are open to all and we welcome new faces and new ideas. We feel blessed to be able to do what we can for our church and our community and would love to have you join our team.

Come Help at the Festival!

Many Philoptochos ladies – and men! – have been toiling all summer cooking and baking for the festival. Thank you to everyone who came to help in this large undertaking. Special thanks to Eleni Christofilis and Toula Stavros for their leadership role in this – we appreciate you!

Philoptochos will be raffling an icon of the Virgin Mary holding Christ that was made by the Sisters at the Monastery of the Holy Theotokos of the Life Giving Spring at Saint Nicholas Ranch. Please stop by the Cookbook table to purchase your raffle tickets for this beautiful icon.

Make a Difference with Philoptochos and the Children of Our Parish

At the National Board meeting held in New York City in May, 2015, Author Nick Katsoris presented the Loukoumi Make A Difference Day Project which encourages children to do their very own good deed on National Make A Difference Day. In 2014 over 40,000 children participated in Make A Difference Day. The goal is to teach our children to do good deeds and to make a difference in the world. The presentation may be viewed at: http://bit.ly/1EZf9t1

Last year, a number of Philoptochos Chapters in several Metropolises successfully participated in Make A Difference Day, as did elementary schools nationwide and even in Greece. This year's Make A Difference Day is October 24th. Our goal is to engage in this "cross-generational" initiative (i.e., Philoptochos and children), during the entire month of October and on October 24th if possible, not only to make a difference but also to do so in honor of His Eminence Archbishop Demetrios' Name Day which is on October 26th.

**** If you have Christmas or other cards that you know you will not use, please bring them to church and mark them for 'Philoptochos Make A Difference Day'. If you would like to join us, please contact Susan Reichmann at

susanreichmann@yahoo.com or call 425.772.1605.

Metropolis Philoptochos Spiritual Conference at Saint Nicholas Ranch

Thanks to Dorothy Haskell and Susan Reichmann who represented our Chapter at the Philoptochos Fall Conference at Saint Nicholas Ranch in September. This is an opportunity for chapters from all over the Metropolis to meet and share the good works of Philoptochos. It is an inspiring way to bond with our Philoptochos Sisters and gather good ideas to bring home. Our Chapter was recognized for our Regional Philoptochos Conference at Saint Demetrios last January and the work we share with the other local chapters in the miracle we call Camp Agape Northwest.

We Are Looking for a Volunteer to Create a Facebook Page

If anyone would like to help our Chapter create and maintain a Facebook page, please contact Susan Reichmann at susanreichmann@yahoo.com or call 425.772.1605. We would love your help!

September Philanthropy Witness Now Available

The September 2015 issue of the Philanthropy Witness, the monthly National Philoptochos newsletter can be found at: http://www.philoptochos.org/assets/files/newsletter/National%20Newsletter%2009.15.pdf

Saint Demetrios Philoptochos Contacts:

President: Nina Valamos

ninavarlamos@msn.com 206.784.4922 or 206.499.0369

Camp Agape NW: Georgia Gianacos Steenis ggianacos@gmail.com 206.419.6867

Dress for Success and Jubilee Women's Shelter: Georgene Karambelas <u>karambelas@comcast.net</u> 206.829.9337

Sunshine Cards: Mary Damascus

mndamascus@comcast.net 509.951.2975

St. Martin de Porres Men's Shelter: Helen Kalasountas 425.641.0472

Visitation: Kay Betts yassou@frontier.com 206.546.2370

Upcoming Meeting Schedule:

All are welcome to attend our meetings and events:

- October 13th regular meeting at church Tuesday at 6:30 PM
- October 15th cook for St Martin de Porres Men's Shelter
- October 28th cook for Jubilee Women's Center
- October 29th cook for St Martin de Porres Men's Shelter
- November 1st Memorial for departed Philoptochos Sisters
- November 10th regular meeting at church **Tuesday at 6:30 PM**
- November 19th cook for St Martin de Porres Men's Shelter

Your Sister in Christ, Susan Reichmann, Philoptochos Advisor

425.772.1605

susanreichmann@yahoo.com

2015 Upcoming Youth Events

October

3 - Orthodox Teen Talk

9-11 - Greek Festival

16-18 - GOYA Volleyball Team competes in San Jose Tournament

22 - Orthodoxy on Tap

24 - HOPE & JOY Family trip to the Pumpkin Farm

26 - St. Demetrios Feast Day

November

20-22 GOYA Winter Youth Retreat in Portland

22 - GOYA Thanksgiving Pie Sale

December

13 - HOPE & JOY Ornament Making

20 - Sunday School Christmas Play and Pictures with Santa

21 - Christmas Caroling followed by Hot Chocolate and a Charity Project

31 - New Year's Eve Celebration

Orthodoxy on Tap - October 22nd

Monthly Discussions for our Young Adults

All college students and young adults are invited to Orthodoxy on Tap. This ministry is a chance for us to meet and talk about our faith in a social environment. Come to our next meeting on Thursday, October 22nd at 7 p.m. at Varlamos Pizza in University Village.

