

WELLNESS WARRIORS



The NATIVE HEALTH Wellness

Warriors Program is currently looking for Native American children (ages 7 to 12 years old) and their families, who are interested in learning about healthy living. The Wellness Warriors Program incorporates fun, engaging, and exciting activities that promote healthful eating and activities to encourage physical activity.

If you, or someone you know, would like additional information please contact Dr. Katie Carpenter at **(602) 279-5262, ext. 3454** or email: kcarpenter@nachci.com



The program is supported by funding from the Office of the Arizona Attorney General

NATIVE HEALTH



your healthcare home

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MISSION STATEMENT:

NATIVE HEALTH provides holistic, patient-centered, culturally sensitive health and wellness services.

NATIVE HEALTH

4041 North Central Avenue, Building C - Phoenix

Hours: Monday through Friday, 7 a.m.–6 p.m.

Phone: (602) 279-5262

NHW Community Health Center

2423 West Dunlap Avenue, Suite 140 - Phoenix

Hours: Monday through Friday, 8 a.m.–7 p.m.

Phone: (602) 279-5351

NATIVE HEALTH Information and Referral Center

Metrocenter Mall (lower level, next to children's play area)

9617 N. Metro Parkway W, Suite 1060 - Phoenix

Hours: Monday through Thursday 11 a.m.–7 pm; Friday and Saturday 10 a.m.–9 p.m.; Sundays 11 a.m.–6 p.m.

Phone: (602) 618-6092

NATIVE HEALTH WIC:

- NATIVE HEALTH

Hours: Monday through Friday, 8 a.m.–5 p.m.

- NHW Community Health Center

Hours: Monday through Thursday, 8 a.m.–5 p.m.
Friday, 7:30 a.m.–4:30 p.m.

- NATIVE HEALTH WIC at PIMC

4212 North 16th Street - Phoenix

Hours: Monday through Friday, 8:30 a.m.–5 p.m.
Every other Saturday 8:30 a.m.–12 p.m.

Phone: (602) 263-1558

- NATIVE HEALTH WIC in Guadalupe

9405 South Avenida del Yaqui - Guadalupe, AZ

Hours: Appointment days and times vary

Phone: (602) 263-1558

www.nativehealthphoenix.org



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