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The Orthodox Way

The Monthly Newsletter of St. Demetrios Greek Orthodox Church

Mission Statement: "To proclaim the Gospel of Christ in the Orthodox Tradition while creating a vibrant, loving, compassionate and supportive community."

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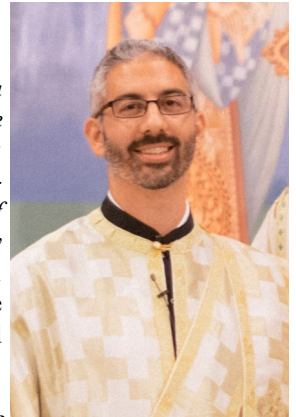
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" A Christian must Suffer Like a Poet

In his book, "Wounded by Love," the newly canonized St Porphyrios says, "Whoever wants to become a Christian must first become a poet. You must suffer. You must love and suffer -- suffer for the one you love. Love makes effort for the loved one. She runs through the night; she stays awake; she stains her feet with blood in order to meet her beloved. She makes sacrifices and disregards all impediments, threats and difficulties for the sake of the loved one. Love towards Christ is something even higher, infinitely higher." The poet suffers, but his suffering is not empty and meaningless. Instead he is full of love as he works to craft each word, each line. The results are beautiful and inspiring words that could never have been crafted without blood, sweat, and tears. And, of course, love.



This is so with our spiritual lives. We must be filled with this same kind of love for Christ, but infinitely more so. We've only just celebrated the feast of Pentecost, when tongues of fire descended on the disciples filling them with the Holy Spirit, and allowing them to speak to whomever was listening in their own language. This was not an end result, but only the beginning of their ministry. They took this fire with which they were filled and went out into all the world preaching to everyone they encountered. And while they suffered for Christ, they were not bitter and angry. Instead they were filled with love because of the fruit their suffering would bear, not inspiring words on a page, but faith and love that drew people to Christ.

While they were given this gift freely, it did not just burn brightly in spite of them. No, they worked hard to hold on to this spiritual fire, taking the daily small steps to nurture it. Bishop Ignatius Brianchaninov writes, "Every physical and spiritual task which does not involve pain, toil and trouble never bears fruit for the person who engages in it, for the Kingdom of Heaven is taken by violence and the violent lay hold of it. (Mat 11:12) -- violence here meaning the laborious exercise of the body in everything."

The spiritual life is not an easy one, but the reward is eternal. As we settle into our summers, where we like to take it a little easier, let us not forget the miracle of Pentecost pass us by. We've all been given the gift of the Holy Spirit through our baptisms, but are we continuing to foster the love it takes to maintain our spiritual fire? If not, then begin again. While it is difficult, it starts with a few small steps and grows from there. Instead of using all of that leisure time we have to forget about our spiritual struggles, try forming a new spiritual habit. Read a book of the Bible you've never read before. Add a new prayer or person to your prayer rule. Learn a new church hymn. Have a theological discussion with someone. Visit a holy site, there are many not too far away from us. And of course, come to church! I pray that we all discover new ways to ignite the spiritual fire in our church family.

With Love in Christ,
Fr. Daniel

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The Orthodox Way is published monthly. Parishioners who wish to contribute content or announcements are asked to email information to sshirland@saintdemetrios.com; or by fax to 206-631-2550. Saint Demetrios Greek Orthodox Church reserves the right to edit, alter or reject any content.

CHURCH SERVICES, EPISTLE AND GOSPEL READINGS

Date	Church Service	
June 1st	Holy Trinity	Αγίας Τριάδος
June 7th	Sunday of All Saints	Κυριακή των Αγίων Πάντων
June 14th	2nd Sunday of Matthew	2η Κυριακή Ματθαίου
June 21st	3rd Sunday of Matthew	3η Κυριακή Ματθαίου
June 24th	Nativity of St. John the Baptist (Services at St. John the Baptist Monastery—Goldendale, WA)	Γενέθλιον Αγίου Ιωάννου του Βαπτιστού (Ορθρος και Θεία Λειτουργία στο Μοναστήρι Αγίου Ιωάννου Προδρόμου)
June 28th	4th Sunday of Matthew Great Vespers at St. Paul, Brier, 5 pm	4η Κυριακή Ματθαίου Μέγας Εσπερινός στον Άγιο Παύλο, 5 μ.μ.
June 30th	Holy Apostles (Services at Holy Apostles)	Αγίων Αποστόλων (Ορθρος και Θεία Λειτουργία στους Αγίους Αποστόλους)

ALTAR SERVERS

June 7th, & 21st	Joseph Dumont, Peter Ales, Andrew Christianson, Nicholas Christianson, Theodore Looney, Demetre Teodosiadis, Alex Rotar, Jack Hillman, Samir Kharoufeh, Paul Dudunakis, Peter Dudunakis, Manoli P. Tramountanas, Manoli A. Tramountanas, Johnny Tramountanas, Ethan Weigle, Steven Stanos and Jonathan Poiana.
June 14th & 28th	Joseph Dumont, Andrew Christianson, Nicholas Christianson, Theodore Looney, Demetre Teodosiadis, John Christofilis, Nicholas Biros, Nasi Contoravdis, Niko Contoravdis, Themio Pallis, George Pallis, Stassi Tsantilas, Yiannis Tsantilas, Phillip Stamolis, Anthony Sampson, James Konugres, Omar Mallouk, Stavros Panos, Nicholas Marcu-Visan and Jonathan Poiana.

