

ADULT MENTAL HEALTH FIRST AID TRAINING WORKSHOP

Saturday, June 18, 2016
8:30 am – 4:30 pm

Franciscan Ministries-Canticle Café
645 E. Canfield
Detroit, Michigan 48207-1095



Who Should Attend? Anyone Who has ever:

- Wanted to help someone in crisis.
- Recognized someone who might be suffering from a mental disorder and didn't know how to help.
- Recognized someone who might be experiencing an addiction and didn't know how to discuss your concerns with him or her.


What is Mental Health First Aid?

- A first-aid approach for emotional problems.
- A nationally recognized training programs to assist the general public in being able to recognize the signs and symptoms of a person in crisis, a person considering suicide, a person suffering from anxiety or depression, and person struggling with an addiction.
- Teaches a 5-Step Action Plan – ALGEE for how to assist the individual until appropriate professional help or other help can begin.
- Taught by certified mental health first aid instructors, certified by the National Council for Behavioral Health.

What is the Cost? – Free Registration – funded through a grant to the Interfaith Health & Hope Coalition by the Detroit-Wayne Mental Health Authority.

Space is Limited so You Must Pre-Register!!! By June 4, 2016

Questions about the Workshop: Contact Ron Beford, Executive Director, Interfaith Health & Hope Coalition, (810) 923-6940, rbeford@yahoo.com

		
 Mother of Divine Mercy Parish	 Franciscan Ministries Inc.	 St. Aloysius Catholic Parish

PRE-REGISTRATION FORM: Please register by June 4, 2016 to hold your seat.

Name: _____ **Title:** _____

Organization: _____

Your Address: _____

Your Phone No.: _____

Your e-mail Address: _____

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