



JUNE 2015



Kim Sogaard

Kim is a fixture here at the Y, regularly attending group fitness classes. She is a great encourager to others, always supporting them to give it their best. She has a positive attitude that is infectious.

Kim is a LiveSTRONG alumni. She has taught spinning here at the Y. Most recently Kim designed the outdoor landscaping here at the Y and gathered a group of friends of the Y to install it.

Thank you Kim for all you do to make this a special place for us all!

MEMBER SPOTLIGHT