

### List of suggested Lam Rim texts

Lamrim Chen Mo - Lama Tsong Khapa

The Essential Nectar - Geshe Rabten

Essence of Refined Gold - Third Dalai Lama

Liberation in the Palm of Your Hand - Kyabje Pabongkha Rinpoche

Path to Bliss - His Holiness the Dalai Lama

Practicing the Path: A Commentary on the Lamrim Chenmo - Yangsi Rinpoche

Guided Meditations on the Stages of the Path (with 15 hour mp3 meditation CD) - Thubten Chodron

Steps on the Path to Enlightenment: A Commentary on Tsongkhapa's Lamrim Chenmo - Geshe Lhundrup Sopa

The Easy Path - Gyumed Khensur Lobsang Jampa

Essence of the Path to Enlightenment - Geshe Acharya Thubten Lodon

Meditations on the Path to Enlightenment - Geshe Acharya Thubten Lodon