



COMMON GROUND SPEAKS

Exchanging Ideas, Educating People, Empowering Communities

FOOD: ARE WE WHAT WE EAT?

A Dynamic Conversation on Practical Healthy Eating, and the Psychology and Ethics of Food

Tuesday, January 26, 2016

6:30 p.m. Refreshments

7:00 - 9:00 p.m. Presentation

Free Admission, Register at:

<http://cgsevent.eventbrite.com>

Far Brook School

52 Great Hills Road

Short Hills, New Jersey 07078

973-379-3442

www.farbrook.org



Stefanie Sacks, MS, CNS, CDN
Culinary Nutritionist, Consultant,
Speaker, Author
What The Fork Are You Eating?



Leith Hill, Restaurateur
Founder and President
Ellary's Greens, NYC



Karen Rezach, M.Div., Ed.D.
Director of the Middle School
And Ethics Institute
Kent Place School

Common Ground Speaks, a collaborative effort of Parents' Associations of independent schools, sponsors free events featuring distinguished speakers on topics related to child development, parenting and education.

Member schools: Chatham Day School, Delbarton School, Far Brook School, Far Hills Country Day School, Gottesman RTW Academy, Kent Place School, Morristown-Beard School, Newark Academy, Rutgers Preparatory School, The Peck School, The Pingry School, The Red Oaks School, The Westmont Montessori School, The Willow School, The Winston School, and The Wardlaw-Hartridge School.