

PARENT EDUCATION

UNDERSTANDING THE DO'S AND DON'TS WITH YOUR TEEN.

HOW TO KEEP THE COMMUNICATION CHANNEL OPEN.

**A five week course with Clare Knauss LPCC (I) and
Nola Casserly MFT**

Begins:

Wednesday January 13th- Wednesday February 10th 2016.

From 9.30am - 11.00am

Cost: \$200

Please text 949 463 7078 to reserve your place

Address:

**4000 Mc Arthur Blvd (Intersection of Jamboree)
East Tower
Suite 600**

Curriculum:

**We will look at parenting styles: Authoritative,
Authoritarian, Permissive, Laissez –Faire. Explore identity
formation in the teenager, setting consequences, appropriate
rules, managing rage and conflict, healthy sexuality,
listening, communication and repair.**