

— A Quickie Guide To The Games —

THERE IS NO END of Olympic-related material on the *T&FN* website, of course (www.trackandfieldnews.com), but this special 4-page guide will give you the latest in health reports, the list of yearly world leaders and—most importantly—our final Top 10 predictions.

— Status Quo —

THE LATEST from the Olympics-related aches & pains departments:

On the U.S. front: Marathoner **Desiree Davila** has struggled with a right hip flexor tendon problem. A report 2 days ago said Davila was out of the race, to which she tweeted, "Wow, news to me. Taking it day by day. Will do everything I can to get to the start."

Sprinter **Jeff Demps** was added to the U.S. 4x1 pool after the withdrawal of **Mike Rodgers** due to a foot stress fracture.

Quartermiler **Debbie Dunn** produced a positive doping test at the Trials and is off the U.S. team. No substitute was named to replace her.

Veteran marathoner **Meb Keflezighi** missed several weeks of training in early summer. Reports vary that the injury involved either a foot or a glute muscle strain.

Defending 400 champ **LaShawn Merritt** didn't finish the Monaco race when a problem with his left hamstring cropped up. "I felt it kind of shake," Merritt said, "like a cramp. But the fact I can do this [flexed his leg] is reassuring."

Rumors are that 1500 man **Andrew Wheating** is still suffering from the plantar fasciitis that affected him at the Trials.

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INTERNATIONALLY: Jamaica's head doctor said just 2 days before the Games opened that both **Usain Bolt** and **Yohan Blake** are "100% fit and raring to go. Both of them are at the top of their game."

"If the conditions are ideal [major "if," doc], then we're going to see something fantastic. We may see records go." Bolt was slowed at the Jamaican Trials by what was termed "muscle tightness."

A nagging back problem has bothered 110H star **Liu Xiang** of China.

And a severely sore back hit Britain's **Tiffany Porter** during the London DL 100H final and caused her to DNF.

Women's marathon WR holder **Paula Radcliffe** of Britain withdrew due to a foot problem. She said, "The downside [of running] is that it can break your heart and spirit many times over when your body simply is unable to match what your heart and brain wants it to do."

Radcliffe will be replaced by 2:28:10 runner **Freya Murray**.

Other British team health problems: 1500 runner **Hannah England** (Achilles spiked in Hengelo in late May has affected her training); TJ star **Phillips Idowu** (nerve problem in hip & back, although he was cleared to compete by the BOA as of Wednesday); javelinist **Goldie Sayers** (torn right elbow ligament).

An ankle injury limited competition this year by '11 AOY **Vivian Cheruiyot**. She initially said she would run only the 5000 in London, but is entered in both the 5K & 10K. Whether she actually runs the longer distance we all will find out when the field lines up for the final on Friday night.

The Swedish government filed suit against the IAAF contending that 1500 find **Abeba Aregawi** actually is a Swedish citizen and cannot represent Ethiopia in London.

German high jumper **Ariane Friedrich** waited right up to the last possible moment to decide that she will, indeed, compete in London. She still is recovering from last year's Achilles tendon surgery, but said, "I have nothing to lose."

French sprint star **Christophe Lemaitre**

intends to run only the 200 in London (and 4x1, of course).

France's sole 100 entrant will be young **Jimmy Vicaut**, who is coping with a left hamstring problem.

Stanford's NCAA 400H champion **Amaechi Morton** will represent Nigeria at the Olympics but will be eligible for the U.S. after this August 22.

Nigeria's '08 LJ bronze winner **Blessing Okagbare** will contest the 100 as well as jumping and may also add 4x1 duties.

Greek triple jumper **Paraskevi Papahristou** (48-3½/14.72 in '11) was sent home by her federation after she tweeted an offensive comment about African immigrants.

Italy's 50K walker defender **Alex Schwazer** will contest only his prime event and not try to double in the 20K as well.

Jamaican 110H vet **Dwight Thomas** injured a knee in the New York DL race, then fell in his nationals and wasn't selected for the Games.

