

# PATH Intl. | Region 1 CONFERENCE

## 2016

**Online registration  
is now available!**

Visit [www.pathintl.org](http://www.pathintl.org),  
select *Regional* from the  
*Conferences* pull-down  
menu at the top.



**April 15-17**  
**Saunderstown, RI**

**HOSTED BY**  
**Gaits of Harmony**



**PATH**  
INTERNATIONAL

Professional Association of Therapeutic  
Horsemanship International



**PATH**  
INTERNATIONAL

Professional Association of Therapeutic  
Horsemanship International

**PATH Intl.**  
**Region 1**

P.O. Box 33150  
Denver, CO 80233  
(800) 369-7433 (RIDE)

## CONFERENCE INFORMATION

Online registration will be available through April 4, 2016. After April 4, 2016, registration will need to be completed onsite.

## TO REGISTER

Please complete and mail this registration form and payment to:

PATH Intl.  
Region 1 Conference  
P.O. Box 33150  
Denver, CO 80233

- OR -

Fax it to  
(303) 252-4610

- OR -

You may register online at [www.pathintl.org](http://www.pathintl.org)

## CONFIRMATION

You will be sent a confirmation via email

## QUESTIONS?

Amanda Walters at  
(800) 369-7433, ext. 105  
or email  
[awalters@pathintl.org](mailto:awalters@pathintl.org)

Individual Name		PATH Intl. Membership Number
Mailing Address		
City	State	Zip Code
Day Phone	Fax Number	
Email (required for confirmation)		Discount Code (if applicable)
PATH Intl. Center Affiliation (if applicable)		College/University Name (if applicable)

Check all that apply	How did you learn about this event?	
<input type="radio"/> This is my first time attending a PATH Intl. Region Conference.	<input type="radio"/> PATH Intl. website	<input type="radio"/> Region website
<input type="radio"/> Wheelchair accessibility needed	<input type="radio"/> PATH Intl. eNews	<input type="radio"/> Word of mouth
<input type="radio"/> Other special needs: _____	<input type="radio"/> PATH Intl. STRIDES magazine	<input type="radio"/> Other: _____
	<input type="radio"/> Email invitation	_____
	<input type="radio"/> Postcard or Mailing	_____

☐ Special Meal Requests: (accommodations cannot be guaranteed)

☐ None ☐ Vegetarian ☐ Other: \_\_\_\_\_

☐ Diabetic ☐ Gluten free \_\_\_\_\_

### Meal Choices

(select all meals you will attend below)

### Conference Registration Type

**Registration Through April 4**

Full Conference: ☐ Member \$160 ☐ Non-member \$220

Full Conference Higher Ed Student and Faculty Members: ☐ \$130

Saturday Only: ☐ Member \$100 ☐ Non-member \$130

Sunday Only: ☐ Member \$85 ☐ Non-member \$110

Saturday Only Higher Ed Student and Faculty Members: ☐ \$80

Sunday Only Higher Ed Student and Faculty Members: ☐ \$65

### Onsite Registration

Full Conference: ☐ Member \$190 ☐ Non-member \$250

Full Conference Higher Ed Student and Faculty Members: ☐ \$160

Saturday Only: ☐ Member \$130 ☐ Non-member \$175

Sunday Only: ☐ Member \$110 ☐ Non-member \$140

Saturday Only Higher Ed Student and Faculty Members: ☐ \$110

Sunday Only Higher Ed Student and Faculty Members: ☐ \$90

☐ PATH Intl. Standards Course (Free) (indicate why below)

☐ for Instructor Certification ☐ for Center Accreditation

☐ for other reason: \_\_\_\_\_

### Session Choices

☐ Meet and Greet and Standards Hearing

Session A: ☐ A1 ☐ A2

Session B: ☐ B1 ☐ B2 ☐ B3

☐ Lunch and PATH Intl. Trek to Credentialing

Session C: ☐ C1 ☐ C2 ☐ C3

Session D: ☐ D1 ☐ D2

Session E: ☐ E1 ☐ E2 ☐ E3

☐ Region and State Meetings

☐ Sunday Light Breakfast

Session F: ☐ F1 ☐ F2

☐ Sunday Light Lunch

Session G: ☐ G1 ☐ G2

Session H: ☐ H1

Payment	Please make a copy of your registration forms prior to sending them to PATH Intl.
I wish to pay by (check one): <input type="radio"/> Check Number: _____ <input type="radio"/> Money Order <input type="radio"/> Visa <input type="radio"/> MC <input type="radio"/> Amex <input type="radio"/> Discover	
Total Enclosed: _____	