PARISH COUNCIL SERVERS

June 7th & 21st	John Ales, Stephanos Margaritis, Jim Kost, John Kapelouzos, George Tramountanas, Dale Hazapis, Christos Psychos
June 14th & 28th	Georgine Looney, George Papanastasiou, George Constantine, Thomas Dudler, Vicky Christianson, Bob Read, Louis Kotsakis

EPISTLE READERS—ARTHUR SARIDAKIS—INSTRUCTOR; CHRIS MACRIS— ASSISTANT

June 7th	Nikos Biros, in Greek and Jenny Kapelouzos, in English
June 14th	Christina Bayouk, in English
June 21st	Jack Hillman, in Greek and Theodora Teodosiadis, in English

Fasting Type	June
Fish Allowed	8, 9, 11, 13, 14-16, 18, 20-23, 25, 27, 28
Wine & Oil Allowed	24
Strict Fast	10, 12, 17, 19, 26
Fast Free	1-6

Sunday Offerings for May 2015	
May 3	\$ 3,740.10
May 10	\$ 4,228.30
May 17	\$ 2,367.00
May 24	\$ 3,327.00
May 31	\$ 3,773.75
Total	\$ 17,436.15



Thank you to everyone who purchased items at the April 26 Greek Deli Sale. The proceeds are going to support the world-wide work of the Orthodox Christian Mission Center (OCMC) which is the Pan-Orthodox agency in America for foreign missions. Over \$1500 was raised at the sale and coffee hour.

OCMC currently has full-time Missionaries serving in Albania, Romania, Mongolia, Alaska, and Guatemala. In Guatemala, thousands of Mayan people are embracing the Orthodox faith. In addition, short-term Mission Teams are going to several of the same locations as well as Indonesia, Mexico, Moldova, and Uganda. These teams are teaching, building, providing medical care, helping with youth camps, and other tasks.

A new opportunity is developing in the Pacific Island nation of Fiji.

The preeminent Orthodox missionary of our time, Archbishop Anastasios (Yannoulatos) of Albania, famously said during a visit in the United States, "The Church is not the Church when it is not actively engaged in mission." In another talk he noted "Mission will always remain the central ecclesiastical matter; an expression of the life and vitality of the Church. Unthinkable as it is to have a Church without liturgical life, it would be even more unthinkable to have a Church without missionary life."

For more information on the work of OCMC and to find out how you can be involved in this important ministry of our Church go to www.ocmc.org You can also contact our parish OCMC Ambassador Eugenia Macris or Board of Directors member Cliff Argue. Be sure to see the displays in the hallway outside the Bookstore. Take an Agape canister for your place of business and/or a coin box to fill at home.



Philoptochos News June 2015

Congratulations to the 2015-2017 Philoptochos Board

At our May meeting the 2015-2017 Philoptochos Board was elected. Thank you to those who are willing to serve our chapter. We appreciate you!

Maria Barbas, Fran Barnecut, Kay Betts, Eleni Christo, Eleni Christofilis, Mary Damascus, Dorothy Haskell, Georgene Karambelas, Helen Kalasountas, Lena LaMarche, Christina Meletis, Helen Petratos, Theo Polizos, Litsa Polychronopoulos, Despina Read, Susan Reichmann, Penny Sakellaris, Peggy Tramountanas and Nina Varlamos

Thank you to outgoing Board members Maria Cooper, Mary Economou, Ann Karis, Maria Kost and Giannoula Lymberis for all of their hard work. After ratification of our chapter election by the National Ladies Philoptochos Society, the new Board will meet to elect officers for the new term.

Thank You Saint Demetrios Sunday School!

This year the Saint Demetrios Sunday School chose our Philoptochos Chapter as the recipient of their Lenten fundraising project. The children raised \$1156 and the Philoptochos ladies were very touched by this donation to our ministry. It was decided that the money would be donated to **Soulumination** in Ballard. Soulumination celebrates the lives of children and parents facing life-threatening conditions by providing professional photographs of these special individuals and their families, free of charge. Founder Lynette Huffman Johnson comes to Camp Agape every year to photograph. The life-affirming photographs of Soulumination are an enduring, positive record of the child's life, and provide a loving legacy for the children of parents lost to terminal illness. To learn more, go to www.soulumination.org.

Pennies and Prayers Campaign/ Mochas for Missions

Every year during Lent is the Pennies and Prayers Campaign (renamed this year Mochas for Missions) to benefit COME (the Commission for Orthodox Missions and Evangelism). If you haven't turned in your canister yet, please bring it to church and give it to Peggy Tramountanas, Mochas for Missions chairperson or Fran Barnecut, our treasurer. Checks and dollars are welcome as well as pennies to fund this worthwhile cause. The 2015 campaign ends on Pentecost.

Camp Agape Northwest July 19-25th

All Camp Agape volunteers will be notified of their status. If anyone has any questions about their volunteer status, they should contact campagape@gmail.com. The camp property has a maximum capacity which restricts the number of people allowed to stay overnight. The capacity is slightly higher for daytime only volunteers. At this time there is a waiting list for overnight volunteers but there is room on various days for day volunteers. If you would like to volunteer in the daytime, contact campagape@gmail.com. Everyone on campus must have completed volunteer forms.