Please RSVP if you can make it. Contact Lefteris Sitaras at 206-631-2504

Family Day at the Farm - Saturday, October 24

All families are invited to join us for a trip to the Spooner Farms Harvest Festival and Pumpkin Patch.

We will meet at the farm at 1 pm.

Spooner Farms is located at 9710 State Route 162 East in Puyallup.

Please RSVP if you can make it. Contact Lefteris Sitaras at 206-631-2504



It was a hoedown like no other at our 2nd annual Father Daughter Dance this past Saturday evening. Our dad's hee-hawed and our daughter's yelled yippee as we had a great night together of side stepping and do-si-do'in!

Thank you to all of our participants.

John & Eileen Ales,
Niko & Evi Avlonitis,
Tom & Alexandria Contoravdis,
Jimmy & Yioanna Devekos,
Andrew, Cati & Seraphina Escobar,
John & Jenny Kapelouzos,
Brian, Alexandra & Evangelia Koceski,
Christos, Aya & Maria Psichos,
Stephanos, Konstandina & Andreanna Margaritis,
Lefteris & Katerina Sitaras,
George, Stavroula & Christina Tsantilas,
Steve Stella & Marianna Tselios
Rob & Sophia Watson.

Thanks also to Fr. Daniel Triant, Michelle Escobar and deputies Peter Ales & Trajan Escobar for joining the party too. Special thanks to Margaret Ales for helping with the décor.



St. Demetrios GOYA VOLLEYBALL TEAM FUNDRAISER!

Win 2 Tickets to see the Seattle Seahawks vs Pittsburgh Steelers on Sunday, November 29th at 1:25 pm.

Raffle Tickets are available for \$20 each or 6 for \$100.

Purchase tickets during coffee hour on Sundays!

Drawing to be held on Sunday, October 11th at the Festival

STEWARDSHIP UPDATE

For our 2015 Stewardship Campaign, we currently have 479 stewards who have returned their signed pledge cards and have pledged \$452,671. Our goal for 2015 is \$535,000. Remember that you can arrange for automatic payments through your bank or paypal. (go to www.saintdemetrios.com/Stewardship/egiving)

We thank the below stewards for their contributions!