Card Number	Expiration Date	CCV#
Name on Card		Signature

Full refunds are given only if a written cancellation request is received at the PATH Intl. office by April 4, 2016. A 50-percent refund is given if a written request is received at the PATH Intl. office April 5-11, 2016. Individuals who do not submit a written request to PATH Intl. by April 11, 2016, will not receive a refund. There will be no refunds for cancellations due to weather unless the conference is canceled.

# PATH Intl. | Region 1 CONFERENCE 2016

## WELCOME & SPECIAL ANNOUNCEMENTS

PATH Intl. Region 1 welcomes you to join us for an educational and fun weekend with your friends and colleagues. Breakfast will be served onsite on Sunday, as well as lunch on Saturday and Sunday. There will also be a light reception and cash bar on Friday night. These meals are included in your registration fee.

Please bring silent auction items to support the conference and continuing education in PATH Intl. Region 1.

As we transition to new CEU requirements for instructor renewal, please note that sessions meeting the specific disabilities education requirement are marked with **\*DE**. If you have questions about these requirements, please contact Bret Maceyak at the PATH Intl. office.

**SAVE THE DATE!**  
**NOVEMBER 2-5, 2016**



### HUZZAH!

*huz zah (hə-ză')*

*interj.*

*Used to express joy, encouragement, or triumph.*

*n.*

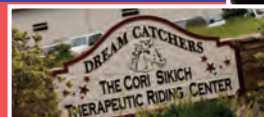
*A rally, shout, battle cry, cheer popular during the revolutionary war.*



*Gather* in the home of the founding fathers at Williamsburg Lodge.

*Celebrate* the birthplace of a nation and the birthplace of PATH Intl.

*Educate* Earn valuable continuing education hours, attend profession-specific workshops and trainings.



Dream Catchers at the Cori Sikich Riding Center  
2016 PATH Intl. Horse Expo site!

# PATH Intl. | Region 1 CONFERENCE 2016

## CONFERENCE INFO & LOCATION

**APRIL 15-17, 2016**

### HOSTED BY

Gaits of Harmony

### FRIDAY SESSIONS:

Holiday Inn

3009 Tower Hill Rd, South Kingstown, RI 02874

(401) 789-1051

### SATURDAY SESSIONS:

Narragansett High School

245 S Pier Rd, Narragansett, RI 02882

### SUNDAY SESSIONS:

Gaits of Harmony

2150 Tower Hill Rd, Saunderstown, RI 02878

(401) 525-8912

## LODGING

### HOLIDAY INN

3009 Tower Hill Rd

South Kingstown, RI 02874

(401) 789-1051

*Rates: Call to make your reservation by 03/15/16 and refer to PATH Intl. to get a discounted rate of \$99/night.*

## QUESTIONS

### AMANDA WALTERS

(800) 369-7433, ext. 105, or awalters@pathintl.org

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Onsite Registration

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Full Conference	\$190	\$250
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Saturday Only Higher Ed Student and Faculty Members	\$110	
Sunday Only Higher Ed Student and Faculty Members	\$90	

PATH Intl. Standards Course: FREE

# REGION 1 | AGENDA

## 2016

### FRIDAY, APRIL 15

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(Holiday Inn)

10 a.m. to 2 p.m.

#### NESAR BOARD MEETING

*(by invitation only)*

Noon to 5:30 p.m.

#### PATH INTL. STANDARDS COURSE

Attendees must pre-register with PATH Intl. and bring a copy of the 2016 PATH Intl. Standards for Certification and Accreditation manual.

4 to 7:30 p.m.

#### REGISTRATION OPEN AND SILENT AUCTION DROP OFF

6:30 to 8 p.m.

