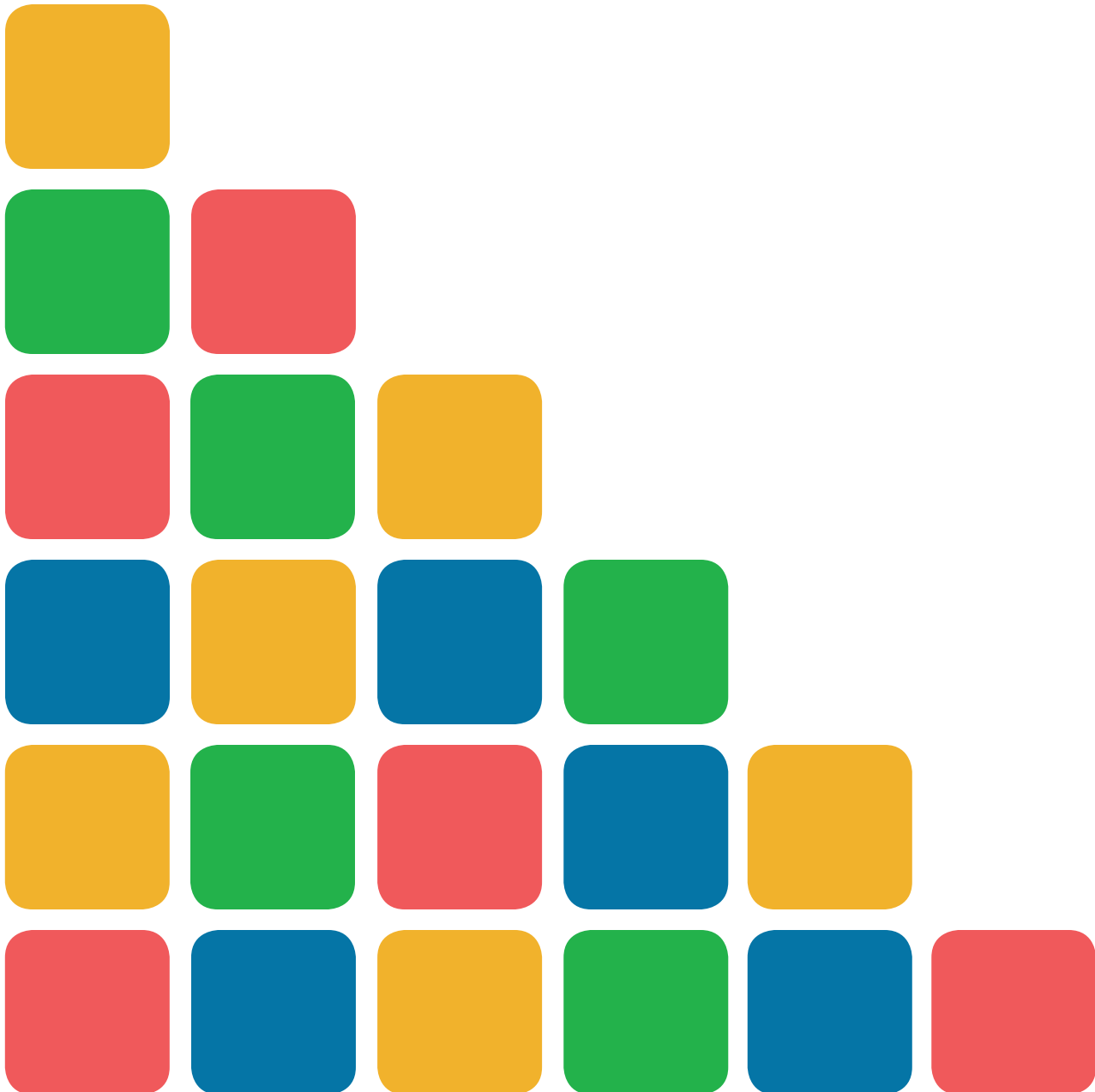




Child Care  
Resource &  
Referral  
Meeting Arizona's Child Care Needs

Training Descriptions for:

# THE EARLY CHILDHOOD BULLETIN *the Catalog*



The Early Childhood Bulletin - The Catalog is a quarterly publication of Child Care Resource and Referral (CCR&R). The trainings in this publication are submitted by the community. If you have questions or would like to register for a training, please contact the agency listed in each training.

El Boletín de la Primera Infancia - El Catalogo es una publicación trimestral de Recursos y Referencias para el Cuidado de Niños. Los entrenamientos en esta publicación son presentados por la comunidad. Si tiene preguntas o quisiera registrarse para alguno de los entrenamientos, favor de contactar a la agencia enlistada en cada uno de los entrenamientos.

The CCR&R program is funded by the Arizona Department of Economic Security,  
Child Care Administration by the Federal Child Care and Development Fund.



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# THE EARLY CHILDHOOD BULLETIN *the Catalog*

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### CODES/CODIGOS

CGD - Child Growth & Development  
CD - Crecimiento y Desarrollo

PA - Program Administration  
AP - Administración de Programa

HS - Health & Safety  
SS - Salud y Seguridad

ACS - Availability of Community  
Services  
DSC - Disponibilidad de Servicios  
Comunitarios

OTH - Other  
OTR - Otro

### AGES/EDADES

Infant/Toddler  
Bebe/ Niño Pequeño

Preschool  
Preescolar

School-Age  
Edad Escolar

**If you are looking for a schedule of trainings, please  
look for**

**“The Early Childhood Bulletin”**

**Si busca un horario de entrenamientos, por favor  
busque**

**“El Boletín de la Primera Infancia”**





## Arizona Infant Toddler Institute (AITI)

Provides support and resources to child care centers or home based providers. Our Early Education Specialists are trained to provide assistance to support providers new to the child care field, providers with many years experience, center directors, and center owners. AITI is a program of Child & Family Resources, Inc.

### **Bañando a los Niños en Lenguaje**

Esta sesión demostrará las diferentes necesidades de los bebés y niños pequeños a través de las edades de la infancia. Le daremos sugerencias y señales para la lectura, como comunicarse con los niños y como promover el desarrollo del lenguaje de manera creativa pero significativa.

**CD | Bebé/Niño Pequeño**

### **Bathing Children in Language**

This session will demonstrate the different needs infants and toddlers have in terms of language development as they move through the ages of infancy. Suggestions for reading children's cues, communicating with children and promoting language development in playful yet meaningful ways will be given.

**CGD | Infant/Toddler**

### **Being In Tune**

Early social and emotional experiences have a powerful influence on a child's development and are a foundation for future learning. In this session, we will discuss how to develop settings and climates of care through which close relationships with children can be developed.

**CGD | Infant/Toddler**

### **Children First**

Socialization, guidance and discipline for infants and toddlers during each stage of development will be discussed. Participants will gain a clearer understanding of the reasons for children's behavior based on their individual needs, abilities and temperament. Strategies for age-appropriate discipline strategies will also be introduced.

**CGD | Infant/Toddler**

### **A Compassionate Sense of Wonder**

Engage children in storytelling through books, songs, puppets, and other activities. This workshop provides ideas on how early childhood professionals can support interactive stories through music, dramatic play, and art. Additionally, the workshop addresses techniques to encourage children to tell and create stories through the use of informational and wordless books.

**CGD | Infant/Toddler**

### **Estableciendo el Cimiento**

Esta sesión se centra en la importancia de apoyar el aprendizaje temprano en los bebés y niños pequeños a través de una visión general del desarrollo temprano del cerebro, la planificación del currículo apropiado para bebés y niños pequeños, el desarrollo del lenguaje y la comprensión de los descubrimientos de la infancia.

**CD | Bebé/Niño Pequeño**

### **Estableciendo la Necesidad de Calidad**

Esta sesión centra la atención en los efectos negativos de cuidado infantil de mala calidad en los niños e identifica pasos críticos para mejorar el cuidado de bebés y niños pequeños. Al comprender que las relaciones son una base fundamental para el crecimiento intelectual, emocional y social, estamos en mejores condiciones para promover el aprendizaje y el desarrollo saludable.

**CD | Bebé/Niño Pequeño**

### **Establishing the Need for Quality**

This session focuses attention on the harmful effects of poor quality child care on children and identifies critically important steps to improve infant and toddler care. By understanding that relationships are a crucial foundation for intellectual, emotional and social growth, we are better able to promote healthy learning and development.

**CGD | Infant/Toddler**

### **Establishing the Need for Quality**

This session focuses attention on the harmful effects of poor quality child care on children and identifies important steps to improve infant and toddler care. By understanding that relationships are a crucial foundation for intellectual, emotional and social growth, we are better able to promote healthy learning and development.

**CGD | Infant/Toddler**

### **Extendiendo el Baile**

Directores de centros y administradores, explorarán Políticas Esenciales de PITS y cómo apoyar el desarrollo de las relaciones emocionalmente seguras en el ambiente de cuidado de grupo. Apoyar al personal de cuidado de niños con la implementación de estas políticas, también será discutido la forma en contratar personal en el proceso de mejorar la calidad.

**CD | Bebé/Niño Pequeño**

### **Extending the Dance**

Center directors and administrators, will explore PITS's Essential Policies and how they support the development of emotionally secure relationships in the group care setting. Supporting child care staff with the implementation of these policies as well as how engage staff in the quality improvement process will be discussed.

**CGD | Infant/Toddler**

### **Fearful, Flexible and Feisty**

In this session participants will discuss the Nine Temperament Traits that make up the three distinct temperamental styles describing most infants and toddlers. Participants will explore own temperament as well as discuss the implications of the differences and similarities of their temperament and those of the children in their care.

**CGD | Infant/Toddler**

### **Flexible, Temeroso o Bravo**

En esta sesión los participantes discutirán los nueve rasgos de temperamento que conforman los tres estilos temperamentales diferentes. Los participantes explorarán su propio temperamento, así como discutir las implicaciones de las diferencias y similitudes de su temperamento y las de los niños bajo su cuidado.

**CD | Bebé/Niño Pequeño**

### **El Instinto Protector**

Proveedores de cuidado infantil y los padres ambos tienen emociones fuertes con respecto a los niños que les preocupan. En esta sesión vamos a explorar cómo la creación de asociaciones positivas con las familias puede ayudar a minimizar las tensiones que puedan surgir dentro de estas relaciones únicas.

**CD | Bebé/Niño Pequeño**

## Arizona Infant Toddler Institute (AITI)

Provides support and resources to child care centers or home based providers. Our Early Education Specialists are trained to provide assistance to support providers new to the child care field, providers with many years experience, center directors, and center owners. AITI is a program of Child & Family Resources, Inc.



### Laying the Foundation

This session focuses on the importance of supporting early learning in infants and toddlers through an overview of early brain development, appropriate curriculum planning for infants and toddlers, language development and understanding discoveries of infancy.

**CGD | Infant/Toddler**

### Llevando el Compas

Experiencias tempranas tienen una poderosa influencia en el desarrollo social y emocional infantil y son una base para el aprendizaje futuro. En esta sesión, vamos a discutir la forma de desarrollar climas para el cuidado infantil en cuales se pueden desarrollar relaciones positivas con los niños.

**CD | Bebé/Niño Pequeño**

### Un Lugar Para Crecer

Cómo se organiza un entorno tiene una poderosa influencia sobre la forma en que los niños y los adultos interactúan. Esta sesión se centra en el uso intencional de espacio, el equipo y los materiales para apoyar el desarrollo y aprendizaje de los niños en programas de cuidado infantil.

**CD | Bebé/Niño Pequeño**

### Niños Primero

Esta sesión se centrará en los paralelismos entre la práctica inclusiva y el cuidado sensible. Participantes discutirán la práctica inclusiva y la forma de ponerla en práctica. Nos centraremos en la asociación con las familias, los especialistas de intervención temprana y terapeutas, así como discutir las estrategias para adaptar los juguetes, los materiales y el ambiente del aula.

**CD | Bebé/Niño Pequeño**

### PASOS

En esta sesión vamos a hablar de la necesidad de los niños a sentirse seguros y amados; ser tocado, abrazado y sostenido; para recibir la estimulación visual y auditiva y de tener la oportunidad de jugar con frecuencia durante el día para desarrollar una base sana o vías neuronales que les permitan alcanzar su máximo potencial.

**CGD | Infant/Toddler**

### El Poder de la Cultura

Esta sesión se centra en la cultura como elemento fundamental de la identidad. En esta sesión, participantes exploraran sus creencias personales acerca de la cultura y cómo esto afecta a su práctica de cuidado infantil. Se discutirán las "Diez Claves para ser Culturalmente Sensible en el Cuidado Infantil."

**CD | Bebé/Niño Pequeño**

### The Power of Culture

This session focuses on culture as the fundamental building block of identity. Through this session participants will be invited to explore their personal beliefs about culture and how this impacts their child care practice. The "Ten Keys to Culturally Sensitive Child Care" will be discussed.

**CGD | Infant/Toddler**

### Protective Urges

Child Care Providers and parents both have strong emotions regarding the children they care about. In this session we will explore how building positive partnerships with families can ease the tensions that may arise within these unique relationships.

**CGD | Infant/Toddler**

### Un Sentido de Maravilla Compasivo

Se discutirán socialización, la orientación y la disciplina para los bebés y niños pequeños durante cada etapa de desarrollo. Obtendrán una comprensión más clara de las razones para el comportamiento de los niños en función de sus necesidades individuales, habilidades y temperamento. También se introducirán estrategias de disciplina apropiadas la edad de los niños.

**CD | Bebé/Niño Pequeño**

### A Space to Grow

Child Care Providers and parents both have strong emotions regarding the children they care about. In this session we will explore how building positive partnerships with families can ease the tensions that may arise within these unique relationships.

**CGD | Infant/Toddler**

### Together in Care

This session will introduce special considerations in caring for infants and toddlers in group care. Participants will be guided through the process of developing responsive, nurturing relationships with each individual child and their family, as well as in the group care context.

**CGD | Infant/Toddler**

### STEPS

In this session we will discuss children's need to feel secure and loved; to be touched, cuddled, and held; to receive visual and sound stimulation and have opportunities to play frequently thought the day to develop a healthy foundation or neural pathways that allow them to reach their highest potential.

**CGD | Infant/Toddler**

### Unidos en el Corazón

Esta sesión presentaremos consideraciones especiales en el cuidado de infantes y niños pequeños dentro de un grupo. Participantes serán guiados a través del proceso de cómo desarrollar una relación sensible y responsiva con cada niño y su familia, dentro del contexto de la atención del grupo.

