

NSA Canberra Group invites you to lunch with Michelle Broom, Grains & Legume Nutrition Council

**Friday 16th October 2015
Gryphons Caffe Bar
16 Barker Street, Griffith
11.00-1.00**

Been wondering about wholegrain claims on food? Or why are Aussies eating less grain food and attitudes towards grain foods and legumes?

Come and join us for a delicious two-course lunch and hear Michelle Broom from the Grains and Legume Nutrition Council speak about all things grains and legumes. Michelle will present some of the latest research in the grains and legumes field. This includes findings from the grains and legumes consumption study and the Australian Health Survey. She will also talk about the Code of Practice for Whole Grain Ingredient Content Claim.

ABOUT THE SPEAKER:

Michelle is the General Manager of the Grains and Legumes Nutrition Council (GLNC). She joined GLNC as Nutrition Program Manager in October 2011 and was appointed General Manager in 2015. Michelle has a background in teaching as well as experience in both corporate and public health dietetics. Michelle is an Accredited Practising Dietitian and holds a Master of Nutrition and Dietetics, a Diploma of Education and a Bachelor of Science (Chemistry). She is also a member of the DAA Food Regulation Advisory Committee.

**Lunch is FREE for NSA members. Drinks are at individuals cost.
For non-members of NSA the cost is \$40 (plus drinks), to be paid on arrival.**

Please rsvp by Monday 12th October at:

<https://tas.currinda.com/register/event/1334>

**Once you have booked please advise of any special dietary requirements to
nsaact@gmail.com by Monday 12th October**

Hosted by NSA Canberra Group