#### **Camp Schedule**

Check in: Organizational meeting will be held before the first session on Sunday. Sunday, June 19 or Sunday, July 10 2:00-3:00 PM

Check out: Wednesday, June 22 or Wednesday, July 13

#### SAMPLE DAILY SCHEDULE

7:30 am	Rise and shine
8:00 AM	Breakfast, dining hall
9:00 AM	All campers report to softball field
9:00 AM	Session I
11:45 ам	Lunch, dining hall
1:00 pm	Session II
4:00 pm	Dinner, dining hall
5:30 рм	Session III
7:30 рм	Commuters depart
8:30 pm	Free time
10:00 pm	In residence hall
10:30 рм	Lights out!
	-



## **REGISTER NOW!**

## Shippensburg University 2016 Summer Camps

		0
Shark Tank	Boys & Girls Grades 6-8	June 6-10
Boys Basketball Camp	Boys Ages 10-17	June 19-22
Girls Softball Camp I	Girls Ages 10-17	June 19-22
STEM: Tracking a Disease Outbreak	Boys & Girls Ages 12-15	June 20-24
Girls Basketball Camp	Girls Ages 10-14	June 26-29
Field Hockey Day Camp	Girls Grades 5-12	June 27-30
Forensic Science Camp	Boys & Girls Grades 10-12	July 7 & 8
Virtual Vacations Camp	Boys and Girls Grades 2-4	July 11-15
Chemistry Camp I & II	Boys & Girls Ages 8-10	July 11-15
Girls Volleyball Camp I	Girls Ages 12-18	July 10-13
Girls Softball Camp II	Girls Ages 10-18	July 10- 13
Sprints & Hurdles Camp	Boys & Girls Grades 9-12	July 17-20
Girls Cross Country Camp	Girls Grades 9-12	July 17-21
Boys Cross Country Camp	Boys Grades 9-12	July 17-21
Tennis Day Camp	Boys & Girls Grades 3-8	July 18-21
Tennis Camp	Boys & Girls Grades 9-12	July 18-21
Lacrosse Camp	Girls Grades 6-12	July 18-21
Jumps Camp	Boys & Girls Grades 9-12	July 24-27
Throws Camp	Boys & Girls Grades 9-12	July 24-27
Girls Volleyball Camp II	Girls Ages 12-18	July 24-27
Field Hockey	Girls Grades 9-12	July 24-28

## Register NOW by calling (717) 477-1256

#### or

visit our website at www.ship.edu/camps

or

#### e-mail your request to <a href="mailto:sucamps@ship.edu">sucamps@ship.edu</a>

A member of Pennsylvania's State System of Higher Education. Shippensburg University is an equal opportunity educational institution. Direct requests for disability accommodations and other inquiries to the Office of Disability Services, Horton Hall 120, Shippensburg University, 1871 Old Main Drive, Shippensburg, PA 17257-2299, (717) 477-1329, ods@ship.edu.



# **Fast Pitch Softball Camp**



## Week I: June 19–22, 2016 Week II: July 10–13, 2016

#### **Directors:**

Bob Brookens, SU Head Women's Softball Coach Ben Deshong, SU Asst. Softball Coach Alison Van Scyoc, SU Asst. Softball Coach Emily Estep, SU Pitching Coach

#### Ages 11 to 18

(10-year-old girls will be accepted as commuters)

Campers will be housed in air-conditioned residence halls!

#### WWW.SHIP.EDU/CAMPS

## **Registration Application** 2016 SU Fast Pitch Softball Camp

For your convenience, the Conference Office offers on-line registration, payment, and printable brochures. Check out our website at **www.ship.edu/camps**.

Name		
Address		
City		
State Zip Code		
Phone number ()		
E-mail		
Age Grade in fall of 2016		
Parent/Guardian name		
Daytime phone number ()		
School attending		
Coach's name		
Roommate preference		
<b>T-shirt size:</b> (Youth) □ Large (Men's) □ Small □ Medium □ Large □ Extra Large		
Primary Position (select one ONLY):		
Fees: □ Resident plan (all meals included)\$375□ Commuter plan (3 lunches, 4 dinners)\$300		
Week Preference: □ June 19–22, 2016 □ July 10–13, 2016		

#### **Payment Plan:**

- Check or money order enclosed (Please make check payable to "Shippensburg University")
- Credit card payments and e-checks will be accepted on-line at www.ship.edu/camps as part of the registration process. If paying by credit card or e-check, full payment is required at the time of registration.