**CD | Bebé/Niño Pequeño**

## COMMUNITY TRAINING DESCRIPTIONS



### Association for Supportive Child Care (ASCC)

Founded in 1976 as a private, non-profit corporation dedicated to enhancing the quality of care for children in Arizona. Every program at ASCC meets a unique set of needs within the child care and early education field. The need for child care continues to be critical. Today, ASCC staff continue to help bring affordable, accessible, quality care to Arizona children and families.

#### **Adverse Childhood Experiences (ACEs) - Family Child Care Network Meeting**

Traumatic childhood events like abuse and neglect can create dangerous levels of stress and derail healthy brain development—resulting in long-term effects on learning, behavior and health.

CGD | All

#### **Creative Activities - Family Child Care Network Meeting**

Fun and creative activities for your classroom

HS | All

#### **School Readiness - Family Child Care Network Meeting**

This training will include participants receiving a United Way School Readiness Kit, and training on how to use the kit with the children in their program.

CGD | Preschool



## **Buena Vista Children's Services**

Buena Vista Children's Services is a community based, grassroots, nonprofit organization that designs, develops, and implements model programs for children, parents and educators. Programs address emerging needs in the areas of child care, education, parenting, resource and referral.



### **A Mixed Bag of Tricks**

Inexpensive, portable activities – centers in a box- using everyday household materials. Recyclable to teachable. Ideas for recycling materials for crafting and teaching children.

**CGD, OTH | Infant/Toddler, Preschool**

### **Building Collaborative Relationships with Families**

Building partnerships with the families of the children in care is an important strategy to promote healthy child development. In this workshop participants will learn to develop strategies for establishing effective relationships with families.

**CGD, OTH | Infant/Toddler, Preschool**

### **Building a Healthy Brain**

This workshop explores the 5 r's...relationships, routines, respect, repetition and responsive interactions in relationship to healthy brain development.

**CGD, OTH | Infant/Toddler, Preschool**

### **Building Staff Relations Through Teaming**

In this workshop providers will examine how they work together and relate to one another, listen, communicate and collaborate for the success of the of their programs and the children in their care.

**CGD, OTH | Infant/Toddler, Preschool**

### **Can't We Just Get Along**

In this workshop, participants will examine how they work together and relate to one another, listen, communicate and collaborate for the success of their programs and the children in their care.

**CGD, OTH | Infant/Toddler, Preschool**

### **Challenging Behaviors Infants and Toddlers**

This workshop introduces the three primary temperament types and discusses the "goodness of fit" between children and adults. Possible causes of challenging behavior will also be discussed.

**CGD, OTH | Infant/Toddler, Preschool**

### **Developmentally Appropriate Practices, Child Assessment and Relationships with Families**

In this workshop, we will discuss how young children are assessed and the purposes of various types of assessment. We will explore strategies for using assessment information to develop classroom activities and practice ways to share assessment information with families.

**CGD, OTH | Infant/Toddler, Preschool**

### **Developmentally Appropriate Practices, Core Considerations**

This workshop will explain the history of developmentally appropriate practice (DAP) and why it is critical to high quality early childhood programs. We will discuss teaching practices that are appropriate to children's age and developmental status, address the unique needs of individual children and are responsive to the social and cultural contexts in which children live.

**CGD, OTH | Infant/Toddler, Preschool**

### **Developmentally Appropriate Practices, Effective Teaching and Curriculum**

Learn the importance of intentional teaching practices that are appropriate to children's development and how to include these practices in your classroom.

**CGD, OTH | Infant/Toddler, Preschool**

### **Developmentally Appropriate Practices, Principles and Guidelines**

This workshop will explore the principles of child development and learning on which developmentally appropriate practice is based. The guidelines in five key areas of practice for promoting children's learning and development will be discussed.

**CGD, OTH | Infant/Toddler, Preschool**

### **Developmentally Appropriate Practices, Teaching Strategies**

In this workshop, we will discuss how young children are assessed and the purposes of various types of assessment. We will explore strategies for using assessment information to develop classroom activities and practice ways to share assessment information with families.

**CGD, OTH | Infant/Toddler, Preschool**

### **Directors Tool Box: Leadership in Action**

True leaders come in all shapes and sizes. Some are outgoing and charismatic; others are quietly influential. This workshop explores the concept of leadership in the context of early childhood education. It looks at the multifaceted role of the center director and the skills and competencies needed to nurture leadership at all levels of an organization.

**CGD, OTH | Infant/Toddler, Preschool**

### **Director's Toolbox: The Right Fit**

This workshop will address staff recruitment, interviewing, selection and orientation in order to assist directors' in finding "the right fit" for their team.

**CGD, OTH | Infant/Toddler, Preschool**

### **Discovery Science**

The goal of this training session is to assist child care providers in integrating science exploration into the everyday lives of children. Content will include: incorporating activity based science activities into existing daily activities; observing and interacting with children during "discovery science;" connecting science to language and math skill development and constructing inexpensive science learning materials.

**CGD, OTH | Infant/Toddler, Preschool**

# COMMUNITY TRAINING DESCRIPTIONS



## Buena Vista Children's Services

Buena Vista Children's Services is a community based, grassroots, nonprofit organization that designs, develops, and implements model programs for children, parents and educators. Programs address emerging needs in the areas of child care, education, parenting, resource and referral.

### **Does Ethical Behavior Pay. Creating an Ethical Climate**

Description/Content of Training: Ethics come into play every day in our work with children, families, and co-workers. Explore causes of unethical behavior as well as how to guide behavior to create an ethical climate. Discuss ethical scenarios and learn to apply NAEYC's Code of Ethical Conduct.

**CGD, OTH | Infant/Toddler, Preschool**

### **Health and Safety Practices**

This workshop will address strategies for keeping the family child care environment safe and healthy. Hand washing and Diapering will be discussed. The wellness of the caregiver will also be addressed.

**CGD, OTH | Infant/Toddler, Preschool**

### **Helping Providers Understand Temperament**

This workshop will help child care providers understand the differences among various age levels and temperaments of children. Participants will learn strategies on how to adapt their programs to meet the individual needs of children based on these differences.

**CGD, OTH | Infant/Toddler, Preschool**

### **High Quality Supportive Environments for Infants and Toddlers**

This workshop will show how to identify key ways in which the physical environment can promote social emotional development in infants and toddlers, as well as demonstrate the importance of caregiving routines. Participants will learn to identify strategies for using routines to support emotional development of the children in their care.

**CGD, OTH | Infant/Toddler, Preschool**

### **I am Moving I am Learning**

Obesity is becoming an epidemic in the United States. Eating and activity preferences are formed during the early childhood years. This workshop will introduce participants to a program that can be used in their programs to increase movement and physical activity with children

**CGD, OTH | Infant/Toddler, Preschool**

### **The Importance of Play in Children's Development**

Play is the central activity in the lives of healthy young children. It helps them weave together all the elements of life as they experience it. It allows them to digest life and make it their own. This workshop will focus on how play helps children develop.

**CGD, OTH | Infant/Toddler, Preschool**

### **The Importance of Social Emotional Climate in Infant and Toddler Care Settings**

Early experiences last a lifetime. In this workshop, we will discuss how the qualities of these experiences are shaped by individuals with whom infants and toddlers spend their time.

**CGD, OTH | Infant/Toddler, Preschool**

### **The Influence of Culture on Caregiving**

This workshop will assist Child Care Professionals with information on how culture influences routines, caregiving style, and parenting choices. Participants will also learn tips for resolving culturally based dilemmas with families.

**CGD, OTH | Infant/Toddler, Preschool**

### **Making The Most of Meetings**

This workshop provides a framework for planning and conducting more engaging and productive meetings. Participants will learn how to increase a group's commitment to shared goals, arrive at decisions supported by everyone, and have more fun in the process.

**CGD, OTH | Infant/Toddler, Preschool**

### **Positive Guidance**

Learn how to create a climate that encourages positive behavior in your child care environment. Discipline does not have to be demeaning, degrading or harsh. Learn the difference between punishment and discipline.

**CGD, OTH | Infant/Toddler, Preschool**

### **Preschool Art Activities**

The goal of this workshop is to share preschool art activities using a variety of media. This interactive workshop will be full of hands-on activities that providers can do with the preschool children.

**CGD, OTH | Infant/Toddler, Preschool**

### **Social Emotional Development of Infants, Toddlers & Their Families**

Social-emotional development begins at birth and continues throughout life. In this workshop, participants will examine relationships between the child's development and stages of parent development; classify developing social-emotional skills of young children and practice skills that will assist them in building effective relationships with the children and families in their care.

**CGD, OTH | Infant/Toddler, Preschool**

### **Special Needs**

You may wonder how well your classroom is prepared to include children with special needs. In this workshop we will discuss how to individualize accommodations to support individual child's needs for learning and how to respond to family's wishes and concerns.

**CGD, OTH | Infant/Toddler, Preschool**

### **Stress Busters**

This fun and interactive workshop explores signs of stress and factors that contribute to feeling of stress. Participants will learn strategies that will build coping skills in order to alleviate stress.

**CGD, OTH | Infant/Toddler, Preschool**



### **Buena Vista Children's Services**

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### **Supportive Responses to Troubled Parent-Child Interactions**

This workshop presents strategies that child care providers can use to support positive parenting and to intervene when they observe a troubled interaction between a parent and child.

**CGD, OTH | Infant/Toddler, Preschool**

### **Supporting Staff in their Relationship with Parents**

In this workshop we will look at ways to provide staff with relationships that support them in working effectively with all families and will also discuss how to respond when we have concerns about suspected abuse or neglect of children.

**CGD, OTH | Infant/Toddler, Preschool**

### **Targeted Strategies to Build Social Emotional Skills in Toddlers**

The focus of this workshop is to identify and implement targeted strategies to intentionally build social emotional skills in infants and toddlers. Literacy, play and friendship skills will be discussed.

**CGD, OTH | Infant/Toddler, Preschool**

### **Understanding and Responding to the Abuse & Neglect of Toddlers**

In this training, participants will have the opportunity to define child abuse and neglect and learn the prevalence of abuse/neglect in the infant-toddler population, and examine the impact of maltreatment on a young child's development.

**CGD, OTH | Infant/Toddler, Preschool**

### **What Should We Eat and Why?**

Participants will explore ways to address good nutrition with children in their program, as well as ways to educate families about the importance of good nutrition. Simple, easy menu ideas will also be shared.

**CGD, OTH | Infant/Toddler, Preschool**



### **El Abuso Infantil- Es Problema de Todos**

Esta presentación explicará las advertencias y señales que se presentan en un niño que ha sido víctima del abuso o del abandono. También se les enseñará como identificar que realmente se indica ser un abuso o abandono, y como debe reportar al DCS, igual se les presentará las guías del reporte obligatorio de Arizona.

**SS, OTR | Todas**

### **Alternativas - Disciplinar Sin Pegar**

La disciplina no debe de doler. EN este entrenamiento usted aprenderá las razones por las cuales los padres pegan a sus hijos. También aprenderán alternativas de disciplinar sin pegar.

**CD, OTR | Todas**

### **Bullying Prevention**

Bullying is a serious problem in our schools today. School Officials, Child Care providers and Parents learn what to do to help their child deal with bullying and identify key social skills that can help prevent young people from becoming victims or bullies.

**CGD, OTH | Preschool, School-Age**

### **Child Abuse - It's Everybody's Problem**

This presentation discusses the warning signs present in the child, causes/risk factors of child abuse and neglect, how to make a report to DCS and the mandated reporting guidelines in Arizona

**HS, OTH | All**

### **Children 1-2-3-4**

This video based program is perfect for new parents and early childhood staff training. It addresses basic parenting skills, including non-violent discipline techniques that encourage positive behavior in young children. Created by Active Parenting Publishers and Children's Healthcare of Atlanta.

**CGD | All**

### **Como Comunicarnos con Respeto**

Hablando con los niños no debe ser difícil. En esta clase aprenderán a comunicar sus sentimientos y pensamientos en manera en que no lastimen a los niños cuando los disciplina. Esta clase les ayudará a usar diferentes métodos para mejorar la comunicación con los niños

**CD | Todas**

### **Como Comprender Nuestros Sentimientos**

Este entrenamiento definirá los sentimientos cómodos e incómodos y les ayudará a reconocer los sentimientos de los niños. También les ayudará a enseñar a los niños a manejar sus sentimientos.

**CD, OTR | Todas**

### **Como Fomentar de Desarrollo Cerebral Positivo**

Los padres adquieren una comprensión de los cambios en el desarrollo que ocurren en el cerebro de los niños y los adolescentes y las técnicas que los padres pueden utilizar para mejorar ese desarrollo

**CD | Bebé/Niño Pequeño, Preescolar**

### **Como Manejar el Estrés**

Examinaremos lo que significa el estrés. También identificaremos las formas en que los adultos generan el estrés y estrategias para reducir el estrés.

**CD | Todas**

### **Darkness to Light's Stewards of Children**

The 2-hour training offers participant's tools to help prevent, recognize, and react responsibly to child sexual abuse. You will learn how to recognize the clues that children give us, the behavior typically shown by perpetrators, and how to make a report to the proper authorities when indicated.

**HS | School-Age**

### **Edades y Etapas del Desarrollo de los Niños desde el Nacimiento hasta los Tres Años de Edad**

El tema de este taller es aprender sobre las diferentes etapas del desarrollo del infante desde 0 hasta los 3 años de edad. La meta de esta clase es de entender las expectativas sobre el desarrollo del niño.

**CD | Bebé/Niño Pequeño, Preescolar**

### **Healthy Techniques to Managing Anger and Feelings**

We all get angry sometimes. What's important is how we deal with our anger. This class will focus on learning the triggers that make us angry, as a child care provider or parent, and how to react in healthy and appropriate ways to anger. Participants will receive an Anger Management workbook.

**CGD, OTH | All**

### **Parenting for Drug Prevention**

Drug use among young people is a serious problem. This class will look at the issues, dangers and strategies regarding this problem. Learn why some young people use drugs, the warning signs and how to talk to children about drugs.

**CGD, OTH | All**

### **Praising Children and Their Behavior**

This class will focus on the importance of giving praise to children. Child Care Providers and Parents will learn the steps involved in giving praise and increase their understanding of the different uses of praise in disciplining children.

**CGD, OTH | All**

## Casa de los Niños

One of the oldest and most respected non-profit organizations in Tucson, Casa de los Niños has been caring for abused and abandoned children since 1973.



casa de los niños

## La Preparación de su Niño para el Jardín de Infantes

Esta clase se centrará en lo que los niños aprenden en el kinder, el uso de actividades diarias para enseñar a los niños nuevas habilidades y la forma de trabajar con el maestro de su hijo y la escuela. Esta clase es para los padres / cuidadores de niños en edad preescolar que va a ingresar en kindergarten el próximo otoño.

