## SUPPORTING OUR CHILDREN THROUGH PUBERTY with Patti Connelly



October 7, 14 and 28
Wednesdays 7:00-8:30 pm
Meadows Hall — Waldorf School of Orange County

## October 7 – Why prepare for our children's "coming of age"?

Learn about the anthroposophical picture of puberty and explore how your child can experience puberty in healthy, meaningful ways.

## October 14 – What do our girls need?

Learn about when, what and how to talk to your daughters about puberty and explore healthy rites of passage for your girls.

## October 28 - What do our boys need?

Learn about when, what and how to talk to your sons about puberty and explore healthy rites of passage for your boys.

Suggested donation \$10 per session