See you in San Diego: A Look Ahead

The bags are packed, but hopefully there is some empty space. The 2016 Scientific Sessions and Annual Meeting will provide plenty of ideas and insights to take home.

The event promises something for everyone, with an emphasis on high quality programming for all audiences. To make this easier, the schedule-at-a-glance has been broken up into six main topic areas: Cellular and Molecular Nutrition; Nutrition Across the Lifespan; Clinical and Translational Nutrition; Global and Community Nutrition; Nutritional Epidemiology; and Education.

All are designed to provide the latest research and forward-thinking issues for nutrition science. Let's unpack a few of the highlights:

What's New

Scientific rigor, reproducibility and transparency in conducting biomedical research are hot topics. NIH grant applications now have a greater focus in these areas, and the role of competing interests and impact of funding sources continue to be debated. How do we ensure robust and unbiased experimental design, methods, analysis, interpretation and reporting of results? How do we ensure public trust in the scientific process?

These and other issues impacting the nutrition research landscape will be discussed during an opening plenary session (10:30 a.m., Sunday). The session is co-sponsored by the American Society for Nutrition, ILSI North America, the National Academy of Sciences' Food and Nutrition Board, and the Canadian Nutrition Society.

Also new this year: All of the scientific symposia will be recorded for viewing after the conference in an online portal titled ASN on Demand. This has been often re-Continued on page 6

Super Saturday Competition Day!

Kicking off ASN's 2016 Scientific Sessions and Annual Meeting at Experimental Biology will be Super Saturday Competition Day. More than 300 undergraduate and graduate students, medical trainees, and postdoctoral fellows will be competing for travel grants and awards. (See page 4 for the schedule of events.)

Clinical Emerging Leaders Award Competition

Organized by the Medical Nutrition Council
Purpose: To promote interest in clinical and human nutrition among those in postgraduate programs.

Finalists:
Feon Cheng, Pennsylvania State University
Hilary Wren, McGill University
Jing Zhou, Purdue University
R Drew Sayer, Purdue University
Yujin Lee, Pennsylvania State University

Graduate Student Research Award Competition

Organized by the Nutritional Sciences Council
Purpose: Tasks graduate students to hone their research presentation skills.

Finalists:
Ana Aguilar Lozano, University of Nebraska-Lincoln
Elaine Yu, Cornell University
Elizabeth Killion, Tufts University
Erin Yen, Texas Tech University
Hawi Debelo, Purdue University
Janie Allaire, Institut sur la Nutrition et les Aliments Fonctionnels (INAF), Université Laval
Kiersten Olsen, University of Wisconsin - Madison
Lei Wu, Oklahoma State University
Min-Hyun Kim, University of Florida
Nadine Mikati, Florida International University
Tracy Moreira-Lucas, University of Toronto
Trias Mahmudiono, Kansas State University

Continued on page 4
ASN Supports United Nation’s 2016 International Year of Pulses

The IYP program aims to heighten public awareness of the nutritional benefits of pulses as part of sustainable food production aimed towards food security and nutrition. IYP will create a unique opportunity to encourage consumers to eat more pulses and better utilize pulse-based proteins, further global production of pulses, better utilize crop rotations and address the challenges in the trade of pulses.

Plan now to attend the following activities at ASN’s Scientific Sessions & Annual Meeting:

**Sponsored Satellite Program & Lunch:**
Poster Session: Pulse Nutrition and Health
Organized and sponsored by the US Dry Pea and Lentil Council, the American Pulse Association, Pulse Canada and the World Food Center at University of California, Davis
Saturday, 12:45 – 2:45 PM, Room 32AB, San Diego Convention Center
More details and To Register: [http://scientificsessions.nutrition.org/satellite-sessions/pulses/](http://scientificsessions.nutrition.org/satellite-sessions/pulses/)

Mini-Symposium: Pulse Nutrition and Health
Tuesday, April 5, 10:30 AM – 12:30 PM, Room: 30B

Poster Session: Pulse Nutrition and Health (Dried Beans, Peas, Lentils, Chickpeas)
Monday, April 4, Halls A-D

# Pulses for Healthy People and a Healthy Planet

By Amy R. Beaudreault, PhD
World Food Center, University of California, Davis

Around the world, people are celebrating the contribution of pulses in people and planetary health.