Out of the Games: France's '08 1500 bronze winner **Mehdi Baala** (foot), marathoner **Christelle Daunay** (left foot) and steepler **Bob Tahri** (recovery complications after left tibia surgery); Belarus's '08 hammer silver winner **Vadim Devyatovskiy** (back); New Zealand 1500 runner **Nikki Hamblin** (Achilles) & 5000 runner **Adrian Blincoe** (ankle); Swedish long jumper **Carolina Klüft** (hamstring); Belarus decathlete **Andrey Kravchenko** (unspecified); Jamaican decathlete **Maurice Smith** (nerve injury in back, although his federation said no decision had been made through July 21);

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2012 Men's World Leaders

i = mark made indoors

Track Events

100.....	9.75.....	Yohan Blake (Jamaica)
200.....	19.80.....	Yohan Blake (Jamaica)
400.....	44.12.....	LaShawn Merritt (US)
800.....	1:41.54.....	David Rudisha (Kenya)
1500.....	3:29.63.....	Silas Kiplagat (Kenya)
Mile.....	3:49.22.....	Asbel Kiprop (Kenya)
Steeple....	7:54.31.....	Paul Keoch (Kenya)
3000.....	7:29.94i.....	Augustine Choge (Kenya)
.....	7:29.94i.....	Edwin Soi (Kenya)
5000.....	12:46.81.....	Dejen Gebremeskel (Ethiopia)
10,000.....	27:01.98.....	Wilson Kiprop (Kenya)
110H.....	12.93.....	Aries Merritt (US)
.....	12.93.....	Merritt
400H.....	47.78.....	Javier Culson (Puerto Rico)
.....	47.78.....	Culson

Road Events

½-Mar.....	58:47.....	Atsedu Tsegay (Ethiopia)
Mar.....	2:04:23.....	Ayele Abshero (Ethiopia)
20W.....	1:17:30.....	Alex Schwazer (Italy)
50W.....	3:38:08.....	Sergey Kirdyapkin (Russia)

Relay Events

4 x 100.....	37.82.....	Racers TC (Jamaica)
4 x 200.....	1:21.21.....	Texas A&M (US)
4 x 400.....	3:00.02.....	Florida (US)
4 x 800.....	7:15.99.....	Texas A&M (US)
4 x Mile....	16:16.79.....	Princeton (US)
SpMed.....	3:16.46.....	Georgia
DisMed....	9:19.31.....	USA Blue Penn
4 x 1H.....	54.30.....	Star Athletics (US)

Field Events

HJ.....	7-10		2.39.....	Ivan Ukhov (Russia)
PV.....	19-7		5.97.....	Renaud Lavillenie (France)
LJ.....	27-4¾		8.35.....	Greg Rutherford (Great Britain)
.....	27-4¾		8.35.....	Sergey Morgunov (Russia)
TJ.....	58-1		17.70i.....	Will Claye (US)
SP.....	73-2½		22.31.....	Christian Cantwell (US)
DT.....	231-10		70.66.....	Robert Harting (Germany)
HT.....	271-8		82.81.....	Ivan Tikhon (Belarus)
JT.....	289-1		88.11 ..	Vit zslav Veselý (Czech Republic)
Dec.....	9039	¶		Ashton Eaton (US)

Russia's **Igor Vinichenko** (HT) & **Sergey Yushkov** (SP) (both unspecified); Norwegian 100 hurdler **Christine Vukicevic** (lack of preparation).

Early ends to the '12 season: Belgian 3:36.07 1500 runner **Jeroen D'Hoedt** (unspecified illness); German high jumper **Raul Spank** (right Achilles); Swiss 100 hurdler **Lisa Urech** (unspecified).

Doping positives and out of Games: Hungarian discus throwers **Róbert Fazekas** (steroid) and **Zoltán Kövágó** (refusing to give sample). It is the second positive for Fazekas, which means a lifetime suspension. Both denied they doped; Greece's World Indoor HJ champion **Dimitrios Hondrokoúkis** (stanazolol); Moroccan distance runner **Mariem Alaoui Selsouli** (the diuretic furosemide).

