



Figure 1 Dan Marries and Congressman Ron Barber

AZTRN Event Hosts Congressman Ron Barber

On January 9, 2016, the Arizona Trauma Recovery Network (TRN) hosted Congressman Ron Barber who survived the Tucson shooting that happened in a supermarket parking lot in Casas Adobes, Arizona. The shooting took place on January 8, 2011 and a total of nineteen people were shot at the scene. Six people died and the injured included former Congresswoman Gabby Gifford's and her then District Director, Ron Barber.

Ron's inspiring recovery included his use of Eye Movement Desensitization and Reprocessing (EMDR), a research validated therapy, for post-traumatic stress and other trauma which can result in significant desensitization of the painful symptoms.

On the day after the fifth anniversary of the shooting, Ron shared his story about his healing from the trauma and through his own successful bid for Congress. Ron credits EMDR therapy with helping him move forward in his life and his ability to continue to be available to his family and the community. One of Ron's daughters, and one of his granddaughters, was also present and spoke about their own experience of recovery from the trauma. Additionally, a law enforcement officer, James Brady, poignantly shared about his recovery

from a critical incident with the use of EMDR therapy.

Arizona Trauma Recovery Network clinical volunteers Julie Miller and Carol Kibbee presented about EMDR therapy, the nature of trauma, and its impact on individuals, families and children. Julie Miller is a Trauma Recovery EMDR Humanitarian Assistance Programs Trainer and an EMDR International Association Approved Consultant. Carol Kibbee is a Trauma Recovery EMDR Humanitarian Assistance Programs R-TEP Trainer and an EMDR International Association Approved Consultant.

Many EMDR therapists from Southern Arizona were present to answer questions from the public about EMDR, valuable local resources and how to obtain EMDR therapy treatment. The event was free to the community and over 90 Southern Arizona residents attended. The media was present to interview Mr. Barber.



Figure 2 Karen Olson, Ron Barber, Beverlee Ladlaw-Chasse and Julie Miller

The AZTRN is a group of Arizona volunteer clinicians who comprise one of the many such groups within the National Trauma Recovery Network (NTRN). They provide pro bono trauma services and community outreach. The Arizona TRN was formed in 2010 and has had great success in bringing together local EMDR therapists who want to help their community in times of need.