

# NHS Sustainability and Transformation Plans

NHS England requires every area to produce a Sustainability and Transformation Plans (STP) as part of the NHS Five Year Forward View<sup>1</sup>. This presents a great opportunity for local infrastructure. STPs are local blueprints that every part of the country will need to produce for "accelerating its implementation of the Forward View". Crucially for NAVCA members, the "most compelling and credible" STPs who will receive the earliest additional funding will be judged on the reach and quality of the local process, including community, voluntary sector and local authority engagement.

A lot of members are finding health and CCGs an increasingly important source of support for local charities and community groups. If this is the case for you, no doubt you will already be involved in developing STPs.

However, there are members who tell us they are struggling to get heard. STPs may give you a new opportunity to develop your relationship with the partners in your local health and care system (as NHS England calls them) – as they will want to show they are engaging with the voluntary sector.

The briefing will give you an overview of STPs and suggest ways you can make the most from this opportunity. You should also read *Delivering the Forward View: NHS planning guidance 2016/17 – 2020/21*. <a href="https://www.england.nhs.uk/wp-content/uploads/2015/12/planning-guid-16-17-20-21.pdf">https://www.england.nhs.uk/wp-content/uploads/2015/12/planning-guid-16-17-20-21.pdf</a> The half hour spent reading this 32 page document will be invaluable to you.

This blog by Mark Gamsu is also worth a read. http://localdemocracyandhealth.com/2016/01/25/asking-or-telling-nhs-england-planning-quidance/

Please also keep in mind that there are two separate but connected plans. A one year organisational plan for 2016/17 and the five year place based STP across the whole system. When you speak with local health and care system partners they may talk about both.

<sup>&</sup>lt;sup>1</sup> Five Year Forward View https://www.england.nhs.uk/wp-content/uploads/2014/10/5yfv-web.pdf

## What will Sustainability and Transformation Plans achieve?

The six national NHS bodies that have produced Delivering the Forward View<sup>2</sup> have identified three big challenges, closing;

- the health and wellbeing gap
- the care and quality gap
- the finance and efficiency gap

The document says "local NHS systems will only become sustainable if they accelerate their work on prevention and care redesign." It sees the integration of health and social care within geographic areas as key and STPs as the way to do this.

STPs will be umbrella plans but have different specific delivery plans underneath. Some of these plans will have a different geographic footprint. The guidance states that STP's will be expected to match devolution bids (In Sheffield for example the STP will be South Yorkshire wide but with a sub-set of plans at CCG level). STPs will cover the period October 2016 to March 2021.

The STPs will build on the 'six principles' created to support the delivery of the Five Year Forward View. It is definitely worth becoming familiar with these principles. Part of your offer to local health and care system partners is about how you can help them meet these principles. This is particularly the case if you are in a Vanguard<sup>3</sup> or Pioneer<sup>4</sup> area.



<sup>&</sup>lt;sup>2</sup> Delivering the Forward View is a joint production between:

NHS England

<sup>•</sup> NHS Improvement (Monitor and the NHS Trust Development Authority)

Health Education England (HEE)

The National Institute for Health and Care Excellence (NICE)

Public Health England (PHE)

Care Quality Commission (CQC)

<sup>&</sup>lt;sup>3</sup> Explanation of Vanguards <a href="https://www.england.nhs.uk/ourwork/futurenhs/new-care-models/">https://www.england.nhs.uk/ourwork/futurenhs/new-care-models/</a>

<sup>&</sup>lt;sup>4</sup> Explanation of Pioneers <a href="https://www.england.nhs.uk/pioneers/pioneer-communities/overview/">https://www.england.nhs.uk/pioneers/pioneer-communities/overview/</a>

#### **Timeline**

29 January Local health and care systems submit their transformational footprint

for national agreement.

June 2016 STPs submitted

July 2016 Formal assessment of STPs

April 2017 The first additional funding for STPs available.

### What should you do?

If you haven't already done so, read *Delivering the Forward View: NHS planning guidance* 2016/17 – 2020/21. <a href="https://www.england.nhs.uk/wp-content/uploads/2015/12/planning-guid-16-17-20-21.pdf">https://www.england.nhs.uk/wp-content/uploads/2015/12/planning-guid-16-17-20-21.pdf</a>

Understand what your STP footprint will be and what other NAVCA members are within that footprint. You may find information on your local CCG(s) website about the STP footprint.

Work out what your offer is. Think about the role you can play in helping to engage with communities and local charities. Think also about how you can support the transformation of services. A key part of this may be social prescribing<sup>5</sup>; you definitely want to be thinking about person centred care and the six principles. You may want to work with your neighbouring NAVCA members to make sure you have a coherent offer to support the production of the STP.

Once you understand your offer, be proactive in contacting decision makers with your specific offer how you can help the local system deliver on engagement with integration.

**However – time is tight**. If you have not already stared on this work you will need to be getting in touch with local health and care system partners as soon as possible.

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<sup>&</sup>lt;sup>5</sup> If you are looking at social prescribing then you should be interested in the latest research from Rotherham's successful work. <a href="http://www.shu.ac.uk/research/cresr/sites/shu.ac.uk/files/rotherham-social-prescribing-annual-eval-report-2016\_7.pdf">http://www.shu.ac.uk/research/cresr/sites/shu.ac.uk/files/rotherham-social-prescribing-annual-eval-report-2016\_7.pdf</a> or the work WCAVA are doing in Rugby. <a href="http://www.healthwatchwarwickshire.co.uk/wp-content/uploads/Mid-term-Evaluation-of-Rugbys-Social-Prescribing-Pilot.pdf">http://www.healthwatchwarwickshire.co.uk/wp-content/uploads/Mid-term-Evaluation-of-Rugbys-Social-Prescribing-Pilot.pdf</a>. Voluntary Action Calderdale and Voluntary Action Leicestershire also have a lot of experience in leading social prescribing.

### How we will help you

We will be communicating regularly with you on this and using your feedback experiences how this plays out on the ground, to help inform and influence on your behalf during our strategic conversations as a DH/ PHE/NHSE strategic partner.

As always whatever intelligence, thoughts and experiences you pass on to us, we use will use to make the case for local voluntary action and local infrastructure.

Our Head of Strategic Engagement Bev Taylor meets monthly with NHS England and other partners. Neil Cleeveley is a member of the People and Communities Board, which has been asked by Simon Stevens, NHS England Chief executive, to help make the six principles a reality. They will make sure that your stories and experiences (good and bad) are heard.

#### **Upcoming Events**

- We are helping you shape your role by holding two events around 'designing a single point of contact role for VCSE in health and care systems' in London (9 March) and Sheffield (16 March).
- We are holding a Social Prescribing network event in Sheffield on 4 March. This
  event will bring together people who already run successful social prescribing
  schemes and help those who are keen to set up something locally.

January 2016