

Status	Date of Event	Name of Activity	Address or Location	Type of info provided	Time	# of participants	Notes	Volunteer Champion
March								
Volunteers Needed	3/27/2015	State Senator Connie M Leyva in partnership with Chaffey College Presents Young Women’ Leadership Summit	5890 College Park Ave., Chino, 91710	Health information booth	8:30 am – 2:00 pm		Wear business casual	
MORE Volunteers Needed	3/27/2015-3/29/2015	Temecula Valley Family Fair	Lake Skinner	A Country Style Family Fair with 20+ rides, food, local performances and live entertainment.Volunteers to staff the American Heart Association Booth share our work in the community and promote the Southwest Riverside County Heart & Stroke Walk	Friday: 11:30 – 7:00 pm Saturday: 10:00 am – 7:00 pm Sunday: 10:00 am – 6:00 pm		Volunteers may volunteer in shifts between the times indicated on each day.	Thank you Glenda
Committed	3/28/2015	Grand Opening Celebration Murrieta Clinic Senior Care Clinic	33040 Antelope Road, Murrieta	Health Education Booth focused on Seniors	9:00 am -1:00 pm		EZ up is optional, please bring your own OR come to the office to check out the one we have.	
April								
MORE Volunteers Needed	To be Determined	Health Screenings,CPR demos, Cooking Demos, Health Education/Screening -Health Education/Screening results Volunteer needed –health educator/nursing student or Carla to train a volunteer	Riverside	We are looking for volunteers that express interest in the activities listed. We will provide training.	TBD		As many as interested	Thank you Seda Shirinian
Volunteers Needed	4/1/2015	National Walking Day	Your Hometown	Visit http://www.startwalkingnow.org/ and sign up for the toolkit when it comes out for 2015	All Day		All Volunteers	Thank you Cynthia Barrow
Committed	4/1/2015	Body fat and blood pressure screenings at Stronghold Engineering	2000 Market Street, Riverside, CA 92501	Body fat and blood pressure screenings	11:30 am – 1:00 pm		2 volunteers needed	Thank you Melissa Tigno

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Volunteer Needed	4/1/2015	Hands Only CPR Demonstrations 10 volunteers NEEDED	County Government Center - 385 North Arrowhead Ave. San Bernardino, CA	We are hosting guided walks every 30 minutes from 11am to 1:30pm NEED TWO VOLUNTEERS (1 to lead and 1 to trail each walk) Provide sidewalk CPR – NEED 3+ VOLUNTEERS NEED 1 volunteer to man our table and hand out flyers/educational info/HW promos They are also going to do a photo booth and with our life is why photo frames, the Life Is Why sheets and dry erase markers	11:00 am – 1:30 pm Setup 10:00 am	200 participants		
Volunteer Needed	4/1/2015	National Walking Day Trail Board	Mt. Rubidoux, Santa Ana River Trail, Pacific Electric Trail, Any other walking trail, etc.	Setup with our “I participated in National Walking Day” board for people to sign and perhaps leading a few walks.	8:00 AM			
MORE Volunteers Needed	4/7/2015	Keller Williams Hands Only CPR Training		Hands only CPR demonstrations 5 volunteers needed CONFIRMATION NEEDED by March 27th	10:15 am – 12:30 pm			THANK YOU James Clemons
Committed	4/7/2015	Public Health Fair Event	4080 Lemon Street, Riverside, CA, County Administrative Center	Health information booth	8:30 am – 12 noon Setup: 7:30 am			Thank you Melissa Tigno
NEW – Volunteers Needed	4/7/2015	Anaco’s 6 th Annual Health Fair	101 El Camino Avenue, Corona, CA 92879	BILINGUAL SPANISH Preferred Staff health information	Setup: 10:00 am Event 10:30 – 2:30 pm	155	Wear comfortable clothing and shoes, i.e., AHA shirt or red top	
NEW-Volunteers NEEDED	4/10/2015	Desert Valley Medical Group & Inter Valley Health Plan presents Block Walk 2015	Desert Valley Charitable Foundation 16716 Bear Valley Rd. Victorville	Staff Health Information Booth	Setup 8:00 am Event 9:00 am-1 pm		Need to bring your own Table, chair, easy up and table cloth	
Volunteers NEEDED	4/10/2015	Feeding America IE RUSD Nutrition Services Madison Elementary Kids Farmers Market	3635 Madison Street, Riverside, 92504	Nutritional education or physical activity coordination as directed by nutrition specialist. Assist in general flow of event, including but not limited to set up and breakdown of site, and resource distribution. CONFIRMATION NEEDED BY April 3rd	Set up: 1:00 pm	250+	Wear comfortable clothing and shoes, i.e., AHA shirt or red top	
Volunteers Needed	4/11/2015	Healthy Living Extravaganza Community Expo	Rancho Jurupa Regional Park 4800 Crestmore Rd. , Jurupa Valley, CA 92509	Health information booth CONFIRMATION NEEDED BY April 3rd		1000		
Volunteers Needed	4/11/2015	3 rd Annual Community Resource Fair	Corona Main SDA Church, 114 E. 10 th St. Corona, 92879 (corner of 10 th and Main)	Health information booth CONFIRMATION NEEDED BY April 3rd	3:00 – 6:00 pm	1000	2 volunteers needed	