**CD, OTR | Bebé/Niño Pequeño, Preescolar**

## Tantrums! Managing Meltdowns in Public & Private

Of all the behavioral problems school officials, child care provider and parents face from their children; tantrums are the most upsetting as well as the hardest to manage. This class will explain exactly what to do and what not to do, when managing meltdowns.

**CGD, OTH | All**



## Easter Seals Blake Foundation

Our educational, therapeutic, family support and community living programs are designed in accordance with our mission: to enable each individual served to discover and meet his or her maximum potential for independent, productive living and developmental growth.

### El A, B, C del Comportamiento

De acuerdo a las teorías del comportamiento, la conducta sea apropiada o inapropiada, es aprendida cuando los niños reaccionan a su ambiente y a las personas que los rodean. El comportamiento positivo continúa cuando es reforzado y la conducta negativa puede ser eliminada si no es reforzada.

CD | Todas

### The ABC's of Behavior

Behavior, whether appropriate or inappropriate, is learned as children react to their environment and the people in it. Acceptable behavior continues if it is reinforced.

CGD | All

### Actividades de Arte Interactivo

Come learn about activities and opportunities for infants and one year olds that enhance their development and provide positive emotional experiences while in your care.

CD | Bebe/ Niño Pequeño, Preescolar

### Actividades de Calidad a Bajos Precios

Venga a aprender nuevas ideas sobre la forma de ofrecer actividades y experiencias de aprendizaje a partir de materiales reciclados o de bajo costo para todas las edades de niños.

CD | All

### Actividades para Infantes y Niños de un Año de Edad

Venga y aprenda sobre las actividades y oportunidades para los infantes y niños de un año de edad.

CD | Bebe/Niño Pequeño

### Activities for Infants & 1's

Come learn about activities and opportunities for infants and one year olds that enhance their development and provide positive emotional experiences while in your care.

CGD | Infant/Toddler, Preschool

### The Ages and Stages of Art Development in Young Children

This Workshop will discuss the stages at which art development occurs from the scribble stage to the three dimensional drawing stage and the typical ages at which these developmental changes occur.

CGD | Infant/Toddler, Preschool

### Alfabetización Emergente en Dos Idiomas

Participantes reflexionaran sobre la importancia del vernáculo en la adquisición de un segundo idioma y el aprendizaje temprano y el desarrollo.

CD | Bebe/ Niño Pequeño, Preescolar

### All They Do Is Play! Isn't That Okay?

We'll talk about creating enriching environments and how you can explain to parents what their children gain from activities such as block building, climbing and running.

CGD | Infant/Toddler, Preschool

### Alternativas para el Juego Dramático

Proveedoras aprenden a planear, estar mejor preparada, y aprenderá los beneficios que el juego dramático tiene en la niñez.

CD | Bebe/ Niño Pequeño, Preescolar

### Alto, Mire y Escuche: Reconozca las Señales de Alerta en el Desarrollo de los Pequeños

Aprenda a hablar con las familias y comunicar los posibles problemas de aprendizaje de sus hijos. Y referirlos a los diferentes programas de apoyo que hay en la comunidad.

DSC | Todas

### The Amazing Brain

Find out more about current brain research and amazing brain facts. Let's talk about the implications of this research for child care centers and preschool environments.

CGD | Infant/Toddler, Preschool

### Ambientes que Nutren el Lenguaje y la Alfabetización

El ambiente del cuidado y la educación infantil son necesarios para apoyar las destrezas del lenguaje y la alfabetización; por lo tanto; es crucial que reflejen la diversidad de los niños.

CD | Bebe/ Niño Pequeño, Preescolar

### Anger Management: Ways to Manage Conflict in the Classroom

Teaching children other ways to negotiate and have effective conflict resolution skills.

CGD | Preschool, School-Age

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### **Apayando a su Alumno Bilingüe**

Este taller explorará la importancia de apoyar la lengua materna de los niños, al tiempo que ayuda a aprender un idioma diferente. Los participantes aprenderán estrategias para ayudar a los niños a convertirse en estudiantes bilingües.

**CD | Todas**

### **Aprendiendo a Escuchar, Aprendiendo a Ayudar**

La forma más efectiva de ayudar a los niños a manejar la violencia en sus vidas es cuando los adultos trabajan juntos en equipo para ayudarlos. Los padres no lo pueden hacer por sí solos, ni tampoco los maestros, ni los consejeros. Si los niños tienen adultos en sus vidas que trabajan juntos para responder y ser sensibles a sus necesidades, podrán manejar mejor los efectos de haber presenciado la violencia.

**CD | Todas**

### **Ayúenme No Soy Muy Creativa**

¿Atrapados en una rutina? Este taller está diseñado para dar a los proveedores ideas para actividades y lecciones que pueden hacer todo el año.

**CD | Preescolar**

### **Balanceando el Trabajo y la Familia**

Los participantes aprenderán a resolver de manera creativa los retos que enfrentan al tratar de balancear su trabajo y su vida personal.

**OTR | Todas**

### **Balancing Work and Family**

This workshop is designed to help participants creatively solve the challenges facing them as they try to balance their work and personal lives.

**OTH | All**

### **Be a Transition Magician in your Classroom**

Join us in learning about the different types of transitions and discover new ways to make transitions run smooth and fun!

**CGD | Preschool, School-Age**

### **Before and After School Experiences**

Discover new ideas and ways school-age children can experience the responsibilities of independence within a safe environment with the support from you!

**CGD, HS | School-Age**

### **Block Play**

Participants will have opportunities to experiment themselves with various types of blocks while brainstorming what children are learning through play.

**CGD | Infant/Toddler, Preschool**

### **Bring Puppet Power into the Classroom**

Whether it is reinforcing classroom rules, math, English, history or music, it is a great tool to use as a regular part of your classroom management and instructional techniques.

**OTH | Preschool**

### **Building Blocks to Math**

This is a preschool workshop in which we will discover how mathematics learning builds on the curiosity and enthusiasm of the children.

**CGD | Preschool**

### **Building Blocks to Science**

Participants will work on projects and bring ideas back to their centers and learn the importance of an often forgotten subject.

**CGD | Preschool, School-Age**

### **Building Bridges: The Importance of Parent Teacher Partnerships**

Discuss the importance of building positive relationships with the families of the children in your care. Learn to improve your communication skills. Problem-solve challenging parent/teacher situations.

**PA, OTH | All**

### **Building Resiliency in Children**

No matter how much we protect children, life can be challenging and may include stressful situations. Learn how to help children build resilience to improve their lives - childhood to adulthood.

**CGD, HS | All**

### **Calmando la Tormenta**

Aprenderá sobre los diferentes tipos de personalidad, las destrezas válidas para escuchar, diferentes formas de resolver conflictos, y cómo crear un equipo motivado

**AP | Todas**

# COMMUNITY TRAINING DESCRIPTIONS



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### Calming the Storm

Participants will learn about the different personality types, active listening skills, various conflict response styles, resolutions, responses and how to build a strong, motivated team

PA | All

### Careers in Early Childhood Education (ECE)

Come learn what careers are available for early childhood professionals and the different career paths and the requirements for these jobs

PA | All

### Caring for the Caregiver - Reducing Stress!

Discover new strategies to use when coping with the stressors in our lives.

PA, OTH | All

### Celebrando Gustos y Diferencias

Entendiendo las similitudes y diferencias entre las personas. Los niños pequeños pueden empezar a entender que las diferencias deben ser celebradas.

CD | Todas

### Celebrating Likes and Differences

Understanding the similarities and differences among one another. Young children can begin to understand differences are to be celebrated.

CGD | All

### El Cerebro Increíble

Aprenda más sobre la investigaciones y la información del increíble cerebro. Vamos hablar sobre las implicaciones de las investigaciones para las guarderías y el ambiente pre-escolar.

CD | Bebe/Niño Pequeño, Preescolar

### Challenging Behaviors: Where Do We Begin?

In this training we will explore reasons for challenging behaviors and give strategies to support children in your environment.

CGD | Preschool, School Age

### Child Care Program Administration-What You Need to Know

An overview of child care program administration as to the AZ State Licensing Standards and Regulations.

PA | All

### La Ciencia para Edad Escolar

Este taller discutirá la importancia de la ciencia en un programa de edad escolar. Participantes aprenderán acerca de destrezas de investigación, Normas de AZ y actividades que para hacer con sus estudiantes. Este será un taller para hacer actividades. También tendrán la oportunidad de discutir el papel que juega la ciencia en sus aulas y maneras de construir en lo que los niños aprenden diariamente.

CD | Edad Escolar

### Circle Time for Toddlers and Preschoolers

Discover various ways to conduct an effective circle time and learn great techniques with this interactive workshop.

CGD | Infant/Toddler, Preschool

### ¿Cómo Aprenden los Niños? Una Mirada a la Teoría de Inteligencias Múltiples

Los participantes aprenderán a definir el desarrollo, las áreas de desarrollo, y los factores que afectan el desarrollo acerca de las inteligencias múltiples y la importancia del juego.

CD | Preescolar

### ¿Cómo Se Siente? Sea Consciente de las Discapacidades

Aprenda más sobre las discapacidades más comunes como: Parálisis Cerebral, discapacidad mental, Autismo, y Síndrome de Déficit de Atención.

DSC | Todas

### Compartiendo: Lo Que es Mío es Mío, y lo Que es Tuyo, ¡Es Mío También!

¿Cuándo y cómo los niños aprenden a compartir? Este taller da un repaso al desarrollo social de los niños de 1 a 6 años y mira soluciones para cuando arrebatan, gritan y lloran en relación con el proceso de compartir.

CD | Todas

### Comprendiendo el Trastorno de Déficit de Atención e Hiperactividad

Siempre está ocupado. No puede calmarse. El diagnóstico de TDAH puede no aplicarse a todos los niños. Descubramos cómo se llega a efectuar un diagnóstico, algunas técnicas de enseñanza y estrategias de disciplina.

CD | Todas



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### **Comunicación Respetuosa**

Para establecer y mantener una buena relación de trabajo, los padres, maestros y niños necesitan desarrollar una buena comunicación entre ellos. Este taller discutirá maneras de desarrollar una comunicación apropiada y las destrezas para la conversación, así como los elementos necesarios para una comunicación más efectiva.

**CD | Preescolar, Edad Escolar**

### **Conectándose con los Padres-La Otra Mitad de Nuestro Trabajo**

Estrategias para desarrollar una relación confiable y positiva con los padres de los niños a su cuidado.

**AP | Todas**

### **Connecting with Parents-The Other Half of Your Job**

Strategies for developing positive relationships with parents and learn new ways to work with parents as partners in their children's education.

**PA | All**

### **Conocer las Normas de Aprendizaje Temprano en Arizona**

Conocen las recientes normas aceptadas de Aprendizaje Temprano de Arizona. Los maestros tendrán la oportunidad de saber dónde encontrar esta información y cómo aplicarla en el desarrollo de sus lecciones

**CD | Preescolar**

### **Construyendo Bloques para la Matemática**

En este taller vamos a descubrir cómo el aprendizaje de las matemáticas se basa en la curiosidad y el entusiasmo de los niños.

**CD | Preescolar**

### **Construyendo Puentes: La Importancia de la Colaboración Entre Maestros y Padres**

Discuta la importancia de construir relaciones positivas con las familias de los niños en su cuidado.

**CD, OTR | Todas**

### **Corriendo, Rodando y Girando**

Los participantes aprenderán el impacto del juego locomotor en el desarrollo físico y el aprendizaje del niño, mientras apoya el desarrollo de la consciencia social, pensamiento emocional y destrezas de lenguaje. Aprenda cómo incluir el juego locomotor en la rutina escolar para algo más que simplemente "quemar energías".

**CD | Preescolar, Edad Escolar**

### **Creando un Lugar Especial Para Mi**

Le invitamos a conocer más acerca de las mejores técnicas y prácticas que prevenirán actividades abiertas y apoyar la elección de niños.

**CD | Todas**

### **Create a Special Place for Me: DAP**

Come discover more about the best teaching/caring techniques for young children and learn how to provide more open-ended activities.

**CGD | All**

### **CSEFEL Infant/Toddlers Series – Promoting Social and Emotional Competence**

These 2-8 hour sessions will increase your skills on how to promote social and emotional skills with infants and toddlers.

**CGD, HS, PA | Infant/Toddler**

### **CSEFEL Series del Centro de Fundaciones Sociales y Emocionales para el Aprendizaje Temprano— Promoviendo Aptitudes Socio-Emocionales**

Dos sesiones de 8 horas, promover habilidades sociales y emocionales en bebés y niños pequeños.

**CD, SS, AP | Bebe/Niño Pequeño**

### **Cuidando a la Proveedora**

Desarrollemos estrategias para enfrentar el estrés y aprendamos a cuidarnos mejor.

**AP, OTR | Todas**

### **Cultural Influences on Language and Literacy Teaching Practices**

Providers will reflect on how their culture may influence ways that teach and support young children's early learning.

**CGD | Infant/Toddler, Preschool**

### **Desarrollando Resiliencia en los Niños**

Aunque protejamos a los niños, la vida es un reto que incluye situaciones estresantes. Aprenda como ayudar a los niños a desarrollar resiliencia y mejorar sus vidas - infancia hasta adultez.

**CD, SS | Todas**



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### **Disrupting the Flow**

Explore how a child's brain develops and the strategies that must be implemented to ensure our programs are delivering quality care that fosters healthy development.

CGD | All

### **Dramatic Play Alternatives**

This workshop is designed to guide home child care and center providers to planning fun and creative ideas for the dramatic play area.

CGD | Infant/Toddler, Preschool

### **Early Language & Literacy Development**

Teaching children other ways to negotiate and have effective conflict resolution skills

CGD | Preschool, School-Age

### **Educación Temprana para Niños y sus Diferentes Carreras**

Aprenderemos los requerimientos para los diferentes trabajos relacionados con la educación temprana.

AP | Todas

### **Effective Teaching Strategies for Supporting Social-Emotional Literacy**

Although children are naturally open to exploration and ripe for learning language and literacy, they need adults who can provide opportunities to deepen and extend their knowledge, abilities, and understanding.

CGD | Infant/Toddler, Preschool

### **Emergent Literacy in Two Languages**

Families that speak a language other than English, second-language acquisition can mean learning new sounds, new ways to put words together, new patterns of talk, and even new communication rules.

CGD | Infant/Toddler, Preschool

### **Empowering Families: Healthy Lifestyles**

In this workshop, participants will have the tools and resources to empower families to make healthy lifestyle choices in their homes. This workshop will encourage family engagement with educational resources.

