



## Trauma Recovery/HAP Developing Additional Trainers for Our Faculty Academy

*By Donald F. deGraffenried, LCSW*

A major effort is underway to train new Trainer candidates for both the Part I and Part II Basic Training in EMDR therapy. A cohort of eight Trainer candidates has formed and they are actively working on becoming completed Trainers for Trauma Recovery/HAP. According to Executive Director Carol Martin, "We have invited eight experienced EMDR therapy clinicians to enter our training program which will result in them becoming Trainers for Trauma Recovery HAP. We are excited by their passion for the work, their zest and dedication for becoming Trainers and how this will extend our work with underserved populations."

Several members of the training cohort have completed the Part I training and are now full Part I Trainers. They are Judy Cabeceiras, LMFT, Claire Mauer, LMHC, Bernadette Talia, LCSW and Cheryl Kenn, LCSW. Those still working on completing the Trainer in training process are Deb Silveria, Ph.D., Alexis Polles, MD, Leslie Brown, LCMHC and Merrill Powers, LCSW.

Once a Trainer candidate has been invited to join the training cohort, they attend a special, two day training

on the EMDR curriculum, as defined by Francine Shapiro, Ph.D., and work to develop their skills as a Trainer. The most recent curriculum training was offered by Deany Laliotis, LICSW and was held at her home in Washington DC, January 8-9, 2016. This also gives the candidates a chance to meet each other and develop a network of interpersonal support as they move forward in the training process.

Trainer candidates are asked to present sections of the training manual at four EMDR Part I training events. They are assisted at each training event by a senior trainer who provides support and formally evaluates their knowledge of the curriculum and their presentation skills. In addition they have a mentor who provides guidance and support both before and after trainings. "As the mentor to the cohort, I am available for support related to the curriculum, teaching style and the administrative aspects of the training events" said mentor Donald deGraffenried. "I enjoy working with the cohort members and seeing them grow and advance in their teaching skills. Several of them have been able to present with me at training events and it is exciting to provide the live and hands on support to them" he stated.

Soon the next round will begin and that will be the training for the Part II. Deany Laliotis will be providing the Trainer training for Part II on July 22-23, 2016. After this training, the cohort members will present at three Part II trainings. This will complete their training process. Three additional candidates in training will be attending the Part II training, who have been awaiting a Part II training. They are Ted Olnick, LICSW, Denise Gelinas, Ph.D. and Julie Miller, LPC.

In our Faculty Academy, over the past twenty two years, we have trained numerous Facilitators and Trainers, to become expert in teaching EMDR therapy.

We extend our thanks to all of the trainer candidates and wish them good luck and good practice as they move forward, to completion of the training process.