The Fund-A-Dream (formerly The Phantom Tea) campaign is finishing up and it is not too late to return your donation to help with the cost of camp which is offered free of charge to all families with a child with cancer. If you know of a child with cancer who might want to attend camp, please contact Sofia Kenny at [206.285.7144](tel:206.285.7144) or sofia710@gmail.com.

Save the date to come to camp on **Sunday, July 19th for Reunion Day**. Everyone is welcome! The bus leaves St. Demetrios at noon and you will enjoy a delicious lunch and dinner at camp before returning around 7:00 PM. It is a wonderful opportunity to meet past campers and their families, the staff and volunteers who make camp such a success and other camp supporters. We hope you will join us for this very inspiring day. For information, contact Georgia Gianacos Steenis at [206.419.6867](tel:206.419.6867) or ggianacos@gmail.com.

Save the Date ~ Sinatra Chocolate Wine Ball

The Chocolate Ball which is a Philoptochos fundraiser to benefit Camp Agape Northwest will be held on Sunday, November 15th this year. This elegant evening of wine, chocolate and the music of Frank Sinatra will be held at Herban Feast. If you would like to volunteer, contact Chocolate Ball chairperson Susan Reichmann at [425.772.1605](tel:425.772.1605) or susanreichmann@yahoo.com. Mark your calendar and plan to attend to help support our camp.

Philoptochos Visitation of Parishioners

If you know of a parishioner who would enjoy a visit from Philoptochos, please contact our Visitation Chairperson Kathy Mitalas at [206.824.8511](tel:206.824.8511) or kathym2002@q.com. Kathy and her committee members look forward to hearing from you and to bring news of our parish to those who aren't able to come to church.

Jubilee Womens Shelter

Thank you to Georgene Karambelas who volunteers at Jubilee and brought this wonderful opportunity to our chapter. The monthly dinners have been a huge success, enjoyed by the ladies at Jubilee and our families who have provided the dinners. Clothing donations are welcome ~ extra large clothing is especially needed but all sizes are welcome. If you would like to sponsor a monthly meal for the ladies at Jubilee or for more information, contact Georgene at [206.829.9337](tel:206.829.9337) or karambelas@comcast.net.

Upcoming Meeting Schedule:

All are welcome to attend our meetings and events:

No regular June meeting, we resume in September

- **June 9th** Summer Kick Off Dinner at Spiro's on 185th at 6:30 PM, for reservations contact Susan Reichmann at [425.772.1605](tel:425.772.1605) or susanreichmann@yahoo.com
- **June 18th** cook for St Martin de Porres Mens Shelter
- **June 24th** cook for Jubilee Womens Shelter
- **September 13th** regular September meeting at church after Divine Liturgy

**Your Sister in Christ,
Susan Reichmann, President
425.772.1605
susanreichmann@yahoo.com**

YOUTH MINISTRY NEWS



Graduation Awards, Pony Rides and More...

Our last day of classes will be on **Sunday, June 7th**. We will have presentations for our graduating seniors as well as our students with perfect attendance. Everyone is invited to join us in the small hall for our annual GOYA sponsored Carnival. Join us for lunch and games for our youth including PONY RIDES!!!

Are You Smarter Than a 4th, 5th & 6th Grader?

Test your knowledge of the Feasts Days of the Church. Compete against your 4th 5th or 6th grade student to see who knows more, the parents or the kids!!!

Sunday School classes may end on June 7th but join us the week after on **Sunday, June 14th** as we invite Parents and youth to compete against each other in a Jeopardy style tournament to see who knows more about our Faith. Questions will be based on the book "Trivial Tidbits of the Major Feast Days of the Church" by Deacon Mark Swindle and copies are available to families to study.

Everyone is invited to join us to watch the competition on **Sunday, June 14th from 12:30 to 2:00 p.m. in the Small Hall.**

Please contact Lefteris Sitaras to participate

Orthodoxy on Tap Wednesday, June 24

All college students and young adults are invited to Orthodoxy on Tap. This ministry is a chance for us to meet and talk about our faith in a social environment. Our next meeting will be Wednesday, June 24th at 7 p.m. at Varlamos Pizza (3617 NE 45th St.) Please RSVP, Contact Lefteris Sitaras at 206-631-2504



Our GOYAn prepared a wonderful breakfast to honor our Mothers for Mother's Day. Each mom also received a rose as they entered church. Thank you to our youth: Alena, Alex, Alexandra, Alexandria, Andrew, Anna, Connie, Demetre, Joseph, Leah K, Leah R, Nasi, Nicholas, Niko, Sophia, Stavroula, Stossi, Theodore, Yianni S and Yianni T. Thanks also to Bill Sideris, Tom Contoravdis and Christina Meletis.



Father's Day Breakfast Sunday, June 21



Featuring a Father & Son Tavli Tournament

Daughters & Moms are invited to play backgammon too. Breakfast begins after Divine Liturgy with the tournament to follow.

Start your summer at
All Saints Camp
Raft Island, Gig Harbor

Summer 2015 Dates
-Elementary Camp: July 5 - 11
- Advanced Camp: July 12 - 18
High School Camp : July 5 - 11

Camper, Staff and Volunteer Applications Now available!

