

# **Emergency Preparedness**

## **Create a Supply Kit**

Stock up on enough supplies to last a week. Put the items in waterproof containers and store them in a place that's easy to reach. Whether you are sheltering at home or evacuating, in a disaster situation you may need to get your supplies quickly. Here's what you'll need:

## Food and Water:

Drinking Water-1 gallon of water per person per day

Food-nonperishable and easy to prepare without power

Tools & Utensils- non-electric can opener and forks, spoons and knives.

Baby/Pet Food-be sure to include food for all members of your household

### Equipment:

Flashlights-do not use candles

Extra Batteries-include two extra sets

Radio-battery-powered or a hand-crank weather radio

Mobile Phone-include a portable charge

#### Health & Personal Supplies:

Basic First-Aid Kit-from antibiotic ointments and bandages to cold packs and more

Medication & Eye Glasses-prescription and non-prescription

Blankets & Clothing-blankets, warm clothes, sturdy shoes and heavy gloves

*Toiletries*-soap, toothbrushes & toothpaste, toilet paper, etc.

Activities for Children-toys, books, games and cards

Cash & Credit Cards-if possible put aside at least \$100

Important Documents-copies of ID's, medical records, pet vaccinations and family photos

Other Useful Items-paper towels, trash bags, multipurpose tool that includes a knife