

A stylized illustration of a summer scene. In the top right corner is a large, bright yellow sun with orange rays. On the left side, there are three yellow stars of varying sizes. The background is a light blue sky with several white, fluffy clouds. In the center, there are several green trees of different shapes and sizes, some with white trunks. A white camper with a teal base and a single wheel is parked on a green grassy field. A small blue bird is perched on the roof of the camper. The overall style is simple and colorful.

# KGH

Consultation & Treatment, Inc.

**2016 Summer Program Guide**  
**June 13 - August 26, 2016**

# Specialized Summer Programs

These specialized summer programs are designed specifically to support children with any of the following:

- \* Autism Spectrum Disorders (ASD)
- \* Pervasive Developmental Disorder (PDD)
- \* Asperger's Syndrome
- \* ADD/ADHD
- \* Social Pragmatic Language Disorder
- \* Social Cognition Deficits
- \* Learning Disabilities
- \* Academic Challenges
- \* Executive Functioning Difficulties
- \* Anxiety
- \* Nonverbal Learning Disability (NVD)
- \* Sensory Regulation
- \* Sensory Integration Dysfunction
- \* Developmental Delays
- \* Non-compliant behaviors
- \* Emotional Regulation

FREE screenings are offered in order to best match the needs of the individual to the program or group. Also, several age-ranges and ability levels per program are available in order for each individual to maximize their learning. KGH is an in-network provider for many of the major insurance companies!

To schedule a FREE screening ...  
call our Insurance & Intake Coordinator at  
224-326-2206.



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# Summer Individual Treatment Services

## Comprehensive Intensive Program

The goal of our comprehensive intensive program is to provide 1:1 therapy using the science of Applied Behavior Analysis (ABA). During therapy, the child will benefit from our various rooms (e.g., classroom, motor room, toy town, game room, etc.). The case Consultant will directly provide individualized treatment, as well as program supervision and parent coaching. Within the ABA intensive program, the child will be provided with weekly relationship and social development, group activities and opportunities with other children. 10 to 40 hours per week intensives available.



## Camp Shadowing

This service provides quality therapeutic support for your child in a camp setting. Therapists will attend camp with your child and help implement cues, behavior plan, prompting, etc., to help increase socialization, communication as well as general camp participation. Close communication with the child's parents and camp counselors is an area of focus as well. Let your child discover the fun of summer camp -We can help!



## Yoga for Beginners

**Ages 2 - 4**

Yoga course for children at the beginner level utilizing the Get Ready to Learn Program yoga sequences, a 20 minute yoga therapy program developed for children with special needs. The course is aimed at optimizing attention, performance, behavior and learning for children on the ASD spectrum.

## Feeding Support

Would you like your child to expand their food repertoire and have fun in the process? Then this program is for your child! Food sensitivities will be supported where the goals will be to help desensitize your child's sensory systems to being more open to trying and consuming novel food items. Join us for a tasty and fun time. This program is led by a certified speech language pathologist. Parent/caregiver participation is required to learn strategies to carry over into the home to support achievement.

# Summer Social & Group Services

Groups are billable to your insurance company



## Summer Camp!

<b>Ages 5-7   M-F 9 to 12</b> <i>June 13 to June 24</i> <i>August 1 to August 12</i>	<b>Ages 8-11   M-F 9 to 12</b> <i>July 18 to July 29</i> <i>August 15 to August 26</i>
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The goal of this group is to give children a traditional summer camp experience while focusing on expanding social skills and increasing group engagement. For two consecutive weeks campers will be exposed to age appropriate camp activities. Sessions will be held at the clinic and at a nearby park in Northbrook. Travel to off-site sessions is required by family. Participants will have the opportunity to eat lunch together as a group as well. Plan for a fun experience filled with many natural learning opportunities!

