

What is Complete Health Dentistry™?

By Gary Kadi

Statistics support that more than 80 percent of dental patients have an oral infection contributing to systemic inflammation. With proper diagnosis and treatment, mild oral infection can be reduced and controlled, mitigating the threat of systemic inflammation.

Complete Health Dentistry is focused on advocacy for the complete health of the patient, who may present high-risk medical factors owing to oral infection. Risk factors include cardiovascular disease, elevated blood sugar levels and/or diabetes, arthritis, complications of pregnancy, lung disease and other medical problems.

Furthermore, Complete Health Dentistry represents a shift away from a Reactive treatment approach to a Proactive Model. This enables both dentist and team to focus on educating the patient on potential problems encountered during examination, leading to a clearly defined and prescribed solution to the patient's situation – before problems get bigger and more expensive. In this model, everybody wins.

Members of a Complete Health Dentistry team are trained to know their roles and responsibilities unequivocally, allowing the doctor to become the CEO of the practice. Having a set of systems in place where everyone knows what is expected of them, from setting goals through holding each other accountable for their roles, enables the doctor to stop micromanaging the team and transform into the doctor that he or she always dreamed of being.

By changing from the Reactive Care approach to a Proactive/Preventive approach, both dentist and team find themselves freed from the burdens of the day-in, day-out business stressors that often reduce job-satisfaction and productivity. With a great team operating a well-run practice, the dentist can free up more time to enjoy with family, allowing growth as a Leader and CEO of a comprehensive healthcare business that will run itself – rather than run the lives of those operating it.

*Gary Kadi is the CEO and Founder of NextLevel Practice and author of **Million Dollar Dentistry**. Gary and Katherine Eitel will team for a joint webinar on Wednesday, October 28, from 7:00 p.m.-8:00 p.m. EDT.*