



## WORK IT OUT WITH UNSTINKABLE! INDOOR TRAINING EVENT WITH FOUNDRY FITNESS

Come participate in Athleta's first ever Indoor Training event with Foundry Fitness of Delmar, N Y. Foundry Fitness will be teaching a high intensity interval training class! This workout combines elements of functional movements & strength training, with a TOTAL body focus. Athleta will be introducing our Unstinkable fabric that can be worn for multiple workouts & you will have the chance to win a free Unstinkable top! Tasty seasonal treats, refreshments & the chance to win some of our most SWAG giveaways yet!

The When: October 24, 2015 from 9-11am at Athleta Crossgates Mall