

# ***TAKING CARE OF BUSINESS: BALANCING WORK AND HOMELIFE***

## **A Spiritual Retreat for the Men of Simpsonwood UMC**

*Led by:*

**Rev. Matt Parker**, associate pastor at Bethlehem FUMC  
and former youth director at Simpsonwood UMC.

Matt will lead us as we explore how we exemplify Christ in our dealings with co-workers, superiors, and clients and how we find balance between our work and home life. Join us as we discover God's perspective on work and learn how we can take care of business.

**Friday, March 18 – Saturday, March 19**

**Cost - \$25 for event and meals plus any additional cost for optional  
Saturday afternoon activities**

**The Retreat Will Be Held at the  
SUMC Family Life Center**

**Reserve your spot by March 13 by emailing/phoning:**

**[sampsonjames@bellsouth.net](mailto:sampsonjames@bellsouth.net)/404-754-0843**

**Or you can fill out registration on the reverse side and drop by Church office  
or place in offering plate with your check.**

### **Schedule**

#### **Friday**

7:00 pm Arrival and Check-in  
7:30 pm Session 1  
9:00 pm Fellowship Time

#### **Saturday**

8:00 am Breakfast  
9:00 am Sessions 2&3  
Noon Lunch  
12:45 Optional Afternoon  
Activities  
4:00 pm Final Session  
6:00 pm Dinner  
7:00pm Retreat Ends

### **Planned Saturday Afternoon Activity**

**We will be taking those  
that want to go to  
Slingshot for a couple  
hours of bowling (\$12 -  
\$15 depending on  
number bowling). Pool,  
ninja course, video  
games and go cart races  
are also available. See  
website  
[www.slingshotplay.com](http://www.slingshotplay.com).  
for costs.**

### **Other Activity Options**

#### **Family Life Center**

- Gymnasium / Basketball
- Corn hole Boards
- Rummycube, cards, other games

#### **Simpsonwood Park**

- Hiking