The Stewardship Committee



2015 Stewards:

John and Margaret Ales

Katherine Ales

Andrew and Vicky Aliferakis

Dina Anast

Rothopi Andrews

Fr. John and Presv. Anna Angelis

Theodore and Kim Angelis

Den. Perry and Francesca Angelos

Evangelos and Magdaline Angelou

Basil Anton

Costas Antonopoulos

Nikolaos Antonopoulos

George and Dina Apostolou

K. G. and Kostoula Apostolou

Serafim and Eva Apostolou

Scott and Fotini Arehart

Clifford and Theodora Argue

Patricia Arvanitidis

Yeshareg Asfaha

Andrew and Carole Asimakopoulos

Anna Asimakopoulos

Brent and Rhea Aslin

John and Stella Athans

Niko and Kiriaky (Carrie) Avlonitis

Nancy Aziz

John and Zacharou Babarakos

Pat Bacolas

William (Corky) and Dina Bakamus

Josh and Eleni Banchero

Sara Baraki

Christa Barbas

Thomas and Maria Barbas

George and Eleni Athans Bariames

George and Frances Barnecut

Greg Bartell and Fotini Georgiadou

Michael and Nisa Basilicato

Bassam and Duaa Bayouk

Gabriel Bayouk

George and Alice Bayouk

Lena Bayouk

Brandon and Molly Bede

Anastasia Bekris

Hristos and Diamando Bekris

Helen Benis

Arvid Berg and Sophia Zervas Berg

Joel and Danielle Bergman

Kay Betts

Panagiotis and Demetra Biros

Mark and Georgiana Bitzes

Neena Blackwell

Peter and Radostina Bobev

Maria Bollman

Andrew and Rosalie Boulieris

Gus Boutsinis

Josh and Ashley Brockmeyer

Jeffrey and Allison Brooks

Theodora Broutzakis

Frank and Shelley Buhler

William and Cheryl Buursma Steve and Chryssa Calandrillo

John Calash

Constantine Carkonen

Nick and Vanessa Carkonen

Paul and Paulette Carkonen

Efthemia Carras

Nick Castas

Susanna Cerasuolo

Douglas and Jillian Chandler

John and Patricia Chigaras

Chris and Effie Chriest

Ron and Vicky Christianson

Eleni Christo

James Christo

Demetre and Katherine Christofilis

John and Helen Christofilis

Anastasios and Voula Christophilis

Dino and Nikki Christophilis

Margo Christophilis

Kosta and Maria Christopoulos

Dino and Heather Christothoulou

George and Rachel Christothoulou

Edward and Anastasia Clarke

Cathleen Clinger

Jeffrey and Katie Comstock

Madeline Conom

David and Alexis Constantine Solis

O. George and Kay Constantine

G. Paul Constantine

Tom and Evelyn Contoravdis

Olivia Contos

Gus and Margaret Cooper

Maria Cooper

Jerry and Eva Costacos

Barbara Cotton

Maria Cotton

Gus Courounes

Nicoleta Courounes

Renee Courounes

Dale and Marianna Crane

Donald and Laura Crews

Tyler Crews

Rick and Vickie Cuevas

Christos and Judith Turner Dagadakis

Eftihia Dagadakis

George and Angela Dalas

Mary Dallas-Smith

Mary Damascus

Daniel and Angela Daoura

Marguerite Daoura

George and Alexandra Delegans

Sam and Vicki Deliganis

Vassos and Caroline Demetriou

George and Charlene Demonakos

Gregory and Kate Demopulos

Peter and Diane Demopulos

Ryan and Demetra Dennis Sophia Derezes

Dimitrios and Maria Devekos

Nick and Athena Diafos

Darden Dickson

Panagiotis and Voula Dikeakos

Stephanie Dikeakos

Vasili and Katherine Dikeakos

John and Aksenia Dikun

John and Julie Doces

Thelma Doces

Christopher and Maria Christofilis Dodd

Voula Dodd

Athena Doolittle

Gus and Gregoria Dounis

Robert and Janie Drumhiller

Thomas and Pandora Christie Dudler

Kenneth and Kristina Dudunakis

Fr. Photios and Presv. Katherine Dumont

Robert and Andrea Dunbar

James and Janis Dyment

Sophia Dyment Chris and Marla Economou

Mary P. Economou

Thomas and Michelle Economou

Sophia and David Eitel-Mcshea

Andrew and Michelle Escobar

Helen and Arianna ExarhosEd and Katherine Fancher

Nicolette Farmasonis

Petros and Colleen Farmasonis

Yemane and Sharon Glein Fecadu

Daniel and Helen Ferrelli

Alex and Anna Fleet

Georgios and Maria Flemetakis

Matthew and Alexandra Flugstad

Bill Fournarakis

John and Athanasia Franks

Loukas and Zoe Ganoulis

Nick Ganoulis

OUR STEWARDS...

James and Romana Garner

Demos Gennaios

Panagiotis and Nicoletta Gennaios Meletios and Theodora Geokezas

Panayiota and Perry Skountrianos Georgas

Evan George

Harry and Mary George Tyler and Anastasia Geving

Konstantinos and Mary Ann Giakoumatos

Kyriakos and Sandi Gianotas Michael and Wanda Gikas Elaine and Lars Giusti Monika Gjoka

Gary and Kathy Gookstetter

Katina Gotsis Basil Gregores

Robert and Danielle Griffith

Efy Grivas

Anthea Grivas and Marty McLean

Richard and Christina Economou Grunder

James and Shawn Hages

Joan Hanna Dorothy Haskell

George and Elizabeth Economou

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Dale Hazapis

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George and Christina Kaltsounis Theodore and Maria Kaltsounis

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Terry and Hannah Karis
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Georgia Karvountzi Christine Karzmar

Nicholas and Kalliopi Katholos

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Vivie Kollias

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Helene Krikris Gary Kuhar

Alex and Dena Kusulos

Harold Kusulos

Peter and Rachele Kyriacou Steven and Annie Kyriakides Kostas and Linda Kyrimis Demetrios and Evangelia Lagos George and Eleni Lagos John and Margaux Lallas Michael and Lena LaMarche James and Sharon Langus Pete and Blue Lazarou Jeff and Cherie LeCates Christopher and Julie Legeros

Ken and Irene Lehman Christopher Lekas

Jason and Sanaz Lemelson Dean and Kathleen Lentgis

Thomas Leonidas

John and Polette Limantzakis Johnny and Lucy Limantzakis Glen and Georgine Looney George and Giannoula Lymberis

Pete and Olga Lymberis Chris and Paula Macris

Eugenia Macris Greg and Mia Macris

Wendell and Demitrula Madison Emanuel and Dina Magoulas

Louis and Mary Malesis Helen Malevitsis I. Nina Malevitsis

James Malevitsis

Perry and Eleni Malevitsis Samuel and Sarah Mallos Bechara and Xiomara Mallouk

Collin and Demetra Manadis

Georgia Manolakos

Demetris and Emily Manolopoulos

Stilianos and Kari Manos Tasos and Kiki Manouras James and Mary Lou Manus Stephanos and Paula Margaritis

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Katherene Mitalas

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Sandra Mykris Bettyann Nassar Peter Neckas Sandy Neckas

James and Stella Nelson

Maria Nikolidakis

James and Carolyn O'Donnell

Shirley Olsen

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Elli Pallis Margie Pallis

Thomas and Lisa Pallis

Tina Pallis

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Steve Panos Diane Panteleakos