CGD | All

### **Enfatice Menos = Mas éxito. Previniendo el Cansancio de las Proveedoras de Cuidado**

A la tensión se le conoce como un problema de nuestros tiempos, y el ser una proveedora de cuidado de niños es una profesión satisfactoria y productiva, pero también es un tipo de trabajo con mucha tensión. El tener un balance es la clave. Exploraremos diferentes técnicas para lograr una vida más balanceada.

AP | Todas

### **Enseñando a los Niños Sobre el Respeto**

En este taller se va a discutir cómo nosotros los cuidadores podemos enseñar a los niños a ser respetuosos con los demás. Vamos a discutir las técnicas que promueven y fomentan un comportamiento adecuado en los niños con los que trabajamos.

CD | Todas

### **Enseñando para Lograr un Cambio y Disminuir los Estereotipos de Género**

Los participantes podrán aprender maneras de promover la igualdad de género y la cooperación a través de identificar áreas en su salón y en el currículo que algunas veces promueven el estereotipo de género. Usted aprenderá maneras de hacer cambios y lograr que su programa sea más equitativo.

CD | Preescolar, Edad Escolar

### **Entendiendo el Autismo**

¿Qué es el Autismo? Exploremos el tema a través de una presentación interactiva específica de diagnóstico del autismo. Trastornos relacionados serán presentados junto con las técnicas de enseñanza y las estrategias de comportamiento.

CD | Preescolar, Edad Escolar

### **Entre Comidas: Comer Juntos Puede Ser Divertido**

¿Te gustaría tomar leche o agua? ¿Poco o mucho? La hora de la merienda tiene muchas oportunidades para conversar, lo que ayuda a promover conceptos, desarrollar el lenguaje y socializar. En este taller hablaremos sobre varios aspectos relacionados a la merienda. Diversidad cultural, nutrición, higiene, estilo familiar de comer juntos y muchas cosas más. Reunámonos a compartir el tiempo de la merienda.

SS | Todas

### **Environments that Nurture Early Language and Literacy**

The early care and education environment is essential to supporting children's language and literacy skills; therefore, it is crucial that it reflects the diversity of the children.

CGD | Infant/Toddler, Preschool

### **Estado Físico**

Aprenderemos actividades físicas que promuevan la aptitud física y reduzcan la obesidad infantil. Este taller es una adaptación del programa Head Start / Body Smart "Me estoy moviendo, estoy aprendiendo".

SS | Preescolar, Edad Escolar

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## **Everybody Wins – Conflict Resolution Strategies for School Age Programs**

If we want children to handle conflicts constructively and nonviolently then we need to take a look at how we handle conflict. This workshop presents handling conflicts positively.

**CGD | School-Age**

## **Explorando la Naturaleza**

Los participantes aprenderán porque explorar la naturaleza es una forma activa de aprendizaje para los niños y cómo incorporar los dominios del desarrollo para niños de manera natural en los ambientes en exteriores.

**CD | Preescolar, Edad Escolar**

## **Explorando, Descubriendo y Jugando**

Este taller hablaremos sobre las diferentes maneras de jugar y cómo usted puede facilitar el juego de los niños y como una poderosa herramienta de aprendizaje para descubrir el mundo.

**CD | Todas**

## **Explore, Discover, Play**

This workshop will incorporate strategies from the HeadStart/BodySmart “I am moving, I am learning” program. This program prepares caregivers to provide opportunities for children that foster development of movement skills.

**CGD | Infant/Toddler, Preschool**

## **Exploring Nature**

Participants will learn how exploring nature is one form of active learning for children and how we can incorporate the developmental domains for children naturally in outdoor environment.

**CGD | Preschool, School-Age**

## **Extrema Remodelación del Salón de Clases**

Sus sueños más atrevidos en relación con el área de cuidado se hacen realidad. Aprenda a cómo convertir su área de cuidado actual en la que siempre ha soñado.

**CD | Preescolar**

## **Extreme Classroom Makeover**

You know your classroom has potential. You’ve dreamed of what it could be like. Learn how to turn your everyday classroom into the classroom of your dreams!

**CGD | Preschool**

## **Facility Management for Directors**

Topics to be discussed include common facility violations, purchasing toys, hiring maintenance, list of items to have, maintaining the indoor and outdoor spaces, and maintaining records for the center.

**PA | All**

## **Families as Partners in Supporting Early Language and Literacy**

In order for early childhood teachers and parents to provide each child with what they need we must nurture early language and literacy development, family engagement is a must.

**CGD | Infant/Toddler, Preschool**

## **Far Ago & Long Away-Why Read Aloud?**

Participants will be able to explain why it is important for teachers to read aloud to children and be able to demonstrate techniques to expand the experience of book reading.

**CGD | Infant/Toddler, Preschool**

## **Field Trips-Extending the Learning Experience**

Providers will be provided safety tips, popular summer themes, destination ideas, and ways to prepare a well-organized and comprehensive learning beyond the field trip experience.

**PA | Preschool, School-Age**

## **Finding the Balance**

Children have different needs to be met when they enter a school age program. Flexible schedules, appropriate activities, and partnering with parents are important when planning a school age program.

**CGD | School-Age**

## **Fitting the Pieces Together: Connecting to NAEYC**

This training helps provide the tools for overcoming ethical dilemmas in a childcare setting. Learn how to apply core values to your work, using the guidelines set forth by NAEYC.

**PA | All**

## **Flannel Boards Galore!**

Participants will be able to learn how to teach and tell stories and get a hands-on experience in making and using flannel boards in their classrooms.

**CGD | Preschool**

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### Fostering Friendships

Friendships are what many children, love about school. Although adults cannot manufacture friendships, they can assist in the creation of positive relationships among children with diverse abilities.

CGD | Preschool, School-Age

### Getting Along with Co-Workers

In this workshop we will discuss personalities we encounter in the workplace and discuss ideas on how to address challenges and build on better working relationships with your coworkers.

OTH | All

### Getting to Know AZ Early Learning Standards

This training discusses the newly accepted early learning standards. Teachers will have an opportunity to learn where to find this information and how to apply it to their lesson development.

CGD | Preschool

### Guiando y Manejando la Conducta de los Chicos de Edad Escolar

El personal de cuidado de niños en edad escolar necesita tener la habilidad de cultivar la cooperación y dar consejos. Ellos también deben enseñar a los chicos estrategias para resolver conflictos. Es muy importante que el personal utilice técnicas de conducta positivas que ayuden a los chicos a establecer límites para su propia seguridad y la del grupo.

CD | Edad Escolar

### Hace Mucho Tiempo en un Lejano Lugar

Participantes podrán explicar porque es tan importante que los maestros les lean en voz alta a los niños y demostrarán técnicas para ampliar la experiencia de la lectura.

CGD | Infant/Toddler, Preschool

### Hands Are Not for Hitting

This workshop will provide a better understanding as to why children hit and acquire new strategies to help children deal with their anger and frustration in ways other than hitting.

CGD | Infant/Toddler, Preschool

### Hands on Art Projects for Preschoolers

Participants will be able to list the importance of art, its objectives in the classroom and understand the difference between process and product art.

CGD | Preschool

### Healthy Child Healthy Weight

Preschool age children are among the groups with increased rates of obesity leading to potentially damaging health complications. Since the 1960's, childhood obesity has more than doubled.

HS | Preschool, School-Age

### Hello Potty, Goodbye Diapers – Ways to Successful Toilet Training

This workshop will help participants understand the signs that children display as keys to readiness for toilet training and learn appropriate techniques to successfully support them in this milestone.

CGD | Infant/Toddler, Preschool

### Hellos and Goodbyes

This workshop will help participants understand separations and reunions within the context of the children's emotional development and how to effectively support children during this transition.

CGD | Infant/Toddler, Preschool

### Help Me! I'm Not Creative

Stuck in a rut? This workshop is designed to give providers developmentally appropriate ideas that extend to art, gross and fine motor, science, literacy and block play.

CGD | Preschool

### Hey Baby, Let's Play!

Come talk about different ways babies play as they grow and what they learn from different toys and games. Experience age-appropriate activities for Infants and Toddlers.

CGD | Infant/Toddler

### High Quality, Low Cost Activities

Come learn new ideas on how to provide activities and learning experiences from recycled or inexpensive materials for all ages of children.

CGD | All

### Hola al Baño y Adiós a los Pañales

Los participantes podrán interpretar las señales que los niños manifiestan cuando están listos para comenzar a usar el baño y aprende técnicas apropiadas para ayudarlos exitosamente en este hito.

CD | Bebe/Niño Pequeño, Preescolar

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**CD | Todas**

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**CD | Preescolar**

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You know your classroom has potential. You’ve dreamed of what it could be like. Learn how to turn your everyday classroom into the classroom of your dreams!

**CGD | Preschool**

## **How Children Learn: Introducing Multiple Intelligence Theory**

Participants will learn to define development, developmental domains, and factors that affect development. We will learn more about multiple intelligence theory and the importance of play.

**CGD | Preschool**

## **How Does It Feel? Disability Awareness**

Learn more about common disabilities such as cerebral palsy, mental retardation, autism and ADHD.

**ACS | All**

## **The Hundred Languages of Children**

This workshop is based on the Reggio Emilia approach to working with children. This workshop explores the “hundred languages” that children use to speak with us.

**CGD | Infant/Toddler, Preschool**

## **Hush Little Baby: Don’t Say a Word**

Working with infants is not easy! They often are fussy and cry as a means to get their needs met. Come and learn about ways to soothe a fussy infant.

**CGD | Infant/Toddler**

## **I Feel You: Effects of Vicarious Trauma**

In order to support children who witness violence, child care providers need to have an awareness on the impact of trauma and learn self-care strategies for their personal and professional selves.

**CGD, HS | Preschool, School-Age**

## **I’m Mad, I’m Glad, I’m Sad (Enhancing Emotional Vocabulary)**

Research shows that by expanding children’s emotional vocabulary, they develop a deeper understanding of how they really feel. Come learn new strategies to teach children new feeling words.

**CGD, HS | All**

## **I’m One, I’m Two! What Do I Do?**

Children who are 1 and 2 years old enjoy singing, dancing, and playing. In this workshop we will discuss child development and the types of activities that are appropriate for this age group. We will discuss ways to interact positively with children and how to build a caring relationship with them. Come prepared to share your activity ideas with the group!

**CGD | Infant/Toddler**





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### Ideal Interactions

We will discuss ways to improve student and teacher interactions and make sure that your child care environment meets these important needs.

CGD | Infant/Toddler, Preschool

### Interacciones Ideales

Proveer a los niños un ambiente de apoyo, seguro, consistente y rico, mejora su desarrollo en todos los sentidos. Aprenderemos maneras de establecer interacciones eficaces con los niños.

CD | Bebe/Niño Pequeño, Preescolar

### The Importance of Relationships in Early Language and Literacy Learning

In this workshop teachers will explore their powerful and professional role in shaping young children's motivation for learning, and attitudes toward language and literacy through strong teacher-child relationships.

CGD | Infant/Toddler, Preschool

### Interrumpiendo la Corriente

Discutiremos el desarrollo del cerebro del niño, investigaciones recientes, su impacto en la Educación Infantil y estrategias necesarias para proveer cuidado de calidad fomentando un desarrollo saludable.

CD | Todas

### La Importancia de las Relaciones en el Desarrollo del Lenguaje y la Alfabetización

Explorarán la importancia de motivar al niño a aprender y las actitudes hacia el lenguaje y la alfabetización a través de las relaciones fuertes entre maestros y niños.

CD | Bebe/Niño Pequeño, Preescolar

### Introducción a las Directrices del Desarrollo de Bebés y Niños Pequeños

En este taller se discutirá las directrices del desarrollo de bebés y niños pequeños que fueron aprobadas recientemente. Las proveedoras tendrán la oportunidad de aprender dónde buscar la información y como utilizarla para proveer servicios coordinados y exhaustivos que promuevan el crecimiento y desarrollo del niño a su cuidado.

CD | Bebe/Niño Pequeño

### Infancia Tecnológica

Los participantes aprenderán el impacto que está teniendo la tecnología- positivo y negativo- en el desarrollo infantil. Aprendamos cómo incluir positivamente la tecnología en nuestras aulas sin comprometer el desarrollo de nuestros niños.

CD | Preescolar, Edad Escolar

### Introduction to the Infant and Toddler Guidelines

Caregivers will have an opportunity to learn where to find information and how to apply it to provide a coordinated and comprehensive service that promotes a healthy growth and development.

CGD | Infant/Toddler

### Influencias Culturales al Enseñar Lenguaje y Alfabetización

Las proveedoras reflexionarán sobre su propia cultura y como esta ha influenciado su manera de enseñar y apoyar a los niños pequeños en su aprendizaje.

CD | Bebe/Niño Pequeño, Preescolar

### It's The Law: Requirements of the ADA

Privately run child care centers, even small home based care, must comply with Title III of the Americans with Disabilities Act. The ADA requires that child care providers make available to children and parents with disabilities equal opportunity to participate in child care programs and services.

ACS | All

### Inspiring Community Leaders

The purpose of this interactive and engaging workshop is to provide out-of-school-time providers and teachers the tools and resources necessary for high-quality, intentional, supportive and youth-engaged school-age programs.

CGD, PA | School-Age

### Jugando con Bloques

Los participantes aprenderán los beneficios de jugar con bloques y su influencia en el desarrollo de los pequeños.

CD | Bebe/Niño Pequeño, Preescolar

### Intentional Responses

In this workshop, participants will learn techniques and strategies which support and strengthen children's conversation into higher level learning.

CGD | Preschool

### Jugando en el Patio de Recreo: Seguridad, Supervisión, Juegos Apropriados

Venga y aprenda porque la seguridad y la supervisión son importantes en el patio de recreo. Usted aprenderá maneras eficientes para supervisar a los niños. Como revisar el patio para detectar zonas peligrosas. Aprenderemos también actividades divertidas para compartir con los niños. Haga planes para divertirse y mejorar su patio de recreo.

CD | All



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### **¿Jugar al Médico o Señal de Abuso?**

La curiosidad de los niños acerca de sus cuerpos - La curiosidad y las conductas sexuales de los niños, van desde “jugar al doctor” hasta imitar la conducta sexual adulta. Los proveedores pueden preocuparse por estas conductas si no están preparados para responder. Discutiremos maneras apropiadas para responder a este comportamiento, así como, el desarrollo sexual saludable en los niños.

**SS | Preescolar, Edad Escolar**

### **Just Breathe: Childhood Asthma and Allergies**

Asthma and allergies can be frustrating, disruptive, and frightening conditions. Providers can learn to manage symptoms and help children gain control. This workshop offers a balance between medical information and personal involvement

**HS | All**

### **Keeping Up The Quality**

Quality child care is generated by qualified, knowledgeable providers working in well-planned environments that support children's health and safety and foster learning through play.