2012 Women's World Leaders

Track Events

100.....	10.70.....	Shelly-Ann Fraser-Pryce (Jamaica)
200.....	21.69.....	Allyson Felix (US)
400.....	49.16.....	Antonina Krivoshapka (Russia)
800.....	1:56.76.....	Pamela Jelimo (Kenya)
1500.....	3:56.62.....	Aslı Çakır (Turkey)
Mile.....	4:28.41i.....	Sally Kipyego (Kenya)
Steeple....	9:07.14.....	Milcah Chemos (Kenya)
3000.....	8:31.56i.....	Meseret Defar (Ethiopia)
5000.....	14:35.62.....	Vivian Cheruiyot (Kenya)
10,000.....	30:24.39.....	Tirunesh Dibaba (Ethiopia)
100H.....	12.40.....	Sally Pearson (Australia)
400H.....	53.40.....	Natalya Antyukh (Russia)

Road Events

Half-Mar...	66:38.....	Florence Kiplagat (Kenya)
Mar.....	2:18:37.....	Mary Keitany (Kenya)
20W.....	1:25:27.....	Elmira Alembekova (Russia)

Relay Events

4 x 100.....	42.19.....	USA Red Penn
4 x 200.....	1:30.01.....	LSU
4 x 400.....	3:21.18.....	USA Red Penn
4 x 800.....	8:15.57i.....	Moscow (Russia)
4 x 1500...	17:29.00.....	Oregon
SpMed.....	3:42.85.....	USA Blue
DisMed....	10:55.01i.....	Washington
4 x 1H.....	52.38.....	Star Athletics (US)

Field Events

HJ.....	6-9		2.06i.....	Anna Chicherova (Russia)
PV.....	16-5¼		5.01i.....	Yelena Isinbaeva (Russia)
LJ.....	23-8¾		7.23i.....	Brittney Reese (US)
TJ.....	49-2¼		14.99.....	Olha Saladuha (Ukraine)
SP.....	70-2¼		21.39.....	Nadzeya Ostapchuk (Belarus)
DT.....	231-11		70.69	Darya Pishchalnikova (Russia)
HT.....	257-7		78.51.....	Tatyana Lysenko (Russia)
JT.....	227-6		69.35.....	Sunette Viljoen (South Africa)
Hept.....	6906.....			Jessica Ennis (Great Britain)

Check out T&FN's by-event
London Olympic Previews at...

[www.trackandfieldnews.com/
index.php/special-articles/1344](http://www.trackandfieldnews.com/index.php/special-articles/1344)

— T&FN's Men's Top 10 Predictions —

100 METERS

1. Yohan Blake (Jamaica)
2. Usain Bolt (Jamaica)
3. Tyson Gay (USA)
4. Justin Gatlin (USA)
5. Asafa Powell (Jamaica)
6. Christophe Lemaitre ... (France)
7. Ryan Bailey (USA)
8. Keston Bledman (Trinidad)
9. Kim Collins (St. Kitts)
10. Richard Thompson .. (Trinidad)

200 METERS

1. Usain Bolt (Jamaica)
2. Yohan Blake (Jamaica)
3. Wallace Spearmon (USA)
4. Christophe Lemaitre ... (France)
5. Churandy Martina (Netherlands)
6. Warren Weir (Jamaica)
7. Maurice Mitchell (USA)
8. Jaysuma Saidy Ndure (Norway)
9. Rondell Sorrillo (Trinidad)
10. Michael Mathieu (Bahamas)

400 METERS

1. Kirani James (Grenada)
2. LaShawn Merritt (USA)
3. Jonathan Borlée (Belgium)
4. Kevin Borlée (Belgium)
5. Tony McQuay (USA)
6. Luguélin Santos. (Dominican R)
7. Chris Brown (Bahamas)
8. Bryshon Nellum (USA)
9. Demetrius Pinder (Bahamas)
10. Martyn Rooney (Great Britain)

