

Free Oak Park Parent Support Group for Minority Families

You Are Not Parenting Alone...

Smart Love Family Services along with Strive for Success is offering a Free Parent Support Group. Participation is open to both minority and non-minority parents of minority children. This group is designed for parents to gain additional support with understanding and managing their children's behavior and emotions to help them be more successful at school, home, and overall in life.

This group is designed to:

- Increase positive communication and problem-solving skills within your child's school system
- Manage "the homework struggle" with your child
- Support your child in making good choices
- Strengthen your overall relationship with your children

Helping professionals will provide a safe, supportive and non-judgmental environment for parents to share their experiences, strengths and hopes. Parents are encouraged to simply come, sit and listen or they are welcome to participate in discussions and connect with other parents. Let's work together to empower one another.

Transportation, Childcare and Food/Refreshments provided.

Smart Love Family Services
Rush Medical Office Building
610 S. Maple, Suite 2000, second floor conference room
Oak Park, IL 60304

Meetings are on Saturdays at 1:15 to 2:15 p.m. starting May 21
Attendance at all sessions is not required.

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The Smart Love Approach was developed by Martha Heineman Pieper, Ph.D., and William J. Pieper, M.D., and is described in their book *Smart Love*. The Natalie G. Heineman Smart Love Preschool offers classes for three to six year olds, and parent and child programs for children six weeks to 36 months. Smart Love Family Services provides counseling for children and families based on the Piepers' therapeutic approach, Inner Humanism[®]. Parenting programs include private parent coaching, educational seminars (co-sponsored by the Intrapsychic Humanism Society), parent training and support programs, and publications. © 2015 Smart Love Family Services is an Illinois-based 501(c)(3) nonprofit organization.



Jessica Hudnall, M.A.
Candidate



Felicia Owens, M.A., LPC,
Psychotherapist

Meeting Dates

May 21st, 28th
June 4th, 11th
July 9th, 23rd
August 13th, 27th
September 17th
October 1st, 15th, 29th
November 12th
December 3rd

*Dates are subject to change.
Please call in advance.*

Funding provided by the Community Mental Health Board of Oak Park Township.



Community Mental Health Board
of Oak Park Township

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