Gregory and Stellee Papadeas

George Papanastasiou George and Lora Pappas Norman and Frances Parr Jason and Angela Patrao

Christopher and A. Ellie Pedersen Robert and Penelopy Perkins

Irene Peterson

Kristopher and Clara Peterson

Helen Petratos William Phillips

George and Diana Plumis

George P. Plumis

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Saturday	5p Great Vespers 7	6p Gree	Theophilos the Righteous 16 Husky Parking - Dance Group 5p Great Vespers fan Hosea the Prophet	10:30a University Food Bank Auction 5p Great Vespers Arethas the Great Mar Sebastiana, Mar	30 Husky Parking 5p Great Vespers fless Stachlis, Apellos & Artistoboulos,
Friday	2 Justine, Martyr & George, Neom	St. Demetrios Festival	James, Son of Alphaeus, Apostle 16 GOYA VOLLEYBALL Tournament Leontios & Terentios, Martyrs Longinos, the Centurian	8:30a Orthros 9:30a Divine Liturgy St. James the Brother of the Lord	30 Cleopas & Artemas, Apostles Zenobios & Zenobia, Martyrs
Thursday	11:30a Yiayia and Friends Luncheon, at 14 Carrot Cafe Holy Skepi of the Theotokos Domains the Maladoes	9a Make Galactoboureko Pelagia of Antioch	Pelagia the Righteous 15 Cook for St. Martin de Porres Loukianos, Martyr Savinos the Bishop	7 Children of Ephesus	Cook for St. Martin de Porres Anastasia the Roman Avramios the Righteous
October 2015 Wednesday	8:30a Open Confession 6p Greek School 6:30p Festival Cooking Meeting		Sergios & Bacchus, Martyrs 14 8:30a Open Confession 6:30p Orthodoxy 101 6:30p Orthodoxy 101 8:31 Nazarios, Gervasios & Prostasi 5t. Innocent, Apostle to America	8:30a Open Confession 6p Greek School 6:30p Orthodoxy 101 Hilarion the Righteous	Cook for Jubilee Women's 8:30a Orthros 9:30a Divine Liturgy 6p Greek School 6:30p Orthodoxy 101 Holy Skepi of the Theotokos
Tuesday	Make Tsourekia 7p Orthodoxy on Tap at Ram in U Village		6:30p Philoptochos Meeting Karpos, Papylos, Agathodoros &		St. Philaret Gook for the Ho
Monday	6p Greek Dance () Baruch the Prophet		Eudokios the Righteous 12 Provos, Tarachos, Andronikos &		26 8:30a Orthros 9:30a Divine Liturgy 12p St. Demetrios Day Luncheon 6p Greek Dance
Sunday	Epistle: 2Corinthians 6:16-7:1 Gospel: Luke 5:1-11 8:15a Orthros 9:30a Divine Liturgy 1p Volleyball Practice	4 000	0000	GOYA VOLLEYBALL Tourna) 66 Epistle: Colossians 4:5-11,1 Gospel: Luke 10:16-21 8:15a Orthros 9:30a Divine Liturgy	6th Sunday of Luke 8: Epistle: Galatians 2:16-20 9: Gospel: Luke 8: 26-39 11 9: 30a Divine Liturgy 6p Great Vespers 7P Refreshments by Philoptochos.

ANNOUNCEMENTS

New Arrivals

Ongratulations to the proud parents, Jordan and Emily Vardell on the birth of a baby girl, Reese Penelope, born September 11, 2015. The proud grandparents are Tim and Sofia Kenny, Stan and Lori Vardell; the proud greatgrandparents are John and Penelope Sakellaris and Zada Cowling. "Na sas zese!"

ongratulations to the proud parents, Patrick and JoAnn Schmidt on the birth of a baby girl, Alice Olivia Mae, born September 22nd, 2015, weighing 6 lbs. 15 oz, 20" long. The proud grandparents are Nick and Holly Poulias and Roland and Marvy Schmidt. "Na sas zese!"

Baptisms

ongratulations to James and Vickie Kolios Morris whose son, Thomas James was baptized September 12th, 2015. His sponsor is Christina P. Yantsides. "Na sas zese!"

Yiayia & Friends Luncheon

The October Yiayias & Friends luncheon will be on Thursday, October 1 at 14 Carrot Cafe. 14 Carrot Cafe is located at 2305 Eastlake Avenue East. Time is 11:30 a.m. Since it is often difficult to find parking near Eastlake and the restaurant is located near St. Demetrios, it is suggested that we carpool from the church. As always, I appreciate having a general idea of how many are planning to come so I can let the restaurant know. For more information, please contact Mary Damascus: (509) 951-2975

or mndamascus@comcast.net. Everyone is welcome!

FESTIVAL BAKING DATES

The Festival Baking dates for October are as follows:

October 5: Make Kataifi
October 6 & 7: Make Tsourekia
October 8: Make Galactoboureko

CITIZEN OF THE YEAR NOMINATIONS

Please submit your nominations for the Citizen of the Year award to be announced at St. Demetrios Feast Day on October 26th, 2015. Please send your written nominations to the Church Office (attn.: Parish Council), by October 20th.