800 METERS

1. David Rudisha (Kenya)
2. Mohamed Aman (Ethiopia)
3. Abubaker Kaki (Sudan)
4. Nijel Amos (Botswana)
5. Nick Symmonds (USA)
6. Duane Solomon (USA)
7. Adam Kszczot (Poland)
8. Kevin López (Spain)
9. Yuriy Borzakovskiy (Russia)
10. Timothy Kitum (Kenya)

1500 METERS

1. Asbel Kiprop (Kenya)
2. Silas Kiplagat (Kenya)
3. Nixon Chepseba (Kenya)
4. Nick Willis (New Zealand)
5. Taoufik Makhloufi (Algeria)
6. Ayanleh Souleiman (Djibouti)
7. Mekonnen Gebremedhin... (Eth)
8. Abdelaati Igider (Mor)
9. Hamza Driouch (Qatar)
10. Leonel Manzano (USA)

STEEPLECHASE

1. Brimin Kipruto (Kenya)
2. Ezekiel Kemboi (Kenya)
3. Abel Mutai (Kenya)
4. Mahiedine M.-Benabbad... (Fra)
5. Roba Gari (Ethiopia)
6. Tarik Langat Akdag (Turkey)
7. Benjamin Kiplagat (Uganda)
8. Evan Jager (USA)
9. Brahim Taleb (Morocco)
10. Jacob Araptany (Uganda)

5000 METERS

1. Mo Farah (Great Britain)
2. Dejen Gebremeskel... (Ethiopia)
3. Bernard Lagat (USA)
4. Hagos Gebrhiwet (Ethiopia)
5. Isiah Koech (Kenya)
6. Yenew Alamirew (Ethiopia)
7. Thomas Longosiwa (Kenya)
8. Edwin Soi (Kenya)
9. Galen Rupp (USA)
10. Moses Kipsiro (Uganda)

10,000 METERS

1. Mo Farah (Great Britain)
2. Kenenisa Bekele (Ethiopia)
3. Galen Rupp (US)
4. Tariku Bekele (Ethiopia)
5. Wilson Kiprop (Kenya)
6. Moses Kipsiro (Uganda)
7. Zersenay Tadese (Eritrea)
8. Moses Masai (Kenya)
9. Bidan Karoki (Kenya)
10. Teklemariam Medhin. (Eritrea)

110 HURDLES

1. Aries Merritt (USA)
2. Xiang Liu (China)
3. Jason Richardson (USA)
4. Dayron Robles (Cuba)
5. Sergey Shubenkov (Russia)
6. Orlando Ortega (Cuba)
7. Jeff Porter (USA)
8. Garfield Darien (France)
9. Andrew Riley (Jamaica)
10. Hansle Parchment .. (Jamaica)

400 HURDLES

1. Javier Culson (Puerto Rico)
2. Dai Greene (Great Britain)
3. Angelo Taylor (USA)
4. LJ van Zyl (South Africa)
5. Michael Tinsley (USA)
6. Amaechi Morton (Nigeria)
7. Kerron Clement (USA)
8. Cornel Fredericks (South Africa)
9. Félix Sánchez (Dominican Rep)
10. Rhys Williams .. (Great Britain)

MARATHON

1. Wilson Kipsang (Kenya)
2. Ayele Abshero (Ethiopia)
3. Abel Kirui (Kenya)
4. Emmanuel Mutai (Kenya)
5. Dino Sefer (Ethiopia)
6. Arata Fujiwara (Japan)
7. Stephen Kiprotich (Uganda)
8. Getu Feleke (Ethiopia)
9. Marílson dos Santos (Brazil)
10. Abderrahim Bouramdane (Mor)

20K WALK

1. Valeriy Borchin (Russia)
2. Zhen Wang (China)
3. Andrey Krivov (Russia)
4. Vladimir Kanaykin (Russia)
5. Alex Schwazer (Italy)
6. Eder Sánchez (Mexico)
7. Ruslan Dmytrenko (Ukraine)
8. Ding Chen (China)
9. Robert Heffernan (Ireland)
10. Jared Tallent (Australia)

