



RELAX!

Office-Based Strategies to Help Anxious Kids

Sponsored by the Continuing Medical Education Department of Connecticut Children's Medical Center and the Dr. Paul A. "Tony" Andrulonis Memorial Fund for Child and Adolescent Mental Health

June 1, 2016 from 4 p.m. to 8:30 p.m.

COST: \$85 **REGISTER BY:** May 20, 2016 **The Sheraton Hartford South Hotel** - 100 Capital Blvd., Rocky Hill, CT 06067

SCHEDULE:

4:00 - 4:30 Registration

4:30 - 6:30 Office-Based Strategies

Eli Lebowitz, PhD

Assistant Professor, Yale Child Study Center; Attending, Child Study Center: Albert J. Solnit Integrated Training/Anxiety Program/ NIMH Research Training Program in Childhood-onset Neuropsychiatric Disorders, Yale Study Center

Carol Weitzman, MD

Professor of Pediatrics and the Child Study Center; Fellowship Program Director, Developmental Behavioral Pediatrics, Yale School of Medicine

6:30 - 7:15 Dinner

Senator Christopher Murphy

Video Address

James Shmerling, PhD

President and CEO Connecticut Children's Medical Center

Steven C. Rogers, MD, MSCTR

Director, Emergency Mental Health Services
Attending Physician, Pediatric Emergency Medicine
Researcher, Connecticut Children's Injury Prevention Center
Associate Professor, UConn School of Medicine

7:15 - 8:15

Psychopharmacology Update

Kim Brownell, MD

HUB Medical Director, ACCESS-MH CT, Institute of Living/
Hartford Hospital

Lisa Namerow, MD

Director, Consultation-Liaison Service, Connecticut Children's Medical Center; Attending, Child and Adolescent Psychiatry, Institute of Living/Hartford Hospital; Assistant Professor, Psychiatry, University of Connecticut School of Medicine

8:15 - 8:30 Closing Remarks

Target Audience: This activity is designed for pediatricians, family practitioners, psychiatrists, pediatric advanced-practitioners and physician assistants, behavioral or mental health counselors, and therapists.

Format: Lecture & Break-out Sessions

Objectives: 1. Describe office-based strategies to manage anxiety in children and adolescents. 2. Describe office-based strategies to help parents and caregivers manage their anxious child. 3. Describe how to use the Psychopharmacology for Pediatric Health Care Providers-A brief toolkit for the diagnosis and management of anxiety in the pediatric primary care office.

Accreditation: This activity has been planned and implemented by Connecticut Children's Medical Center in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME). Connecticut Children's Medical Center designate this educational activity for a maximum of 3 AMA PRA Category 1 Credits(s).™ Physicians should only claim credit commensurate with the extent of their participation in the activity.

Conflict of Interest Policy: All faculty participating in Continuing Medical Education activities sponsored by Connecticut Children's are required to disclose to the program audience any actual or perceived conflict of interest related to the content of their presentation. Program planners have an obligation to resolve any actual conflicts of interest and share with the audience any safeguards put in place to prevent commercial bias from influencing the content.

The planners, activity director, and Drs. Brownell, Namerow, and Weitzman, and Mr. Lebowitz do not have a financial interest/arrangement or affiliation with any organizations that could be perceived as a real or apparent conflict of interest in the context of the subject of this presentation. Drs. Brownell, Namerow, and Weitzman and Mr. Lebowitz will not discussing the use of any off-label product.

The program is supported by an unrestricted educational grant from the Dr. Paul A. "Tony" Andrulonis Memorial Fund for Child and Adolescent Mental Health.

REGISTRATION FORM:

Name: _____ Degree: _____

Organization: _____

Street Address: _____

City: _____ State: _____ Zip Code: _____

Telephone: _____ Fax: _____ Email: _____

(For communication purposes only, we do not share this information)

Please send completed form and check (payable to Connecticut Children's Medical Center - CME) to:

Diane Mouradjian, Continuing Medical Education, Connecticut Children's Medical Center, 282 Washington St., Hartford, CT 06106

For additional information contact: Diane Mouradjian at **860.837.6264** or **dmouradjian@connecticutchildrens.org**

Deirdre Palmer at **860.837.6281** or **dpalmer01@connecticutchildrens.org**

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The Office of Continuing Medical Education plans evidence-based CME activities that enhance physician competence and performance, improve patient outcomes, and better equip physicians to practice in a changing healthcare environment.

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