

For Virgin Pulse Info for West Ohio NewsNet:

Virgin Pulse Health Initiative and District Challenge: Check out if you are eligible below to be part of this awesome health initiative

Spring into a healthier you, one step at a time, by competing in The West Ohio Conference's second annual Virgin Pulse District Challenge. The District with the most steps taken from May 1st - June 4th will be crowned WOC champions and will be able to humble-brag for the next year! Additionally, the top three steppers will be given a special award. Winners will be announced at West Ohio Annual Conference on Monday June 6th. The deadline to sign-up is Wednesday April 27th. Sign-up today and lead your District to victory!

If you have not signed up for the Virgin Pulse Health program, don't worry, it's not too late to get in on the challenge. But you must sign up ASAP as it takes time to update databases which are needed for you to be included in the challenge.

Go to [www.join.virginpulse.com /wocumc](http://www.join.virginpulse.com/wocumc)

Who is eligible?

- Active Clergy and Clergy spouses need not be enrolled in the West Ohio insurance plan, just need to be serving in a church either part-time or full-time.
- Lay employees and spouses must be enrolled in the West Ohio health insurance plan to be eligible.

If you have any questions regarding the challenge or getting started and registering for Virgin Pulse Health Miles contact Rev. Heather Nordgren at

hnordgren@wocumc.org

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