**CGD | All**

### **Kindergarten Readiness**

This workshop focuses on the skill development activities to prepare children for kindergarten. Participants will learn what local kindergarten programs expect from preschool programs. Sample activity ideas will be provided.

**CGD | Preschool**

### **Leadership & Staff Management**

In this workshop we will discuss all aspects of staff management. Pre-requisite for is training is to be a Director or Assistant Director.

**PA | All**

### **Learning to Listen, Learning to Help**

If children have adults in their lives who work together to be responsive and sensitive to their needs, they will be better able to cope with the effects of witnessing violence.

**CGD | All**

### **Less Stress = More Success: Preventing Staff Burnout**

Early childhood care giving, while joyful and satisfying, is one of the most stressful types of work. There are strategies that each of us can undertake, please come learn them.

**PA | All**

### **The Link Between: Observation, Assessment, & Language and Literacy**

Carefully observing young children in their natural environments give teachers insight in to the strengths, interests, learning styles, culture, and learning potential for each child in their care.

**CGD | Infant/Toddler, Preschool**

### **Linking Literacy with Preschoolers**

This workshop will provide practical everyday activities to link language development and literacy in the preschool classroom. Age appropriate suggestions for writing experiences and books to use will be presented.

**CGD | Preschool**

### **Listos para el Kindergarten**

Este taller se enfoca en actividades para el desarrollo de destrezas que preparen al niño para el kindergarten. Los participantes aprenderán lo que se espera de los programas preescolares locales. Se proveerán ejemplos de actividades.

**CD | Preescolar**

### **Lo que Usted Debe Saber Sobre el Alcohol y el Embarazo ¿Qué es el SAF?**

Exploremos el tema a través de una presentación interactiva específica de diagnóstico del Síndrome Alcohólico Fetal. . Temas relacionados serán presentados junto con las técnicas de enseñanza y estrategias de comportamiento.

**CD | Todas**

### **Los Asuntos Sensorios que Afectan Juego y Aprender Dificultades Sensoriales que Afectan el Juego y el Aprendizaje**

Los niños desarrollan sus sentidos sensoriales por medio de las actividades diarias. Cuando los niños tienen dificultad para integrar su desarrollo sensorial, ellos tienen que poner más atención y esfuerzo a cosas simples que nosotros no valoramos.

**DSC | Todas**

### **Los Comportamientos Difíciles**

¿Por dónde empezamos? - Las razones de los comportamientos difíciles no siempre son claras, pero una cosa es segura, los niños necesitan sentirse seguro.

**CD | Preescolar, Edad Escolar**

### **M&Ms of School Age Behavior**

It is important that staff utilize positive guidance techniques to help children to follow the rules and limits necessary for their own and the group's safety. Pre-requisite is school-age caregiving.

**CGD | School-Age**



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### **Manejo de la ira: Formas de Manejar el Conflicto en el Salón de Clases**

Formas apropiadas para los niños de romper el ciclo del abuso.  
CD, SS | Preescolar, Edad Escolar

### **Maneras Efectivas para Guiar el Comportamiento**

De acuerdo con las teorías del comportamiento, el comportamiento apropiado o inapropiado se aprende en la niñez. Este se relaciona con el medio ambiente y las personas con las que el niño interactúa. El comportamiento apropiado continúa si es reforzado y el comportamiento inapropiado se elimina al no ser reforzado.  
CD | Preescolar, Edad Escolar

### **Las Manos No Son Para Golpear**

Este taller ayudará un mejor aprendizaje de algunas de las razones del por qué los niños golpean y aprenderán estrategias para ayudar a los niños de otra manera que no sea golpeando.  
CD | Todas

### **Manteniendo Una Alta Calidad**

La calidad en el cuidado de niños esta generada por un proveedor(a) calificado, instruido, y educado para planear el ambiente que mantenga a los niños saludables y seguros durante el día, además de fomentar el aprendizaje por medio del juego.  
CD | Todas

### **The Many Colors of Us: The Path Towards Cultural Competency**

Understanding the cultures of the children requires more than words and good intentions. The journey toward cultural competence requires the willingness to experience, learn from those experiences, and act.  
CGD | All

### **Misión Posible: Las Adaptaciones para Niños con Necesidades Especiales**

Aprender a adaptar las actividades a fin de que todos los niños puedan participar con éxito.  
DCS | Todas

### **Mission Possible: Adaptations for Children with Special Needs**

Staff often think the inclusion of a child with special needs requires a lot of change in their classroom. Adaptations are easier than they think.  
ACS | All

### **Movin' On: Effective Transitions**

A "transition" is a time during the schedule when children move from one activity to another. In this workshop learn more about effective transitions.  
CGD | All

### **Muchas ideas Para el Pizarrón de Franela**

Los participantes tendrán la oportunidad de aprender como contar historias y podrán experimentar muchas ideas usando el pizarrón de franela en el salón o el hogar.  
CD | Preescolar

### **Multicultural in Children's Art**

In this workshop we will discuss the accurate representation of cultures in our classroom. We will discuss and experiment with different multicultural aspects including art projects, music, literature and dance.  
CGD | Preschool, School-Age

### **Multiculturalismo en el Arte Infantil**

En este taller discutiremos la representación adecuada de las culturas en el salón de clases. Discutiremos y experimentaremos con diferentes aspectos del arte multicultural, incluyendo proyectos, música, literatura, y baile.  
CD | Preescolar, Edad Escolar

### **Music & Movement Activities For Young Children**

Children love to sing about their world and move to music. This preschool workshop will teach participants how to help children learn and grow through music and movement activities.  
CGD | Preschool

### **Musica y Movimiento, Actividades para Niños Pequeños**

A los niños les encanta cantar y bailar al compás de la música. Este taller para niños de preescolar enseñara a los participantes a cómo ayudar a los niños a crecer por medio de la música y actividades con movimientos.  
CD | Preescolar

### **Niño Saludable, Peso Saludable**

Existe preocupación con el aumento del número de los niños y adultos sobrepeso por las complicaciones de salud ligadas al mismo. Participantes aprenderá los impactos y prevención de obesidad.  
SS | Preescolar, Edad Escolar

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### **Niños Amedrentadores**

Cada día hay niños, burlados, intimidados, acosados, y lastimados por otros. ¡La intimidación puede ser un problema para el intimidador, el intimidado y para ti! En este taller discutiremos, la investigación, explicación, prevención y las soluciones que pueden ser de gran apoyo en el salón de clases.

**CD | Preescolar, Edad Escolar**

### **¡Nosotros Nos Estamos Divirtiendo!, y Otras Actividades para Niños de Edad Escolar**

Te has preguntado ¿Qué hacer con los niños mayorcitos todo el día? Ven y descubre que tan divertido un programa para niños de edad escolar puede ser. Usted aprenderá nuevas actividades, temas, y juegos para el patio de recreo. Ven a divertirte mientras exploramos nuevas actividades para niños de edad escolar.

**CD | Edad Escolar**

### **Nuestros Muchos Colores: el Camino Hacia una Competencia Cultural**

Para entender las culturas de los niños y las familias con quienes trabajamos, se necesita más que deseos y buenas intenciones. El camino para la competencia cultural requiere la disposición de experimentar, aprender de las experiencias y actuar.

**CD | Todas**

### **Nutrición en el Salón de Clases**

Los buenos hábitos alimenticios comienzan a una edad temprana. Venga a conocer lo que usted puede hacer para ayudar a los niños a tomar buenas decisiones alimenticias, así como a preparar comidas nutritivas para los niños a su cuidado.

**SS | Todas**

### **Nutrition In The Classroom**

Come find out what you can do to help children make healthy eating choices, as well as how to make good nutritional choices for the children in your care.

**HS | All**

### **Observation & Assessment Techniques for Teachers**

This workshop is designed to give information about the importance of, and the differences between observing and assessing children. Several techniques will be discussed. This is a hands-on workshop.

**CGD | All**

### **¡Oye Bebe, Vamos a Jugar!**

Venga y aprenda las diferentes maneras en las que los bebés juegan mientras crecen y que es lo que ellos aprenden con los diferentes juguetes.

**CD | Bebe/Niño Pequeño**

### **El Papel de las Experiencias Significativas al Apoyar la Alfabetización y el Desarrollo del Lenguaje**

Las historias tienen un papel central en el aprendizaje de los niños y el desarrollo del lenguaje y la alfabetización. Es por medio de las historias o cuentos que los niños comienzan a organizar los eventos que ocurren a su alrededor así como aprenden destrezas esenciales para la lectura y la escritura.

**CD | Preescolar**

### **Physical Fitness**

We will learn physical activities to promote fitness and reduce childhood obesity. This workshop is adapted from the Head Start / Body Smart "I am moving, I am learning" program.

**HS | Preschool, School-Age**

### **Playing Doctor or Signaling Abuse?**

Sexual curiosity and behaviors of young children range from questioning to "playing doctor" to imitating adult sexual behavior. Join us to understand the difference.

**HS | Preschool, School-Age**

### **El Poderoso Papel de las Historias al Apoyar el Lenguaje y la Alfabetización Temprana**

Las historias tienen un papel central en el aprendizaje de los niños y el desarrollo del lenguaje y la alfabetización. Es por medio de las historias o cuentos que los niños comienzan a organizar los eventos que ocurren a su alrededor así como aprenden destrezas esenciales para la lectura y la escritura.

**CD | Preescolar**

### **¿Por qué le llaman "los terribles dos"?**

¿Por qué los andantes parecen hacer todo excepto lo que se les pide? ¿Por qué siempre dicen "no"? ¿Por qué parece que lastiman a otros deliberadamente? Para poder contestar estas preguntas exploraremos las maravillosas etapas de desarrollo y la conducta de los niños de 1 a 3 años. Discutiremos estrategias que apoyen el crecimiento socio emocional y conductual del andante.

**CD | Bebe/Niño Pequeño, Preescolar**

### **¿Por qué los Niños NO duermen? Estrategias para que los Niños Duerman Mejor**

En este taller hablaremos de las diferentes dificultades que enfrentan las proveedoras de cuidado cuando tratan de que los niños tomen la siesta. Hablaremos sobre la mejor hora de tener la siesta y sobre que es lo que la proveedora de cuidado puede hacer para que esta transición mucho más fácil para todos.

**CD | Preescolar, Edad Escolar**

### **Power Struggles in School Age Care**

Come learn to turn power struggles into learning opportunities. This workshop will focus on techniques for avoiding power struggles in their environment.

**CGD | School-Age**



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### **The Powerful Role of Stories in Supporting Early Language**

Stories are a central part of young children's learning and their development of early language and literacy. Come see how!

**CGD | Preschool**

### **Promoviendo Amistades**

La amistad es lo que algunos niños, aman de la escuela. Los adultos no puedan fabricarles amistades, pero podemos asistir en la creación de relaciones positivas entre los niños con diferentes habilidades.

**CD | Preescolar, Edad Escolar**

### **Practical Ideas Addressing Challenging Behaviors**

Feeling frustrated and defeated when confronted with children who have challenging behaviors? This workshop will discuss how we can meet the challenges of these behaviors.

**CGD | Preschool, School Age**

### **Promoviendo la Equidad de Género**

Vamos a discutir temas, ideas y sugerencias prácticas para fomentar la cooperación entre los sexos y la promoción de la equidad de género y la autoestima en el salón.

**CD | Preescolar, Edad Escolar**

### **Preparando el Escenario Para los Niños de Edad Escolar**

Hay muchos tipos de escenarios para los niños de edad escolar.

Centros, programas después de la escuela, clubes, cuidado de grupos, y cuidado familiar en casa. Vamos a discutir sobre los diferentes tipos de programas y sus beneficios. Los participantes aprenderán sobre las diferencias de tener una acreditación o una licencia y descubrirán las claves para un programa de edad escolar de calidad.

**CD | Edad Escolar**

### **Proyectos de Arte Manual para Niños Preescolares – Proceso y Producto**

Los participantes aprenderán la importancia de enfocarse en el proceso creativo en vez del resultado o el producto y podrán hacer sus proyectos manuales y llevarse ideas nuevas y creativas.

**CD | Preescolar**

### **Project Approach: Facilitating Young Investigators**

Help children pose questions to be answered or to take the initiative for investigation. This workshop will help teachers learn how to initiate, develop, carry out investigations.

**CGD | Preschool**

### **Purposeful Portfolios for Children**

Join us for the reasons every child should have a portfolio. Provides data on children's main interests, dispositions, and attitudes. Document children's growth and assess children's learning relative to individual benchmarks.

**CD | Preescolar, Edad Escolar**

### **Promoting Gender Equality**

Come discuss issues, ideas and practical suggestions for fostering cooperation between the sexes and promoting gender equity and self-esteem in the early childhood classroom.

**CGD | Preschool, School-Age**

### **Qué Vas a Hacer Con el Coraje que Sientes?**

No tenemos que lastimar a nadie o arruinar nada cuando estamos molestos. Los niños no nacen con la capacidad de auto controlarse. Lo aprenden gradualmente según crecen de ser unos infantes a andantes, a preescolares y más allá. Ellos lo aprenden mejor con la ayuda de los adultos que tienen una fuerte relación amorosa con ellos.

**CD | Preescolar**

### **Promoting Pro-Social Behavior**

Children who are at risk for not learning positive social behavior or who have identified disabilities often need some instruction and guidance in social interaction.

**CGD | Preschool**

### **Qué Decías Incluyendo a Niños con Dificultades con el Habla**

Todo niño se comunica. Miradas, gestos, y oraciones de cinco palabras son indicaciones de las necesidades e intereses de los niños. Frecuentemente, los pequeños con retrasos en el desarrollo necesitan apoyo adicional para desarrollar destrezas efectivas de lenguaje y comunicación.

**DSC | Todas**

### **Promoviendo el Comportamiento Pro-Social**

Las destrezas sociales son de suma importancia para el aprendizaje de los niños. Los niños que están en riesgo de no aprender un comportamiento social positivo o que son identificados con alguna discapacidad frecuentemente necesitan una guía para promover la interacción social.

**CD | Preescolar**

### **¿Que es la Violencia Domestica?**

Cualquier persona puede ser una víctima de la violencia doméstica. No importa su género, orientación sexual, edad, trasfondo racial o cultural, educación, cuánto dinero tienen, o sus creencias religiosas. Maestros necesitan estar conscientes de que pueden tener niños en su salón de clases que hayan sido expuestos a la violencia doméstica.

**CD | Todas**

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### **Qué Hay en Mi Bolsillo? Actividades para Niños de Edad Escolar**

Los niños necesitan ser apoyados al estar trabajando con actividades que les interesan y disfrutan con sus compañeros. Aprenda como las artes teatrales, visuales, las actividades deportivas, y los clubs de su interés contribuyen al desarrollo integral de los niños.

