

Empowering Parents in Influencing Their Children (E.P.I.C)



Stockton Unified School Districts Educationally Related Mental Health Services (ERHMS) presents: A six week parent training program designed specifically for parents and caregivers of strong-willed or out-of-control children and is available to parents of all students attending Stockton Unified Schools. For your convenience we are offering two (2) sessions per week (Tuesday OR Friday) on the same topic. Please see below schedule training days and times:

Location: SUSD Professional Development Center 1503 St. Marks Plaza, Stockton, CA 95207

Group led by: Monica Radoc, LCSW and Justin Sunseri, MFT-I

Tuesday, April 19th 9:30 a.m. – 11:30 a.m. OR Friday, April 22nd 10:00 a.m. – 12:00 p.m.

- Strong-willed vs. Compliant Children
- Love and Affection Influence vs. Control

Tuesday, April 26th 9:30 a.m. – 11:30 a.m. OR Friday, April 29th 10:00 a.m. – 12:00 p.m.

- Addressing Problematic Behavior

Tuesday, May 3rd 9:30 a.m. – 11:30 a.m. OR Friday, May 6th 10:00 a.m. – 12:00 p.m.

- A Parent's Formula for Success and Adolescent Drug Use

Tuesday, May 10th 9:30 a.m. – 11:30 a.m. OR Friday, May 13th 10:00 a.m. – 12:00 p.m.

- Out of Control Child & Considering Relationships and Developing Action Plans

Tuesday, May 17th 9:30 a.m. – 11:30 a.m. OR Friday, May 20th 10:00 a.m. – 12:00 p.m.

- Finding Help and Support; The Dynamics of Changing; Managing Conflict in the Home

Tuesday, May 24th 9:30 a.m. – 11:30 a.m. OR Friday, May 27th 10:00 a.m. – 12:00 p.m.

- Active Listening; Building Positive Self Concepts; Consistency; Promoting Family Unity and Self-Help Support Group

For more Information, please contact:

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*Light refreshments will be provided