The name pulse originates from the Latin puls, which means thick porridge. Pulses represent 12 crops of grain legumes, which include dry beans, dry peas, chickpeas and lentils. They fall under the umbrella of the more than 13,000 species of legumes, which are plants that have fruit enclosed in a pod.

As a nutrient-dense, low-fat protein source, pulses provide the world affordable nutrition with many health benefits—and, health for the planet because they are nitrogen-fixing crops and are water-efficient crops, using 10-50 percent less water compared to other sources of proteins. Despite these positive attributes, pulses often are forgotten in agricultural and nutrition research because historically funding focused on corn, wheat and rice.

This is why the United Nations declared 2016 the International Year of Pulses. This global public awareness campaign is taking place from Rome to Zambia, and here in San Diego at The American Society for Nutrition’s Scientific Sessions at Experimental Biology 2016. The pulse-centered sessions commence at a satellite lunch symposium on Saturday (12:45-2:45, Room 33BC) sponsored by the American Pulse Association, the U.S. Dry Pea and Lentil Council, Pulse Canada and the World Food Center at University of California, Davis.

“Pulses for Healthy People and a Healthy Planet: Emerging Research and Opportunities” features presentations by Joanne Slavin, PhD, on the role of pulses in dietary guidelines and Juliane Curran, PhD, the state of research and opportunities related to health claims for pulses. Chickpeas are the focus of two presentations with Douglas Cook, PhD, who will provide a harvesting perspective for climate resilience, biotic stress, and nutrient density. And, Volker Mai, PhD, presents findings on roasted chickpeas possible influence on the microbiota. Monday’s posters presentations will include a category on pulse nutrition and health and Tuesday’s minisymposium (10:30, Room 30B) showcases eight research presentations.

Join us this year at The American Society for Nutrition’s Scientific Sessions at Experimental Biology sessions on pulses to learn more about why these little beans are healthy not only to us, but for the planet. To learn more about global activities for the International Year of Pulses, visit [http://iyp2016.org](http://iyp2016.org) and [www.fao.org/pulses-2016](http://www.fao.org/pulses-2016).

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**Advertisement**

Postdoctoral Positions at the University of Wisconsin available in the Molecular and Applied Nutrition Training Program (MANTP)

UW-Madison has postdoctoral (Ph.D. or M.D.) training positions in molecular and applied nutrition in the following five research focus areas: Aging; Cell Signaling, Growth and Development; Fat Soluble Vitamins; Metabolism and Metabolic Diseases; and Mineral Metabolism. This NIH-funded Nutrition Training Program, established in 1993, is built upon a tradition of outstanding nutrition research and disciplinary breadth that provides a unique educational opportunity for trainees. The MANTP has enhanced the training of postdoctoral researchers who intend to become leaders in nutrition-related biomedical research. Former trainees are professors at leading universities and senior researchers at major companies. Trainees have performed diverse research projects ranging from genetic studies in humans as well as model organisms aimed at understanding disease etiology, nutrient function, metabolism and regulation to nutritional studies in humans aimed at elucidating how and in animal models of human disease. Support is available for up to three years.


How to apply: Applicants should send a cover letter describing their research background, their future career interests and which MANTP faculty trainer(s) and research focus area(s) they are interested, a curriculum vitae and three letters of reference to: Rick Eisenstein Ph.D., Dept. of Nutritional Sciences, University of Wisconsin, 1415 Linden Drive, Madison, WI 53706. Email contact: eisenste@nutrisci.wisc.edu. Deadline: April 29, 2016 or until positions are filled. One position is available immediately and a second can start after July 1, 2016. UW-Madison is an equal opportunity/affirmative action employer. Per NIH policy positions are open only to U.S. citizens and noncitizen nationals.

