

Discouraged, exhausted, frustrated, angry, emotional, and irritable. These are all adjectives that have described me in the last few weeks. I suspect that those words apply to a lot of you as well. I read the Facebook pages regularly and read the stories of how some of you are struggling.

When Daniel was six and was discharged from all his therapies at I thought we were done. We were, *for a while*, but in the last 8 months he's had to go back to Physical Therapy twice a week, Speech Therapy once a week, and now we've added a Chiropractor twice a week as well. He's been diagnosed by an Orthopedic Dr. with "bursitis of the hip". It's very painful and he's actually asking for pain meds. We all know what that means for a Sotos child. The Chiropractor even said he had the "body of a 100 year old". That hurt.

Daniel has to make regular visits to the Pediatrician because his OCD manifests itself by picking at things. He particularly loves to pick his toes and fingers. We have tried all kinds of behavior modifications and NOTHING has worked. It seems like he's always on an antibiotics for it.

Recently at a rally to save Daniel's school (that's a very long story) I was talking to a parent of another student and he said something that struck a chord with me "at the end of the day all we have left is fight and that's why we don't give up". That really resonated with me and I'm sure it does with a lot of you as well.

So, despite being discouraged, exhausted, frustrated, angry, emotional, and irritable I will fight on. I know all of you will as well.

Sincerely,

Kellie Penny  
SSSA President  
Super Sotos Mom