

# A SEAT AT THE TABLE

## OUR NONPROFIT PARTNERS

After-School All-Stars  
ALPFA  
Bank Street Head Start  
Bloomingdale Family Program  
Bloomingdale School of Music  
Brooklyn Arts Council  
Brooklyn Youth Sports Club  
Center for Family Representation  
Center for Urban Pedagogy  
Children of Promise NYC  
College and Community Fellowship  
Epic Theatre Ensemble  
Girls Educational & Mentoring Services  
Graham Windham  
Helen Keller International  
Hip Hop 4 Life, Inc.  
I Challenge Myself  
Iris House  
JazzReach, Inc.  
La Unidad Latina Foundation  
Learning Leaders  
Mark DeGarmo & Dancers/Dynamic Forms  
MOUSE  
Museum of Contemporary African  
Diasporan Arts (MoCADA)  
National High School Basketball Association  
/ Winning Through Education  
National Multiple Sclerosis Society NYC-SNY  
Chapter  
North Bronx Youth Sports Association, Inc.  
Odyssey House  
People's Prep Charter School  
PhysEd Plus  
Reading Partners  
Red Hook Initiative  
Rosie's Theater Kids  
Safe Horizon  
Safety Net Project - Urban Justice Center  
Stonewall Community Foundation  
Strong Women, Strong Girls (SWSG)  
SuitUp  
Summit Academy Charter School  
Symphony Space  
The Center for Arts Education  
The Child Center of NY  
The Opportunity Agenda  
The Parent-Child Home Program  
The Possibility Project  
The Public Theater  
Third Street Music School Settlement  
Union Settlement Association  
Upper Manhattan Empowerment Zone  
Urban Arts Partnership  
WebServes  
Women's Project Theater  
Year Up  
Youth Education Throught Sports (YES) Inc.



The **Council of Urban Professionals (CUP)** empowers diverse professionals to develop connections, opportunities, and expertise that best position them for top leadership roles, resulting in transformative impact on our communities.

Through our **A Seat at the Table** initiative, CUP secures board placements for our talented and highly motivated members so that, individually and collectively, our organization fulfills its mission of enhancing the capacity of organizations, institutions and agencies to better serve our communities. We are placing people of color and women on non-profit and public sector boards – a strategy for developing long-term structural change, increasing the diversity of boardrooms, and holding non-profit organizations accountable for creating boards that reflect their stakeholders.

In addition to securing board matches, our A Seat at the Table initiative offers trainings to equip members with the knowledge and skills needed to make a difference once they are at decision-making tables.

To learn more, please contact CUP Leadership Institute Program Associate Nina Pascucci at [npascucci@nycup.org](mailto:npascucci@nycup.org) or (646) 779-4719.

 Council of Urban  
Professionals  
LEADERSHIP INSTITUTE

# Finding the Right Match

## 1. Registration

As a CUP member, you have access to our A Seat at the Table board matching initiative. Upon completing your board matching profile, you will be eligible to attend networking receptions with select nonprofit partners, enroll in board governance trainings, request introductions to CUP's nonprofit partners, and attend nonprofit partner events.

To complete your board matching profile on CUP Connect, visit <http://members.nycup.org/> and complete the following steps:

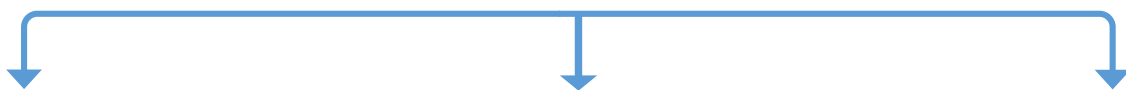
- First-time users must reset their CUP Connect password. To reset your password, please sign in using your email address as your username and click **'Forgot your password?'**
- Upon your first login, you will be prompted to customize your Member Profile preferences. Please make your selections and click **'Save My Settings'**
- Once you submit your preferences, you will be directed to your Member Profile
  - Complete the Board Matching section of your Member Profile, by clicking on the **"Bio"** tab and then click the **'Edit'** button in the Board Matching section. Make sure to upload PDFs of your bio and/or resume if you want to request introduction to nonprofits.
  - Be sure to click **'Save Changes'**

Once your board matching profile is complete, you will have access to our board matching resources and will be added to our database, which we regularly search to identify strategic board matches for our nonprofit partners.

## 2. Exploration

Its time to start exploring your options! As you pursue a board seat with your preferred nonprofits, be sure to research each organization to gauge how the mission, structure and culture, as well as board requirements and responsibilities, fit into your personal values and interests.

There are several ways to initiate the exploration phase



### Request an Introduction

Browse our list of nonprofit partners and email Nina Pascucci at [npascucci@nycup.org](mailto:npascucci@nycup.org) to request a formal introduction to the nonprofit(s) of your choice.

### Attend a CUP Event

CUP hosts quarterly networking receptions for our members and select nonprofits. These receptions are a great way to casually meet-and-greet with a variety of nonprofits that have a wide range of missions and impact areas.