**CD | Edad Escolar**

### **¿Quién Tiene el Poder?**

Ven y aprende como convertir las luchas de poder en oportunidades de aprendizaje. Este taller se enfoca en técnicas para prevenir luchas de poder y proveer a los niños en edad escolar y sus maestras un control saludable del ambiente.

**CD | Edad Escolar**

### **Realidad Muerde**

Las mordidas entre niños y pequeñines puede ser molesto para todo los involucrados. Exploraremos por qué los niños muerden y lo que podemos hacer acerca de esto. También discutiremos cómo hablar con padres del niño que ha sido mordido así como los padres del niño que muerde.

**CD | Bebe/Niño Pequeño, Preescolar**

### **Reality Bites**

Biting among infants and toddlers can be upsetting for all those concerned. We will explore why children bite and what we can do about it. We will also discuss how to talk to parents of the child who has been bitten as well as the parents of the child who is biting!

**CD | Infant/Toddler, Preschool**

### **Relacionando la Capacidad de Leer y de Escribir con la Educación Preescolar**

Este taller enseñará actividades prácticas para todos los días que relacionan la capacidad de leer y escribir con la educación preescolar. Sugerencias apropiadas para las experiencias de escritura y libros de acuerdo a la edad de los niños que usted cuida.

**CD | Preescolar**

### **Relaciones Seguras**

Las proveedoras deben mejorar sus destrezas para cultivar una relación segura con los niños a su cuidado. El trato especial de la proveedora y su atención a las necesidades de los pequeños es muy importante para desarrollar una vida emocional de apego seguro.

**CD | Todas**

### **Respectful Communication**

This workshop will look at appropriate communication and conversation skills, and the elements of effective communication.

**CGD | Preschool, School-Age**

### **Respuestas Intencionales**

En este taller, los participantes aprenderán técnicas y estrategias que apoyen y refuercen un nivel mayor de aprendizaje en las conversaciones con los niños.

**CD | Preescolar**

### **The Role of Meaningful Experiences in Supporting Early Language and Literacy**

Teachers will discuss how meaningful experiences play a central role in children's early language and literacy. Teachers will explore ways that they can create meaningful early language and literacy experiences.

**CGD | Preschool, School-Age**

### **Roll, Sit, Crawl, Walk: Stages of Development**

We will look at the basic stages of infant and toddler development, key points of the new brain research, and how we can use this information to help us care for our young children.

**CGD | Infant/Toddler**

### **Running, Rolling and Tumbling**

Participants will learn the impact big body play has on children's physical development learning while supporting the development of social awareness, emotional thinking, and language skills.

**CGD | Preschool, School-Age**

### **Safe and Healthy Environments for Child Care and Home Care Providers (Part 1)**

This workshop is designed to help child care providers identify and incorporate appropriate safety and health practices that are essential when working with young children.

**HS | All**

### **Safe and Healthy Environments for Child Care and Home Care Providers (Part 2)**

This workshop is designed to help child care providers identify and incorporate appropriate safety and health practices that are essential when working with young children.

**HS | All**

### **Say What?**

Including Children with Speech Challenges – Every child communicates. Eye signals, brief gestures, and five-word sentences are all important signals of the child's needs. Children who have developmental delay frequently need more assistance to develop effectively.

**ACS | All**



# COMMUNITY TRAINING DESCRIPTIONS



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### Science for School Ageds

In this workshop we will discuss the importance of science in a school age program. This will be a hands-on workshop with activities.

**CGD | School-Age**

### Sharing: What's Mine is Mine, and What's Yours is Mine Too!

This workshop reviews the social side of development for children ages 1-6, and looks at solutions for grabbing, yelling and crying as they relate to sharing.

**CGD | All**

### Sea un Mago de Transición en su Salón

Los participantes aprenderán sobre las diferentes formas de transición y descubra nuevas maneras para hacer sus transiciones más exitosas.

**CD, SS | Preescolar, Edad Escolar**

### Smile! Oral Health and Young Children

This workshop will provide you the tools and resources program providers and teachers need in order to educate and encourage healthy oral care for young children. This training meets the Empower Program Oral Health Standard 7 for AZDHS licensed childcare programs.

**HS | All**

### Secure Attachments/Relationships

The caregivers' special responsive attentiveness to the needs and tempos of the very young are very important in the emotional lifeline of secure attachment.

**CGD | All**

### Snackivities: Eating Together Can Be Fun!

Snack time provides opportunity for conversation which helps promote conceptual, sensory, social and language development. We will discuss various aspects related to snack time: cultural diversity, nutrition, hygiene, family style eating together.

**HS | All**

### Seguridad Contra el Sol

En Arizona tenemos cerca de 320 días de sol al año. En este taller exploraremos información acerca de la protección y riesgos del sol, desarrollaremos actividades que se pueden utilizar con los niños para enseñarles sobre la protección solar. Crearemos su propia política para promover la protección contra el sol.

**SS | Todas**

### Social Emotional Development and Identity Formation

A child's self-awareness and identity have a major impact on what they will learn and accomplish in life. This workshop will provide the tools to help foster a positive self-image.

**CGD | All**

### Sensory Issues that Affect Play

When children have inefficient sensory integration, they have to put a lot more attention and effort into simple things that we take for granted.

**ACS | All**

### Solo Breathe: El Asma y las Alergias en la Niñez

El asma y las alergias pueden ser muy frustrantes, problemáticos y una condición alarmante. Las proveedoras aprenderán a manejar los síntomas y ayudar a los niños a tomar control. Este taller proporciona un balance entre información médica y compromiso personal.

**DCS | Todas**

### Promoting Pro-Social Behavior

Children who are at risk for not learning positive social behavior or who have identified disabilities often need some instruction and guidance in social interaction.

**CGD | Preschool**

### ¡Sonríe! Salud Oral Para Niños

Este taller proveerá las herramientas y recursos que necesitan los maestros para enseñar y promover un cuidado oral saludable en niños pequeños. Este entrenamiento cumple con el estándar 7 Salud Oral del Programa Empower para centros licenciados por el AZDHS.

**SS | Todas**

### Setting the Stage for School Ageds

We will discuss the advantages of the different types of school age settings available today. Participants will learn about the difference between accreditation and licensing.

**CGD | School-Age**

### Splash, Splash-We're Having a Blast

You will learn new activities, themes, and games for outdoor play. Come and have fun as we explore fun activities.

**CGD | School-Age**



## **Easter Seals Blake Foundation**

Our educational, therapeutic, family support and community living programs are designed in accordance with our mission: to enable each individual served to discover and meet his or her maximum potential for independent, productive living and developmental growth.



## **Sticks and Stones May Hurt Your Bones and Words Will Really Hurt You**

Bullying can be a problem for the bully, the bullied and for you! In this workshop we will discuss research, explanations, prevention, and solutions that may help in the classroom!

**CGD | Preschool, School-Age**

## **Supporting Your Bilingual Learner**

This workshop will explore the importance of supporting children's home language, while helping them learn a different language. Participants will learn strategies for helping children become bilingual learners.

**CGD | All**

## **Stop, Look, Listen: Recognizing the Red Flags in Development**

Learn the warning signs of potential problems in children, how to talk to families about these concerns, and about available resources in your community.

**ACS | All**

## **Teaching Children About Respect**

We will discuss how we as caregivers can teach children how to be respectful to others. We will discuss techniques that empower and encourage appropriate behavior in the children we work with.

**CGD | All**

## **Strategies for Supporting Early Language and Literacy**

Although children are naturally open to exploration and ripe for learning language and literacy, they need adults who can provide opportunities to deepen and extend their knowledge, abilities, and understanding.

**CGD | Preschool**

## **Teaching Children the Act of Kindness**

Can you help children develop empathy, compassion and consideration for others? Learn how to instill and support the emotional intelligence children need to develop in order to master the art of kindness.

**CGD - Infant/Toddler, Preschool, School Age**

## **Sun Safety**

In this interactive workshop, we will be creating sun safe activities to use in your programs, as well as, learning how to create your very own sun smart safety policy!

**HS | All**

## **Teaching for Change – Diminishing Gender Stereotyping**

Participants will learn ways to promote gender equity and cooperation by identifying areas of their classroom and curriculum that may promote gender stereotyping. Learn to make your program more equitable!

**CGD | Preschool, School Age**

## **Superhero Play...Shoot! Fight! Kill!**

Are you having trouble with superhero play? This workshop will focus on learning techniques for dealing with these behaviors, why children play this way and how to respond in positive ways.

**CGD | Preschool**

## **Technological Childhood**

Participants will learn the impact – positive and negative – technology is having on children development. Let's learn how to positively include technology in our classrooms without compromising our children development.

**CGD | Preschool, School Age**

## **Supporting Children During Grief and Loss: Foster Care and Military Absence**

We will explore facts, identify behaviors/emotions, support resources and possible center activities that can be used when working with this population.

**CGD | Infant/Toddler, Preschool**

## **Técnicas de Observación y Evaluación Para Maestros**

Este taller está diseñado para proveer información sobre la diferencia entre observar y evaluar a los niños y la importancia de hacerlo. Varias técnicas serán discutidas. Este es un taller de formación práctica que permitirá al maestro sentirse mejor preparado para evaluar los diferentes aspectos del ambiente de aprendizaje de niños pequeños.

**CD | Todas**

## **Supporting Children During Grief and Loss: Talking About Death**

In this workshop we will explore facts, behaviors, emotions, support, resources, and possible strategies that can be used to help children dealing with death.

**CGD | Infant/Toddler, Preschool**

## **¡Tengo uno, Tengo dos! ¿Ahora Qué?**

En este taller usted aprenderá diferentes tipos de actividades creativas para los niños de uno a dos años de edad. Hablaremos de diferentes formas de relacionarse con los niños de una manera positiva para construir una buena relación. Venga usted preparada para compartir sus ideas y experiencias con nuestro grupo.

**CD | Bebe/Niño Pequeño**

# COMMUNITY TRAINING DESCRIPTIONS



## Easter Seals Blake Foundation

Our educational, therapeutic, family support and community living programs are designed in accordance with our mission: to enable each individual served to discover and meet his or her maximum potential for independent, productive living and developmental growth.

### **Theories and Origins of Child Development and Early Childhood Education**

Who is Vygotsky, Piaget and B.F. Skinner? These are prominent contributors to the field of early childhood development. This workshop will discuss theorists and their contribution to what we know about child development.

CGD, PA | All

### **The Three S's of Outdoor Play-Safety, Supervision, and Skill-Appropriate Play**

We will learn effective ways to supervise the children, hazards to look for on the playground, and some fun activities to do with the children outdoors.

CGD - Infant/Toddler, Preschool, School Age

### **Tiempo en Círculo / La Asamblea Diaria**

Aprenda nuevas técnicas y diferentes maneras de dirigir asambleas de manera efectiva con este taller interactivo.

CD | Bebé/Niño Pequeño, Preescolar

### **Todo Lo Que Hacen es Jugar**

En este taller vamos a discutir la importancia del juego para el aprendizaje de los niños pequeños y qué aprenden de que hacen mientras juegan.

CD - Bebé/Niño Pequeño, Preescolar

### **Together We're Better: The Key to School Age Social Development**

Children who have good social skills have friends, get better grades, and will function more effectively as adults. Middle childhood is an optimum time for helping children to develop the skills they need to get along with others.

CGD | School-Age

### **The Top Ten Tricks of the Trade**

The purpose of this workshop is to offer effective, constructive and positive behavior management strategies to foster successful classroom management and guidance. Participants will benefit from this training by learning ten effective and powerful ways to encourage cooperation and positive social skills from preschool age children.

CGD | Preschool

### **Turning Customers into Raving Fans**

This workshop will explore the importance of building loyal customers through excellent customer service. See how the providers, children and parents benefit when outstanding customer service is delivered.

PA | All

### **Una Mirada a la Administración de los Centros de Cuido Infantil**

Una mirada a las responsabilidades del director de un centro de cuidado infantil entre lo necesario para abrir un centro.

AP | Todas

### **Understanding and Working with Children Involved with DCS and Foster Care**

In order to support children who are involved with DCS we need an understanding of the journey a child takes during their involvement with DCS, foster care, and/or being in an out of home placement. Gain insight and explore interventional strategies that help children develop age appropriate coping skills.

CGD | All

### **Understanding Attention Deficit Hyperactivity Disorder**

The diagnosis of ADHD may not apply to all children. Let's find out how a diagnosis is made along with teaching techniques and discipline strategies.

CGD | All

### **Understanding Autism**

What is Autism? Let's find out through an interactive Power Point presentation specific to the diagnosis of Autism. Related disorders will be presented along with teaching techniques and behavior strategies.

CGD, HS | Preschool, School-Age

### **Understanding Fetal Alcohol Syndrome**

What is FAS? Let's find out through an interactive Power Point presentation specific to the diagnosis of Fetal Alcohol Syndrome. Related issues will be discussed along with teaching techniques and behavior strategies.

HS | All

### **Using Language and Literacy in Guiding Children's Behavior**

Children need patient listeners who can appropriately interpret their behavioral cues, respond to them empathetically, and provide opportunities for them to safely explore their feelings and express their emotions.

CGD | Preschool, School Age

### **Usted está Seguro Aquí**

El maestro de educación temprana o el proveedor de cuidado temprano puede ser el adulto que hace una diferencia en las vidas de aquellos niños que tienen dificultades en casa. La identificación temprana de dificultades causadas por estar expuestos a la violencia doméstica puede resultar en una intervención y apoyo más temprano y eficaz para niños pequeños y familias.

CD | Todas

## **Easter Seals Blake Foundation**

Our educational, therapeutic, family support and community living programs are designed in accordance with our mission: to enable each individual served to discover and meet his or her maximum potential for independent, productive living and developmental growth.



## **Welcome to Holland: Children with Disabilities and Their Families**

Parents go through various emotional feelings when they are confronted with the fact that they have a child with special needs. Learn the valuable tools to assist you in being part of that team.

ACS | All

## **Welcoming Environments**

Whenever you make changes in the physical arrangement of your program, the overall goal should be to make the environment inviting for the children to play. Come learn how!

CGD | All

## **What do You do With the Mad You Feel?**

Children learn self-control of their feelings over time. They learn it gradually as they grow from infants to toddlers to preschoolers. Join us to learn more on emotion development.

CGD | Preschool

## **What is Domestic Violence?**

Teachers need to be aware that they may have children who have been exposed to domestic violence in their classroom. Come learn how to recognize Domestic Violence when you see it.