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**Connect with ASN on Twitter:**
@nutritionorg
#ASNatExpBio
Program Description
Research identifying the role of specific nutrients, foods and dietary patterns is an indispensable step in understanding the link of diet with brain health and cognition. This session will review scientific knowledge regarding nutrition and cognitive health. Emerging research exploring the effect of certain foods on the brain utilizing functional MRI will be discussed. Leading researchers will examine present epidemiological, clinical and experimental research that helps to better understand the role diet can play in improving cognitive health and perhaps delaying the onset of cognitive diseases such as dementia and Alzheimer’s.

Learning Objectives
At the end of this session, attendees will be able to:
• Understand measurements of brain function of relevance in the study of diet and cognitive health
• Gain insight into the ability of new technologies to shed light on how diet affects brain functioning
• Recognize the role that foods such as walnuts play in cognitive functioning and reducing risk of dementia and Alzheimer’s disease

Registration is FREE
Complimentary breakfast will be provided.
Register online: http://scientifcsessions.nutrition.org/satellitesessions/food-for-the-brain/

Agenda

Setting the Stage on Food and Brain Function
Lenore Arab, PhD, Session Chair
University of California
Los Angeles, CA

Neurocognitive and Neuroimaging Methodology to Assess the Effects of Food and Hormones in the Brain
Christos Mantzoros, MD, DSc, PhD h.c.mult.
Beth Israel Deaconess Medical Center/Harvard Medical School
Boston, MA

The Walnut and Healthy Aging (WAHA) Trial: an in Depth Assessment of the Effect of Walnuts in Brain Health
Emilio Ros, MD, PhD
Hospital Clinic
Barcelona, Spain

Potential Beneficial Effects of a Diet with Walnuts in Alzheimer’s Disease
Abha Chauhan, PhD
New York State Institute for Basic Research in Developmental Disabilities
Staten Island, NY

Panel Discussion with Q & A
Moderator: Lenore Arab, PhD

California Walnut Commission
Call for Nutrition Research Proposals
The California Walnut Commission is pleased to announce that nutrition research pre-proposals are now being accepted for studies. Information about research topics as well as details regarding the submission process can be found on our research submission website: walnuts.org/rfp
Super Saturday
Continued from page 1

Young Minority Investigator Oral Competition
Organized by the Minority and Diversity Affairs Committee and supported by DSM Nutritional Products
Purpose: Honors young minority investigators in a special oral session in which finalists compete in presenting their research findings

Finalists
Johanna Andrews Chavez, Tufts University
Valerie Darcey, Georgetown University
Johanna Lopez, Florida International University
Babajide Ojo, Oklahoma State University
International University

Emerging Leaders in Nutrition Science Poster Competition
For the second year, ASN is conducting the Emerging Leaders in Nutrition Science Poster Competition to highlight the very best research submitted by students and young investigators to ASN’s Scientific Sessions.


Congratulations to more than 280 finalists. Check out the complete list at scientificsessions.nutrition.org.

Postdoctoral Research Award Competition
Organized by the Young Professional Interest Group and endorsed by DuPont Nutrition & Health
Purpose: Challenges early-career scientists and clinicians in nutrition by providing a juried abstract review and special oral session in which they compete in presenting their research findings.

Finalists
Sun Eun Lee, Johns Hopkins Bloomberg School of Public Health
Stephen Hennigar, U.S. Army Research Institute of Environmental Medicine
Young Ah Seo, Harvard University
Clara E. Cho, Cornell University
Barnabas K. Natamba, Harvard University
Manis K. Saraf, University of Arkansas

Translation Research Award Competition for Early Career Investigators
Organized by the Nutrition Translation RIS and sponsored by Beachbody. Additional funding provided by Tate and Lyle.
Purpose: Provides an opportunity for early-career scientists and clinicians to demonstrate how their research can be translated to a defined audience to improve public health and/or health outcomes.

Finalists
Katherine Balantinek, Washington University School of Medicine
Mallory Koenings, IFSN, NIFA
Valerie Darcey, Baylor College of Medicine
Thosar Hennigar, U.S. Army Research School of Public Health

Meet the Finalists

Nutrition Notes Daily asked a few of the Super Saturday finalists to tell us about their research and what they are looking forward to in San Diego.

First-time attendee? Read on for their tips on navigating your first EB meeting.

