



Pro's Corner: Spring tips
by Cindy Lincoln
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Early spring is a great time to begin thinking about our golf games.

- Check out your equipment
- Check out your grips
- Clean your golf shoes
- Clean out your golf bag
- Get ready with tees, new golf balls and new gloves
- Fill in yardage gaps with new clubs
- Make sure all of your clubs, new or not, are fitted to you

Then there are ways to get your body ready:

- Work on flexibility
- Stretch as a way to ease into the season

And don't forget the mental parts of your game:

- Determine your strengths and weaknesses
- Determine what skills need improvement
- Seek out a professional for guidance and a plan to help you improve

Challenging yourself to improve and enjoying the process is important and can lead to great joy, both on the course and off.

Always be willing to bring a new friend into our game. We need our friends playing with us. It helps spread the joy and ease the pain.

Cindy has been a golf professional for more than 25 years. She was an All-American on the University of Texas golf team and played on the LPGA tour from 1981-84, finishing second at the SafeCo Classic in 1983. She twice qualified for the US Women's Open, but more than playing golf she loves to teach golf. Reach her at customers@ryggolf.com.