## Exploring Ourselves and Others through Yoga

**Ages 5 & Up | Wednesdays 5:30 - 6:30**

Join us for an hour of self and peer exploration. During this small group class, children will work on body awareness, motor planning and self-regulation, understanding and helping peers both physically and mentally, and following multi-step directions. This group will not only target crucial group and social skills, but aims to leave participants with a sense of calm and more in touch with their body. This group is led by a licensed Occupational Therapist.

## Friends are Fun

**Wednesdays 3:30 - 4:30**

Friends are Fun is an interactive group targeting social language, play skills, and friendship development. Participants will come together and learn how to appropriately initiate and sustain play with their peers in both structured and unstructured learning environments. This group is led by a BCBA.

## The Incredible Flexible You!\*

**Tuesdays 4:00 - 5:00**

This group will focus on exploring social skills and feelings through play, literature, music, and drama. Topics include: "Thinking Thoughts and Feeling Feelings", "The Group Plan," "Thinking With Your Eyes," "Body in the Group," and "Whole Body Listening." This group is led by a Behavior Analyst.



## Superflex 101\*

**Tuesdays 4:00 - 5:00**

The goal of this group is to teach students to explore social thinking in a fun and motivating way. This is done by teaching social awareness through characters (e.g., "rock brain" – a villain who is not flexible). This group will increase their knowledge of social expectations, their awareness of their own behavior and how to modify their behavior with Superflexible strategies. This group is perfect for those black and white and inflexible thinkers! The group is led by a Licensed Clinical Social Worker.

## Real Life Superflex

**Tuesdays 5:30 - 6:30**

Following successful completion of Superflex 101 individuals can learn to apply the Superflex strategies to real-life situations. The strategies obtained through Superflex 101 will be reviewed and used to explain social situations, but direct teaching is no longer needed. The goal of this group is to identify inappropriate behavior in ourselves and learn to apply strategies on the spot in order to navigate the social situations of real-life. This group is led by a Behavior Analyst.

\* These groups run for 10 weeks in summer and 12 weeks during the school year.

# Summer Social & Group Services

Groups are billable to your insurance company



## Kids Can Cook – Social & Daily Living Skills

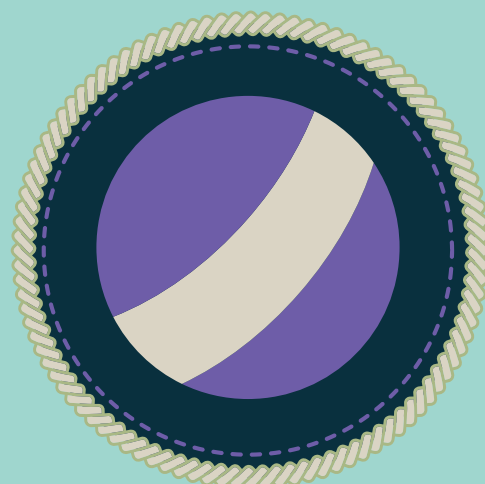
**Thursdays 4:00-5:00**

The goals of the group include working together to decide on the food, prepare the food, and work together in our fully equipped kitchen. Other goals will address daily living skills, math, problem solving, turn taking and waiting. Food sensitivities will be supported. Join us for a tasty and fun time! There is an additional material fee to join this group. This group is led by a Behavior Consultant.

## Let's Work Together!

**Thursdays 5:00 - 6:00**

This group will focus on practicing pre-vocational skills. We will practice basic money skills, interacting with customers, and packing/preparing goods. Participants will spend 3-4 weeks preparing to sell a selected item to “customers” (staff at clinic). Then, they will sell the selected item for 1-2 sessions throughout the clinic as a group. Participants will work together to practice skills necessary to prepare their goods and then gain practical experience in customer service. Clients will earn a “paycheck” for work completed and products sold as a group. They will be able to select items to purchase from the KGH “store” as often as every week or save their money for a bigger item. This group is led by a Behavior Analyst.



## Games Galore!

**Ages 5-7 | Mondays 4:00 - 5:00**

The goal of this group is for your child to learn various age appropriate recreational games while engaging with a group of peers. This group aims to teach the fundamental skills for games such as hide-and-seek, tag, foursquare, and more! This group is led by a Behavior Analyst.