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Volunteers Needed	4/15/2015	Feeding America IE RUSD Nutrition ServicesLongfellow Elementary Farmers Market	3610 Eucalyptus Avenue. Riverside, CA 92507	Nutritional education or physical activity coordination as directed by nutrition specialist. Assist in general flow of event, including but not limited to set up and breakdown of site, and resource distribution. CONFIRMATION NEEDED BY April 10th	Set up: 12:30 pm	250+	Wear comfortable clothing and shoes, i.e., AHA shirt or red top	
Volunteers Needed	4/15/2015	2015 Health and Wellness Fair	Moreno Valley High School 23300 Cottonwood Avenue, Multi-Purpose Room, Moreno Valley	Theme: Now is the time to FlourishHealth Education Booth CONFIRMATION NEEDED BY April 10th	3:00 – 5:00 pm setup 2:00 pm	250+	Wear comfortable clothing and shoes, i.e., AHA shirt or red top	
NEW Volunteer Needed	4/15/2015	National Association of Women in Construction: (NAWIC) Chapter Meeting	2000 Market Street, Riverside 92501	Survivor Story and Presentation with Staff CONFIRMATION NEEDED BY April 10th	6:00 pm – 7:00 pm	25-30	1 survivor Speaker	
Committed	4/16/2015	Hands Only CPR Workshop Hospice of the Valleys	25240 Hancock Ave, Ste 120 Murrieta, CA 92562	Hands only CPR demos and workshop	3-4 pm	10-20	2 volunteers needed	Thank you Glenda McHenry and Melissa Tigno
Volunteers Needed	4/17/2015	Taft Elementary School	959 Mission Grove Pkwy North Riverside, CA 92506	staff the AHA table, inviting parents and staff to take heart healthy hand outs. And do jump rope activities with the students and parents. Jump ropes and all other materials will be provided.	Set up 9:30 am event time: 10:00 -1:00 pm	250+	Wear comfortable clothing and shoes, i.e., AHA shirt or red top	
Volunteers Needed	4/18/2015	SoCal Day of HOPE Outreach	Moreno Valley Mall, Moreno Valley	SEVERAL Volunteer Areas: Greeters, KidsZone, groceries,Food Services, Haircuts, Community Services Job/placement areas, provide blood pressure screenings and diabetes screenings, provide Health Educational Materials, Health Quizzes, etc.	Event: 10:00 am	3000-5000	50+ volunteers	
Volunteers Needed	4/22/2015	Health & Lifestyle Expo for Employees at Citizens Business Bank	701 N. Haven Ave., Ontario, CA 91764	Health education booth	Setup 9:30 am Event 11:00 – 2pm	337		
NEW – Volunteers Needed	4/24/2015	Senior Walk at the Park Hosted by Choice Medical Group and Town of Apple Valley	Apple Valley Civic Center Park • 14955 Dale Evans Parkway, Apple Valley	Health Education Booth and hands only CPR demos CONFIRMATION NEEDED BY April 10th	8- 11 am		Wear comfortable clothing and shoes, i.e., AHA shirt or red top	
Volunteers Needed	4/24/2015	Rancho Cucamonga Head Start	Rancho Cucamonga	Health education booth	10:00 – 1:00 pm			