Register Today At:
www.allsaintscamp.com

St. Demetrios Educational Scholarship

Apply Online Now,
Application Deadline is June 30

Our church currently has five scholarships available of \$500 each to be awarded to our members pursuing undergraduate, graduate or post-graduate studies. The awards are made available through the St. Demetrios Educational Fund. The fund was established to recognize scholastic achievement and commitment to one's faith among the youth of our parish and others who have been accepted to institutions of higher learning.

Applications are now being accepted for the scholarship awards for the 2015-2016 school year. To apply online visit www.saintdemetrios.com.

STEWARDSHIP UPDATE

For our 2015 Stewardship Campaign, we currently have 382 stewards who have returned their signed pledge cards and have pledged \$388,036. Our goal for 2015 is \$535,000. Remember that you can arrange for automatic payments through your bank or paypal. (go to www.saintdemetrios.com/Stewardship/egiving)

We thank the below stewards for their contributions!

The Stewardship Committee



2015 Stewards:

John and Margaret Ales
Andrew and Vicky Aliferakis
Dina Anast
Rothopi Andrews
Fr. John and Presv. Anna Angelis
Theodore and Kim Angelis
Evangelos and Magdaline Angelou
Basil Anton
Costas Antonopoulos
Nikolaos Antonopoulos
George and Dina Apostolou
K. G. and Kostoula Apostolou
Serafim and Eva Apostolou
Clifford and Theodora Argue
Patricia Arvanitidis
Yeshareg Asfaha
Andrew and Carole Asimakopoulos
Anna Asimakopoulos
Brent and Rhea Aslin
John and Stella Athans
John and Zacharou Babarakos
Pat Bacolas
William (Corky) and Dina Bakamus
Sara Baraki
Thomas and Maria Barbas
George and Eleni Bariames
George and Frances Barnecut
Greg Bartell and Fotini Georgiadou
Michael and Nisa Basilicato
Bassam and Duaa Bayouk
Gabriel Bayouk
George and Alice Bayouk
Lena Bayouk
Anastasia Bekris
Hristos and Diamando Bekris
Helen Benis
Arvid Berg and Sophia Zervas Berg
Joel and Danielle Bergman
Kay Betts
Panagiotis and Demetra Biros
Neena Blackwell
Maria Bollman
Andrew and Rosalie Boulhieris
Josh and Ashley Brockmeyer
Jeffrey and Allison Brooks
Frank and Shelley Buhler
William and Cheryl Buursma
Steve and Chryssa Calandrillo
Constantine Carkonen
Nick and Vanessa Carkonen
Paul and Paulette Carkonen
Nick Castas

Susanna Cerasuolo
Douglas and Jillian Chandler
John and Patricia Chigaras
Chris and Effie Chriest
Ron and Vicky Christianson
Eleni Christo
James Christo
Demetre and Katherine Christofilis
John and Helen Christofilis
Anastasios and Voula Christophilis
Dino and Nikki Christophilis
Margo Christophilis
Dino and Heather Christothoulou
Edward and Anastasia Clarke
Cathleen Clinger
Jeffrey and Katie Comstock
Madeline Conom
Alexis Constantine
O. George and Kay Constantine
G. Paul Constantine
Tom and Evelyn Contoravdis
Olivia Contos
Gus and Margaret Cooper
Maria Cooper
Jerry and Eva Costacos
Barbara Cotton
Maria Cotton
Gus Courounes
Nicoleta Courounes
Renee Courounes
Dale and Marianna Crane
Donald and Laura Crews
Tyler Crews
Rick and Vickie Cuevas
Christos and Judith Dagadakis
Eftihia Dagadakis
Mary Dallas-Smith
Mary Damascus
Daniel and Angela Daoura
Marguerite Daoura
George and Alexandra Delegans
Sam and Vicki Deliganis
George Demonakos
Gregory and Kate Demopulos
Peter and Diane Demopulos
Ryan and Demetra Dennis
Dimitrios and Maria Devekos
Nick and Athena Diafos
Darden Dickson
Panagiotis and Voula Dikeakos
Vasili and Katherine Dikeakos

John and Aksenia Dikun
Thelma Doces
Christopher and Maria Christofilis Dodd
Voula Dodd
Athena Doolittle
Gus and Gregoria Dounis
Robert and Janie Drumhiller
Thomas and Pandora Christie Dudler
Kenneth and Kristina Dudunakis
Fr. Photios and Presv. Katherine Dumont
Robert and Andrea Dunbar
Sophia Dymont
Chris and Marla Economou
Mary P. Economou
Sophia and David Eitel-McShea
Andrew and Michelle Escobar
Ed and Katherine Fancher
Nicolette Farmasonis
Petros and Colleen Farmasonis
Yemane and Sharon Glein Fecadu
Alex and Anna Fleet
Georgios and Maria Fletmetakis
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Bill Fournarakis
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Nick Ganoulis
James and Romana Garner
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Meletios and Theodora Goekezas
Evan George
Kyriakos and Sandi Gianotas
Michael and Wanda Gikas
Elaine and Lars Giusti
Monika Gjoka
Gary and Kathy Gookstetter
Katina Gotsis
Basil Gregores
Robert and Danielle Griffith
Efy Grivas
Anthea Grivas and Marty McLean
Richard and Christina Economou Grunder
Joan Hanna
Dorothy Haskell
George Hatziantoniou and Elizabeth Economou
Neil and Terri (Karis) Hawdon
Dale Hazapis
Andrew and Pamela Heidt
Helen Heuer
John and Maria Hillman
David and Margaret Shnorhavorian Horne

OUR STEWARDS...