50K WALK

1. Alex Schwazer (Italy)
2. Yohann Diniz (France)
3. Sergey Kirdyapkin (Russia)
4. Jared Tallent (Australia)
5. Sergey Bakulin (Russia)
6. Tianfeng Si (China)
7. Yuriy Andronov (Russia)
8. Christopher Linke (Germany)
9. Faguang Xu (China)
10. Matej Tóth (Slovakia)

4 X 100 RELAY

1. Jamaica
2. United States
3. Trinidad
4. France
5. Holland
6. Germany
7. Great Britain
8. Brazil
9. Japan
10. Canada

4 X 400 RELAY

1. United States
2. Belgium
3. Bahamas
4. Great Britain
5. Jamaica
5. South Africa
6. Russia
8. Cuba
9. Trinidad
10. Kenya

HIGH JUMP

1. Ivan Ukhov (Russia)
2. Andrey Silnov (Russia)
3. Jesse Williams (USA)
4. Robbie Grabarz . (Great Britain)
5. Derek Drouin (Canada)
6. Aleksandr Shustov (Russia)
7. Trevor Barry (Bahamas)
8. Mutaz Essa Barshim (Qatar)
9. Guowei Zhang (China)
10. Erik Kynard (USA)

POLE VAULT

1. Renaud Lavillenie (France)
2. Björn Otto (Germany)
3. Brad Walker (USA)
4. Malte Mohr (Germany)
5. Raphael Holzdeppe . (Germany)
6. Konstadínos Filippidis (Greece)
7. ?ukasz Michalski (Poland)
8. Steve Lewis (Great Britain)
9. Steve Hooker (Australia)
10. Lázaro Borges (Cuba)

LONG JUMP

1. Mitchell Watt (Australia)
2. Greg Rutherford (Great Britain)
3. Sebastian Bayer (Germany)
4. Aleksandr Menkov (Russia)
5. Irving Saladino (Panama)
6. Khotso Mokoena (S Africa)
7. Christian Reif (Germany)
8. Chris Tomlinson. (Great Britain)
9. Mauro da Silva (Brazil)
10. Marquise Goodwin (USA)

TRIPLE JUMP

1. Christian Taylor (USA)
2. Will Claye (USA)
3. Phillips Idowu (Great Britain)
4. Lyukman Adams (Russia)
5. Fabrizio Donato (Italy)
6. Daniele Greco (Italy)
7. Alexis Copello (Cuba)
8. Leevan Sands (Bahamas)
9. Benjamin Compaoré ... (France)
10. Sheryf El-Sheryf (Ukraine)

SHOT

1. Reese Hoffa (USA)
2. Tomasz Majewski (Poland)
3. Dylan Armstrong (Canada)
4. Ryan Whiting (USA)
5. David Storl (Germany)
6. Christian Cantwell (USA)
7. Maksim Sidorov (Russia)
8. Andrey Mikhnevich (Belarus)
9. Rutger Smith (Netherlands)
10. Justin Rodhe (Canada)

DISCUS

1. Robert Harting (Germany)
2. Virgilijus Alekna (Lithuania)
3. Piotr Malachowski (Poland)
4. Ehsan Hadadi (Iran)
5. Gerd Kanter (Estonia)
6. Benn Harradine (Australia)
7. Mario Pestano (Spain)
8. Robert Urbanek (Belarus)
9. Traves Smikle (Jamaica)
10. Lance Brooks (USA)

HAMMER

1. Krisztian Pars (Hungary)
2. Ivan Tikhon (Belarus)
3. Pawel Fajdek (Poland)
4. Kirill Ikonnikov (Russia)
5. Aleksey Zagorniy (Russia)
6. Pavel Kryvitski (Belarus)
7. Koji Murofushi (Japan)
8. Primož Kozmus (Slovenia)
9. Kibwé Johnson (USA)
10. Szymon Ziółkowski ... (Poland)

