**Wit & Whimsy**  
**January 12–31**  
mixed media  
Sharon Greig  
Lisa Klepak  
Saul Miller  
Isabelle Procter

**Love in Many Languages**  
**February 2–21**  
a juried mixed media group exhibition on the theme of love, in celebration of Valentine’s Day and inspired by the design work of Alexander Girard

**Variations on Landscape**  
**February 23–March 13**  
mixed media  
Bob Araki  
Colette Chilcott  
Anne Griffiths  
Fred Peter  
Mong Yen

**Recent Works**  
**March 15–April 3**  
mixed media  
Joanne Frewer  
Bert Monterona

**Meet the Artists** Join us to meet the current exhibition’s artist(s) on the first Saturday of each exhibit from 2–3 p.m.

**ART HISTORY**  
**The Art of Love**  
**Monday, February 15**  
7–9 p.m.  
$15  
#1049725

Join Dr. Christopher Pearson of Capilano University for a special Valentine’s Day art history lecture exploring the rich variety of representations of love, seduction, romance and passion in the visual arts, with images ranging from Aphrodite, the mythological goddess of love, to seductive 19th-century femmes fatales. Studied works will include those by Botticelli, Vermeer, Rodin, Munch, Andy Warhol, Jeff Koons and more.

**ART DEMOS IN THE GALLERY**

- **Isabelle Procter**  
  **Sunday, January 18**  
  2–4 p.m.  
  working with sticks

- **Anne Griffiths**  
  **Sunday, February 28**  
  2-4 p.m.  
  artist painting on site
SOCIAL MEDIA TOOLKIT
Learn how to use social media to enhance your business and to connect with your friends, community and clients. Instructor: Meghlin McNeill

How to use Facebook
Thursday, February 4 · 7-9 p.m. · $20 · #1051117

How to use Twitter
Thursday, February 11 · 7-9 p.m. · $20 · #1051118

How to use Instagram
Thursday, February 18 · 7-9 p.m. · $20 · #1051119

How to use Pinterest
Thursday, February 25 · 7-9 p.m. · $20 · #1051211

How to use Mailchimp
Thursday, March 3 · 7-9 p.m. · $20 · #1051212

ART OF HEALTHY LIVING
Tibetan Singing Bowls
Tuesday, February 9 · 7-9 p.m. · $15 · #1049772

Heal your body and free your mind with the original ancient Tibetan singing bowl sound therapy. Megha Shailja, originally from Kathmandu, has studied this art for years and will present an evening to relax the mind and inspire the spirit.

ART TOUR
What’s Hot in Art in Vancouver
Thursday, February 19 · 10 a.m.-5 p.m. · $60 · #1049807

Join gallery staff for an engaging day of what’s hot in the Vancouver art scene and enjoy artist’s studios, cutting-edge galleries, and other art surprises.

ULTIMATE TRAVELLER
Multi-media visual and musical presentations by Peter Langer, BA BSc MA. An internationally renowned travel photographer, Peter has travelled to over 170 countries. This winter he is featuring stunning images from his 2015 travels. theultimatetraveller.com

Vanished Heritage of Iraq & Syria
January 20 · #1049774

Vanished Heritage of Yemen
January 27 · #1049776

A Photographic Journey of Peru
February 3 · #1049782

Impressions of Bolivia
February 10 · #1049783

Madagascar
February 17 · #1049784

Photo Safari
February 17 · #1049784

A Journey from Antiquity to the Ottoman Empire in Turkey
February 24 · #1049794

Travelling through the Caucasus
March 2 · #1049795

Impressions of the Balkans
March 9 · #1049800

The Persian Empire in Iran
March 16 · #1049806

ARTS CONNECTION
Networking Salon for Artists
Meet other artists, share ideas and information, receive support, listen to professional speakers on art topics, and learn from art demos by local masters. For information call 604-925-7290.

$10 drop-in / $65 annual membership

Using Unorthodox Products & Techniques in your Visual Art
January 27
Kathy Van Gogh  fossielpoint.com

Appraising Fine Art
February 24
Jim Finlay  finlayfineart.com

The Golden A to Z of Acrylics
March 30
Sara Robichaud  sararobichaud.ca

VOLUNTEERS in the ARTS make a difference and have a terrific time!
Call Laura at 604-925-7290 for gallery volunteer opportunities.

THE SPOKEN WORD
Looking Forward, Looking Back...
Thursday, March 31 · 7-9 p.m. · $15 · #1049237

Acclaimed writer-journalist Trevor Carolan reads from his Vancouver history The Literary Storefront, and previews Powerground, his new Eco-Lit film with renowned West Coast writers. Trevor has published more than 20 books of non-fiction, poetry, translation, anthologies and literary journalism.

MEDITATION
The Path to Well-being
Instructor Thomas Kefferputz has 21 years of in-depth studies and retreats under one of the five highest Lamas of Tibetan Buddhism. He is a knowledgeable meditator and teaches from vast personal experience. thenphathwellbeing.com

Meditation: Beginners (7 classes)
Regular practice of meditation contributes to calmness, peace and clarity in life. Join Thomas Kefferputz for an in-depth personal exploration while learning simple and valuable tools for a proven method of meditation. You will use a mantra and the Tibetan Ohm.

- Mondays – January 11-February 22 · 6:30-7:30 p.m.  
  Music Box, 1564 Argyle Avenue · $100 · #1030672  
  please note: no class on February 15

- Mondays – February 29-April 11 · 6:30-7:30 p.m.  
  Music Box, 1564 Argyle Avenue · $100 · #1030674  
  please note: no class on March 28

- Fridays – January 15-February 26 · 9-10 a.m.  
  Ferry Building Gallery, 1414 Argyle Ave · $100 · #1030673

- Fridays – March 4-April 15 · 9-10 a.m.  
  Ferry Building Gallery, 1414 Argyle Ave · $100 · #1030675  
  please note: no class on March 25

Meditation: Advanced (7 classes)
Prerequisite: beginners. Build on the beginner level while introducing breathing technique and different mantras for empowerment and healing.

- Mondays – January 11-February 22 · 7:45-8:45 p.m.  
  Music Box, 1564 Argyle Avenue · $100 · #1030667  
  please note: no class on February 15

- Mondays – March 7-April 25 · 7:45-8:45 p.m.  
  Music Box, 1564 Argyle Avenue · $100 · #1030668

Meditation: One Day for Yourself
Give yourself a full day retreat by the sea and be refreshed and rejuvenated. Meditations, chanting, teaching and time outdoors. Bring lunch and a yoga mat. Tea and healthy snacks will be provided.

- Sunday – March 20 · 10 a.m.-4 p.m.  
  Music Box, 1564 Argyle Avenue · $100 · #1030722

Rent the gallery for your next event! Ideal for birthdays, retirements, intimate weddings and anniversaries. Size: 700 sq feet · Capacity: 50 seated/100 standing.

Contact Laura: 604-925-7290 · lmorrison@westvancouver.ca

cover art by Bert Monterona

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