Patrick and Vickie Howard
 Vickie Huff
 Mary Hulbush
 Angelea John
 George John
 John and Emilie John
 James and Pota Johnson
 Jeff and Angela Jones
 John Jury and Natalie Kusulos
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 George and Christina Kaltsounis
 Theodore and Maria Kaltsounis
 Vicky Carras-Kangles
 John and Virginia Kapelouzou
Elia Karagiannis
 Jim and Georgene Karambelas
 Francine Karavias
 Anthony and Sarah Karis
 Nick and Nancy Karis
 Terry and Hannah Karis
 Christine Karzmar
 Nicholas and Kalliopi Katholos
 Gregory and Angela Kavounas
 Stephen and Ann-Marie Keeney
 Peter and Hanna Kenny
 Bishara and Diane Kharoufeh
 Don and Kathy Klausing
 Brian and Jiovanna Koceski
 Vivie Kollias
 George and Maria Kost
 James and Patti Kost
Louie and Vicky Kotsakis
Petros Koumantaros
Yannis Koumantaros
 Panos and Toula Koutlas
 Helene Krikris
 Gary Kuhar
 Alex and Dena Kusulos
Harold Kusulos
Steven and Annie Kyriakides
 Kostas and Linda Kyrimis
George and Eleni Lagos
 John and Margaux Lallas
 Michael and Lena LaMarche
 James and Sharon Langus
 Pete and Blue Lazarou
 Jeff and Cherie LeCates
 Christopher and Julie Legeros
 Christopher Lekas
 Jason and Sanaz Lemelson
 Dean and Kathleen Lentgis
 Thomas Leonidas
 John and Polette Limantzakis
 Johnny and Lucy Limantzakis
 Glen and Georgine Looney
 George and Giannoula Lymberis
 Chris and Paula Macris
 Eugenia Macris
 Greg and Mia Macris
 Wendell and Demitruela Madison

Emanuel and Dina Magoulas
 Louis and Mary Malesis
 Helen Malevitsis
 I. Nina Malevitsis
 James Malevitsis
 Samuel and Sarah Mallos
 Bechara and Xiomara Mallouk
 Demetris and Emily Manolopoulos
 Stilianos and Kari Manos
 James and Mary Lou Manus
 James Markezinis
 John and Kelly Markezinis
 Anthony and Alexandra Maroussis
 George and Deena Maroutsos
 Jean Mastor
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 Dionysios and Jessica Mavromatis
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 David and Georgia McFarlan
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 Pipena Mercouriadis
Michael and Kelly Meyers
 Michael and Elaine Michaelidis
 Andreas and Irene Mitalas
 Katherene Mitalas
Chuck and Anne Mitsakos
 Walter and Frances Moldskred
 Alexandros and Maria Moroseos
 James and Vickie Kolios Morris
 Andrew and Diana Moser
 Pete and Carol Mykris
Sandra Mykris
 Bettyann Nassar
 Peter Neckas
 Sandy Neckas
 James and Stella Nelson
 Maria Nikolidakis
 James and Carolyn O'Donnell
 Shirley Olsen
Insaf and Madison Oraivej
Yacoub and Ruba Oweis
 Stella Palios
 Chris and Rebecca Pallis
 Chris and Vasiliki Pallis
 Elli Pallis
 Thomas and Lisa Pallis
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 John and Lisa Panagiotou
 Sam and Colleen Panagiotou
 Yiannis and Johnette Panopoulos
 Artemios and Rebecca Panos
 Steve Panos
 Diane Panteleakos
Gregory and Stelée Papadeas
 George Papanastasiou
 Norman and Frances Parr
 Jason and Angela Patrao
 Christopher and A. Ellie Pedersen
 Robert and Penelope Perkins

Irene Peterson
 Kristopher and Clara Peterson
 Helen Petratos
 William Phillips
 Kristina Plumis
 Paul and Pamela Plumis
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 Nikolaos and Charikleia Poulas
 Eleftheria Proios
 Christos and Tammy Psichos
 Nicholas and Anastasia Raissis
 Robert and Despina Read
 Susan Reichmann
 Evie Rigas
 Todd and Feletsa Robinson
 Erik and Nicole Rolfness
 Sorin and Maria Rotar
 Cathy Rottle
 Adele Rottle-Williams
 Chris Roumeliotis
 Kary Roumeliotis
 Kayla Roumeliotis
 Christina Routsos
 Ted Routsos
 Emanuel and Marilyn Rouvelas
 Gordon and Katina Ruh
Brad and Renee Russell
 Mark and Angelique Saffle
 Dena Sakelaris
 John and Penelope Sakellaris
 Pantazis and Katina Samolis
 Phil and Barbara Sancken
 Arthur Saridakis
 Angelos and Penelopi Savranakis
 Alexandra Schwenke
 Iyad and Christina Shahwan
 Michael and Elaina Shemeta
 Simoni Shirland
 Tanya Shirland
 Christos and Agape Siskos
 Nikolaos and Brenda Skokos
 Alexander and Vassie Skoulis
 Sofia Smetheram
 Elene Soudas
 John Soudas
 Steve Sourapas
 Audrey Southas
 George and Joanna Staikos
 George and Thalia Stamatoyannopoulos
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Gregory and Vicky Stamolis
 Vasilike Stamos
 Thelma Stasinos
 Alexi J. Stavros
 John A. and Dimitra Stavros
 Peter A. and Maria Stavros
 Phyllis Steen
Kevin and Georgia Steenis

