

PRESENTATIONS



Jessica Ward, MS, RD, CD, CEDRD. Director of Therapeutic Services at Selah House

"Seeking Balance in The Land of Milk & Honey"



Kim Mossburg, M.S., R.D. LDN. ATC. Lecturer in Nutritional Science

"Supplemental Interventions in Weight Management and Implicated Obesogens"



Cheryl Howard RN, BSN, Care Manager, Faith Community Nurse

"Healthy Living-Putting It Together"



Valerie Amend MS, RD, CD Instructor, Nutrition Department of Family Consumer Sciences Ball State University

"Healthy Eating as You Age: Feeding Your Mind, Body & Soul"



Lindsey Pedigo MPH, CHES HHS Extension Coordinator Purdue Extension Howard County AND

Linda Echelbarger NEP Assistant Purdue Extension Howard & Tipton Counties "Raising Healthy Eaters"



United Methodist Health Ministry Network

Program Schedule

- 8:30 Arrive/Continental Breakfast
- 8:45 Opening/Devotion
- 9:00 Keynote Chef Wendall Fowler
- 9:45 Break
- 10:00 Jessica Ward
- 10:40 Cheryl Howard
- 11:20 Valerie Amend
- 12:00 Lunch
- 12:45 Kim Mossburg
- 1:30 Keynote Chef Wendall Fowler
- 2:15 Break
- 2:25 Purdue Extension Howard County
- 3:00 Yoga Devotions



Heidi Green RYT Yogadevotion LLC

"Yogadevotion for Wellness & Healing -Arthritis"

"The Church brings a (w)holistic perspective to a community's understanding of health because it has the ability to address and integrate all elements of healing-

BODY, MIND & SPIRIT"

QUESTIONS:

Contact

Sherry McIntyre RN, BA, FCN Coordinator Faith Community Nursing & Health Ministries Samandmac64@gmail.com 317-894-0902 or 317-370-8522

REGISTER ONLINE @

inumc.org/ParishNursing

BY 11:59 PM

September 15, 2016

PLACE
STAMP
HERE

Sherry McIntyre RN., BSA, FCN
Amity United Methodist Church
6042 West 100 North
Greenfield, Indiana 46140



"Honoring GOD Through Caring
for Your Body"

Sponsored by Health Ministries
& Faith Community Nursing of
the INUMC

OCTOBER 7, 2016



KEYNOTE SPEAKER

Chef Wendall Fowler

Author-Health Columnist
Spiritual-Motivational

Speaker & Host Contributor for
WISH TV

WHO SHOULD ATTEND

Commissioned Faith
Community Nurses, Pastors,
Health Advocates, Registered
Nurses, Laity & Anyone
interested in having Healthy
Churches & Community

DATE
Friday, October 7, 2016

TIME
8:30 am-3:30 pm

COST
\$32.00

PLACE
Grace UMC
219 E. Mulberry St.,
Kokomo, Indiana 46901
US 31 to Exit 162-Turn West
on to Markland. Go 13 Stop
lights to Washington & turn
North & then to East
Mulberry & turn east.

Continental Breakfast &
Lunch included

REGISTRATION DUE BY:
September 15, 2016!!!