

# Community Conversations

## *Combating the Stigma Surrounding Mental Illness*

Join us for an afternoon breaking down the myths about mental illness and promoting better understanding.

**Sunday, November 15, 1 - 3:00 PM**

**Unitarian Universalist Church of Worcester  
90 Holden Street, Worcester, MA**

*Light refreshments  
will be served.*

*Join us!*

*Let's talk  
about it!*

### **Event Will Include**

- ◆ An introduction to Alternatives
  - ◆ Thought provoking video clips
  - ◆ Panel discussions
  - ◆ Break out conversations
  - ◆ Group reflection

**More information or to RSVP:**

**Liz.Mirabelli@AlternativesNet.org • (508) 266-6541**



**ALTERNATIVES**

Community Life For People With Disabilities

Real Homes | Real Jobs | Real Relationships

*Alternatives provides services to people with disabilities throughout Central Massachusetts and sponsors community events that people of all abilities can enjoy together.*