JAVELIN

1. Vítězslav Veselý (Czech Rep)
2. Oleksandr Pyatnytsya (Ukraine)
3. Andreas Thorkildsen .. (Norway)
4. Tero Pitkämäki (Finland)
5. Fatih Avan (Turkey)
6. Vadims Vasilevskis (Latvia)
7. Matthias de Zordo ... (Germany)
8. Ivan Zaytsev (Uzbekistan)
9. Ari Mannio (Finland)
10. Stuart Farquhar (New Zealand)

DECATHLON

1. Ashton Eaton (USA)
2. Trey Hardee (USA)
3. Eelco Sijnt Nicolaas (Holland)
4. Leonel Suárez (Cuba)
5. Hans van Alphen (Belgium)
6. Pascal Behrenbruch (Germany)
7. Kevin Mayer (France)
8. Rico Freimuth (Germany)
9. Sergey Sviridov (Russia)
10. Oleksiy Kasyanov (Ukraine)

— T&FN's Women's Top 10 Predictions —

100 METERS

1. Shelly-Ann Fraser-Pryce. (Jam)
2. Carmelita Jeter..... (USA)
3. Veronica Campbell-Brown(Jam)
4. Blessing Okagbare.....(Nigeria)
5. Tianna Madison..... (USA)
6. Kelly-Ann Baptiste (Trinidad)
7. Allyson Felix..... (USA)
8. Kerron Stewart..... (Jamaica)
9. Murielle Ahoure . (Côte d'Ivoire)
10. Ivet Lalova.....(Bulgaria)

200 METERS

1. Allyson Felix..... (USA)
2. Veronica Campbell-Brown(Jam)
3. Carmelita Jeter..... (USA)
4. Shelly-Ann Fraser-Pryce. (Jam)
5. Sanya Richards-Ross..... (USA)
6. Sherone Simpson..... (Jamaica)
7. Aleksandra Fedoriva .. (Russia)
8. Murielle Ahoure . (Côte d'Ivoire)
9. Laverne Jones-Ferrette(Virgin I)
10. Anthonique Strachan (Bah)

400 METERS

1. Sanya Richards-Ross..... (USA)
2. Amantle Montsho ... (Botswana)
3. Antonina Krivoshapka. (Russia)
4. Novlene Williams-Mills.... (Jam)
5. Christine Ohuruogu (Gr Britain)
6. Yuliya Gushchina..... (Russia)
7. Tatyana Firova..... (Russia)
8. Deedee Trotter..... (USA)
9. Francena McCorory..... (USA)
10. Rosemarie Whyte ... (Jamaica)

800 METERS

1. Pamela Jelimo..... (Kenya)
2. Mariya Savinova..... (Russia)
3. Fantu Magiso..... (Ethiopia)
4. Caster Semenya .(South Africa)
5. Alysia Montaña..... (USA)
6. Francine Niyonsaba .. (Burundi)
7. Yelena Arzhakova..... (Russia)
8. Janet Jepkosgei..... (Kenya)
9. Yekaterina Poistogova (Russia)
10. Natalya Lupu.....(Ukraine)

1500 METERS

1. Asli Çakır..... (Turkey)
2. Abeba Aregawi..... (Ethiopia)
3. Morgan Uceny..... (USA)
4. Genzebe Dibaba..... (Ethiopia)
5. Katya Kostetskaya..... (Russia)
6. Ibtissam Lakhoud...(Morocco)
7. Yekaterina Martynova . (Russia)
8. Jenny Simpson..... (USA)
9. Maryam Jamal.....(Bahrain)
10. Tatyana Tomashova... (Russia)

STEEPLECHASE

1. Yuliya Zaripova..... (Russia)
2. Milcah Chemos..... (Kenya)
3. Sofia Assefa..... (Ethiopia)
4. Habiba Boudraa..... (Tunisia)
5. Hiwot Ayalew..... (Ethiopia)
6. Gulnara Galkina..... (Russia)
7. Mercy Njoroge..... (Kenya)
8. Gülcan Mingir..... (Turkey)
9. Etenesh Diro..... (Ethiopia)
10. Emma Coburn..... (USA)