Nadine Mikati, PhD candidate, MS, RDN, LD
Florida International University, Miami, FL
Area of research: Childhood obesity prevention

What is your favorite course in nutrition?
I am really excited about the opportunity to share my research at these competitions, and also about the work conducted by my peers.

How did you react upon hearing you are a finalist?
I am really excited about the opportunity to share my research at these competitions, and also about the work conducted by my peers.

What do you most look forward to at EB 2016?
I would tell first-time attendees to look at the program beforehand and make a schedule of the sessions they want to attend daily. There will be so much going on at once that they might feel overwhelmed. Choosing the sessions in advance will definitely help.

What is your favorite course in nutrition?
I am really excited about the opportunity to share my research at these competitions, and also about the work conducted by my peers.

Way to support your research?
I am really excited about the opportunity to share my research at these competitions, and also about the work conducted by my peers.

What topics will you offer first-time attendees?
I really enjoy sharing the work of my research project. I really look forward to obtaining feedback from experts and fellow students to strengthen my research.

What do you most look forward to at EB 2016?
I am really excited about the opportunity to share my research at these competitions, and also about the work conducted by my peers.

Way to support your research?
I am really excited about the opportunity to share my research at these competitions, and also about the work conducted by my peers.

What did you offer first-time attendees?
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Way to support your research?
I am really excited about the opportunity to share my research at these competitions, and also about the work conducted by my peers.

What did you offer first-time attendees?
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Way to support your research?
2016 REGULATORY, SCIENTIFIC & QUALITY CONFERENCE
MAY 19-20 | BETHESDA NORTH MARRIOTT HOTEL | NORTH BETHESDA, MD

JOIN hundreds of professionals from across the country to hear about the latest in regulatory, scientific, and product quality topics impacting the consumer healthcare products industry, including:

- Pharmaceuticals and personal care products (PPCPs) in the environment
- Current approaches to risk assessment from exposure to trace amounts of PPCPs
- The importance of environmental sustainability and product stewardship
- Benefit/risk tools for evaluating OTC medicines
- FDA leadership panel
- Visualizing collaboration to achieve success

Learn more and register at chpa.org/RSQ

COLLABORATING for CONSUMER HEALTHCARE SOLUTIONS
The Kellogg Prize for International Nutrition Research Lecture (12:45 p.m. Tuesday) will be presented by Susan B. Roberts, PhD, Professor, Friedman School of Nutrition Science and Policy; Professor, Psychiatry, Tufts University School of Medicine; Senior Scientist and Director, Energy Metabolism Laboratory, Jean Mayer USDA Human Nutrition Research Center on Aging. She explores the topic, “How Can Nutrition Scientists Help Reverse the Obese Epidemic?”

In addition to the award lectures, attendees will have other forward-thinking symposia from which to choose. The Presidential Symposium (10:30 a.m. Monday) is titled, “Systems Approaches to Nutrition - Where We Are and Where We Are Going.” Big Data, along with genomics and advances in computer and engineering sciences, promises to transform dietary approaches to prevent and manage chronic disease through personalized nutrition.

A 3 p.m. Sunday symposium, “Food Systems for Public Health,” will look at the impact of agricultural production on human nutrition, exploring climate change and other challenges. The all-star lineup includes National Geographic’s Dennis Dimick, Executive Environment Editor, speaking on the challenges of feeding nine billion.

Cutting Edge Research

With more than 2,000 new, original research studies presented in oral and poster presentations and 24 scientific symposia, the 2016 Scientific Sessions and Annual Meeting certainly will be at the forefront of the latest thinking on nutrition science. In addition to the research, the ASN Awards Ceremony will recognize the accomplishments of nutrition scientists from around the globe. That event begins at 6 p.m. Sunday.

Mark Your Calendar

Don’t miss these events occurring early in the meeting: Carotenoid And Retinoid Interactive Group RIS (CARIG) Annual Symposium Friday, April 1, 2016, 1:00 – 5:00 p.m. Aquad AB, Hilton San Diego Bayfront First Time Attendee and New Member Orientation Saturday, April 2, 200 – 3:00 p.m. 28DE, San Diego Convention Center PhenHRIG 2016 Symposium: Flavonoids/Polyphenols and Epigenetics: Is There a Connection? Saturday, April 2, 2016, 1:00 – 5:00 p.m. Room 29AB, San Diego Convention Center

Continued from page 4

What would you offer first-time attendees? I would tell a first time attendee to take advantage of the career resources that EB provides through the Education Track. All of the content is tailored to career opportunities for scientists. I found the material immediately applicable to my professional development.

