

# 4-H Youth and Family Healthy Living Programs

MICHIGAN STATE  
UNIVERSITY

Extension



## DECEMBER 12<sup>th</sup>: Macomb County Extension Office in Macomb

### WHO CAN COME?

Youth age 9 and up

Join 4-H for a FREE family fun program in honor of Fun and Healthy Living!

Space is limited!

### HOW MUCH?

FREE but **pre-registration** is required!

Youth will have fun being active and making smoothies while parent enjoy holiday shopping.

**Register Now**

### LOCATION

21885 Dunham Rd  
Assembly Rm A & B  
Clinton Twp, MI 48089

12/12/15: <http://events.anr.msu.edu/4HBootcampandSmoothiesDropandShop> (Deadline to register: 12/9/15)

### MORE INFORMATION

B'Onko Sadler, Associate Program Leader  
[sadlerbo@anr.msu.edu](mailto:sadlerbo@anr.msu.edu), 517-432-7618

### DATE & TIME

December 12, 2015  
2:00 am - 5:00 pm

Kea Norrell-Aitch, 4-H Supervising Educator  
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