## Friendship & Fun Girls Group

**Mondays 3:00 - 4:00**

This group is geared towards those who are in need of strengthening their social language and social problem solving skills with a main focus of enhancing age-appropriate friendships. The group will focus on relationship building skills such as reading non-verbal cues, listening skills, coping skills and participating in age-appropriate activities that are of common interest and encourage the overall development of social cognition skills. This group is led by a Licensed Clinical Social Worker.

## Boys Group

**3rd, 4th, & 5th Grade | Thursdays 5:00 - 6:00**

Our Boys Group is geared towards students who are in need of strengthening their social cognition skills while enhancing age appropriate friendships. The group will focus on relationship skill building as well as social problem solving while participating in age-appropriate activities that are of common interest. This group is led by a Behavior Analyst.

# Treatment Services

## ABA Treatment

Applied Behavior Analysis (ABA) is a discipline devoted to the understanding and improvement of human behavior. In this type of therapy, principles derived from the science of ABA will be applied to promote successful learning of new and age appropriate skills. A focus on decreasing maladaptive or harmful behaviors that impede the natural learning process will be addressed.

## Speech and Language Therapy

Speech Therapy consists of identifying and treating oral motor and feeding difficulties, language comprehension, and social pragmatic issues, alternative forms of communication (e.g., PECS, sign, and voice output devices) as well as building functional communication skills.

## Occupational Therapy

Occupational Therapy at KGH consists of identifying and treating sensory processing difficulties, motor planning/sequencing, apraxia, body tone, sensory integration dysfunction and regulation issues.



## Counseling & Psychotherapy

Individual mental health treatment services for children, teens and adults is available. Identifying major stressors and creating a supportive plan is an area of focus.

## Social Dyad/Peer Play

This type of treatment addresses issues of social awareness, social engagement, as well as playing with another child or multiple children. Areas of focus range from turn taking, interactive play, to higher-level social skills such as negotiation, teamwork, and related theory of mind skills.



## Academic Tutoring

Direct treatment in our study lounge providing students with academic support in any specific academic subject or remediation support on any areas of weakness.



# Family Support Services

## Now offering a training for parents on DATA COLLECTION PROCEDURES AT KGH!



Have you ever wondered what KGH's Online data collection system can offer to you? KGH now offers a comprehensive and informative training to provide you with the opportunity to understand and visually track your child's progress within their program at KGH. This training encompasses what data and graphing are, how they are used, and how you, as a key member of your child's team, can contribute to positive behavior change. As part of this team, you will be exposed to Catalyst, an Online data collection program, which will allow you to not only track your child's daily progress but also contribute to programming itself. Trainings are offered at the convenience and availability of the family and led by a Senior BCBA.

## Parent Education and Empowerment Series!

### 3 day training (2 hours/day)

This is a comprehensive training for parents and caregivers of children with ASD or related disabilities that educates and empowers parents to be more successful with their child with special needs. This interactive course includes presentations by KGH's Senior BCBA's and discussions that are specific to your child. Our goal is to provide parents with information, support and confidence in order to decrease some of the main stressors of parenting a child with special needs. Doing so will help the quality of life for the entire family!

## Parent Coaching

Parent coaching includes explanation and training that is relevant to your child in order to help support new skill developments (e.g., communication, play, etc.) as well as address problematic behaviors. Recommended interventions and short-term goals are given as well as support, feedback, and active coaching for the parents.

## Family Counseling & Psychotherapy

KGH offers family therapy where the focus is to meet with the entire family in order to create a plan to support the individual needs of each family member as well as the family as a whole.

## Parent Trainings

KGH offers a variety of parent training programs. Private workshops or individualized parent trainings for families are available.

## Individualized Material Making

This service provides a 'helping hand' creating individualized materials for your child. Some materials may include picture schedules, communication books, individualized pictures for communication, specific teaching materials, First/Then boards, bathroom sequence visuals, etc.

