

August 2015 edition:

UPDATE: Neuroplastic Tenets

1. Neuroplastic Mantra:
Know>Think>Plan>Do>Process> Remember
2. Use calm repair; eliminate the stress of right/wrong.
3. Incorporate mindfulness in aphasia treatment. Eliminate imitation.
4. Sometimes you BLINK it; sometimes you THINK it.
5. Emphasize interpersonal communication.
6. Focus on verbs, not nouns.
7. Introduce, use and enforce the 3 second rule.
8. Move the PWA to become a PRA.
9. Work from a normal demeanor and attitude.
10. Take the leap into neuroplasticity.