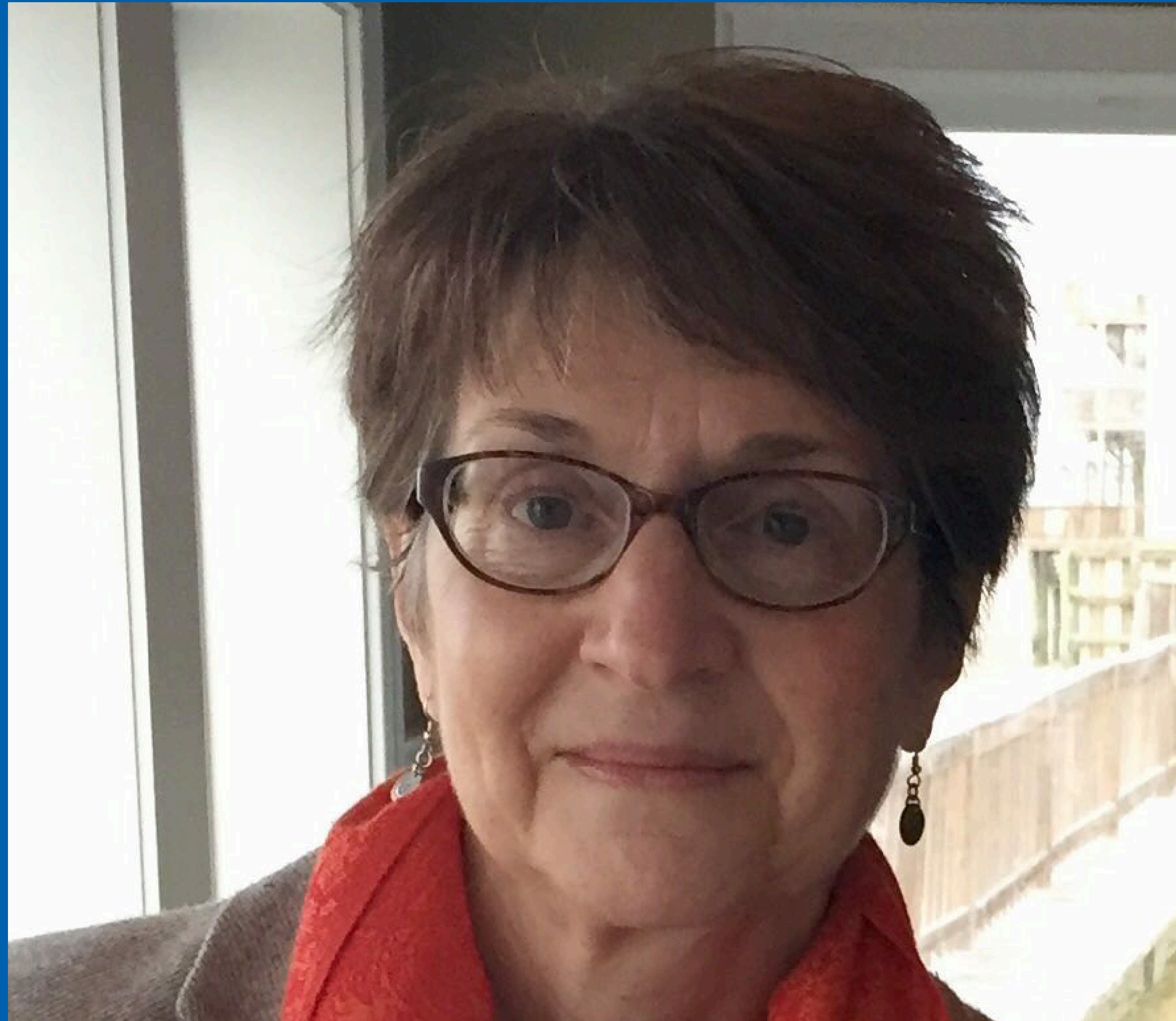




# APRIL 2016



**Peggy Julian**

**Peggy Julian has been a member of the Mankato YMCA for one year this month and she's made a year round home for herself in the upper aerobics studio. Peggy is a regular in the early morning BODYPUMP and GRIT classes. She also loves to attend BODYFLOW when her schedule allows. Her reliable attendance in classes and her noticeable work ethic have made her a dependable source of inspiration for the other participants. She rarely misses a workout unless she is traveling and on those days, her strong silent presence is missed by all! Thank you, Peggy, for being a testament to us all. You show us the importance of consistent exercise as an essential part of healthy living!**

## MEMBER SPOTLIGHT