Our Condolences



We express our Deep Condolences to Tina Impala, Helen Doherty, and Tom Southas and their families for the passing of their mother, Audrey Southas. May her memory be eternal! "Αιωνία αυτής η μνήνη!"

Bookstore News

ome to the Bookstore in the Library October 9-11 during the Festival—lots of great gifts—<u>Sterling Sliver Orthodox Crosses and Byzantine jewelry</u>, huge supply of icons, many sets of beautiful Stefana (Wedding Crowns), and much more. Remember to buy your copy of the Orthodox Study Bible (Old and New Testaments) with orthodox notes for yourself and/or for presents. Also, for quick spiritual daily reading, check out "The Morning Offering" by Fr. Tryphon of Vashon Island, "Speaking to God" by Archbishop Demetrios of America, and "Living The Beatitudes" by Kyriaki and Thomas Fitzgerald.

Sunday School Update

Thank you to the parents and grandparents who made monetary donations during Sunday School registration; your support is most appreciated!

Class update:

Sunday, October 4: all classes meet in small hall

Sunday, October 11: no class; festival

Sunday, October 18: meet in classrooms

This year's theme is "The Divine Liturgy." Children will be making books and learn detailed information about the importance of the Divine Liturgy in our lives as Orthodox Christians.

Calling All Crafters.....

eed any type of handmade item for the Boutique booth at our Festival---Oct 9, 10 and 11th. Any items knitted, crocheted, sewed, painted, or created with wood or paper. Seahawk items are much in demand.

So use your creative talents and make a donation to the Boutique booth this year.

If questions, please ask Pam Plumis or Rita Mavromatis.

Thank you! The Boutique Committee

In Appreciation

Elly Treperinas would like to thank all the friends and parishioners who sent her cards, flowers, and for their phone calls after her recent surgery. Your thoughtfulness meant a lot!

Thank you for your Kind Donations

We wish to thank Vasili and Nina Varlamos, John and Patricia Chigaras, Jim and Aspasia Voltsis, John and Joann Nicon and St. Demetrios Philoptochos for their donation for the Old Kitchen project.

We also, wish to thank Andrew and Rosalie Boulieris for their donation of the American and Greek flags for the Courtyard.

Your generosity is truly appreciated!



GREEK-AMERICAN HISTORY COMPETITION

PURPOSE: The Greek-American Historical Museum of Washington State and AHEPA (American Hellenic Educational Progressive Association) Firwood District 22 are sponsoring a competition to document stories of the Greek and Greek-American experience in Washington and Oregon. Some young people may have already prepared or considered preparing historic documents. The intent is to encourage these stories. For more information about the Museum, please visit www.greeksinwashington.org or AHEPA www.ahepad22.org

AWARDS: First Prize: \$1,000.00 **NOTE**: Additional prizes may be awarded at the dis-

cretion of

Second Prize: \$500.00 the review committee.

Third Prize: \$250.00

Entries will become property of the Greek-American Historical Museum of Washington State and may be posted on its web site or submitted to Greek and Hellenic publications in the United States. Submissions previously prepared for academic credit will be considered.

SUBMISSIONS: Entries may be written essays, video, audio or photographic presentations with narrative (prose or poetry) of up to 2000 words and/or not to exceed 15 minutes. **Entries will be evaluated on the basis of content, creativity, originality, thorough research and documentation of sources.** While Internet research may be helpful, direct contact with original documents, photos and individuals is recommended. Interviews with family members, relatives and friends are encouraged.

CONTENT: Submissions may include but need not be limited to the topics below.

- * Discuss the family's immigration and reasons for their departure from Greece.
- * Reasons your grandparents/ parents/relatives or other Greeks or Greek-Americans decided to settle in Washington or Oregon.
- * The contributions your grandparents/ parents/relatives or other Greeks or Greek-Americans made in Washington or Oregon that you believe are important or inspirational.
- * Stories you remember about your family that relate to Greek culture.
- * Reasons why we should be concerned about maintaining Greek culture in the USA.
- * How a Greek background or culture has influenced your life.
- * The importance of maintaining the Greek culture in America for coming generations?
- * Ways in which Greek culture and traditions may be used in dealing with today's challenges?

SUBMISSION REQUIREMENTS:

- * Limited to current residents of Washington or Oregon, ages 15-21 who are part of or connected with the Greek community in either state.
- * Please provide name, age, and contact information.
- * Only one submission per individual.
- * Submissions must be received by **DECEMBER 31, 2015.** A hard copy (paper document, compact disc or USB memory stick) must accompany the submission and will become property of the Greek-American Historical Museum of Washington State collection.

