

### **11:00am-11:45am High School Transition Planning**

The transition from high school to young adulthood is a critical stage for all teenagers and requires extra planning and goal setting. Factors to consider include post-secondary education, the development of vocational skills and/or career, as well as the ability to live independently. The first step in planning for a successful transition is developing the student's transition plan. A transition plan is required for students enrolled in special education who have an Individualized Education Program (IEP). In this session, we will define and describe transition planning and how it can be utilized to maximize your teenager's future success.

Robin Miller, EC Curriculum Manager, Buncombe County Schools  
Teri Queen, EC Instructional Facilitator, Asheville City Schools

### **12:00-12:45pm Navigating Adult Community Services- ie. Supported Living, Personal Care, Housing and Employment options**

Smoky Mountain LME/MCO (management entity/managed care organization) will present about the array of service options available through their system. They are a public managed care organization that oversees Medicaid, state and local funding and offers a comprehensive health plan for individuals and families in need of mental health, substance use or intellectual /developmental disability services. It manages prevention, treatment and crisis services in 23 counties in Western North Carolina for people enrolled in Medicaid and those who do not qualify for Medicaid or have other insurance. Although Smoky does not provide services directly, it ensures people who need treatment receive quality care in a timely manner. These services are delivered by a network of private providers.



### **A few good "transition" websites to check out!**

A Guide Book for Transitioning Into Adulthood can be downloaded from the Family Support Network of WNC website at :  
[https://www.mission-health.org/sites/default/files/transitions\\_guide\\_dir.pdf](https://www.mission-health.org/sites/default/files/transitions_guide_dir.pdf)

**RTLE** — Roads to Learning and Earning After High School  
<http://www.rtle.org/about.html>

### **1:00pm-2:00pm Youth Benefits and Services Training**

An overview of the Supplemental Security Income, Work Incentive Program, Vocational Rehabilitation Services that Youth in Transition can access.

Amy Upham, Housing Specialist,  
Smoky Mtn. Center LME/MCO  
LaQuita Austin-Rehabilitation Counselor  
NC Vocational Rehabilitation Services

### **2:15pm-2:45pm Puberty is Coming are you Ready?**

This session will provide an overview of key components to teach and what resources are available to help you support your child through the changes.

Roxann Colwell- Family Support Network of WNC

### **3:00pm-4:00pm Planning for the Future When Your Family Includes a Member with a Disability**

**Estate Planning Basics:** What are the components of estate planning and why is it so important? If your family includes a child or adult member with a lifelong disability, what are the considerations involved when planning for the transfer of assets, designation of caregivers, and protection of eligibility for public benefits? **Guardianship and the Available Alternatives:** What is guardianship? What are the benefits and drawbacks? What are the questions every family should ask before making the decision to pursue guardianship? What are some of the alternatives to guardianship? Learn about the different types of **special needs trusts** available, why a special needs trust may be important to your loved one, and how to effectively manage a special needs trust.

### **11:00am-3:00pm Community Exhibitor's Fair**

Agencies will be present to provide informational exhibits on the following topics: To have ample time to visit agency booths please allow yourself enough time before & after each educational sessions.

### **Post Secondary Educational Options**

**Yellow Zone**

**Employment Options**

**Orange Zone**

**Housing Options**

**Light Blue Zone**

**Accessing Community Programs**

**Purple Zone**

FSN™ of WNC believes that by offering parent/provider led trainings, families, caregivers and providers will gain the skills needed to effectively support children with special healthcare needs and to change attitudes in our community.

**Important:**

- **No childcare will be provided for this event.**
- **Pizza/Light Refreshments will be available.**

**For more information:** Contact Kerri Eaker, Education Outreach Coordinator, 828-213-0047, Kerri.Eaker@msj.org

**Directions to Family Support Network of WNC**  
**Mission Reuter Children's Outpatient Center**  
**11 Vanderbilt Park Drive • Asheville, NC 28803**

**FROM I-40:**

Whether approaching from the east or west on I-40, take Exit 50-A which is Highway 25 South (Hendersonville Road),  
Turn right, heading South on Highway 25.  
At the second stoplight, turn right on to Vanderbilt Park Drive. Stay on Vanderbilt Park Drive, which will make a turn to the right behind the Asheville Cardiology building.  
Proceed to the round-about and go about half way around. You will see the Mission Reuter Children's Outpatient Building and directional signs to the left. Parking is in front of the building.



**Family Support  
Network™ of WNC**

## ***5th Annual Regional Transition into Adulthood Fair***

### **What happens next?**

*Post-secondary Education, Work?*

**Saturday, October 3, 2015**

**11:00am to 4:00pm**



*A Journey Toward Independence:  
Positive Outcomes for  
Youth with Disabilities*

### **Mission Reuter Children's Outpatient Center**

**11 Vanderbilt Park Dr. Asheville NC 28803**

### **In Collaboration with**



**And many more of our valuable  
Community Agencies**