### PRESENTATIONS



Jessica Ward, MS, RD, CD, CEDRD. Director of Therapeutic Services at Selah House

"Seeking Balance in The Land of Milk & Honey"



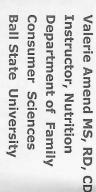
Kim Mossburg , M.S., R.D. LDN. ATC. Lecturer in Nutritional Science

" Supplemental Interventions in Weight Management and Implicated Obesogens."



Cheryl Howard RN, BSN, Care Manager, Faith Community Nurse

"Healthy Living-Putting It Together"



"Healthy Eating as You Age: Feeding Your Mind Body & Soul"



Lindsey Pedigo MPH, CHES
HHS Extension Coordinator
Purdue Extension Howard
County
AND
Linda Echelbarger NEP
Assistant Purdue Extensior
Howard & Tipton Counties

"Raising Healthy Eaters"



United Methodist
Health Ministry Network

#### **Program Schedule**

8:30 Arrive/Continental Breakfast

8:45 Opening/Devotion

9:00 Keynote Chef Wendall Fowler

9:45 Break

10:00 Jessica Ward

10:40 Cheryl Howard

11:20 Valerie Amend

12:00 Lunch

12:45 Kim Mossburg

1:30 Keynote Chef Wendall Fowler

2:15 Break

2:25 Purdue Extension Howard County

3:00 Yoga Devotions



Heidi Green RYT
Yogadevotion LLC

"Yogadevotion for Wellness & Healing -Arthritis"

"The Church brings a
(w)holistic perspective to a
community's understanding of
health because it has the ability
to address and integrate all
elements of healingBODY, MIND & SPIRIT"

#### QUESTIONS:

Contact
Sherry McIntyre RN, BA, FCN
Coordinator Faith Community
Nursing & Health Ministries
Samandmac64@gmail.com
317-894-0902 or 317-370-8522

## REGISTER ONLINE

inumc.org/ParishNursing
BY 11:59 PM
September 15, 2016

Sherry McIntyre RN., BSA, FCN Amity United Methodist Church 6042 West 100 North Greenfield, Indiana 46140



Sponsored by Health Ministries & Faith Community Nursing of the INUMC

**OCTOBER 7, 2016** 



Chef Wendall Fowler

Author-Health Columnist
Spiritual-Motivational
Speaker & Host Contributor for
WISH TV

# WHO SHOULD ATTEND

Conference

Commissioned Faith
Community Nurses, Pastors,
Health Advocates, Registered
Nurses, Laity & Anyone
interested in having Healthy
Churches & Community

<u>DATE</u> Friday, October 7, 2016

TIME 8:30 am-3:30 pm

\$32.00

PLACE
Grace UMC
219 E. Mulberry St.,
Kokomo, Indiana 46901
US 31 to Exit 162-Turn West
on to Markland. Go 13 Stop
lights to Washington & turn
North & then to East
Mulberry & turn east.

Continental Breakfast & Lunch included

REGISTRATION DUE BY:
September 15, 2016!!!