What tips would you offer first-time attendees? The Wilbur Olin Atwater Memorial Lecture is one of my favorites. The speakers are inspirational. They have made a lasting impact on our profession and moved nutrition science forward.

What tips would you offer first-time attendees? I would tell a first time attendee to take advantage of the career resources that EB provides through the Education Track. All of the content is tailored to career opportunities for scientists. I found the material immediately applicable to my professional development. What tips would you offer first-time attendees? I would tell a first time attendee to take advantage of the career resources that EB provides through the Education Track. All of the content is tailored to career opportunities for scientists. I found the material immediately applicable to my professional development.
Sponsored Satellite Programs Enhance Educational Offerings

Sponsored Satellite Programs are programs planned and conducted by external groups in conjunction with ASN’s Scientific Sessions.

For more information and to register, visit http://scientificsessions.nutrition.org/satellitesessions/

This year’s programs include the following:

**Friday, April 1**
A Global Approach to Personalized Nutrition from the Genome to the Microbiome
Organized and sponsored by Herbalife
8:00 a.m. – 12:00 p.m., San Diego Hilton Bayfront, Indigo D

**Saturday, April 2**
Pulses for Healthy People and a Healthy Planet: Emerging Research and Opportunities
Organized and sponsored by the US Dry Pea and Lentil Council, the American Pulse Association, Pulse Canada and the World Food Center at University of California, Davis
12:45 – 2:45 p.m., Room 32AB

**Sunday, April 3**
Back to the Future? Ancient Grains and Sprouting for Enhanced Nutrition
Organized and sponsored by the Kellogg Company
6:30 – 8:00 a.m., Room 33BC

**New Frontiers in Fibers: Innovative Technology and Emerging Research on Gut Microbiome and Bone Health**
Organized and sponsored by the Osteoporosis Foundation and Tate and Lyle
12:45 – 2:45 p.m., Room 32AB

**Dietary Protein: Current Perspectives**
Organized and sponsored by PepsiCo
12:45 – 2:45 p.m., Room 33BC

**Monday, April 4**
Low Calorie Sweeteners and Obesity: Solution or Part of the Problem?
Organized and sponsored by Tate and Lyle
6:30 – 8:00 a.m., Room 32AB

Food for the Brain: Learning How What We Eat Affects Cognition and May Prevent or Delay Dementia
Organized and sponsored by the California Walnut Commission
6:30 – 8:00 a.m., Room 33BC

**Wednesday, April 6**
Third Annual Summit on the Health Effects of Yogurt
Sponsored and organized by Danone Institute International, ASN and IOF
6:30 – 2:00 p.m., Room 33

Visit the ASN blog, nutrition.org/blog!

**University Mixer and Membership Reception**

Join us Saturday, April 2 from 8:00 – 10:00 p.m., at the ASN Reception for the Membership and University Mixer, in the Hilton San Diego Bayfront, Indigo ABEF Ballroom. This highly attended and anticipated networking event kicks off the start of ASN’s Scientific Sessions.

Departments or programs in nutrition, food science and public health are encouraged to purchase a table to spread awareness of opportunities at your institution, welcome alumni and honor awardees.

**Asst./Assoc. Professor**
John Hopkins Bloomberg School of Public Health

Asst/Assoc Professor: Johns Hopkins Bloomberg SPH Center for Human Nutrition is seeking a tenure track faculty to prevent malnutrition and micronutrient deficiencies through diet, fortification, supplemental and food-based approaches in disadvantaged / nutrition transitioning societies. Qualified candidate will have expertise in dietary, micronutrients, food security and health research, have excellent analytical, writing and teaching skills, demonstrated funding potential, doctorate in PH nutrition or medicine with masters’ in nutrition sciences. Johns Hopkins is an affirmative action equal opportunity employer and does not discriminate on the basis of race, color, gender, religion, age, etc. Contact Prof Keith West @EB: 1-443-509-2486 or kwest1@jhu.edu.