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Volunteers Needed	4/25/2015	2015 Health and Wellness Fair	City of Perris: 101 North “D” Street, Perris, CA 92570	Health education booth	10:00 – 2:00 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top	
Volunteers Needed	4/25/2015	2nd Annual Spring into Health Event	7950 Philbin Avenue Riverside, CA 92503	Health Education booth	Setup: 8:00-9:30 am Event: 10:00 am – 2:00 pm	2500	Use your own canopy or check out the one in our office. Table and chair will be provided	
Volunteers Needed	4/26/2015	Community event put on by Loma Linda University Church	Muscoy Elementary School	Health Education booth and CPR demos	10:00 – 3:30 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top	
NEW Volunteers Needed	4/26/2015	Walk By Faith Route	Celebration begins: Park Avenue Missionary Baptist Church 1910 Martin Luther King Boulevard, Riverside	Health Education Booth	2:00 – 6:00 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top	
Volunteers Needed	4/30/2015	2015 Health and Wellness Fair	Moreno Valley Unified School District: 25634 Alessandro Blvd, Board Room, Moreno Valley	Theme: Now is the time to Flourish Health Education Booth	10:00 am – 5:00 pm setup: 9:00 am		Wear comfortable clothing and shoes, i.e., AHA shirt or red top	
May								
Committed	5/6/2015	Town of Apple Valley Annual Health Fair	Apple Valley Conference Center 14975 Dale Evans Parkway Apple Valley, CA 92307	Health information booth	9:00 am – 1:00 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top	Thank you Brisa Alfaro
Committed	5/8/2015	Feeding America IE RUSD Nutrition Services Madison Elementary Kids Farmers Market	3635 Madison Street, Riverside, 92504	Nutritional education or physical activity coordination as directed by nutrition specialist. Assist in general flow of event, including but not limited to set up and breakdown of site, and resource distribution.	Set up: 1:00 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top	Thank you Jasbir Kaur

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NEW-Volunteers Needed	5/8/2015	Seniors Are Why Health Fair	Moreno Valley Senior Center 25075 Fir St., Moreno Valley CA 92553	Provide Health Information to Seniors and work with planning committee to recruit additional vendors for event	Setup: 10:30 am Event 11:30 am - 2:30 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top	
NEW – Volunteers Needed	5/15/2015	ABI Document Support Services Employee Health Fair	2015 W. Park Ave. #13, Redlands, CA 92373	Health Information booth and hands only CPR demos CONFIRMATION NEEDED BY April 20th	10 am – 2 pm	130	Wear comfortable clothing and shoes, i.e., AHA shirt or red top	
Committed	5/20/2015	Feeding America IE RUSD Nutrition Services Longfellow Elementary Farmers Market	3610 Eucalyptus Avenue. Riverside, CA 92507	Nutritional education or physical activity coordination as directed by nutrition specialist. Assist in general flow of event, including but not limited to set up and breakdown of site, and resource distribution.	Set up: 12:30 pm		Wear comfortable clothing and shoes, i.e., AHA shirt or red top	Thank you Jasbir Kaur
Volunteers Needed	5/21/2015	Perris Union High School District	Heritage High School located at 26001 Briggs Road, Menifee, 92585	Health information booth CONFIRMATION NEEDED BY May 1st	12:00 -5:00 pm			
Volunteers Needed	5/23/2015	Red Dress Stroll	Promenade Community Park 615 Richey Street, Corona, CA 92879	Setup, 1 mi. route, distribute goodie bags, registration, staff AHA Booth, help FAST	Setup 7:00 am Event 8:00 am – 12 noon		Wear comfortable clothing and shoes, i.e., AHA shirt or red top	Thank you Cynthia Barrow!
June								
Volunteers Needed	6/13/2015	Juneteenth Celebration	Praise Tabernacle Church 1525 W. Nicolet St. Banning, CA 92220	A free community resource event including nutrition education and physical activity demonstrations that will highlight various approaches to leading a healthy, active lifestyle!	Set up: 9:00–10:30 am Event: 11:00 am – 3:00 pm	500	Please pick up table, chair and canopy from our office for this event. THEY WILL NOT BE PROVIDED AT THE EVENT	
Volunteers Needed	6/26/2015	Starcrest Employee Health Fair	3660 Brennan Ave. Perris CA 92571.	Health information booth	Setup: 9:00 am Event 10:00 am Clean up: 2:00 pm			