CGD | All

## **What's In My Back Pocket?: Activities for School Age**

Children need to have an understanding of the importance of waste and recycling. Activities will take into consideration all of the developmental domains with a fun/exciting recycling approach.

CGD | School-Age

## **Where The Wild Things Are: 5 Personality Types of Children with Challenging Behaviors**

Most children fall into 5 basic personality types that stem from inborn physical characteristics.

CGD | Preschool, School-Age

## **Who's In Charge?**

In this workshop we will discuss the role of the teacher and how to manage the classroom and the children in your care.

CGD | School-Age

## **Why Do They Call It "Terrible Twos"?**

We will explore the wonderful stages of development and behavior of children 1 to 3 years. We will also discuss strategies that support toddler's behavior and social/emotional growth.

CGD | Infant/Toddler, Preschool

## **Why Don't They Just Do As I Say?!**

We will look at ways to defuse an angry child and how to avoid a power struggle. This workshop will help you reduce the number of discipline problems you experience.

CGD | Preschool, School-Age

## **Why Inclusion? Planning for Children with Special Needs**

We will discuss the benefits of inclusion for children with special needs. We will also discuss what to consider when enrolling a child with special needs.

CGD | All

## **Why Won't They Sleep?! Strategies for a Peaceful Naptime**

We will discuss nap time and the recommended hours of sleep for children and what teachers can do to make this transition easier for all.

CGD | Infant/Toddler, Preschool

## **Yo estoy enojado, yo estoy triste, yo estoy contento: Mejorando el lenguaje emocional**

Tradicionalmente el lenguaje de los niños está limitado a palabras como: enojo, tristeza, alegría y susto. Las investigaciones muestran que al mejorar el lenguaje emocional de los niños, ellos desarrollan un conocimiento más profundo de cómo se sienten.

CD | Todas

## **Yo siento lo que Usted está Sintiendo- Los Efectos de la Traumatización Secundaria**

Para poder apoyar a los niños que han presenciado la violencia, las personas que cuidan de ellos necesitan ser conscientes del impacto de todo lo que el trauma puede traer.

CD, SS | Preescolar, Edad Escolar

## **You Are Safe Here**

Early identification of difficulties caused by exposure to domestic violence can lead to earlier and more effective support and intervention for young children and families.

CGD | All

## COMMUNITY TRAINING DESCRIPTIONS



### **Easter Seals Blake Foundation**

Our educational, therapeutic, family support and community living programs are designed in accordance with our mission: to enable each individual served to discover and meet his or her maximum potential for independent, productive living and developmental growth.

#### **Your Role as a Mandated Reporter: Identifying and Reporting Abuse and Neglect**

This workshop will explain the role and legal responsibilities of a mandated reporter. Providers will also discuss ways they can prevent child abuse and support parents in early childhood programs.

**HS | All**

## **Family Life Consulting**

FamilyLife Consulting, offers a unique variety of services, one of which is training designed specifically to meet the needs of Arizona's family child care providers.



### **Business Issues for Family Child Care Providers**

Policies and contracts, business planning, goals and professionalism. Learn various approaches to these business issues that are essential to good business management. A panel of family child care mentors will share their experiences on these issues.

**PA | All**

### **Recordkeeping Issues for Family Child Care Providers**

Receipts! Expenses! Taxes! Income! What does it all mean? This session will give you strategies that are essential for organized record keeping.

**PA | All**

### **Child Abuse and Neglect – Recognition and Reporting**

In this workshop, participants will have the opportunity to define child abuse and neglect and examine the impact of abuse on a young child's development.

**HS, PA | All**

### **A Space to Call Their Own**

One of the challenges of a child care business is combining home and work under one roof – considering the needs of your family and the children in your care – is a balancing act. This interactive workshop will share organizing tips and possible solutions for creating an environment that provides everyone with a space of their own.

**CGD, OTH | Infant/Toddler, Preschool**

### **Developmentally Appropriate Guidance**

Positive discipline only occurs in environments that have prepared for potential problems. In this workshop, participants will discuss how to prevent most behavior problems from occurring how to positively handle the challenges that do arise. Participants will also explore their values relating to discipline, punishment and guidance.

**CGD | Infant/Toddler, Preschool**

### **Discovery Science**

This training will assist family child care providers to integrate science exploration into the everyday lives of children. Content includes: incorporating science activities into their daily lives; observing and interacting with children during “discovery science;” connecting science to language and math skill development and constructing inexpensive science learning materials.

**CGD | Infant/Toddler, Preschool**

### **Family Child Care Health and Safety**

This workshop will address strategies for keeping the family child care environment safe and healthy. The wellness of the caregiver will also be addressed.

**HS | All**

### **The Importance of Play in Children's Development**

Have you ever thought, “All they do is play!” Play is the central activity in the lives of healthy young children. It helps them weave together all the elements of life as they experience it. It allows them to digest life and make it their own. This workshop will focus on how play helps children develop.

**CGD | All**

### **Promoting and Marketing Your Family Child Care Business**

Learn how to professionally promote and market your business. Topics will include business cards, flyers, insurance and more!

**PA | All**



### INSPIRE Early Childhood Leadership Series

The Inspire Early Childhood Leadership Series provides practical and theoretical guidance in professional development. Intentional practices are demonstrated with real classroom scenarios and dialogues with children and teachers. Be inspired! Be a leader, broaden and deepen your understanding of highly effective practices in early childhood education.

#### **Engaging Families in the Life of the Classroom 6 CEUs**

Research has shown that parental involvement in education is the most accurate predictor of student achievement. Learn how children benefit when programs plan for parental involvement. Shadow the morning classrooms at Pinnacle and then join our afternoon workshop. Wow! Online course and lunch included.

**CGD, OTH | Preschool, School Age**

#### **Playful Learning: Small Fingers in the Clay 3 CEUs**

Discover this perfect medium for children's creativity. Clay is natural and comes from the earth. It is cool to the touch and soft on our skin. Clay can be sculpted far more intricately than play dough and encourages sustained inquiry and creativity.

**CGD, OTH | Preschool, School Age**

#### **Playful Learning: Wire and Recycled Materials 3 CEUs**

No need for expensive plastic materials commonly found in catalogs - found treasures are all around us. Learn strategies to create your own classroom recycling center and mini Atelier. Discover the agility of creating with wire and the surprising ways children transform trash into treasure.

**CGD, OTH | Preschool, School Age**



## Maricopa County Department of Public Health

Our mission here at Maricopa County Public Health is to protect and promote the health and well-being of all of our residents and visitors.



### **Car Seat Safety**

Participants will learn how to correctly choose, install and use a car seat. This course is taught by a Certified Child Passenger Safety Technician and will give you all the information you need so that your child can ride safely in your vehicle. Upon completion, participants can receive a free car seat.

**HS | Infant/Toddler, Preschool**

### **Seguridad de Asientos Para el Auto**

Participantes aprenderán sobre cómo escoger, instalar y usar el asiento de su hijo correctamente. El maestro es un Técnico en la Seguridad del Niño Pasajero. Usted recibirá la información que necesita para que su hijo viaje seguro en su auto. Al terminar el entrenamiento usted va a recibir un asiento gratis.

**SS | Bebé/ Niño Pequeño, Pre**



The Make Way for Books Preschool Program provides research-based early literacy support to educators, parents, and children at preschools, child care centers, and home providers.

### **A Curious World: Hands-On Exploration and Books**

This workshop encourages teachers and children to discover their world together through hands-on exploration and books. An emphasis is placed on the role of high-quality informational books to spark children's curiosity and provide them with meaningful and exciting learning opportunities.

**CGD | Preschool**

### **Supporting Language Development**

Participants will explore how to foster infants', toddlers', and preschoolers' language development through interactions in a literacy-rich environment. Learn about typical language milestones and how to support young children when concerns arise. Strategies will be provided on supporting dual language learners in fun, engaging ways.

**CGD | Infant/Toddler, Preschool**

### **Emergent Literacy through Storytime and Play**

Fostering the development of key pre-reading skills is critical to kindergarten readiness. This workshop focuses on language and emergent literacy skills as identified by the Arizona Early Learning Standards. Educators learn how to integrate early literacy related activities into daily routines to help children develop essential pre-reading skills.

**CGD | Preschool**

### **Healthy Brains, Healthy Bodies: Literacy in Your Day**

This workshop focuses on books for infants, toddlers, and preschoolers that provide teachers with an opportunity to integrate literacy and healthy play activities into different learning areas and children's daily routines. Facilitators will discuss strategies for incorporating literacy and healthy play using theme-based activities.

**CGD | Infant/Toddler, Preschool**

### **Language Modeling: Books and Conversations**

Participants will have fun while exploring various language modeling strategies. An emphasis will be placed on how to use picture books and stories to foster conversations and language development. Facilitators will discuss such CLASS strategies as self and parallel talk, repetition, and extension.

**CGD | Infant/Toddler, Preschool**

### **Making Books Come Alive: The Fun of Storytelling**

Engage children in storytelling through books, songs, puppets, and other activities. This workshop provides ideas on how early childhood professionals can support interactive stories through music, dramatic play, and art. Additionally, the workshop addresses techniques to encourage children to tell and create stories through the use of informational and wordless books.

**CGD | Preschool**

### **Nurturing Children's Verbal and Written Expression**

Young children are filled with stories to tell and ideas to express. Engage young children in meaningful expression through the use of a variety of writing materials. Explore how to support young children's joyful quest to share thoughts, ideas, and stories.

**CGD | Infant/Toddler, Preschool**

### **Promoting Peace through Picture Books**

Use picture books to help preschoolers develop emergent literacy and social-emotional skills. Through conversations around stories and books, engage children in reflective and creative activities to become peacemakers. Explore ways to foster self-regulation, social interactions, cooperation, and the recognition and expression of feelings.

**CGD | Preschool**

## **SontarahLife**

SontarahLife is a 501c3 non-profit family services organization dedicated to families.



### **Blood Borne Pathogens**

Is your home or child care safe? Are you equipped with not only the knowledge but the tools you need if there is blood in your immediate environment?

**HS | All**

### **Breaking the Ice with New Staff**

Even the highest senior staff has once been a new employee. How can you make a new team member be a good addition to your purpose as a childcare? It starts with understanding how to create the right environment and attitude.

**OTH | All**

### **Child Safety in and Around Vehicles**

Bullying is a serious problem in our schools today. School Officials, Child Care providers and Parents learn what to do to help their child deal with bullying and identify key social skills that can help prevent young people from becoming victims or bullies.

**HS | All**

### **Communication is Key**

Communication is the way we make someone witness to our thoughts, but the most important factor of communication is the delivery. Our children watch more how we communicate through facial expression, body language and delivery.

**HS | All**

### **Crying**

Some children cry easily because they have a sensitive nature and this their way of expressing themselves. Children need to learn that the way they feel is ok.

**HS | All**

### **Dealing with Bullying**

Bullying occurs when an individual or group deliberately and repeatedly misuses power, strength or influence to physically and/or psychologically harm a more vulnerable individual or group.

**HS | All**

### **Dealing With Grief**

There are no easy answers for helping children cope when someone close to them dies. Most individuals experience common reactions to grief after losing a loved one.

**OTH | All**

### **Death and Grief**

Don't try to hide death and dying from children. Give children permission to talk about death and dying by your ability to do the same.

**HS | All**

### **Helping Children with Special Needs**

Understand types of special needs including physical, developmental, behavioral/emotional and sensory impairment.

**HS | All**

### **Identifying Yourself as a Staff Member**

No matter what field of work you are in, you will have to deal with co-workers, these are the people who work right alongside with you, striving for the same purpose and goals that you are, except they may pursue it in a different way.

**PA | All**

### **Instilling Values**

As children grow, their parents, caregivers, and teachers provide instructions such as, "Say please and thank you," "Share your toys," or "Do not cheat," that teach them how to behave, but our behavior is what counts.

**CGD | All**

### **Modifying Behaviors**

Cell phones, computers, ipods, DVD, Hi-def, has seemed to take over for; love, sharing, time, conversation. Have we lost what it means to be a caregiver?

**CGD | All**

### **The New Electronic Child**

Drug use among young people is a serious problem. This class will look at the issues, dangers and strategies regarding this problem. Learn why some young people use drugs, the warning signs and how to talk to children about drugs.

**CGD | All**

### **Patient Caretaking**

Working with children can be a blessing, enjoyable, and self satisfaction; but this is also if we understand that we must be patient in time of crisis.

**CGD | All**



## **Positive Discipline Series**

Take small steps. The road to success is best taken one step at a time. Come walk with us.

**HS | All**

## **Positive Discipline Series (ENCOURAGEMENT)**

Use encouragement instead of praise and reward Rudolf Dreikurs says: "Children need encouragement like a plant needs water."

**CGD | School Age**

## **Positive Discipline Series (FAITH)**

Have faith. Having faith in children does not mean having faith that they will always do the right thing, but having faith in who they are.

**CGD | School Age**

## **Positive Discipline Series (GOALS)**

Get a life. Too many parents/teachers try to live through their children. Interests are not usually inherited so let the child accomplish their own dreams and aspirations.

**CGD | School Age**

## **Positive Discipline Series (MENTAL ILLNESS)**

Avoid labels and drugs. Have you noticed that there is a tendency to label just about every "misbehavior" a mental or behavioral problem, which can also include "a pill for that too".

**CGD | School Age**

## **Positive Discipline Series (MESSAGE OF LOVE)**

Making sure the message of love gets through is the greatest gift you can give a child.

**HS | All**

## **Positive Discipline Series (PD)**

What it's not is punishment and control, it's about keeping children safe, loved, special, unique. By instructing, educating, preparing, training and regulating. Workbook included in this program.

**HS | All**

## **Positive Discipline Series (PD)**

What it's not is punishment and control, it's about keeping children safe, loved, special, unique. By instructing, educating, preparing, training and regulating. Workbook included in this program.

**HS | All**

## **Positive Discipline Series (SENSE OF HUMOR)**

What it's not is punishment and control, it's about keeping children safe, loved, special, unique. By instructing, educating, preparing, training and regulating. Workbook included in this program.

**HS | All**

## **Problem Solving as a Team**

What it's not is punishment and control, it's about keeping children safe, loved, special, unique. By instructing, educating, preparing, training and regulating. Workbook included in this program.

**HS | All**

## **Safe on the Road**

Even under the best conditions, driving has its risks. But when special situations or hazards arise, paying attention to driving and making sound decisions can save you and your child's life.

**HS | All**

## **Separation Anxiety Disorder**

The best thing a care taker can do with S.A.D. is to understand the disorder, and be very patient to make the child feel comfortable and secure.

