POWER OF THE BREATH TOUR

Interactive, life-changing Breathshops & Breathology Certification Course * Releam How to Breathe * Relax * Manage Stress * Play * Be Inspired * Grow * Heal Self & Others

WISH-LIST FOR POWER OF THE BREATH (POTB) BREATHSHOP, "It's a PLAYSHOP", BREATH & SOUND CONCERT or BREATHOLOGY CERTIFICATION FACILITIES AND LOGISTICS

- 1. For POTB Breathshop (Workshop) or Breath & Sound Concert We seek a Thursday, Friday or Saturday mid afternoon or evening to offer a 1 $\frac{1}{2}$ hour workshop or Breath & Sound Concert in a location that can comfortably seat 20 1,000 or more people with optional space for 3-5 vendors of health services (my products included);
- 2. For an Optimum Life Breathology™ Certification: We seek an intimate space that comfortably seats and allows laying-down space for a minimum of 4 participants, upwards to 16 people;
- 3. For "It's a Playshop We seek more open space where people can move around and then sit.
- 4. We prefer to host events in same location within a weekend, i.e. Workshop Fri eve, Certification, all day; Sunday or Workshop on a Sat during the day, then Certification the very next week, Playshops more often one time event;
- 5. If trainings are not in the same location, we seek spaces that compliment similar atmospheres;
- 6. Facility should offer adjustable temperatures to keep facility reasonably warm or cool, but not too hot, not too cold, as it's difficult to get relaxed in extreme temperatures: Also, ability to lower/dim lights or bring lamps in;
- 7. Upscale ambience, comfortable facility for any event. For after-events, natural food share or sales is great; Accessible, convenient facility location for public transportation, metro and/or car parking;
- 8. Suggested facility options: Community or Healing Centers; Spas; Schools, Churches, Roomy private homes, etc.
- 9. Location conducive to open-minded, cultural audiences. (We appreciate multi-cultural audiences too);
- 10. Seeking progressive audiences with willingness to attend/pay for a Wholistic Health event and product sales;
- 11. For Workshop, Playshop or Breath & Sound concerts—Wish for a Stage or central position, PA -Sound System, Boom Box (if not available, we have our own), Movable seating when possible to create circle seating;
- 12. For Certification Only Movable seating; Carpeted preferable; a close-in outdoor area for mid-day exercise;
- 13. Reasonable rental sought; Willing to work out payment arrangements for long-term relationships; Course is 9 hours of instruction with 2 hours set-up/break-down; Workshop is $1 \frac{1}{2}$ hour with 2 hours set-up/break-down.
- 14. Overnight accommodations can be included in the rental of the presentation rooms, if needed;
- 15. Seeking locations where we have an established contact, so that my husband John and I can bunk over-nite,
- 16. Seeking Sponsors: We seek sponsors, hosts, supporters, who can offer assistance in making the tour work and can open doors for us in their area because they know the territory and help us find our way in new, unfamiliar areas: find facilities; work out arrangements to pay for facilities; offer help with marketing/promotions; help with registrations;, etc.. Sponsors receive free tuition for successfully fulfilling such a commitment. We seek sponsors who see our services as win/win opportunities to maximize the health and well-being of their community.

Revised: March 15, 2016