June 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
31	1	2	3	4	5	6
Pentecost Epistle: Acts 2:1-11 Gospel: John 7:37-52; 8:12 8:15a Orthros 9:30a Divine Liturgy 12:30p General Assembly	PENTECOST WEEK • NO FASTING THIS WEEK! 8:30a Orthros 9:30a Divine Liturgy 10a Divine Liturgy - Holy Trinity Temple • 431 Long Street • Wilkeson, WA	10a WOCA Meeting 6:30p Stewardship Meeting 6:30p Philoptochos Dinner - Summer Kick-Off	(St. Philaret Cook for the Homeless) 8:30a Open Confession 6p Greek School Graduation	11:30a Yiayia & Friends Luncheon at Pete's Egg Nest 4p Ahepa set up		12p AHEPA Convention- Basil
St. Ermiros, Apostle	St. Charitos, Martyr St. Justin Martyr	St. Nikiphoros Pat. of Ciple	Loukilianos & Paula, Martyrs	Mary & Martha	Dorotheos, Bishop of Tyros	Ilarion the Righteous Visarion of Egypt
7 All Saints Epistle: Hebrews 11:33-12:2 Gsp: Mt 10:32-33;37-38;19:2... Sunday School Graduation 8:15a Orthros 9:30a Divine Liturgy 1p Baptism	8 6:30p Dance Board Meeting	9 8:30a Open Confession	10 8:30a Open Confession	11 7p Parking Lot Used For Outside Cars (approx 10)	12	13
Pentecost Sunday Theodotos of Ankara	Callope, Martyr	St. Cyrill of Alexandria	Alexander, Antonia & Righteous...	Sts. Bartholomew & Barnabas,...	St. Peter of Mt. Athos	Aquilina, Martyr
14 2nd Sunday of Matthew Epistle: Romans 2:10-16 Gospel: Matthew 4:18-23 8:15a Orthros 9:30a Divine Liturgy 3p Wedding 4p Wedding Reception	15 6:30p PC Meeting	16 8:30a Open Confession	17 8:30a Open Confession	18 Cook for St. Martin de Porres	19 11:30a Friendship Adventures - Dinner Dance	20
Prophet Elisha St. Methodios Pat. of Constantin...	Jonah, Met. of Moscow Tikhon, Bishop of Amathos	Tychon the Wonderworker	Manuel, Savel, Basil & Isavros,...	Leontios, Hypatios & Theodoulo...	Apostle Jude, Brother of the Lord St. Paisios the Great	Methodios, Hieromartyr & Bishop... St. Nicholas Cabasilas
21 3rd Sunday of Matthew Epistle: Romans 5:1-10 Gospel: Matthew 6:22-33 8:15a Orthros 9:30a Divine Liturgy 11:30a Father's Day Breakfast by Youth	22 6p Vespers and Orthros - Goldendale, WA	23 8a Hours and Divine Liturgy - St. John the Baptist Monastery - Goldendale, WA 7p Orthodoxy on Tap at Varlam-os Pizza	24 Cook for Jubilee Center 8a Hours and Divine Liturgy - St. John the Baptist Monastery - Goldendale, WA 7p Orthodoxy on Tap at Varlam-os Pizza	25 St. Andrews Cook for Homeless	26	27
Julian, Martyr & Nikita of Nisyros	Eusebios Bishop of Samosata	Agripina, Martyr	Nativity of St. John the Baptist	Righteous Fevronia	David the Righteous	Sampson, Host of Strangers
28 4th Sunday of Matthew Epistle: Romans 6:18-23 Gospel: Matthew 8:5-13 8:15a Orthros 9:30a Divine Liturgy 5p Great Vespers - St. Paul, Brier	29 6p Divine Liturgy - St. Paul, Brier	30 8a Orthros - At Holy Apostles 9a Divine Liturgy - At Holy Apostles 6:30p Camp Meeting	1 Cook for the Homeless	2	3	4
Translation of Relics of Kyros an...	Apostles Peter & Paul	Michael, New Martyr of Athens Synaxis of the 12 Apostles	St. Kosmas and Damianos	St. John of San Francisco	Hyakinthos & Theodotis, Martyrs	Independence Day

ANNOUNCEMENTS

Baptisms

Congratulations to Kegan and Nichole Tosto whose daughter, Clementine Rose Ioanna was baptized on May 9th, 2015. Her sponsors are Andrea Dunbar and Nicholas Tsiakilos, Jr. "Na sas zese!"

Congratulations to Rev. Fr. Daniel and Presv. Michelle Triant whose daughter, Penelope Ilana was baptized on May 30th, 2015. Her sponsor is George Cassis. "Na sas zese!"