5000 METERS

1. Vivian Cheruiyot (Kenya)
2. Meseret Defar..... (Ethiopia)
3. Sally Kipyego..... (Kenya)
4. Viola Kibiwott (Kenya)
5. Gelete Burka..... (Ethiopia)
6. Genet Ayalew..... (Ethiopia)
7. Molly Huddle..... (USA)
8. Olga Golovkina..... (Russia)
9. Yelena Nagovichina..... (Russia)
10. Sara Moreira..... (Portugal)

10,000 METERS

1. Tirunesh Dibaba (Ethiopia)
2. Vivian Cheruiyot (Kenya)
3. Sally Kipyego..... (Kenya)
4. Joyce Chepkirui..... (Kenya)
5. Belaynesh Oljera (Ethiopia)
6. Yelizaveta Grechishnikova(Rus)
7. Sara Moreira..... (Portugal)
8. Worknesh Kidane..... (Ethiopia)
9. Amy Hastings (USA)
10. Jo Pavey..... (Great Britain)

100 HURDLES

1. Sally Pearson.....(Australia)
2. Dawn Harper..... (USA)
3. Kellie Wells..... (USA)
4. Brigitte Foster-Hylton(Jamaica)
5. Lolo Jones..... (USA)
6. Nevin Yanit..... (Turkey)
7. Tiffany Porter..... (Great Britain)
8. Tatyana Dektyareva..... (Russia)
9. Alina Talay.....(Belarus)
10. Phylcia George.....(Canada)

400 HURDLES

1. Lashinda Demus..... (USA)
2. Melaine Walker..... (Jamaica)
3. Natalya Antyukh..... (Russia)
4. Irina Davydova..... (Russia)
5. Perri Shakes-Drayton...(Gr Brit)
6. Zuzana Hejnová (Czech Repub)
7. Kaliese Spencer..... (Jamaica)
8. Denisa Rosolová... (Czech Rep)
9. Vania Stambolova.....(Bulgaria)
10. Georganne Moline..... (USA)

MARATHON

1. Mary Keitany..... (Kenya)
2. Liliya Shobukhova..... (Russia)
3. Edna Kiplagat..... (Kenya)
4. Shalane Flanagan..... (USA)
5. Priscah Jeptoo..... (Kenya)
6. Chunxiu Zhou..... (China)
7. Aselefech Mergia..... (Ethiopia)
8. Jiali Wang..... (China)
9. Tiki Gelana..... (Ethiopia)
10. Sultan Haydar..... (Turkey)

20K WALK

1. Olga Kaniskina..... (Russia)
2. Yelena Lashmanova (Russia)
3. Hong Liu..... (China)
4. Maria Poves..... (Spain)
5. Xiuzhi Lu..... (China)
6. Anisya Kirdyapkina..... (Russia)
7. Beatriz Pascual..... (Spain)
8. Elisa Rigauda..... (Italy)
9. Olive Loughnane..... (Ireland)
10. Shenjie Qieyang..... (China)

4 X 100 RELAY

1. United States
2. Jamaica
3. Trinidad
4. Ukraine
5. Germany
6. Russia
7. Holland
8. Brazil
9. France
10. Poland

4 X 400 RELAY

1. United States
2. Russia
3. Jamaica
4. Great Britain
5. Ukraine
6. Belarus
7. France
8. Czech Republic
9. Brazil
10. Nigeria

HIGH JUMP

1. Anna Chicherova..... (Russia)
2. Chaunté Lowe..... (USA)
3. Svetlana Shkolina..... (Russia)
4. Ruth Beitia..... (Spain)
5. Tia Hellebaut..... (Belgium)
6. Brigetta Barrett..... (USA)
7. Tonje Angelsen..... (Norway)
8. Irina Gordyeva..... (Russia)
9. Emma Green Tregaro (Sweden)
10. Amy Acuff..... (USA)