**HS | All**

## **Understanding a Child's Mind**

The brain is a very peculiar place inside the human body, but in the child's body the brain is a special place that allows a child to see the world that is a different perception than most adults.

**HS | All**

## **What is ADHD?**

Most conventional thinking is it is a disorder that is a neurological disability characterized by a developmentally inappropriate lack of control in attention, activity, and impulsivity... So what does that mean to you?

**CGD | All**

## Southwest Human Development

Southwest Human Development is Arizona's largest nonprofit dedicated to early childhood development. Since our founding in 1981, Southwest Human Development has been a leader in providing services for children ages birth to 5 and their families.



### **Brain Wonders for Child Care**

New brain research has changed the thinking about its role in child development. This workshop lays the groundwork for translating research into classroom strategies.

**OTH | Infant/Toddler, Preschool, School Age**

### **Child Passenger Safety**

The Child Passenger Safety training provides child care providers with knowledge regarding the importance of appropriate safety seat selection, proper installation, most common installation errors, the new universal child restraint attachment system - LATCH, the risks involved in children not being properly restrained and other related information.

**OTH | All**

### **The Importance of Play in Young Children**

A children's brain development is promoted through the many types of play. This workshop will focus on how to arrange the environment and plan for play as well as engage in some hands-on activities. This workshop can be tailored to spotlight a specific area of play.

**OTH | All**

### **Math Mania: Math Across the Curriculum**

In this workshop, participants will explore how both structured and unstructured learning experiences can be enhanced with mathematic manipulatives. Participants will learn how to assess their classrooms to identify materials, which allow children to explore and learn about math.

**OTH | All**

### **Music and Movement for Early Childhood Settings**

During this hands-on interactive workshop, participants will be provided guidelines for choosing and using music and learn strategies on how to incorporate it into classroom curriculum.

**OTH | All**

### **Rhymes, Rhythms and Fun**

Rhyming songs, syllable clapping, and grouping objects according to how their names begin can all be used to draw children's attention to the sounds of speech and to promote phonemic awareness. This lively session is designed to increase caregiver's repertoire of "language-play games".

**OTH | All**

### **Signs and Symptoms of Child Abuse and Mandated Reporting (Part 1)**

This training defines the types of child abuse along with types of behaviors, signs, and symptoms. A full review of the Arizona mandated reporting law will be provided including when/how to report, what to report, and consequences of not reporting.

**OTH | All**

### **Social Emotional Development: Understanding the Impact of Trauma on Young Children (Part 1)**

This training seminar is designed to support child care providers to understand the social and emotional development of infants and young children and the impact of trauma. (This workshop is Part 1 of a two part training).

**OTH | Infant/Toddler, Preschool, School Age**

### **Social Emotional Development: Understanding the Impact of Trauma on Young Children (Part 2)**

This training seminar is designed to support child care providers to recognize potential symptoms of trauma in young children including overt and subtle behaviors. (This workshop is Part 2 of a two part training).

**OTH | All**

### **Success in Working with DCS and DCS Children (Part 2)**

This training will work to help resolve concerns based on written policy, and will also improve the quality of care for children by ensuring a process for collaborative communication between DCS and professionals working with young children.

**OTH | All**



# COMMUNITY TRAINING DESCRIPTIONS



## Statewide Enrichment & Educational Development System (SEEDS)

SEEDS provides Out-of-School Time Professional Development Opportunities using evidence-based curriculum. In addition, SEEDS offers follow up support and technical assistance for Center and Home-Based Child Care Providers throughout the state of Arizona. SEEDS is a program of Child & Family Resources, Inc.

### **Ages and Stages for Infants and Toddlers**

This evidenced based training enhances the understanding and awareness of infant and toddler growth and development.

**CGD | Infant/Toddler**

### **Bigger Than Books**

*Bigger Than Books* demonstrates how adult-child read-aloud times help children learn important literacy skills. With strategies for reading aloud and suggestions for making stories come alive in the classroom, child care centers, and homes.

**CGD | Infant/Toddler, Preschool**

### **Brain Development**

This evidence based training teaches participants about the developmental changes occurring in the brains of young children and assists providers in tailoring their activities and interactions with children to make sure that provided care is appropriate for the child's developmental level.

**CGD | All**

### **Bullying: Prevention and Intervention for School Staff**

Designed specifically for presenting to school staff and child care facilities, this training arms all staff with solid facts, knowledge of what signs to look for, and guidance on what to do when they encounter bullying behaviors

**HS | School Age**

### **Celebrating Language and Literacy**

This interactive training offers stimulating discussion and activities which demonstrate how everyday routines, experiences, and environments support children's language development.

**CGD | Infant/Toddler, Preschool**

### **Child Abuse - It's Everybody's Problem**

This training provides a comprehensive understanding of a provider's role and responsibilities in identifying, as well as reporting, suspected abuse. Not only will the participant learn the facts about child abuse - including the prevalence, types, and signs to watch out for - but also their role as a mandated reporter.

**HS | All**

### **Communicating with Respect**

This training examines positive, productive ways to communicate thoughts and feelings to children in a manner that does not purposefully hurt them.

**CGD | All**

### **Creating and Maintaining a Safe Environment**

Participants will learn the importance of keeping school-age children safe by creating a safe environment that has structure and clear limits but also encourages and supports exploration and risk taking.

**HS | School Age**

### **Creating and Using the School-age Program Environment**

Participants will learn how to appropriately use indoor and outdoor space to provide a quality environment where children feel comfortable physically and emotionally.

**OTH | School Age**

### **Developing a Partnership with Parents**

Participants will learn how to communicate with parents often to exchange information about their child at home and at the program, how to offer a variety of ways for parents to participate in their child's life at the program, and how to support families during times of stress.

**OTH | School Age**

### **Encouraging Children's Social Development**

Participants will learn how to encourage children to develop friendships and enjoy being with their peers by providing an environment and experiences that help children develop social skills

**CGD | School Age**

### **Fostering Self-Esteem**

Participants will learn how children gain a sense of self and how this self-knowledge can lead to self-esteem. They will learn how to provide children with opportunities to be successful and feel competent

**CGD | School Age**

### **Guiding Behavior**

Participants will learn about providing an environment that encourages children's self-discipline, how to use positive methods to guide children, and how to help children understand and express their feelings in acceptable ways.

**CGD | School Age**

### **Guiding Children's Cognitive Development**

Participants will learn how to create an environment that encourages children to experiment and make discoveries, how to interact with children in ways that build on their natural curiosity, and how to provide opportunities for children to use their growing skills.

**CGD | School Age**

## Statewide Enrichment & Educational Development System (SEEDS)

SEEDS provides Out-of-School Time Professional Development Opportunities using evidence-based curriculum. In addition, SEEDS offers follow up support and technical assistance for Center and Home-Based Child Care Providers throughout the state of Arizona. SEEDS is a program of Child & Family Resources, Inc.



### **Intentional Kindness: Arizona Early Learning Standards**

Participants will review the framework of skills identified in the Arizona Early Learning Standards and align them with the elements of the Kindness Framework.

CGD | All

### **Intentional Kindness: Creating a Kindness Community**

Participants will have the opportunity to build their capacity to cultivate kindness within their early childhood community/program. Participants will explore personal and community values in relationship to the concept of intentional kindness

PA | All

### **Intentional Kindness: Environment Rating Scales**

Participants will explore the Environment Rating Scales (Cryer, Harms & Riley) through the kindness framework. Participants will discover how to create a high-quality environment for children through intentional kindness in physical space, care routines, activities, and interactions.

CGD, HS | All

### **Intentional Kindness: Infants and Toddlers**

Participants will explore the key components of Arizona's Infant and Toddler Guidelines through the lens of intentional kindness.

CGD, HS | All

### **Intentional Kindness: Powerful Interactions**

Participants will explore the model presented in Powerful Interactions, How to Connect with Children to Extend Their Learning (Dobro, Jablon & Stetson). The Powerful Interactions model and the Kindness Framework are closely aligned and can be used by early childhood educators to strengthen their interactions.

CGD | All

### **Intentional Kindness: Viewing the CLASS Assessment**

Participants will learn how the three domains of the CLASS tool—social-emotional climate, classroom management and instructional support in a classroom—can be strengthened when practicing and cultivating intentional kindness.

CGD | All

### **Maintaining a Commitment to Professionalism**

Participants will understand their important role as a professional who guides the growth and learning of children during out-of-school hours, and their responsibility to provide reliable, high-quality, care.

PA | School Age

### **NHA 1: Introduction to the Nurtured Heart Approach**

This training module introduces participants to the Nurtured Heart Approach (NHA) and provides a brief overview of the basic principles, guidelines, and strategies that comprise the NHA.

CGD | All

### **NHA 2: The Concept of Greatness**

This training module introduces participants to the concept of greatness (i.e. qualities and skills) and the link between how children define themselves and their related behavior.

CGD | All

### **NHA 3: Traditional Methods and Intense Children**

This training module provides a foundation for participants to explore the traditional methods of addressing the intense child (i.e. behaviorally, socially, or academically challenged) and begin to comprehend the structural components of successful strategies such as channeling intensity into more positive, productive expression.

CGD | All

### **NHA 4: What is Inner Wealth?**

This training module introduces participants to the methodology of instilling inner wealth (character strengths, virtues and values) in children, and guiding them to increasing levels of success with only a few minutes of intervention.

CGD | All

### **NHA 5: The Three Strands of the Nurtured Heart Approach**

This training module provides participants with an understanding of some basic underlying strategies, called Strands, and how to apply them. Strands include refusing to energize negativity, relentlessly energizing the positive, and providing clarity about rules that demonstrate fair and consistent boundaries.

CGD | All

### **NHA 6: The Tools for Building Inner Wealth**

This training module teaches participants about the role recognition plays in building a child's inner wealth, enhancing the relationship with the child, and fostering the child's self-esteem.

CGD | All

### **NHA 7: Resets with Children – The Key to Consequences**

This training module helps participants to understand the concept of "resets," transforming negative behavior to positive behavior, by delivering attention, feedback, and emotion when behavior is good or neutral, and none when behavior is negative.

CGD | All

# COMMUNITY TRAINING DESCRIPTIONS



## Statewide Enrichment & Educational Development System (SEEDS)

SEEDS provides Out-of-School Time Professional Development Opportunities using evidence-based curriculum. In addition, SEEDS offers follow up support and technical assistance for Center and Home-Based Child Care Providers throughout the state of Arizona. SEEDS is a program of Child & Family Resources, Inc.

### **NHA 8: Notching It Up – The Nurtured Approach**

This training module unites knowledge gained from prior modules to guide providers/administrators in coordinated application of the techniques, tools, and strategies of the Nurtured Heart Approach to support their work with children and families.

**CGD | All**

### **Nutrition and Fitness**

This training covers the importance of nutrition and safe exercise. Participants will gain a clear understanding of what foods constitute a healthy diet along with specifics about how children can maintain physical fitness in a fun way.

**HS | School Age**

### **Program Management – Managing a School-age Program**

Participants will learn how to plan, conduct, and evaluate their program, and what it means to be an effective manager/leader.

**PA | School Age**

### **Promoting Children's Communication Skills**

Participants will learn how to create a varied environment that encourages children to develop and use their communication skills. Focus will be on understanding communication and how it affects other areas of development such as social and emotional development, and self-esteem.

**CGD | School Age**

### **Promoting Creativity in School Age Children**

Participants will learn what it means to provide a rich and varied environment that invites exploration and experimentation, and how to recognize creativity in various forms. Participants will understand the difference between creative and talented or eccentric, and how to promote creativity in their program.

**CGD | School Age**

### **Promoting Health and Wellness in School Age Programs**

Participants will learn how to create and maintain indoor and outdoor environments that promote wellness and reduce the spread of disease. They will learn ways to encourage children to develop good hygiene and nutrition habits, and how to recognize and report child abuse and neglect.

**HS | School Age**

### **Promoting Physical Development**

For most children, acquiring physical skills is closely tied to feeling accepted by peers, having strong self-concepts, and developing positive attitudes toward their own bodies. Participants will learn how important it is to provide many opportunities throughout the day for children to learn and practice basic physical skills.

**CGD, HS | School Age**

### **Super Groups**

*Super Groups* helps educators and child care providers to turn group time, a potentially difficult time of the day, into an enjoyable, enriching learning experience for everyone! The training provides practical strategies for engaging children while handling typical guidance challenges.

**CGD | Preschool, School Age**

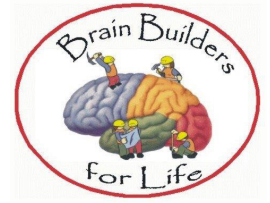
### **Understanding Feelings**

This training helps participants delve further into understanding the impact their feelings have on children and learn to understand children's feelings. Participants learn effective, non-hostile techniques in dealing with children's feelings in their work.

**CGD | School Age**

### **University of Arizona Cooperative Extension**

The Brain Builders for Life Training is provided by the University of Arizona and is funded by the Arizona Department of Economic Security Child Care Administration



### **Brain Builders for Life Training**

This 16-hour interactive training focuses on integrating early brain development and typical child development for children prenatal to age three. The training will cover all domains of child development including physical, cognitive, social, emotional and adaptive development. The target audience is child care providers, and early childhood teachers. Participants receive a 16-hour CEU certificate.

**CGD, HS | Infant/Toddler, Preschool**

### **Para la Vida Prenatal a Tres Años de Edad**

Taller interactivo integrando el desarrollo del niño y su cerebro. El énfasis estará en el desarrollo prenatal, físico, emocional, social, cognitivo, adaptivo y lenguaje. Este taller es de dos días. Los participantes reciben un 16 horas certificado CEU.

**CD, SS | Bebe/Niño Pequeño, Preescolar**

Child Care Resource and Referral (CCR&R) is a free statewide program in Arizona that provides assistance to families seeking child care, child care providers, and the community.

CCR&R provides information about child care choices, child care referrals, comprehensive trainings, community workshops, and care supply and demand information.

Child Care Resource and Referral (CCR&R) is a program of Child & Family Resources.

800-308-9000 (Statewide)  
[www.azchildcare.org](http://www.azchildcare.org)



[www.facebook.com/ArizonaChildCare](https://www.facebook.com/ArizonaChildCare)



Child & Family Resources (C&FR) is a private, nonprofit, community-based organization providing services to the children and families of Southern Arizona since 1970.

C&FR makes a significant and lasting impact upon the lives of 38,000 people each year. Our work reflects community needs and provides high quality, accessible and affordable programs to meet those needs. As new and more pressing challenges emerge, C&FR has stepped up to meet them.

Helping children, youth and their families without regard to ethnic or religious background or financial or social status is the hallmark of our programs.

[www.ChildFamilyResources.org](http://www.ChildFamilyResources.org)



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