



Understanding Behaviour

With Laurie O'Donnell

This 2 part workshop is tailored to you. When you register you will receive a pre-questionnaire to help Laurie shape the workshop to address what is important to you.

April 13th and May 18th

6:30-8:00pm

Lions Community Centre

347 Burnham St.

Register: 705-743-2412 x547

kbrailey@communitylivingpeterborough.ca

CHILD CARE AVAILABLE ON REQUEST

Workshop Descriptions

April 13th

Participants will explore what is behaviour, how to solidify and understand realistic expectations, create goals, and an intro to understanding the patterns and "whys" of behaviour

May 18th

Participants will continue to explore tracking and understanding behaviour for "function" and learn how to use the framework to help caregivers generate ideas to improve behaviour. A number of preventative and reactive strategies will be explored.