Mail or deliver submissions to: Greek-American Historical Museum of Washington State

1515 East Olin Place Seattle, WA 98112

AWARD ANNOUNCEMENT: MARCH 2016

MEMORIALS AND VIGIL LIGHTS

Holy Altar Candles from last month

A One-Year Memorial Service and a Holy Altar Table Vigil Light were offered on September 20th, 2015 in loving memory of **Evlin Alsawalha**, by her daughter, Ruba Oweis and Family.

Holy Altar Candles for October 4th

Two Holy Altar Table Vigil Lights are offered in loving memory of **Constantine and Jennie Milonopoulos** (forty-one years and thirteen years since their passing), by their daughter, Nicoleta Courounes and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **Constantine and Jennie Milonopoulos** (forty-one years and thirteen years since their passing), by Tess Andrina and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **Theodora Panagoulias** (twenty years since her passing), by her daughter, Nicoleta Gennaios and Family.

Memorials and Holy Altar Candles for October 18th

A Memorial Service and a Holy Altar Table Vigil Light are offered in loving memory of **Irene and Anastasios Anastasiou** (nine months and ten years since their passing), by their sons, Gus Boutsinis, John Dimitriou, Stavros Anastasiou and their families.

The Eight Holy Altar Table Vigil Lights and a donation to St. Demetrios are offered in loving memory of **James Katsandres** (thirty years since his passing), by his wife, Jean and children, Athan and Maria, Larry and Constance, and John and Sarah and grandchildren, Justine, Mary, James, Anna, Christopher and Nicholas.

Three Holy Altar Table Vigil Lights are offered for many blessings and continuous good health for **Basil Gregores**, in honor of his 90th Birthday, by Vicky, Mary and Angie.

Two Holy Altar Table Vigil Lights are offered in loving memory of **John and Euthalia Gregores**, by Vicky, Mary and Angie.

Two Holy Altar Table Vigil Lights are offered in loving memory of **Efthemios Kollias** (twenty-nine years since his passing), by his wife, Vivie Kollias, their children and grand-children.

Two Holy Altar Table Vigil Lights and a donation to St. Philaret are offered in loving memory of **Simeon and Sultana Papadimitriou and Michael and Angeliki Konstandinides**, by Simoni Shirland and family.

Two Holy Altar Table Vigil Lights are offered in loving memory of **Katina Dritshulas** (six months since her passing), by her daughter and son-in-law, Mark and Anastasia Bartlett and granddaughters, Tess and Xana.

Two Holy Altar Table Vigil Lights are offered in loving memory of **Sarafoula Papanastasiou** (three years since her passing), by her niece and family, Mark, Anastasia, Tess and Xana Bartlett.

Holy Altar Candles for October 25th

A Holy Altar Table Vigil Light is offered in loving memory of **Audrey Southas** (forty days since her passing), by George and Frances Barnecut and Family.

The Eight Holy Altar Table Vigil Lights are offered in loving memory of **Demetrios (Jim) Mitalas** (thirteen years since his passing), by his wife, Kathy Mitalas and their children, Vickie and Jeff Stenfors, Stacy and Bryan Taylor and grandchildren, Katherine and Michael, Jimmy and Jake.

Memorials and Holy Altar Candles for November 1st

A Memorial Service and the Coffee Hour are offered in loving memory of the **Deceased Philoptochos Sisters**, by St. Demetrios Philoptochos.

A Five-Year Memorial Service, a Holy Altar Table Vigil Light and a donation to St. Demetrios are offered in loving memory of **Emanuel Xenos**, by his wife, Demetra Xenos, their children, Spiro and Voula, Georgine and Glen and grandchildren, Deme, Manny, Theodore and Sophia.

A Memorial Service, a Holy Altar Table Vigil Light and a donation the St. Demetrios Philoptochos are offered in loving memory of Calliope Markezinis, Michael, Katina and Tom Markezinis (three years, thirty-two years, twenty-two years and sixteen years since their passing), by James Markezinis and Family.

A Ten-Year Memorial Service and a Holy Altar Table Vigil Light are offered in loving memory of **Peggy Moore**, by her daughter and son-in-law, Vicky and Ron Christianson and grandsons Andrew and Nicholas.

A Holy Altar Table Vigil Light is offered in loving memory of **Emanuel Xenos** (five years since his passing), by his cousins, Stella and James Nelson.

A Holy Altar Table Vigil Light is offered in loving memory of **Peggy Moore** (ten years since her passing), by her sons, John and Jim Xenos.

A Holy Altar Table Vigil Light is offered in loving memory of **Marianne Nicoletta (Laskares) Mulenos** (nine years since her passing), by her Husband Jerry and her children Chris (Kim), Geri and Demetra (Spiro), her eleven grandchildren and her 2 great grandchildren.



OUR STEWARDS...