**Job Opening?**

Have an employment opportunity to promote to ASN members and attendees? Advertise the opening in Nutrition Notes Daily, $200 per issue for a 100-word listing. Contact Jenn Waters, 240/401-6779 or jwaters@showdailies.com, for more information.
Established in 1928, the American Society for Nutrition (ASN) is the premier research society dedicated to bringing together the world’s top researchers and clinicians to advance our knowledge and application of nutrition science. Members of ASN receive benefits ranging from free access to the top peer-reviewed journals in the nutrition and dietetics category to reduced registration rates for topical meetings and conferences. Take advantage of the following ten ways that ASN can advance your career by becoming a member today!

<table>
<thead>
<tr>
<th>TEN WAYS TO ADVANCE YOUR CAREER IN NUTRITION SCIENCE</th>
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<tbody>
<tr>
<td><strong>1. CUTTING-EDGE SCIENTIFIC PROGRAMMING</strong></td>
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<tr>
<td>ASN Scientific Sessions &amp; Annual Meeting at Experimental Biology is an interdisciplinary, scientific meeting, bringing together over 15,000 scientists from throughout the world. The annual Advances and Controversies in Clinical Nutrition is designed to communicate significant, cutting-edge advances in nutrition research, and to stimulate discussion on emerging topics that impact human health.</td>
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<td><strong>2. TOP RANKED PUBLICATIONS</strong></td>
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<tr>
<td>ASN members receive free online access to The American Journal of Clinical Nutrition (AJCN), The Journal of Nutrition (JN) and Advances in Nutrition (AN).</td>
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<tr>
<td><strong>3. REDUCED REGISTRATION RATES</strong></td>
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<tr>
<td>Members receive reduced conference registration rates to Experimental Biology ($165 savings!), Advances and Controversies in Clinical Nutrition ($100 off!) and co-sponsored meetings throughout the year.</td>
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<tr>
<td><strong>4. REDUCED PUBLICATION FEES</strong></td>
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<tr>
<td>Members receive discounted print subscriptions, page charges and waived manuscript submission fees. Additionally, ASN members are eligible to receive our partner publication, Nutrition Today, at a 58% discount off of the regular subscription rate.</td>
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<td><strong>5. EDUCATIONAL RESOURCES</strong></td>
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<td>ASN’s online educational portfolio contains podcasts, author videos, recorded webinars, videotaped conference sessions, blog entries and more.</td>
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<tr>
<td><strong>6. MEMBERSHIP IN FASEB</strong></td>
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<td>You receive a variety of important additional benefits through ASN’s membership in the Federation of American Societies for Experimental Biology (FASEB) alliance such as access to FASEB’s Legislative Action Center, subscription discounts for The FASEB Journal, online access to the FASEB Member Directory and career development resources.</td>
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<tr>
<td><strong>7. NETWORKING OPPORTUNITIES</strong></td>
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<td>All members are eligible to join one of our 15 Research Interest Sections (RIS). The RIS are communities designed to provide a mechanism for topic-specific discussion regarding nutrition research and practice. Additionally, members are encouraged to join one or more of the following Scientific Councils: Medical Nutrition, Global Nutrition, and Nutritional Sciences.</td>
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<td><strong>8. NUTRITION RESEARCH SUPPORT</strong></td>
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<td>ASN is your voice and is committed to increasing the investment in nutrition research. We make it our mission to provide our members with the information and resources necessary to take a stand for nutrition research.</td>
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<td><strong>9. AWARDS AND RECOGNITION</strong></td>
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<td>In recognition of our member’s professional accomplishments, ASN honors scientists, clinicians and scholars for significant achievements in nutrition research and practice. The program grants over $452,000 in scientific awards, student grants, travel awards and honoraria.</td>
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<tr>
<td><strong>10. GLOBAL CONNECTIONS</strong></td>
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<td>ASN is a global organization that enables its members to form relationships with top nutrition researchers throughout the world. ASN is the US Adhering Body to the International Union of Nutritional Science.</td>
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www.nutrition.org/join