#### MEET AND GREET AND STANDARDS HEARING

### SATURDAY, APRIL 16

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(Narragansett High School)

8 to 8:30 a.m.

#### BREAKFAST ON YOUR OWN

8 to 10 a.m.

#### REGISTRATION OPEN

9 to 10:30 a.m.

#### SESSION A

##### A1 • IF I HAD A HORSE OF MY OWN

Sample lesson plans, ways to make each lesson successful and why this program is a great alternative (or addition) to riding will be discussed. How the core four-week program can be expanded and adapted will provide great basis for group discussion. A video presentation of some amazing and inspirational student final projects will be shown.

*Lynn Peters and Elizabeth Fortes*

##### A2 • THE KEY TO SUCCESS AND SUSTAINABILITY

On-going monitoring of programming is essential for organizational health. In this presentation attendees will learn the questions to ask, the tools to use and the team members to engage in program assessment.

*Liz Adams*

10:45 a.m. to 12:15 p.m.

#### SESSION B

##### B1 • SADDLES AND STETHOSCOPES: LESSONS OF A MEDICAL STUDENT WORKING AT THE HORSE STABLE \*DE

Participants will acquire a basic understanding of the field of rider balance evaluation after equine-assisted therapy; recognize the parallels between hospitals and therapeutic riding centers; and appreciate the skills that working with horses provide for physicians in training.

*David Sanghyuk Han*

##### B2 • MINDFUL SUPPORT FOR THE EAAT HORSE

A happy horse is a helpful horse. Learn how a few simple mindful approaches at your facility can support your EAAT horses in fulfilling their important purpose.

*Nicole Birkholzer*

##### B3 • LEARNING STYLES AND THERAPEUTIC RIDING LESSONS \*DE

Explore different learning styles, such as linguistic/verbal, logical/mathematical, visual/spatial, bodily/kinesthetic, musical/rhythmic, interpersonal, intra-personal, and natural, and how best to teach to that style of learning.

*Sue Miller*

12:30 to 1:45 p.m.

#### LUNCH AND PATH INTL. TREK TO CREDENTIALING

*Kathy Alm, PATH Intl. CEO*



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1:45 to 2:45 p.m.

### SESSION C

#### **C1 • DEFINING BOARD, VOLUNTEER AND STAFF MEMBER RESPONSIBILITIES: BEST PRACTICES IN ORGANIZATIONAL DEVELOPMENT**

As an organization matures, board, staff and volunteer roles evolve. As they change, role clarity becomes even more important to successfully advance the organization. In this board development session, you will learn about the life stages of an organization and which stage your board is in. In addition, you will identify what responsibilities belong to the board, which belong to staff and how to ensure the boundaries are clear for everyone involved. You will leave with a roadmap to developing board/staff/volunteer roles and responsibilities that is right for your organization and brings you clarity and success.

*Kathy Alm*

#### **C2 • PARTNERING WITH LOCAL AGENCIES TO BUILD TRAILS**

Learn about a successful grant project that involved funding from a local foundation for trail expansion on a center's property. The grant covered not only some of the direct and indirect costs of trail construction but also the capital purchase of a new tractor to assist with trail construction.

*Sarah Bronson*

#### **C3 • STRONGER TOGETHER: A PROGRAM FOR VETERANS, PART 1 \*DE**

Making a healthy transition to civilian life requires new knowledge and skills. Stronger Together is an equine-facilitated learning and coaching program for veterans that focuses on improving the quality of daily lives by supporting the healing of trauma-related invisible wounds and increasing a sense of well-being. This experiential program stimulates an interest in learning and practicing new skill-based tools designed to promote healthy relationships, emotion regulation and the rewiring of neural pathways.

*Cathy Languerand and Margaret Allende*

3 to 4 p.m.

### SESSION D

#### **D1 • BEYOND MEASURE: HOW HAS MEASURING PERFORMANCE OUTCOMES IN THERAPEUTIC RIDING LED TO DATA-DRIVEN DECISIONS AND IMPROVEMENTS?**

This presentation will provide examples and a discussion of the types of decisions and changes that can follow implementation of a system for results-based accountability at TR centers. A panel of TR instructors will share how their participation in the Therapeutic Riding Assessment of Impact Network (TRAIN) collaborative has challenged them, influenced their thinking, and led to changes to improve services and strengthen connections with participants, volunteers and other stakeholders.

