

## 2nd Annual **CARE** Conference Connecting and **Advocating Respite for Everyone**

### Conference-at-a-Glance

- 8:00am** Registration/Coffee/Continental Breakfast/Exhibits
- 9:00am** Welcome - Joan Kelly Rafferty, MLRC Project Coordinator
- Amy Nazaire, MLRC Project Director
  - Ann Hartstein, Secretary, Massachusetts Executive Office of Elder Affairs
  - Margaret VanGelder, Statewide Director of Family Support, Massachusetts Department of Developmental Services
  - Barbara L'Italien, Director of Government Affairs, The Arc of Massachusetts
  - Kristine Biagiotti, President, Disability Employee Resource Group, EMC
- 9:30am** Keynote Speaker – Lon Kieffer, DOC, Defender of Caregivers  
*"When Generations Collide...Respect Your Others!"*
- 10:45am** Workshops – Session One
- A1:** Employer and Caregiver Collaboration in the Workplace - Kristine Biagiotti – *Salon C*
- A2:** Emergency Preparedness For Caregivers or Guardians of Individuals With Disabilities – Patrick Gleason and Nathaniel Trull – *Salon D*
- A3:** Advocacy: Using the Caregiver Experience to Influence Others and Create Change – Barbara L'Italien – *Salon E*
- A4:** The Caregiver's Dilemma – Lon Kieffer – *Seminar Room*
- A5:** Art as Self-Care: How to Care for You When You Care For Someone Else - Amy Maricle – *Dutchess Room*
- 12:15pm** Lunch/Networking/Exhibits
- 1:30pm** Workshops – Session Two
- P1:** The Caregiver's ABC's – 26 Things to Try – Karen Baker and Glory Wideman – *Salon C*
- P2:** Building Your Care Notebook...“Getting Organized So You Can Breathe Easier” - Barbara Donati – *Salon D*
- P3:** Returning to the workplace? Review tips on the process and feel Ready! - Tee Provost - *Salon E*
- P4:** A Family Centered Approach to Special Needs Financial Planning – Cynthia Haddad – *Seminar Room*
- P5:** Caregivers Need Care Too: Discovering and Using Your Creative Self – Donna Socha – *Dutchess Room*
- P6:** Handling the Emotional and Physical Stress of Caregiving Using Gentle Yoga Stretches Susan Lepore – *Princess Room*
- 2:50pm** A Message from Jill Kagan, MPH, Program Director, ARCH National Respite Network and Resource Center/Closing Activity/Evaluation/Door Prizes