

MEET OUR INSTRUCTOR



Andrea Salzman, MS, PT graduated from the University of Alabama at Birmingham with a Masters degree in physical therapy. Salzman is the Founder and Owner of the Aquatic Resources Network, the largest multidisciplinary clearinghouse of information on aquatic therapy. She is Vice President of 10K Health, LLC, a temporary staffing agency. She currently serves as Program Director for Aquatic Therapy University and has assisted hundreds of facilities during the start-up and training phases of their aquatic practice.

In 2010, Salzman received the highest honor given to an aquatic physical therapist from the American Physical Therapy Association, the Judy Cirullo Leadership Award.

ABOUT ATU

Aquatic Therapy University represents the next generation in training options for the both the experienced and wannabee aquaticist. With such leading-edge curriculum offerings as neonatal, military and speech as well as therapist-only clinical instruction, ATU is the place to come for your evidence-based **continuing education** programming, year after year.

Since 1996, we have had our **finger on the pulse** of the industry worldwide. Now it is time to ring in the new decade by **enrolling today** in this industry-pioneering endeavor. But come prepared. We believe it will be something akin to drinking from a firehose.

ATU Post-Graduate Studies. Inspiring Providers. Delighting Patients. Prospering Practices.

800-680-8624 info@aquatic-therapy-university.com

**EAST COAST
PTs & OTs:
Get 16 hrs of
CEUs in 2 days**



4175 Lovell Rd #114
Lexington, MN 55014 USA

WATER-BASED INTERVENTIONS FOR THE MUSCULOSKELETAL CLIENT

COMING TO:
CHESHIRE, CT
APRIL 29-30, 2010



Our Purpose

Designed to rapidly introduce clinicians to basic treatment ideas for the **musculoskeletal** patient.

Will provide an overview of musculoskeletal treatments pertinent to pediatric, adult and geriatric practices.

Includes a "sampler lab" of the most clinically useful elements of **popular aquatic specialty techniques** and research findings which support aquatic therapy.

Provides an introduction to the following techniques: Watsu®, the Bad Ragaz Ring Method, Ai Chi, Task Type Training Approach, the Aquatic Berg (for balance), Aquatic Sensory Integration (ASI) and drills loosely based on the Halliwick Method.



Class Particulars



Location: Elim Park Baptist Home
Instructor: Andrea Salzman, MS, PT (Tentative)
Hours: 20 hrs (4 Boot Camp + 16 Main Conference)
CEU Approval: MN PT Category 1 CEUs;
Meets all state standards for MN OT CEUs

Schedule

LEARNING OBJECTIVES: AQUATIC BOOT CAMP (OPTIONAL DISTANCE-LEARNING MODULE)*

1. Demonstrate strong aquatic handling techniques.
2. Demonstrate tasks which capitalize on hydrodynamic and thermal properties of water.
3. Manipulate buoyancy, velocity, streamlining, levers, frontal surface area, and momentum.
4. Design therapeutic movements or exercises using fundamental hydrodynamic & thermal principles.

LEARNING OBJECTIVES: MAIN MUSCULO CLASS FRIDAY 8:30-5:45PM SATURDAY 8:30AM-5:45PM

1. Describe why aquatic therapy may be the treatment of choice if (a) the patient is difficult to support, (b) is in pain, (c) cannot be handled on land, (d) has LE swelling.
2. Recite 3-4 aquatic precautions and contraindications specific to the musculoskeletal patient.
3. Locate what payers (including Medicare) have to say about aquatic therapy for the musculoskeletal patient.
4. Make a 3 minute verbal "case" for providing aquatic therapy services for a patient with a specific musculoskeletal condition. Be able to identify and locate supportive research to bolster case (lecture).
5. Progress a specific aquatic task from a lower level of function towards increased independence (lab)
6. Perform 3-4 aquatic therapeutic movements, tasks, or exercises designed to achieve a given function (lab)
7. Demonstrate 1-2 aquatic tasks or activities from each of the instructed specialty techniques (lab)
8. Working with a partner, design and implement a 15-minute aquatic treatment plan (including equipment selection) (lab)

Travel Details

Hotel:
Holiday Inn Express Southington
\$89/night, free shuttle, free breakfast, free Wi-Fi
Airport:
Bradley Intl, Windsor Locks, CT (BDL)
Served by 13 airlines

Enroll Now

PERSONAL INFO

Name: _____ Title: _____
Employer: _____
Address: _____
City: _____ State: _____ Zip: _____
Email: _____

REGISTRATION INFO

Guest Name: _____
Guest Name: _____
Guest Name: _____
Single attendee price: \$595: _____
Each additional attendee: _____
*Add \$199 for Boot Camp DVD: _____
TOTAL: _____

CREDIT CARD INFO

Name on Card _____
Billing Address _____
City: _____ State: _____ Zip: _____
CC #: _____
Phone: _____
Exp: _____ CVC: _____ Type: VISA MC AMEX

(Cutoff for cancellations is 2 weeks prior to seminar. No refunds given for cancellations after this date. Cancel before this date and you only pay a \$175 reseating fee.)

OR MAKE CHECK OUT TO:

Aquatic Resources Network
4175 Lovell Rd #114
Lexington, MN 55014
800-680-8624 Toll-Free
888-514-6133 Fax