## Armatus® Online Training Course Descriptions

CORE COURSES	
Meet Sam	It Happened to Me
Sam molests children. Hear him tell how he gets away with it. Participants will learn:  • The three types of molesters  • The three things molesters need in order to offend  • The types of boundaries offenders often violate	Anger. Failing grades. Depression. These are just some of the effects of sexual abuse. Participants will learn:  • The long-term effects of abuse • Which children are most vulnerable to abuse • Why children don't report abuse • What to do if a child tells you about abuse
Duty to Report: Mandated Reporter	Abuse Risk Management for Volunteers
Adults have a moral responsibilityand in many cases a legal responsibility to report suspected child abuse or neglect.  In this course you will learn:  Why reporting is critical  What your legal obligation is to report  What types of conduct must be reported  How to report  How to respond if a child discloses abuse or neglect to you	Volunteers give their precious time to your organization to serve others. Teach them how to protect those they serve from abuse. Participants will learn:  • The facts about sexual abuse • Steps you can take to keep kids safe • How to protect yourself from false allegations of abuse



#### **CORE COURSES**

### Preventing Sexual Activity Between Young Children

Recent statistics show that incidents of sexual acting out between children have increased 300% in the past three years. Participants will learn:

- How and where sexual activity between children typically occurs
- Steps to prevent sexual activity between children
- How to respond if sexual activity between children occurs

### Advanced Abuse Prevention Refresher

Once employees and volunteers know the basics about preventing abuse in your organization, it's time for real life application. Participants will learn:

- The importance of acting on warning signs, and how to do so
- How to keep yourself and co-workers safe from false allegations
- How to apply your knowledge to real-life scenarios



#### **Preventing Bullying**

Bullying, in some way, is a part of everybody's childhood memories. However, the severity of recent bullying incidents has shown that bullying can no longer be a "normal' part of growing up. Participants will learn:

- · What bullying is
- How bullying happens
- The impact of bullying
- What you can do to stop bullying
- What to do if you are a supervisor

#### Social Media and Sexual Abuse: Establishing Healthy Boundaries

Social media increases opportunities for sexual abusers to communicate with their intended victims. Participants will learn:

- The different types of abuse risks that organizations face
- How to educate parents and youth on healthy social media use
- How to protect yourself from false allegations of abuse
- How to respond to warning signs and incidents of abuse



#### INDUSTRY-SPECIFIC COURSES **Keeping Your School Safe** Keeping Your Foster Care Program Safe Parents send their children to school to have fun, Approximately half of the children in foster care meet challenges, make friends, practice skills, and have been sexually abused and almost a third are learn. They also expect them to be safe. abused again while in care. Participants will learn: Participants will learn: Techniques to establish effective When, where, and by whom child abuse is relationships with foster parents and most likely to occur at school children Specific steps to take to keep children safe What to watch for when making home How to prevent false allegations of abuse Six tested methods to keep foster children safe Keeping Your Foster Home Safe **Keeping Your Church Safe** Foster parents open their hearts and homes to God has entrusted church staff with something provide for those in need. But in some cases, precious to Him – His children. Participants will foster parents may also be vulnerable to false allegations of abuse. Participants will learn: Five specific actions to keep children safe Unique risks that exist in foster care The importance of keeping a watchful eye homes What to do in the case of suspicious • How to protect children in care from behaviors abuse, including abuse between children How to respond to inappropriate behavior How to protect foster parents from false allegations of abuse **Keeping Your Camp Safe** A Day at Day Camp Camp can be a wonderful experience for kids – but "A Day at Day Camp" takes you through a typical day at camp. Participants will learn: not if they are abused by a counselor or a peer. Participants will learn: How to keep day campers safe from sexual Abuse risks at a residential camp Six locations where abuse is most likely to How to protect yourself from false allegations of abuse happen at a residential camp How all employees and volunteers can How to identify and manage high risk make a difference situations at day camp



What to do if you see something suspicious or inappropriate

#### **INDUSTRY-SPECIFIC COURSES**

#### **Keeping Your Y Safe**

Ys build strong kids, strong families, and strong communities. But to do so, your employees must have the skills and knowledge to keep those in your care safe from offenders. Participants will learn:

- Six potentially dangerous situations at Ys
- When, where and by whom child abuse is most likely to occur
- Four steps to take to keep kids safe

#### **Keeping Your Scholars Safe**

This course has been developed to assist you in identifying sexual misconduct. As we welcome thousands of scholars to our programs each year, it is important for all of us to take this step to ensure our scholars and staff are safe.

