



2015 Behavioral Health Wellness Triathlon

Join us and help reduce stigma by promoting teamwork amongst consumers, family members, community partners, and staff.



Bowling



October 10, 2015
11:00 a.m.— 2:00 p.m.
Del Rosa Lanes
1499 E. Highland Ave.
San Bernardino, CA 92404

NAMIWalks



November 7, 2015
9:00 a.m.— 1:00 p.m.
Diamond Valley Lake
2615 Angler Ave.
Hemet, CA 92543

Talent & Awards



December 1, 2015
5:00 p.m. — 8:00 p.m.
Health Services Auditorium
850 E. Foothill Blvd.
Rialto, CA 92376

Cost is \$10 per person.

This includes bowling and dinner during talent night!
Payment is due to team captain no later than October 1, 2015

Join a team or create your own! For additional information, please contact:

Joanne Mitchell at (909) 421-9248, joanne.mitchell@dbh.sbcounty.gov
or Victoria Hall at (909) 388-0940, vstover@dbh.sbcounty.gov or 7-1-1 for TTY users.



Behavioral Health



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