



EMDR G-TEP:

Making EMDR More Available for Early Intervention in Emergency Situations

The accessibility of EMDR therapy in emergency and disaster situations is often limited by the shortage of trained clinicians immediately available when relatively large numbers of trauma victims are involved. The EMDR Group Traumatic Episode Protocol (G-TEP) is an innovative, practical Group Application of the EMDR Recent-Traumatic Episode Protocol (R-TEP).

The Recent Traumatic Episode Protocol (R-TEP), from which the new EMDR G-TEP is developed, is part of a comprehensive approach to Early EMDR Intervention (EEI). The EMDR R-TEP incorporates and extends existing protocols within a new conceptual framework, together with additional measures for containment and safety. Checking for sub-clinical sticking points which can obstruct Adaptive Information Processing (AIP) and don't necessarily show up on the DSM radar, the R-TEP may reduce sensitization and accumulation of trauma memories.

The EMDR G-TEP was developed by Elan Shapiro. With its worksheet format for simplified utilization in emergency situations, this protocol makes the healing potential of EMDR therapy more available

during disaster situations. Because of the ability to treat large numbers of people within a safe and structured context, this protocol has widespread potential application. After any community, or smaller, traumatic event large numbers of those impacted can find relief. One of the powerful elements of this group protocol is that it is able to access the healing power of collective social humanity, therefore making large scale events more manageable. In addition to large scale traumatic events, this protocol has application in schools, universities, hospital settings, the military, populations where resources are limited, etc.

As the only officially endorsed training organization in the USA, by the developers of EMDR R-TEP and G-TEP, we strive to continuously improve the quality of our trainings. In response to overwhelming requests to expand the training time for the EMDR R-TEP, as well as many requests to be trained in the new group expansion of the protocol, the revised training format for 2016 will be 2-days. This new format is a combination R-TEP/G-TEP training, allowing trained clinicians to work comfortably with both individuals and groups after a disaster.

If you would like more information on our trainings please [click here](#), or for our training schedule please [click here](#).