## Parent Education & Support Group

**Third Thursday of every month 6:00 – 7:00pm**

FREE child care offered during this time!

Raising a child with special needs does not come with a parenting manual and is often exhausting. The goal of this parent group, offered the third Thursday of every month, is to offer education on important topics as well as to provide support and collaboration with other parents.



# Consultation Services

## ABA Program Supervision

An in-home program consultation provides training to the in-home therapists, program changes and advances, new program instruction/recommendations, and consultation on any specific behaviors.

## Behavior Management (a.k.a. "Super Nanny" Support)

KGH offers experienced Board Certified Behavior Analysts (BCBA's) to provide therapy, consultation and parent support regarding behavior difficulties for all age ranges. Some examples include problems around eating, sleeping, getting dressed, non-compliance, aggression, talking-back, yelling/arguing, etc. The Behavior Analyst will utilize evidence-based treatment in order to decrease and eliminate challenging behaviors and replace with positive, pro-social behaviors. The Behavior Analyst will also provide support and parent coaching to help you gain skills to 'tackle' your child's challenging behavior.

## Reading Remediation - Letter Adventures

A brief reading assessment is required prior to enrollment. This will be completed with your child at KGH by a KGH Consultant. Please call 847-498-5437 to schedule this FREE assessment.

Pre reading skills will be addressed in individual sessions designed to support the individual's per-literacy skills including phonetic awareness, phonics, letter ID, and increase familiarity with navigating reading material.



**To schedule a FREE screening ...  
call our Insurance & Intake Coordinator at 224.326.2206  
or visit our website at [kghconsultation.org](http://kghconsultation.org)**

**3100 Dundee Road Suite 704 Northbrook, IL 60062 P: 847.498.5437  
F: 847.498.5438 Web: [kghconsultation.org](http://kghconsultation.org)**







# Services Request Form

Name of individual: \_\_\_\_\_ Contact Number \_\_\_\_\_

## Individual Treatment Services:

☐ Comprehensive Intensive Program

- ☐ 10 hours per week
- ☐ 15 hours per week
- ☐ 20 hours per week
- ☐ 25 hours per week
- ☐ 30 hours per week
- ☐ 30+ hours per week

☐ Camp Shadowing

☐ Yoga for Beginners

☐ Feeding Support

## Social & Group Services:

### Summer Camp

- ☐ ages 5-7 June 13-June 24
- ☐ ages 5-7 Aug 1-Aug 12
- ☐ ages 8-11 July 18-July 29
- ☐ ages 8-11 Aug 15-Aug 26

☐ Exploring Ourselves and Others

☐ Through Yoga

☐ Friends are Fun

☐ The Incredible Flexible You!

☐ Superflex 101

☐ Real Life Superflex

☐ Kids Can Cook

☐ Let's Work Together!

☐ Games Galore!

☐ Friendship & Fun Girls Group

☐ Boys Group

## Play Pals Early Learning Center

☐ Session 1

☐ Session 2

☐ Full Summer

Days of enrollment:

- ☐ 3 days per week -> M T W Tr F
- ☐ 5 days per week
- ☐ Intensive

## Treatment Services:

☐ ABA Treatment

\_\_\_\_\_ hours per week (if 10+ check  
comprehensive intensive program)

☐ Speech and Language Therapy

☐ Occupational Therapy

☐ Counseling & Psychotherapy

☐ Social Dyad/Peer Play

☐ Academic Tutoring

## Family Support Services:

☐ Data Collection

☐ Parent Education and Empowerment Series

☐ Parent Coaching

☐ Family Counseling & Psychotherapy

☐ Parent Education & Support Group

☐ Parent Training

☐ Individualized Material Making

☐ Behavior Management (a.k.a. "Super Nanny" Support)

## Consultation Services

☐ ABA Program Supervision

☐ Behavior Management (a.k.a.  
"Super Nanny" Support)

☐ Letter Adventures