### Attend a Partner's Event

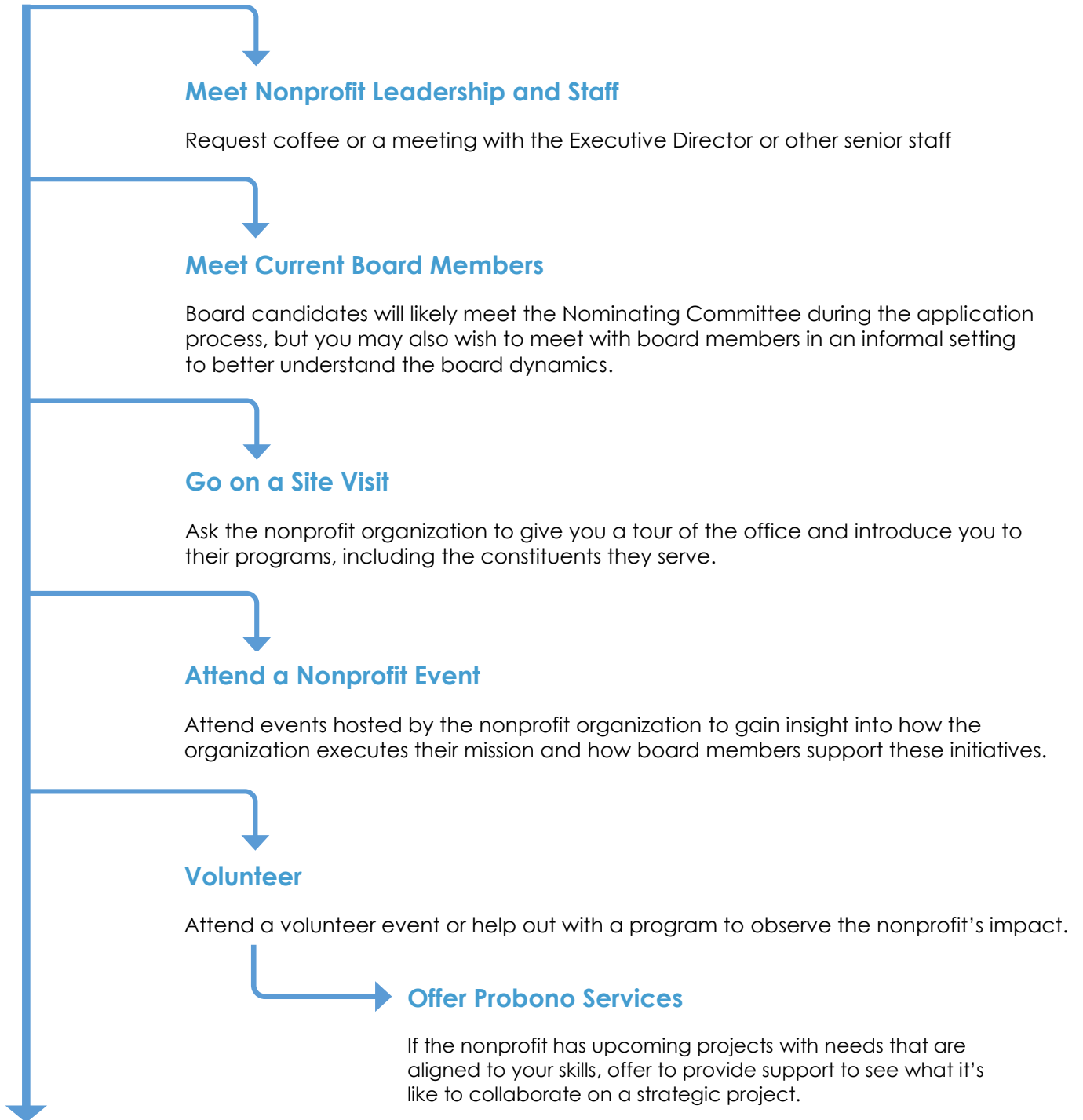
You will be notified periodically of nonprofit partner events, fundraisers and volunteer opportunities. This is a great way to see an organization in action and assess your interest and fit.

## 3. Cultivation

During the cultivation phase, exposure to the nonprofit organization will help you to gain a better understanding of the organization's vision and goals, as well as the people you would be supporting. Be patient and remain engaged—this process can often take several months, but it is worth your time to fully understand the commitment of joining the board.

### Initial Introduction

*After an introduction, be courteous and respond to the nonprofit organization promptly. Next steps may include:*



### Application

Before you get to the application or decision phase, engage in one or more of the above activities to best determine if the organization is right for you and your interests.

## 4. Decision

Now that you've researched your options and found the right organization, it's time to formally apply to be on the board. Each nonprofit has a different application, vetting and onboarding process.

After completing the formal application process, the organization will hopefully be ready to extend an offer. Once you are on the board we recommend that you get right to work: join a board committee, volunteer to support an upcoming event, or perhaps ask a veteran board member to mentor you as you adjust to your new role. To further enhance your impact, keep an eye out for CUP's trainings in board governance best practices.

Last but not least, please keep us posted. We love to hear about your success in finding the right board and your board service!

For questions, please email Nina Pascucci at [npascucci@nycup.org](mailto:npascucci@nycup.org).

