Here is the Declaration to write in your journal for Day One.

“This day, I cease believing in visible money as my supply and my support, and I view the world as effect as it truly is…simply an out picturing of my former beliefs.  I believed in the power of money, therefore I surrendered my God-given power and authority to an objectified belief.  I believed in the possibility of lack, thus causing a separation in consciousness from the Source of my supply.  I believed in mortal man and carnal conditions, and through this faith gave man and conditions power over me.  I believed in the mortal illusion created by the collective consciousness of error thoughts, and in doing so, I have limited the Unlimited.  No more!  This day I renounce my so-called humanhood and claim my divine inheritance as a Be-ing of God.  This day I acknowledge God and only God as my substance, my supply and my support.”