



Consultation & Treatment, Inc

Teen & Young Adult Center

Summer 2016 Group Offerings

Middle School Hangout

Wednesdays 5:00 - 6:00p.m.

This group will focus on making and sustaining friendships in a relaxed and supportive environment. The goals of this group include practicing socially appropriate behaviors with peers, reading non-verbal cues, working on group problem solving skills, initiating and sustaining conversations, and building overall social cognition skills!

On the Town

Middle School Students - Fridays 2:30 - 3:30 p.m.

High School Students - Tuesdays 5:30 - 6:30 p.m.

On the Town focuses on social interactions and leisure skills in the community! Each week, the group will meet at a different pre-determined location, such as a bowling alley, mini-golf course, restaurant, mall, etc. The goal of the group is to practice social skills in a variety of environments and try new activities together. Social communication, community safety, money skills and responsibility will be targeted. Please note that each participant will be required to pay for any entrance fee or food at outing.



Our Northbrook Teen & Young Adult Center provides a variety of services to bridge the gaps that arise during an individual's transition from adolescence through young adulthood.

Our center is committed to supporting individuals:

- Achieve their maximum level of independence
- Increase quality of life to our clients and their family
- Educate clients to be active members of their community
- Provide support and resources to those who need them

A free screening is required for all new KGH clients to determine appropriate group placement. Please call our Intake and Insurance Coordinator at 224-326-2206 to schedule your free screening.



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Services Request Form

Name of individual: _____

Contact number: _____

Treatment Services offered:

- ☐ Comprehensive Individualized Treatment Counseling
- ☐ Psychotherapy
- ☐ Vocational & Academic Support
- ☐ Daily Living Skills Treatment
- ☐ Community & Transition Support

Social & Group Services offered:

- ☐ Middle School Hangout
- ☐ On the Town - Middle School
- ☐ On the Town - High School