## **Application Information**

Applications will be accepted up to one week prior to the start of camp. Applications submitted after that day will not be accepted. If paying with a credit card, full payment is required. If paying by check or money order, you have the option of paying the entire amount or submitting at least a \$75 deposit with the balance due one week prior to start of camp. An administrative fee of \$75 will be deducted from all refunds. No refunds will be given after on-campus check-in. The Conference Office reserves the right to cancel any camp which has insufficient enrollment up to two weeks before the opening of camp. A full refund will be given if the camp is canceled.

Send your application and payment to:

Conference Services Shippensburg University 1871 Old Main Drive, Shippensburg, PA 17257-2299 Phone: (717) 477-1256

## **General Camp Information**

- **Register early:** Space is limited to facilitate individual attention. Four-person suites will be assigned on a first registered, first accommodated basis.
- **Housing:** Campers will be housed in new suite style residence halls. Amenities include: Air conditioning and a bathroom for every two campers. A pillow, one pillowcase and two sheets will be provided. You will need to bring towels, blankets and washcloths with you. Coin operated washers and dryers are available on each floor in the residence hall.
- A **certificate of health** must be presented by each participant at the camp's registration. A standard form will be sent upon acceptance. *This form does not require a physician's examination or signature.*
- **Health Services:** The Etter Health Center is staffed and equipped to take care of minor illnesses and injuries that may arise during your stay on campus. For some emergencies, the staff may send you directly to a local hospital.
- **Disability Services:** Requests for accommodations, auxiliary aids, or services must be made in writing to the Office of Disability Services at least fifteen (15) days before the camp begins. The Office of Disability Services is located in Horton Hall 120, Shippensburg University, 1871 Old Main Drive, Shippensburg, PA 17257-2299, (717) 477-1329, ods@ship.edu.
- **Recreational facilities include:** indoor swimming, indoor and outdoor basketball courts (*if available*), outdoor volleyball courts, tennis courts, and handball courts.

## What to bring

(<u>LABEL YOUR GEAR</u>!) Bring a bat, glove or mitt, hat/visor, helmet, sneakers, old clothing, sunscreen, swimsuit, blanket, and other ne-cessities, if boarding. Catchers need their own gear, i.e., mask, chest protector, shin guards.



## **Objective**

This is an intense high impact camp designed to improve individual skills regardless of the player's current skill level. The objectives will be reached by intense and concentrated practice of fundamental skills and techniques of softball. Designed to develop and improve players' individual skills and competition performance. Intense one-on-one instruction. Six hours of instruction, analysis, and games per day.

## Features

All participants will generally practice and play in their own age groups. However, dependent upon skill level, we reserve the right to move a participant up or down the age groups.

All campers will receive instruction in hitting, infield, and outfield. If you wish instruction in pitching or catching, you must select one of the two as your primary position.

The participant will have the use of all the latest training aids including soft toss and pitching machines, batting cages, speed guns, soft hand gloves, wrist watch bats and clicker stick bats.

### **Facilities**

The SU Fast Pitch Softball Camp will be conducted on the beautiful Shippensburg University campus which includes three softball diamonds and a large instructional area. Two fields are equipped with lights for night games and practices. Indoor facilities will be available in case of inclement weather.

## Staff

The camp will be taught by the Shippensburg University coaching staff and a select group of highly qualified coaches and collegiate players. The camper/staff ratio will be approximately 12:1. The permanent staff for the camp includes the following:

Bob Brookens, head softball coach, Shippensburg University

Ben Deshong, assistant softball coach, Shippensburg University

Alison Van Scyoc, assistant softball coach, Shippensburg University

Emily Estep, pitching coach, Shippensburg University

Additional collegiate coaches and players will be added at a later date. Staff subject to change.