

# 2016 MHA AZ SEEDS CONFERENCE



## B4STAGE4: STARTING THE CONVERSATION

MAY 20–21, 2016 ▪ PHOENIX, AZ

Join together with individuals and family members living with mental illness, health care providers, and other mental health partners in public safety, education and faith communities, in discussing the early detection and prevention of mental illness.



Keynote Presenter Paul Gionfriddo, President and CEO of Mental Health America, and author of the critically acclaimed book ***Losing Tim: How our Health and Education Systems Failed my Son with Schizophrenia*** is a featured keynote presenter. There will also be 20 breakout workshops to choose from on a variety of topics facilitated by local experts and national leaders.

Attendees will learn how to recognize the early signs and symptoms of a mental health condition; develop strategies to advocate for your loved ones and for self-management; navigate community resources including crisis services; get information on innovative programs and services; and how to engage and mobilize with other community

**Only \$59 Entire Conference or \$39 One-Day Only**

Professional rate including up to 10 CEUs is just \$109 for the entire conference or \$79 one-day only

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