(CONTINUED FROM PAGE 7)

Kristina Plumis Paul and Pamela Plumis Theologia Polizos Andonios and Evangelia Polychronopoulos

Nikolaos and Charikleia Poulias

Lia Preftes Anna Prineas Eleftheria Proios

Christos and Tammy Psichos Nicholas and Anastasia Raissis

Robert and Despina Read Susan Reichmann

James Retelas

Evie Rigas

Todd and Feletsa Robinson Erik and Nicole Rolfness Sorin and Maria Rotar

Cathy Rottle

Adele Rottle-Williams Chris Roumeliotis Kary Roumeliotis Kavla Roumeliotis Christina Routos Ted Routos

Emanuel and Marilyn Rouvelas

Gordon and Katina Ruh Brad and Renee Russell Mark and Angelique Saffle

Dena Sakelaris

John and Penelope Sakellaris Pantazis and Katina Samolis Phil and Barbara Sancken

Arthur Saridakis

Angelos and Penelopi Savranakis

Alexandra Schwenke Mike and Eleni Semandiris

Alexandra Serpanos

Iyad and Christina Shahwan Michael and Elaina Shemeta

Annette Shepherd

Athanasios and Terri Shinas

Simoni Shirland Tanya Shirland

Christos and Agape Siskos Nikolaos and Brenda Skokos Alexander and Vassie Skoulis

Sofia Smetheram

Irene Sotirhos Elene Soudas John Soudas Alicia Sourapas

Steve Sourapas **Stavros and Aimee Sourelos**

Vagios and Fanoula Sourelos

Audrey Southas Pauline Spyridis

George and Joanna Staikos

George and Thalia Stamatoyannopoulos

George and Zoe Stamolis Gregory and Vicky Stamolis

Vasilike Stamos

Steven and Sarah Stanos

Thelma Stasinos Alexi J. Stavros

John A. and Dimitra Stavros Peter A. and Maria Stavros

Phyllis Steen

Kevin and Georgia Steenis Andrew and Emily Stergachis Andy and Joann Stergachis Michael and Christine Stollings

Heather Stotz

Chris and Heidi Stoumbos Eugene and Cleo Supernaw Kina and Stefan Tatchukova

Linda Tavernarakis Bryan and Stacy Taylor

Stephen and Georgia Teodosiadis

Carl and Blanca Thomas

Vance and Alexa Thompson Christto and Dorothea Tolias

Irene Tolias

Kegan and Nicole Tosto Evangelia Tountas

Nikolas Touras

Harry and Angela Tourikis Athan and Cindy Tramountanas Emmanuel and Peggy Tramountanas George and Dana Tramountanas James and Barbara Trehearne George and Thelma Treperinas Luka and Angela Treperinas Sam and Elly Treperinas

Steve and Cindy Treperinas

Fr. Daniel and Presv. Michelle Triant

Vasilios and Dionisia Tsafos Sam and Stephanie Tsakonas Angelos and Katerina Tsakopoulos

George and Eftihia Tsantilas Stavroula Tsantilas

Nicholas Tsiakilos, Jr.

Stavros Tsitsis

George and Susan Tsoukalas Michael and Jodi Tveit

Dometios and Georgia Tziotis

Silvia Valanas

Liz Valauri and Ivan Orton Jordan and Emily Vardell John and Karin Varlamos Kosta and Judy Varlamos Nick and Eleni Varlamos Vasili and Nina Varlamos Peter and Maria Vassiliou

Irina Visintainer

Demetrios and Aspasia Voltsis

Evangelos Voltsis

J. Robert and Effie Walker Robert and Katherine Watson George and Anastasia Webb

Joann West

Brett and Yvonne Willard

Vivian Williamson

Edmund and Cathy Chohlas Wood

Daniel and Mary Wright James and Jeretta Wright

Demetra Xenos Emmanuel J. Xenos John Xenos George Xidias

Christina Yantsides Tim and Harriet Young

John and Andreanna Zafiropoulos Anthony and Kira Zardis

Nicholas and Lizabeth Zardis

Konstantine Zeffervs Gus and Diane Zotos John and Mary Ellen Zoulas



ST. DEMETRIOS SUMMER MEALS FOR JUBILEE WOMEN'S CENTER

n September, the residents at Jubilee Women's L Center enjoyed two meals hosted by St. Demetrios parishioners.

One dinner was given in memory of Paul Cooper, by his wife Maria, daughters Katina Ruh and Alexa Thompson, with sister-in-law Eleni Christo. Christina Meletis joined to share in our much looked- forward to Greek food and hospitality. Not only were our sisters at JWC treated to a delicious dinner, they enjoyed the hugs and wonderful stories provided by Maria and her family, making evening most special!

A second meal was donated by Patti Kost, in memory of her mother, Lula Lambert. Since this bulletin was printed before the dinner date, the names of additional participants will be acknowledged in November. Thank you to everyone that helped. Patti has also become a weekly volunteer at Jubilee, adding her sunshine smile to the front desk!

Philoptochos received a generous monetary donation from Holly Poulias, in memory of her father. These funds will be used in November, as our parish will be providing JWC with their Thanksgiving meal. Please consider providing a food item to make it a hearty holiday dinner...