POLE VAULT

1. Yelena Isinbaeva..... (Russia)
2. Jenn Suhr..... (USA)
3. Silke Spiegelburg (Germany)
4. Fabiana Murer..... (Brazil)
5. Svetlana Feofanova..... (Russia)
6. Yarislei Silva..... (Cuba)
7. Holly Bleasdale.. (Great Britain)
8. Martina Strutz..... (Germany)
9. Jirina Ptáčníková (Czech Rep)
10. Nikolia Kiriakopoulou(Greece)

LONG JUMP

1. Brittney Reese..... (USA)
2. Nastassia Ivanova..... (Belarus)
3. Shara Proctor (Great Britain)
4. Janay DeLoach..... (USA)
5. Yelena Sokolova..... (Russia)
6. Blessing Okagbare..... (Nigeria)
7. Anna Nazarova..... (Russia)
8. Viktoriya Rybalko..... (Ukraine)
9. Chelsea Hayes..... (USA)
10. Lyudmila Kolchanova (Russia)

TRIPLE JUMP

1. Olha Saladuha..... (Ukraine)
2. Olga Rypakova (Kazakhstan)
3. Caterina Ibargüen.....(Colombia)
4. Tatyana Lebedeva..... (Russia)
5. Yamilé Aldama... (Great Britain)
6. Yargelis Savigne..... (Cuba)
7. Patricia Mamona..... (Portugal)
8. Dailenis Alcántara..... (Cuba)
9. Kim Williams..... (Jamaica)
10. Kseniya Dzetsuk..... (Belarus)

SHOT

1. Valerie Adams.....(New Zealand)
2. Nadzeya Ostapchuk...(Belarus)
3. Yevgeniya Kolodko..... (Russia)
4. Jill Camarena-Williams ... (USA)
5. Lijiao Gong.....(China)
6. Natalya Mikhnevich....(Belarus)
7. Michelle Carter..... (USA)
8. Nadine Kleinert..... (Germany)
9. Anna Avdeyeva..... (Russia)
10. Ling Li..... (China)

DISCUS

1. Sandra Perković..... (Croatia)
2. Nadine Muller..... (Germany)
3. Yangfeng Li..... (China)
4. Darya Pishchalnikova.. (Russia)
5. Yarelis Barrios..... (Cuba)
6. Stephanie Brown Trafton (USA)
7. Żaneta Glanc..... (Poland)
8. Denia Caballero..... (Cuba)
9. Krishna Poonia..... (India)
10. Jian Tan..... (China)

HAMMER

1. Aksana Menkova.....(Belarus)
2. Betty Heidler..... (Germany)
3. Tatyana Lysenko..... (Russia)
4. Wenxiu Zhang..... (China)
5. Gulfiya Khanafeyeva .. (Russia)
6. Anita Włodarczyk..... (Poland)
7. Yipsi Moreno..... (Cuba)
8. Mariya Bespalova..... (Russia)
9. Alena Matoshka.....(Belarus)
10. Kathrin Klaas..... (Germany)

JAVELIN

1. Barbora Špotáková(Czech Rep)
2. Sunette Viljoen .. (South Africa)
3. Mariya Abakumova..... (Russia)
4. Christina Obergföll .. (Germany)
5. Vira Rebryk.....(Ukraine)
6. Goldie Sayers (Great Britain)
7. Linda Stahl..... (Germany)
8. Huihui Lu..... (China)
9. Lingwei Li..... (China)
10. Katharina Molitor .. (Germany)

HEPTATHLON

1. Jessica Ennis..... (Great Britain)
2. Tatyana Chernova..... (Russia)
3. Nataliya Dobrynska.....(Ukraine)
4. Kristina Savitskaya..... (Russia)
5. Jessica Zelinka.....(Canada)
6. Hyleas Fountain.....(US)
7. Austr Skujytė..... (Lithuania)
8. Antoinette Nana Djimou(France)
9. Lyudmila Yosypenko ..(Ukraine)
10. Jennifer Oeser..... (Germany)

the next newsletter
will not be mailed
until after the
Olympic Games
are concluded