New Arrivals

Congratulations to the proud parents, Nick and Anyisia (Dumont) Metrakos on the birth of a baby girl, Katherine Zoe Ioanna, born May 9th, 2015, weighing 8 lbs. 12 oz. The proud grandparents are Rev. Fr. Photios and Presv. Katherine Dumont and Rev. Fr. Aris and Presv. Valerie Metrakos (of San Francisco, CA). The proud great-grandparents are Jean Dumont and George and Patricia Dovas. "Na sas zese!"

Congratulations to the proud parents, Carlos and Eleni Jimenez on the birth of a baby girl, Carolina Evelyn, born May 10th, 2015, weighing 6 lbs. 14 oz. The proud grandparents are Demetre and Evangelia Lagos and Luis and Evelyn Jimenez. The proud great-grandparents are George and Eleni Lagos. "Na sas zese!"

This & That Shop News—Time to Donate...

This & That Shop Chairperson, Mary Xenos Maciejewski, would like to thank all our Parishioners and Friends who donated items for the This & That Shop. We gladly accept dishes, flatware, glassware, pots and pans, paperbacks, stationery supplies, adult and children's jewelry, Christmas decorations, toys, knickknacks, purses, small appliances only (and if they work). Volunteers are needed to help with the sorting and preparation of donated items during the summer or help staff the shop during the Festival. Any amount of time you can donate is welcome—many hands lighten the load. To volunteer, please contact Mary at 206-783-5087.

Item donation can be made to the Church Office Monday through Friday from 9:30 am to 5 pm.

Thank you for your support!

"Thank You"

We wish to thank Litsa Edwards for donating and planting flowers in the Church courtyard. Also, we wish to thank George and Diamanto Tramountanas for the donation of Wine and Water glasses.

Your generosity is truly appreciated!

Bookstore News

Congratulations to all the Class of 2015 graduates!

We have many gift items on our bookstore, including:

- Prayer Ropes and Bracelets
- Icons
- Key Chains

Book Titles such as:

- "My Orthodox Prayer Book"
- "Hear Me," a prayer book for Orthodox Teens
- "The Orthodox Study Bible" (New & Old Testament with Psalms)

And many children's books

God Bless You!



Sunday School Teacher Positions Open!

Opportunities are available to teach Sunday School for the 2015-2016 year. Consider getting involved in this rewarding ministry of our parish. For more information, please contact Paula Charuhas Macris at pcharuhas@hotmail.com or 425/888-2535.

Yiayia & Friends Luncheon

The June Yiayias & Friends luncheon will be held on Thursday, **June 4 at Pete's Egg Nest**. Pete's is located in Phinney Ridge at **7717 Greenwood Avenue North**. Time is **11:30 a.m.** The restaurant is fairly small and in order for them to accommodate us properly, we would appreciate as accurate a count as possible. Please email or let Mary Damascus know if you are planning to attend: (509) 951-2975 or mndamascus@comcast.net. Everyone is welcome!

May Dinner for Jubilee Women's Center

In May, a delicious dinner was prepared and donated in memory of Dr. David Betts' Birthday by his mother, Kay Betts and his wife, Mary. Friends Christina Meletis, Sara Baraki, Kathy Mitalas and Carol Mykris helped to provide the much appreciated meal and fellowship, Thank You!!!!

Just two miles from St. Demetrios, JWC provides housing and support to low income women transitioning out of poverty and homelessness, on their way to healing and independent living.

Donated meals help the 34 residents stretch their grocery budgets and the women enjoy the friendship we share. There are many other ways to volunteer and support, and great opportunities for youth engagement.

If you would like to donate a meal or clothing, or want to learn more how you can get involved, please contact Georgene Karambelas [206 829 9337](tel:2068299337)

karambelas@comcast.net or www.jwcenter.org

OUR STEWARDS...

(CONTINUED FROM PAGE 7)

Andrew and Emily Stergachis
Andy and Joann Stergachis
Michael and Christine Stollings
Heather Stotz

Chris and Heidi Stoumbos
Eugene and Cleo Supernaw
Kina and Stefan Tatchukova

Linda Tavernarakis
Bryan and Stacy Taylor
Stephen and Georgia Teodosiadis
Christto and Dorothea Tolias

Irene Tolias
Kegan and Nicole Tosto
Nikolas Touras
Harry and Angela Tourikis
Athan and Cindy Tramountanas
Emmanuel and Peggy Tramountanas
George and Dana Tramountanas
James and Barbara Trehearne
George and Thelma Treperinas
Sam and Elly Treperinas
Fr. Daniel and Presv. Michelle Triant
Vasilios and Dionisia Tsafos
Sam and Stephanie Tsakonas
Angelos and Katerina Tsakopoulos

Nicholas Tsiakilos, Jr.
George and Susan Tsoukalas

Jordan and Emily Vardell
John and Karin Varlamos
Kosta and Judy Varlamos

Nick and Eleni Varlamos
Vasili and Nina Varlamos

Peter and Maria Vassiliou
Irina Visintainer
Demetrios and Aspasia Voltsis
J. Robert and Effie Walker
Robert and Katherine Watson
George and Anastasia Webb
Joann West

Brett and Yvonne Willard
Vivian Williamson
Edmund and Cathy Chohlas Wood
James and Jeretta Wright

Demetra Xenos
Emmanuel J. Xenos
John Xenos
George Xidias
John and Andreanna Zafiropoulos
Konstantine Zefferys
John and Mary Ellen Zoulas



St. Demetrios Family Camping Trip

August 7, 8 & 9

All families are invited for a weekend camping retreat on Vashon Island. We will stay at the AYH Ranch which offers a unique Western setting with Indian teepees, covered wagons, and plenty of space for camping.