*Cathy Smith Hybels, Sue Miller, Kitty Stalsburg and Lorna Young*

#### **D2 • STRONGER TOGETHER: A PROGRAM FOR VETERANS, PART 2 \*DE**

See description under C3.

*Cathy Languerand and Margaret Allende*

4 to 4:15 p.m.

### BREAK

4:15 to 5:15 p.m.

### SESSION E

#### **E1 • HOLISTIC AWARENESS OF BODY, MIND AND SPIRIT**

Develop techniques for a deeper awareness of and tools for understanding equines. Imagine yourself a first-time visitor to your center; what do you see, does it reflect your mission statement? Use this information to describe the culture of horsemanship you envision for your center.

*Cathy Languerand*

#### **E2 • TREATMENT STRATEGIES FOR OUR MOST PHYSICALLY CHALLENGED CLIENTS \*DE**

Significantly physically challenged clients present unique opportunities to therapists utilizing hippotherapy. This presentation will give attendees

# REGION 1 | AGENDA

## 2016

a base knowledge to make decisions regarding our most physically challenged clients. We will address such issues as the screening process, the evaluation process, why or why not to accept a client for a hippotherapy program, choosing a treating therapist, choosing the appropriate horse for the client, treatment strategies with video clips, when and how to discharge clients from the program.

*Mary Helene Chaplin, PT, HPCS, and Laurel Welch, PT, HPCS*

### **E3 • BUILDING A STRONG FUNDRAISING COMMITTEE**

Volunteers are the backbone of your organization and can help paid staff utilize their time effectively. A fundraising committee can be very effective with the right volunteers and leadership in place. It is important to take them seriously, recruit them as if you were recruiting paid staff and treat them as an integral part of your organization. We will explore how to identify your needs, create "job descriptions" and find the right people.

*Nicole Jorgensen*

**5:30 to 6:30 p.m.**

### **REGION AND STATE MEETINGS**

**6:30 p.m.**

### **DINNER ON YOUR OWN**

## **SUNDAY, APRIL 17**

(Gaits of Harmony)

**8 to 8:30 a.m.**

### **LIGHT BREAKFAST**

**8:45 to 11:45 a.m.**

### **SESSION F**

### **F1 • MINDFULNESS AND EQUINE GUIDED EDUCATION**

Experiential learning for instructors, trainers, riders, therapists

*Sheila McKnight, CEGE*

### **F2 • HORSE AND HUMAN ARTS: A COLLABORATIVE EFFORT \*DE**

Presenters will share two innovative models combining expressive arts therapy with EAAT, detailing methodologies used to enhance and deepen participant experience on and/or off the horse. Learn the principles of expressive art therapy and its transfer from horse to art. Benefits include the development of fine and gross motor skills, spatial orientation, body awareness, creativity and more!

*Patti Lessard, Ellie Coolidge-Behrstock and Sue Winslow*

**11:45 a.m. to 12:30**

### **LIGHT LUNCH**

**12:30 to 2 p.m.**

### **SESSION G**

### **G1 • RELEASE YOUR INNER HORSEPOWER AND MAKE YOUR MOVE**

*Brian Reid*

### **G2 • MEDITATING WITH EAAT EQUINES**

Do you wish to give back to the EAAT equines at your center and develop a deeper connection with them? In this session, you will learn two to three meditations to take home and offer to the equines. The meditations promote relaxation and healing for both equine and human.

*Linda Crabtree*

**2 to 2:15 p.m.**

### **BREAK**

**2:15 to 3:15 p.m.**

### **SESSION H**

### **H1 • VAULTING BASICS \*VAULTING CORE CEU**

Participants will learn the basic movements of interactive vaulting and be able to practice them on the barrel and the horse. A demo will be given by an interactive vaulting student, and attendees will see the benefits of all three gaits being used during a vaulting session.

*Elizabeth Capalbo*

**WE LOOK FORWARD TO SEEING YOU SOON IN SAUNDERSTOWN, RI!**