



## October Feature: Elan Shapiro & Brurit Laub

Elan Shapiro and Brurit Laub are psychologists in Israel who have been active volunteers with our organization for many years. Their passion for getting Early EMDR Intervention to those suffering from traumatic events led to the development of the EMDR Recent Traumatic Episode Protocol (R-TEP). The EMDR R-TEP and G-TEP have shown beneficial results in controlled studies conducted by Turkish colleagues working with Syrian refugees.

Their involvement with Trauma Recovery, EMDR Humanitarian Assistance Programs goes back to shortly after their very well received initial presentation, *“The Recent-Traumatic Episode Protocol (R-TEP): A Comprehensive Approach for Early EMDR Intervention (EEI)”*, at the 2009 EMDRIA Conference in Atlanta. Since that time, Brurit and Elan have volunteered in two unique capacities. They co-develop and donate the material that we use for certain specialty trainings. They also volunteer as trainers for their material, taking time from their busy schedules to travel abroad to the USA for these events.

Elan Shapiro is a Psychologist in private practice with over 30 years of experience working in a community psychological service in upper

Nazareth. Originally specializing in Adlerian psychology he came to EMDR in 1989 after attending one of the first trainings Francine Shapiro ever gave. In 1994, he became an EMDR Institute Facilitator and was among the founding members of EMDR Europe. He is an EMDR Europe Accredited Consultant and former Secretary of the EMDR Europe Association. In addition to being the co-developer of the EMDR R-TEP, Elan is the developer of the G-TEP, a Group Application of the EMDR Recent-Traumatic Episode Protocol (R-TEP). Elan is co-recipient of the David Servan-Schreiber award for contribution to EMDR from the University of Lorraine, Metz.



Brurit Laub is a clinical psychologist, retired from a community mental health center in Israel, and is working in private practice. She is a certified supervisor in psychotherapy and family therapy. In 1998, she became an EMDR Institute Facilitator, and she is an EMDR Europe accredited consultant. She developed a Resource Connection Envelope (RCE) and presented it in Israel and abroad. She also developed a dialectical model for psychotherapy with Nomi Weiner. Brurit is Co-recipient of the David Servan-Schreiber award for contribution to EMDR from the University of Lorraine, Metz.

Brurit and Elan continue to seek ways to improve the training and as a result the EMDR R-TEP training is revised each year. The revisions for next year will include the new G-TEP, R-TEP group protocol. We are very grateful for their involvement in our organization and look forward to new contributions they will make to the EMDR community, and to all those that will benefit as a result.