Cost is \$100 per family.
Meals Included. Please bring your own snacks and drinks.

Please contact Lefteris Sitaras at 206-631-2504 to join us on a great family adventure.

MEMORIALS AND VIGIL LIGHTS

Holy Altar Candles from last month

A Holy Altar Table Vigil Light was offered on May 24th, 2015 in loving memory of **Lee (Iraklis) Stantinos** (six years since his passing), by Collette Apostolakis and Family.

Memorials and Holy Altar Candles for June 7th

A Memorial Service and a Holy Altar Table Vigil Light are offered in loving memory of **Rev. Fr. A. Homer Demopulos** (twenty-two years since his passing), by Presvytera Artemis Demopulos, their children, Dr. Peter and Diane Demopulos, Dr. Christina and Gerry Kaelin, Dr. Gregory and Kate Demopulos and grandchildren.

The Eight Holy Altar Table Vigil Lights are offered in loving memory of **Alexi and Katina Stavros**, by Peter A. and Maria Stavros and Family.

Memorials and Holy Altar Candles for June 14th

A Forty-Day Memorial Service, two Holy Altar Table Vigil Lights and the Coffee Hour are offered in loving memory of **Katina Dritshulas**, by her daughter and son-in-law, Anastasia and Mark Bartlett and her granddaughters, Tess Bartlett and Xana Bartlett.

A Forty-Day Memorial Service and two Holy Altar Table Vigil Lights are offered in loving memory of **Eunice Karambelas**, by her son and daughter-in-law, Jim and Georgene Karambelas and grandchildren, Christine and Nicholas.

A Memorial Service and a Holy Altar Table Vigil Light are offered in loving memory of **Angeliki Coulousi and Costas Exarhos** (three years, and nineteen years since their passing), by Helen Exarhos and Family.

A Holy Altar Table Vigil Light is offered in loving memory of **Panagiotis Tsakonakos** (forty days since his passing), by his sister, Georgia Manolakos and Family.

Memorials and Holy Altar Candles for June 21st

A Memorial Service, a Holy Altar Table Vigil Light and the Coffee Hour are offered in loving memory of **Rose Kaloris Saridakis** (two years since her passing), by her husband, Arthur Saridakis and her son, Jim Kaloris.

Two Holy Altar Table Vigil Lights are offered in loving memory of **Jennie and Constantine Milonopoulos** (thirteen years and forty-one years since their passing), by Nicoleta Courounes and Family.

Two Holy Altar Table Vigil Lights are offered in loving memory of **Theofanis Kalasountas** (twenty-one years since his passing), by his wife, Athanasia, their children, Panagiotis and Rena, Marina and Kyle and grandchildren.

Memorials and Holy Altar Candles for June 28th

A One-Year Memorial Service, a Holy Altar Table Vigil Light and a donation to All Saints Camp (in lieu of the Coffee Hour) are offered in loving memory of **James Mykris**, by his wife, Sandra Mykris and Family.





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OUR PARISH JUNE GRADUATES—*CONGRATULATIONS!!!*



With spiritual satisfaction our Church follows the academic progress and spiritual growth of our students. We take this opportunity to congratulate our graduates and their proud parents for their achievements. We pray to God to guide them in their future plans.

HIGH SCHOOL GRADUATES

<u>NAME</u>	<u>Graduating from</u>	<u>Will be attending</u>
Andrew Christianson	Shorewood High School	The Honors Program at Gonzaga University, Spokane, WA
Olivia Grosvenor	Cedar Crest High School	Finishing Running Start Program at Bellevue College
Sophia Malevitsis	Bush High School	The University of Washington
Niko Pagones	University Preparatory Academy	The University of Colorado, Boulder, CO
George Pallis	Mercer Island High School	Santa Clara University, CA
Themio Pallis	Mercer Island High School	Gonzaga University, Spokane, WA
Vivika Stamolis	Seattle Preparatory School, with Honors	University of San Diego, CA

UNIVERSITY GRADUATES

<u>NAME</u>	<u>Degree and School</u>
Anastasia (Tasha) Economou	Master's in Urban Education from Loyola Maramount University
Edward Fancher	BA in Business, from New York University
Katherine M. Karzmar	BS in Public Health with collegiate honors and minor in Urban Design and Planning from the University of Washington
Stephanie Stamatia Sampson	BA from Jackson School of International Studies—Cum Laude honors from the University of Washington with emphasis on Foreign Policy & International Development
Andy Stergachis	MD, PhD from the University of Washington. He will be doing his Residency at the Brigham and Women's Hospital in Internal Medicine, in Boston
Rebecca Chohlas Wood	University of Washington School of Medicine with Honors. She will be doing her Residency at University of Chicago in Internal Medicine and Pediatrics