- Participants will learn:
  - The types of molesters and how they operate
  - Four steps to keep scholars safe
  - How to protect yourself from false allegations of abuse
  - How to identify and address sexual harassment

#### Keeping Your Optimist Club Safe

Optimist Clubs around the world are dedicated to "Bringing Out the Best in Kids" and aiming to provide a helping hand to youth. Unfortunately, their lives can be shattered by sexual abuse. Participants will learn:

- When, where, and by whom child abuse is most likely to occur in Optimist Club programs
- Four steps to keep children safe
- How to protect yourself from false allegations of abuse

#### **Catholic Review Board Course**

The Review Board Course supports Religious Review Board Members assisting the Religious Institute in its efforts to uphold the highest standards in abuse prevention. Participants will learn:

- The history of the Religious Accreditation Program
- Overall role of Review Boards
- The Review Board's role in reviewing allegations and supervision cases

#### **Keeping Your Boys & Girls Club Safe**

Every year, nearly five million children and adolescents come to Boys & Girls Clubs after school and in the summer. They expect to have fun and be safe. You can help the children by preventing abuse in your Club. Participants will learn:

- When, where, and by whom child abuse is most likely to occur at a Club
- Four steps to keep children safe
- How to protect yourself from false allegations of abuse

#### Managing Risk in Community Based Program

So you're going to be a volunteer! In this course, participants will learn:

- Do's and don'ts in your relationships with kids
- How to keep safe in potentially unsafe neighborhoods
- How child molesters operate
- How abuse affects children
- How to protect yourself from false allegations of abuse.



#### **INDUSTRY-SPECIFIC COURSES**



### Establishing and Maintaining Healthy Relationships with Athletes

This course is designed to keep your athletes safe from abuse and to protect you from false allegations. Through establishing appropriate boundaries, you can facilitate a healthy coachathlete relationship. Participants will learn:

- The scope and effects of abuse in sports
- Characteristics of the coach-athlete relationship
- How to recognize and report boundary violations and allegations of abuse



### Preventing Abuse against Adults with Disabilities

Providing care to people with disabilities is rewarding and challenging work. However, some caregivers psychologically abuse, physically abuse, steal from those they care for, and some even sexually abuse people in their care. You can do your part to make sure this doesn't happen! Participants will learn:

- Facts about abuse of people with disabilities
- Characteristics of potential victims
- Awareness of potential abusers and high-risk environments
- Steps to keep clients safe
- How to prevent false allegations



#### Preventing Elder Abuse and Neglect

It's hard to believe that anyone would hurt the elderly. Fortunately, federal and state laws and regulations help protect vulnerable adults from abuse. Participants will learn:

- Facts about abuse and neglect
- How to recognize risk factors, warning signs, and red-flag behaviors
- Steps to take to keep residents safe
- Steps to protect care givers from false allegations
- Steps administrators can take to prevent abuse and neglect



INTERPERSONAL COURSES	
Navigating the Murky Waters of Sexual Harassment	Now You're a Supervisor: Preventing Discrimination, Harassment, and Retaliation
Nobody wants to work in a polluted environment. Participants will learn:  How to recognize different types of harassment How to determine if a situation is or is not sexual harassment How to prevent and respond to sexual harassment	Being a supervisor comes with lots of benefits – and tons of responsibilities. It's up to you to make sure discrimination, harassment, or retaliation does not happen on your watch! Participants will learn:  • Laws and statutes pertaining to discrimination, harassment, and retaliation • How to prevent, stop, and respond to discrimination, harassment, and retaliation • What to do if someone reports an incident of discrimination, harassment, or retaliation

#### PERSONAL SAFETY COURSE

#### **Bloodborne Pathogens**

Bloodborne pathogens cause diseases that are difficult to treat and cannot be cured. That's why it is so important to know how to reduce your risk of contracting a bloodborne disease. Participants will learn:

- What bloodborne pathogens are
- Standards businesses must follow
- How bloodborne pathogens might enter your body
- Common exposures that could occur at your organization
- The three most common diseases caused by bloodborne pathogens
- How to protect yourself from bloodborne pathogens
- What to do if you are exposed to bloodborne pathogens



# Armatus® Online Training Course Descriptions

CUSTOM COURSES	
Your Policies	Core and Advanced Courses
Policies allow your organization to define what's acceptable – and what isn't. To complete this course, users read your policies and confirm online that they understand and agree to comply with your policies.	Many of our core and advanced courses can be customized to the needs of your organization. This will allow you to include your company-specific policies, scenarios, case studies, and examples. Inquire with your account manager for availability and pricing.