Jubilee Women's Center is very appreciative of all the support they receive from St. Demetrios. Thank you to the families above and to everyone that has donated time, talent, or treasure to help these women as they work their way to independent living and a better life.

If you would like to donate a meal, clothing or volunteer, please contact Georgene Karambelas 206-829-9337.

karambelas@comcast.net or www.jwcenter.org

GREEK DANCE MINISTRY NEWS

he Dance Group is bursting at the seams as the number of dancers in the program is approaching 100! The excitement about the festival is also growing as we prepare costumes for our dancers performances on Oct. 9th, 10th and 11th. The calendar of events for this coming vear is now available at www.saintdemetrios.com/ community/greekdance



Please save the dates: 12/31 New Years Eve Glendi. 2/6 FDF Suites & Crab Feed, 5/14 Dinner Dance Recital and much more online!

2015 FESTIVAL DANCE PERFORMANCE TIMES

FRIDAY - OCT. 9TH

7:00pm – Elpida (1st grade)

8:00pm – Spartiates (5th-8th grades)

8:45pm – Akrites (Yound Adults)

SATURDAY – OCT. 10TH

1:00pm – Elpida (1st grade)

2:30pm – Spartiates (5th-8th grades) 5:00pm – Kardoules (2nd grade) / Akritakia (3rd and 4th)

7:30pm – Souliotes (9th -12th grades)

8:30pm – Akrites (Young Adults)

SUNDAY - OCT. 11TH

1:00pm – T'Angeloudia (K)/Akritakia (3rd and 4th grades)

1:30pm – Spartiates (5th-8th grades)

2:00pm – Elpida (1st grade) / Kardoules (2nd grade)

3:00pm – Souliotes (9th-12th grades)

5:30pm – Akrites (Young Adults)

OCTOBER 12TH – No Dance Practice after festival

OCTOBER 26TH - There will be an OPEN HOUSE followed by a parent meeting in the library from 6:00 – 7:00pm. Please mark your calendars and make every effort to attend.

2015-16 BOARD MEMBERS – Dana Tramountanas (Pres.), Linda Kyrimis (VP), Judy Varlamos (Tres.), Michelle Economou (Secr.), Niko Avlonitis, Demetra Biros, Pandora Christi, Andrea Tsiakilos-Dunbar, Tammy Kangyu-Psichos, Saundra Maroussis, Cindy Theodorou, Katherine Watson

FESTIVAL NEWS

Two weeks till the Festival!

ll chair positions are covered. All permits are in hand. Vendors are on schedule for tent delivery and supporting equipment and services are all on schedule and checked in ready to go. The only thing missing is help! I think we definitely need some hands setting up the festival booths and tables and a few booths are in need of volunteers to cover their shifts. Please either call the booth chairs and volunteer or send me an email and I can place you where needed. The places we really need help is in the kitchen. Also need a volunteer to help Jimmy Christo out with the Chickens and Legs of Lamb. Tent set up hours daily Tuesday October 6th-Thursday October 8th are 9AM-5PM. If you can spare some time during these days and come down and help me out I would be grateful. If night hours work for you then I am usually still at it till about 8PM.

Thanks and lets pray we have a wonderful showing of volunteers and follow that with a very successful Festival.

Your 2015 Festival Chair, Jim Kost ikost@saintdemetrios.com

THANK YOU FOR FESTIVAL DONATIONS

Pangopoulos and Effe Manolakos, Evgenia Pangopoulos and Effe Manolakos of 'White Center Pizza' for an additional donation of 500 Lbs. Flour, Phil and Barbara Sancken of 'Caffe Appassionato' for their donation of American Coffee for the Dining Room and Espresso Coffee, and Demetra Xenos for her donation of 45 Lbs. Lima Beans for Briami; Takis and Kiki Dotis of 'The Mad Greek' for their Bronze level sponsorship. Also, we wish to thank Steve Sourapas Family for their monetary donation. Your generosity is truly appreciated!





THE ST. DEMETRIOS COMMUNITY OF SEATTLE TOGETHER WITH THE BLESSING OF THE METROPOLIS OF SAN FRANCISCO

CORDIALLY INVITE YOU TO ATTEND A SPECIAL EVENING

CELEBRATING

Father Photios Dumont, Protopresbyter

HONORING THE TWENTY-FIFTH YEAR ANNIVERSARY OF

FATHER PHOTIOS' MINISTRY AND SERVICE IN THE GREEK ORTHODOX METROPOLIS OF SAN FRANCISCO

> Sunday, November 22, 2015 St. Demetrios Cultural Center 2100 Boyer Avenue East Seattle, Washington

5:00 PM Appetizers and Fellowship 6:00 Dinner and Presentations

\$35 per person
Reservations Required
Please by November 1

RSVP to Church Office: 206-631-2500 Nina Varlamos: 206-784-4922

Georgine Looney: looneyegg@comcast.net



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