



# We need YOU! Become a volunteer!

## 2015 Inland Empire Heart & Stroke Walk

**Dates:**

Friday, September 18th  
Saturday, September 19th

**Location:**

Rancho Jurupa Park  
4800 Crestmore Road, Riverside, CA 92509

**Set Up**

**Friday**

**September 18<sup>th</sup>**

**8:00am – 3:00pm**

**50 volunteers  
needed**



**Day of Event**

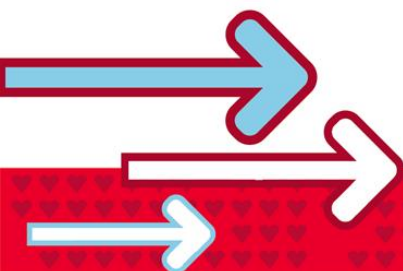
**Saturday**

**September 19<sup>th</sup>**

**5:30am – 12:00pm**

**150 volunteers  
needed**

To volunteer please contact Karen Suarez  
(310) 424-4167 / [Karen.Suarez@heart.org](mailto:Karen.Suarez@heart.org)





### **Available Heart Walk Volunteer Opportunities:**

**Event Setup:** Your job may include setting up the tables and chairs, unloading supplies, and setting them out on tables or assisting with food and registration supply set-up and putting up banners and signage. Set-up may be different at each site and may involve a variety of tasks, but your help is critical in ensuring that everything is ready to go before the walkers arrive.

**Parking:** VOLUNTEER MUST BE 18 YEARS OF AGE OR OLDER TO ASSIST WITH PARKING. Parking volunteers help direct participants to the correct parking lot and to open spaces.

**Heart Walk Tents:** Volunteers will be assigned as necessary to tents to sign off event passports, oversee games in the Kids' Zone and set up and distribute event supplies and encourage FUN! We're also looking for face painters

**T-Shirt Tent:** Volunteers will be verifying that participants have raised \$100+, check off their name and giving those walkers an event t-shirt.

**Water Stations:** Volunteers will be assigned to the various water stations along the route to support our Water Sponsor. They will be responsible for encouraging walkers.

**Volunteer Booth:** Assist with volunteer check-in, and addressing questions.

**Green Team:** Everyone will be a part of our Green Team. Our goal is to leave our walk site just as we found it. Green Team volunteers will help strike the finish festival area by taking down event signage and tents. You will also help pack supplies onto the trucks and clean up any items left behind by walkers.

**NOTE:** All participants and volunteers are required to sign a waiver, and waivers must be signed by a parent if under the age of 18.

